

1 Hikarigaoka, Fukushima City, Fukushima Pref. 960-1295, JAPAN

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January 16, 2025

2025 Fukushima Medical University International Symposium on the Fukushima Health Management Survey (FHMS) to be held on Feb. 20, 2025 "Fukushima's lessons for the future: promoting health and responding to disasters"

## 1. Purpose

FMU's Radiation Medical Science Center for the Fukushima Health Management Survey (hereinafter, "the Center") invites you to our International Symposium where domestic and international participants share findings from the Fukushima Health Management Survey (**FHMS\***), advance scientific knowledge by discussing survey results with local and global experts, and utilize the results to maintain and improve residents' health.

#### \*What is "FHMS"?

The **FHMS** is a health survey that Fukushima Prefecture has commissioned Fukushima Medical University to conduct since 2011. Its purpose is to assess prefectural residents' exposure doses following the release of radioactive materials and their evacuation after the accident at Fukushima Daiichi Nuclear Power Plant, as well as to ascertain the health status of residents in general, for disease prevention, early detection, early treatment, and to maintain and promote the health of prefectural residents into the future.

The Survey consists of the "Basic Survey" to estimate external radiation doses during the period when air doses were highest, and four detailed surveys: "Thyroid Ultrasound Examination (TUE)," "Comprehensive Health Check(CHC)," "Mental Health and Lifestyle Survey (KOKOKARA-Survey)," and "Pregnancy and Birth Survey(PBS)."

# 2. Outline

In addition to the past style of presenting the FHMS results, this year's seventh symposium adopted "Open Lecture" elements to provide information that residents need in an easier-to-understand manner.

Seven experts from Japan and abroad will participate. Scientific findings from the FHMS will be introduced in the first half of the session, and the latest information will be provided. The "Open Lecture" in the second half will focus on information that residents who experienced the earthquake and the nuclear power plant accident would like to know, or that would be useful for them to know and think about together. This "Open Lecture" will be held in the evening so that students and/or the people on their way home from work can attend.

First, **in the Opening Session**, Dr. YASUMURA Seiji, the Center's executive director, will present an easy-to-understand "Overview of the Fukushima Health Management Survey."

In **the Keynote**, Dr. CHENG Ming-Tai, Clinical Lecturer at the National Taiwan University College of Medicine, will present "Nuclear Disaster Medical Care and Response in Taiwan."

In **Session 1**, "Linking achievements of the Fukushima Health Management Survey across generations," our faculties in charge of the surveys (Thyroid Ultrasound Examination, Mental Health and Lifestyle Survey, and Comprehensive Health Check) will make detailed presentations on the results obtained through the surveys and other topics.

In **Session 2**, "Open Lecture," Dr. FUJIMORI Keiya, Professor and Chair of the Department of Obstetrics and Gynecology, will present "Do you know? About miscarriage and congenital anomalies," including quiz questions to engage the audience, and Dr. TSUBOKURA Masaharu, Professor and Chair of the Department of Radiation Health Management, will present "Protecting lives and health after disasters: Advances in post-disaster management and what anyone can do now."

The symposium will be held with the support of Fukushima Prefecture, the Ministry of the Environment, and other related ministries, agencies, and organizations within the prefecture.

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# 3. Organizer

Radiation Medical Science Center for the Fukushima Health Management Survey, Fukushima Medical University

#### 4. Date and Venue

Thursday, February 20, 2025 13:30-17:55 JST

Fukushima Medical University, Fukushima Ekimae Campus, Multi-Purpose Hall

10-6 Sakae-machi, Fukushima City, Fukushima

\*Online live streaming will be available via Zoom

#### 5. Intended audience

The symposium is open to everyone: general residents of Fukushima Prefecture, healthcare workers, students, governmental workers, etc.

#### 6. Format

On-site and online live streaming (via Zoom) participation

Languages: Japanese and English, with simultaneous interpretation

A video recording of the symposium will be available later via a streaming service.

## 7. Capacity

On-site participation (seating capacity: 75)

Registration will remain open until the venue fills.

Details for online viewing (via Zoom) will be provided once seating capacity is reached.

## 8. Registration for Participation

Pre-registration is required for both on-site and online participation.

No registration or participation fee is required.

Registration deadline: Friday, February 14, 2025

Please click here to visit our Symposium special website and check for details: \( \)

https://fhms.jp/en/symposium/2025/

## 9. Program

#### **Opening Session**

General MC: Kenneth E. NOLLET (FMU)

Opening remarks from the organizer: TAKENOSHITA Seiichi (President, FMU)

Congratulatory remarks: Fukushima Prefecture

Chair: OHTO Hitoshi (FMU)

Presenter: YASUMURA Seiji (FMU)

Overview of the Fukushima Health Management Survey (FHMS)

## **Keynote Lecture**

Chair: SHIMABUKURO Michio (FMU)

Keynote lecturer: CHENG Ming-Tai (National Taiwan University)

Nuclear Disaster Medical Care and Response in Taiwan

# Session 1 Linking achievements of the Fukushima Health Management Survey across generations

Chairs: SHIMURA Hiroki (FMU), HORIKOSHI Naoko (FMU)

Presenter: SUZUKI Satoshi (FMU) - Thyroid Ultrasound Examination

The current status and future of the Thyroid Ultrasound Examination



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Presenter: OIKAWA Yuichi (FMU) – Mental Health and Lifestyle Survey

The influence of COVID-19 - KOKOKARA Survey and telephone counseling

standpoint

Presenter: HIRAI Hiroyuki (FMU, Shirakawa Kosei General Hospital)

Comprehensive Health Check

Lessons from 13 years of the Comprehensive Health Check

**Discussions** 

# Session 2 Open Lecture

Chair: OHIRA Hiromasa (FMU)
Presenter: FUJIMORI Keiya (FMU)

Do you know? About miscarriages and congenital anomalies, and the results of

the Pregnancy and Birth Survey

Presenter: TSUBOKURA Masaharu (FMU)

Protecting lives and health after disasters: advances in post-disaster management

and what anyone can do now

# **Closing Session**

Closing remarks: YASUMURA Seiji

# 10. Application for media coverage

We encourage and appreciate the coverage of this symposium.

The application deadline is Friday, February 14, 2025.

To apply, please visit our website (application form for media):

https://forms.gle/6mkMSHohLVgkmEFU9

2025 Symposium website (QR)





# <For inquiries, please contact>

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