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国際シンポジウム事務局（広報・国際連携室）  
✉ kenkani@fmu.ac.jp Tel: 024-581-5454(平日9～17時)

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Secretariat of International Symposium  
Office of Public Communications and International Cooperation, Radiation Medical Science Center for the Fukushima Health Management Survey,  
Fukushima Medical University  
✉ kenkani@fmu.ac.jp, TEL: +81-24-581-5454 (Weekday, 9a.m. - 5 p.m. JST)

# Genetic Effects of Radiation

- Lessons learned from Hiroshima, Nagasaki, and Chernobyl -

Fukushima Medical University International Symposium  
on the Fukushima Health Management Survey  
March 5 (Sat), 2022

Radiation Effects Research Foundation (RERF)  
Ohtsura Niwa

# Genetic Effects of Radiation

Are there genetic effects in your children?

- Radiation induces mutation in somatic cells
- Such mutation caused cancer among A-bomb survivors.

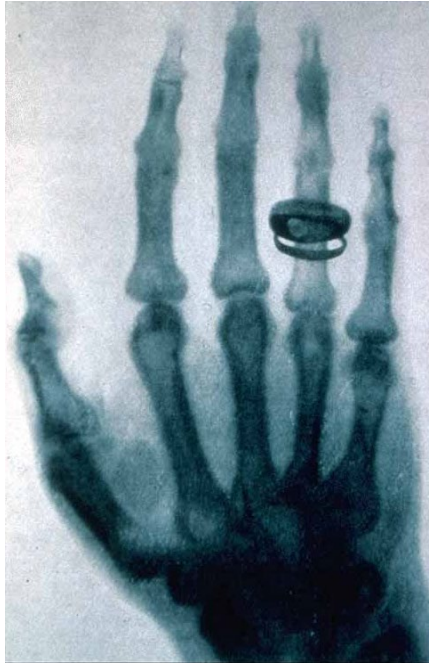


- Mutation is thought to be heritable
- We expect the next generations to have cancer



- How were Hiroshima/Nagasaki and Chernobyl?
- How do we understand past studies?

# Basics of Radiation Health Effects: A Short History



1895: Discovery of X-rays by Roentgen and the X-ray photo

1896: Reports on induction of inflammation and ulcers

1904: Assistant of Edison developed sarcoma in his hand

1926: Discovery of radiation induction of mutations

1928: International Council of Radiation Protection established

1945: A-bombing and studies of the survivors initiated

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1986: Chernobyl Nuclear Accident took place

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2011: Fukushima F1 Nuclear Accident took place

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2022: The A-bomb survivors and their children continue



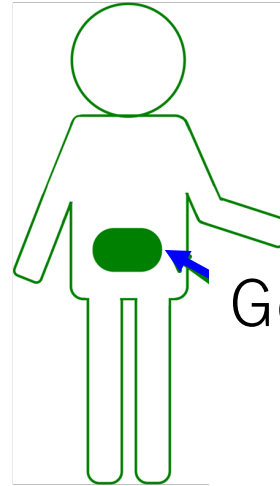
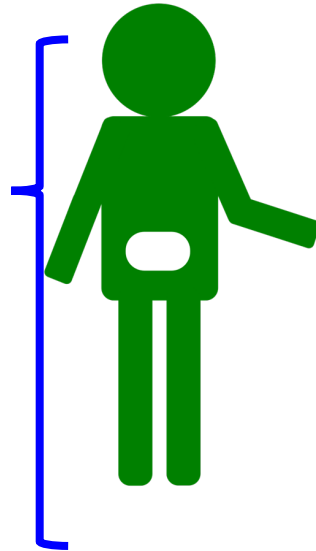
Today, we will learn genetic effects of radiation

# Basics: Somatic Cells and Germline Cells

Somatic cells: 37 trillion



They are mortal and  
subject to be born,  
age, get sick and  
die



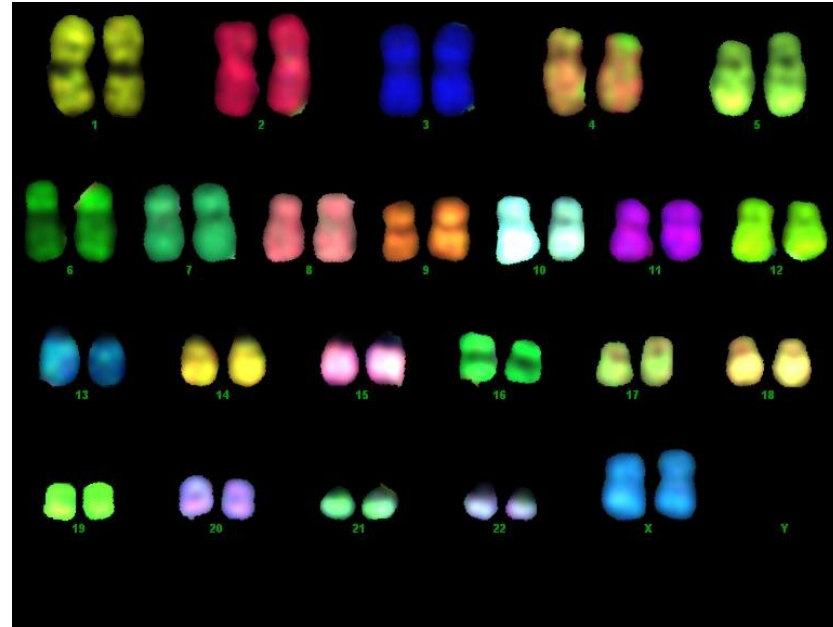
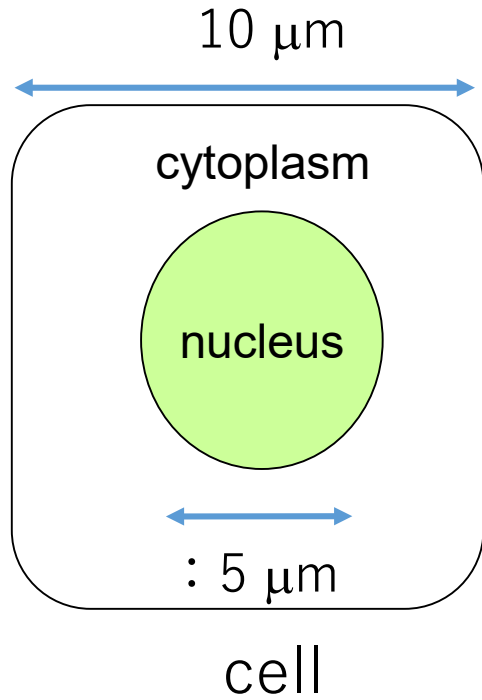
Germ cells

Female: 2 M cells,  
500 ovulations in a lifetime  
Male: 1 B cells, only a few used  
for real reproduction

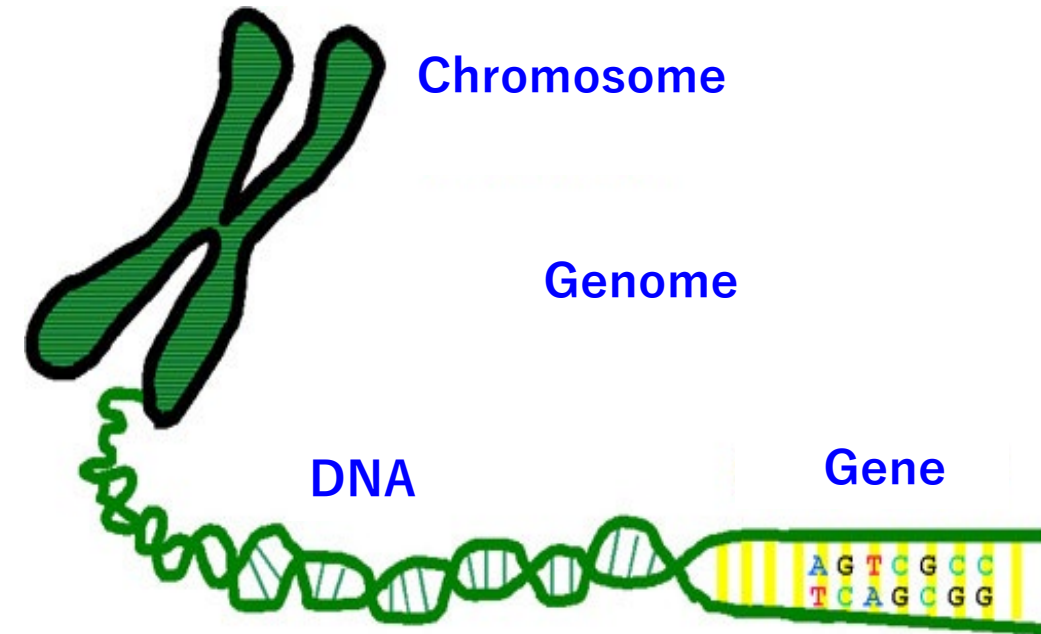


They are immortal and form the first  
cell of the next generation  
They are made with extreme care,  
especially those of the female

# Basics: Cell, Chromosome, DNA , Gene and Genome



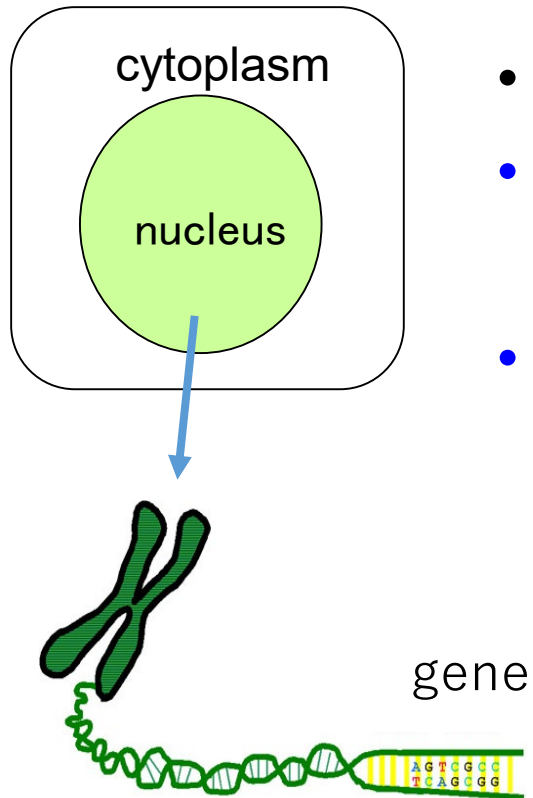
chromosome



- Cell nucleus has two 23 **chromosome** sets; each comes from mother and father
- Chromosome consists of **DNA** strand packaged into chromatin structure
- DNA sequence of the 23 chromosome set is called **Genome**
- Genomic DNA contain gene which codes functional **RNA** and **protein**

# Basics: DNA, Protein, RNA and gene

- Our genome from parents consists of 3 B base pairs of DNA
- Genes occupy only 2% of the 3 B base pairs of DNA
- **Gene** is a sequence element coding **functional RNAs** and **functional protein**
- **Mutation taking place in a gene may have some effects**



functional protein

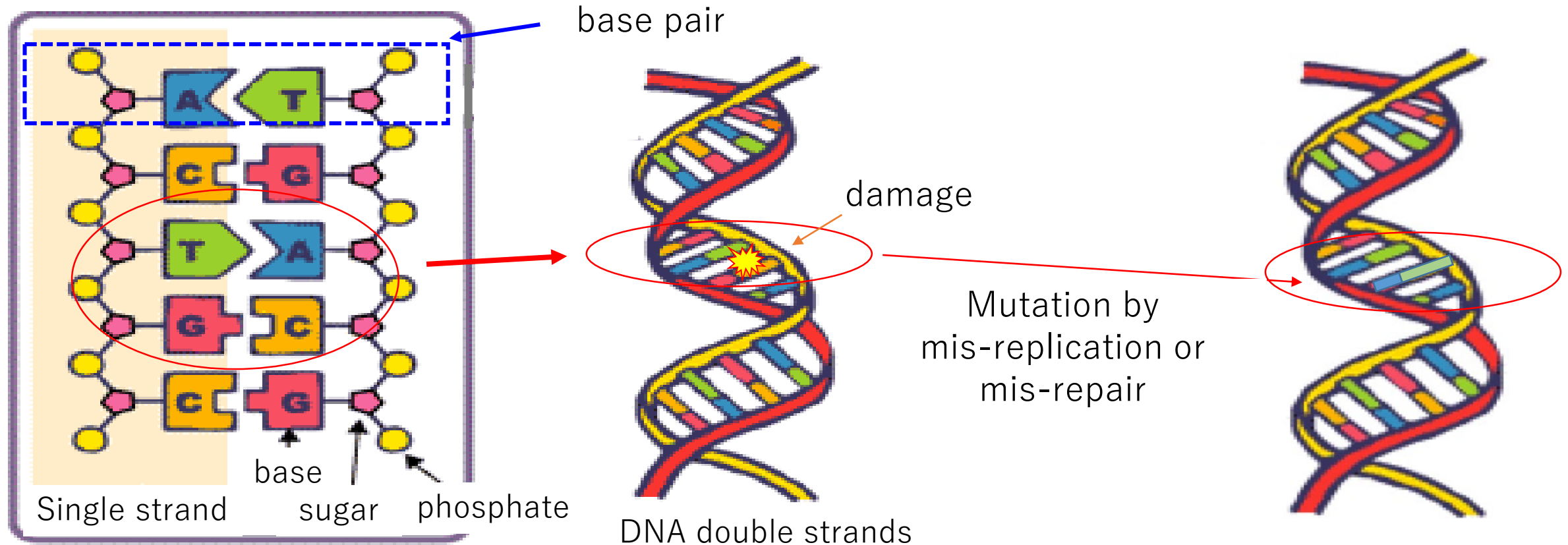
functional RNA

Gene: code for functional protein or functional RNA



A set of genomic DNA  
consists of 3 B base pairs

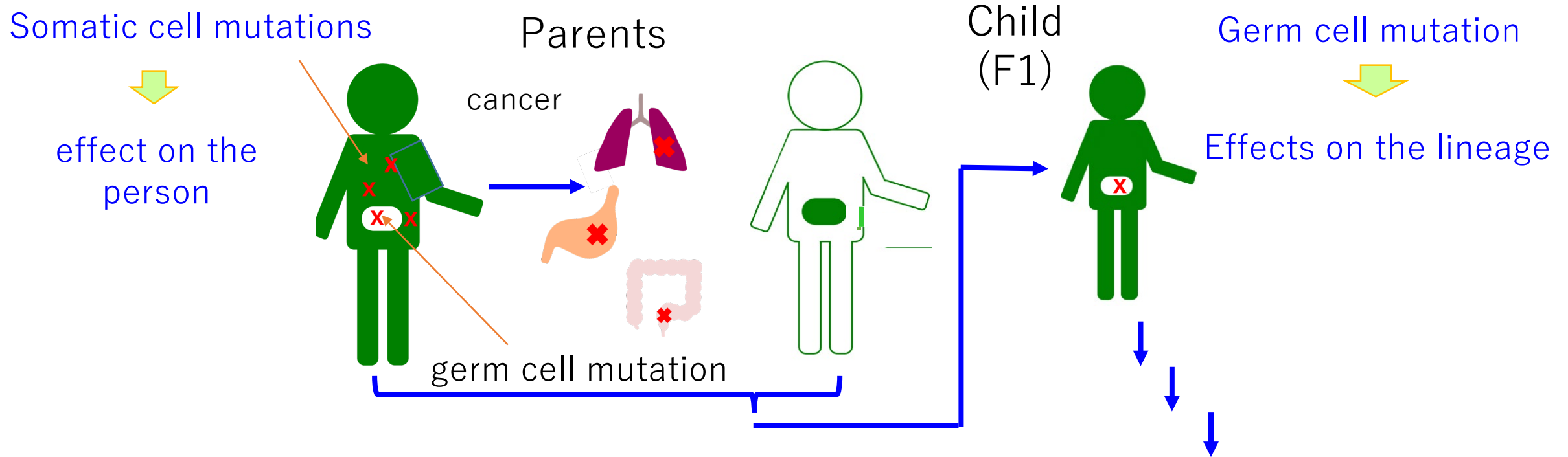
# Basics: DNA is subject to mutation



- Our Cellular DNA is damaged daily by many causes  
Spontaneous (oxi-radical): some 10s of thousands/day  
Radiation: 4000 damages /1 Gy or 1000 mSv



# Basics: Mutations in somatic cells and germ cells



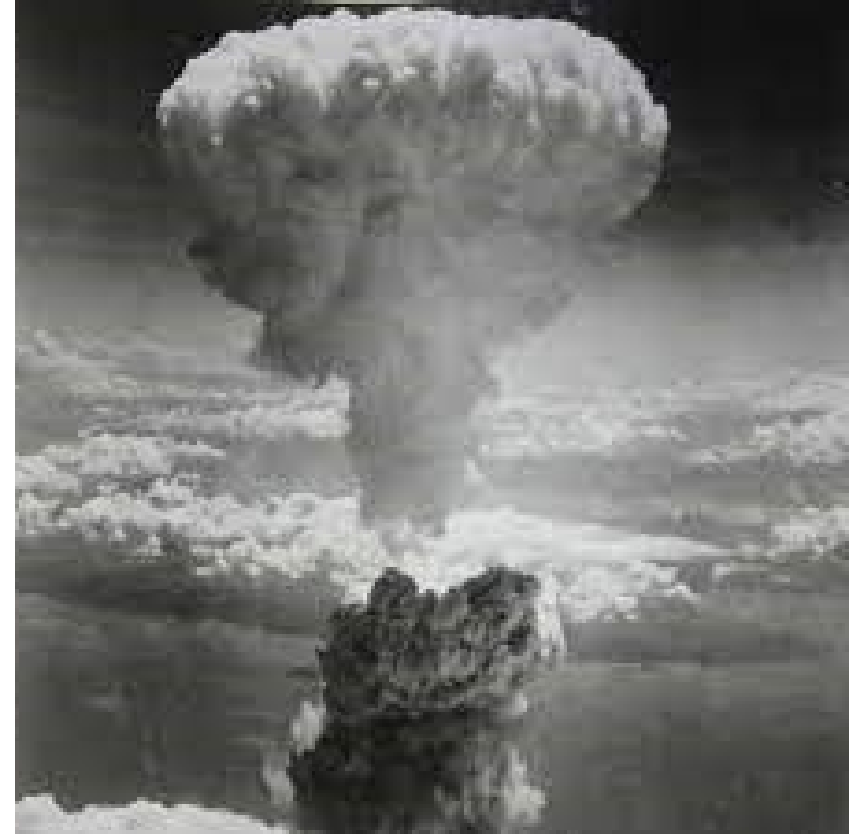
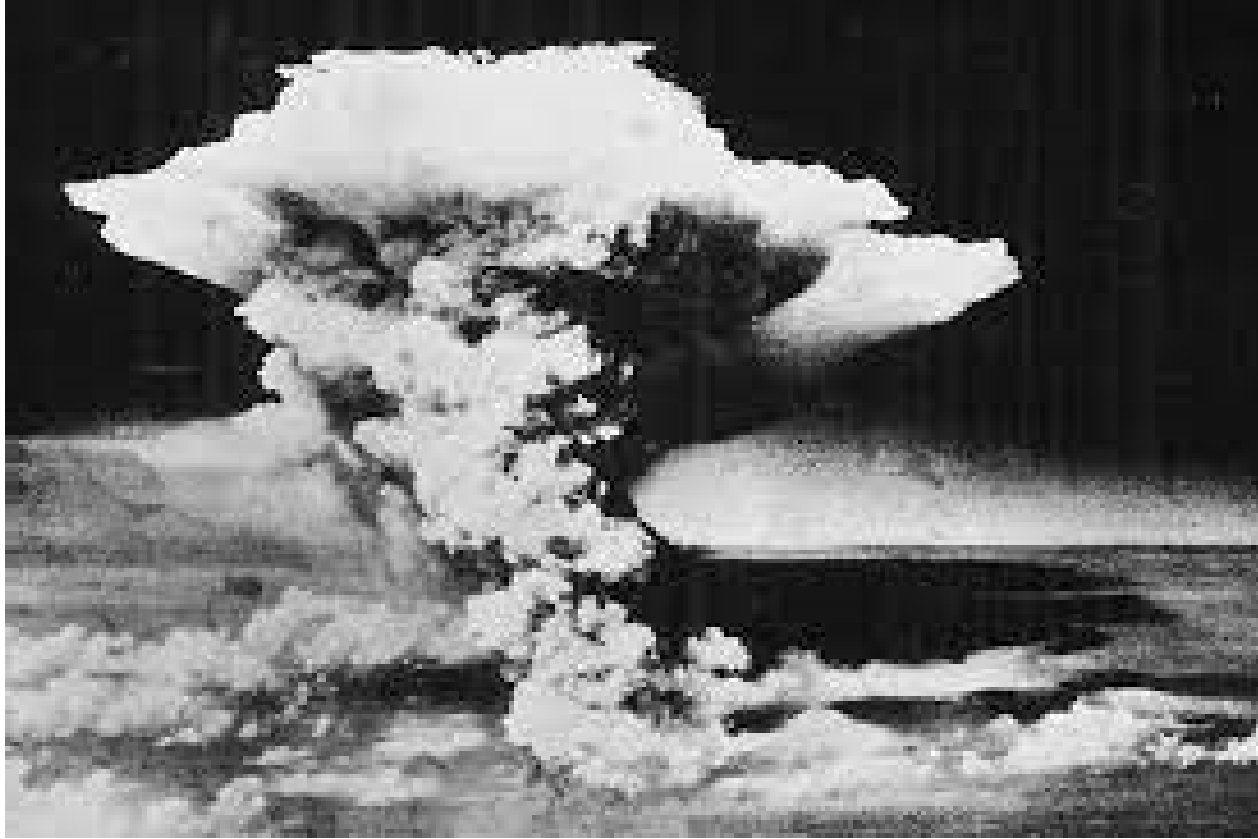
What is mutation: old definition vs current definition

- Mutation means gene mutation, and supposed to have bad effects



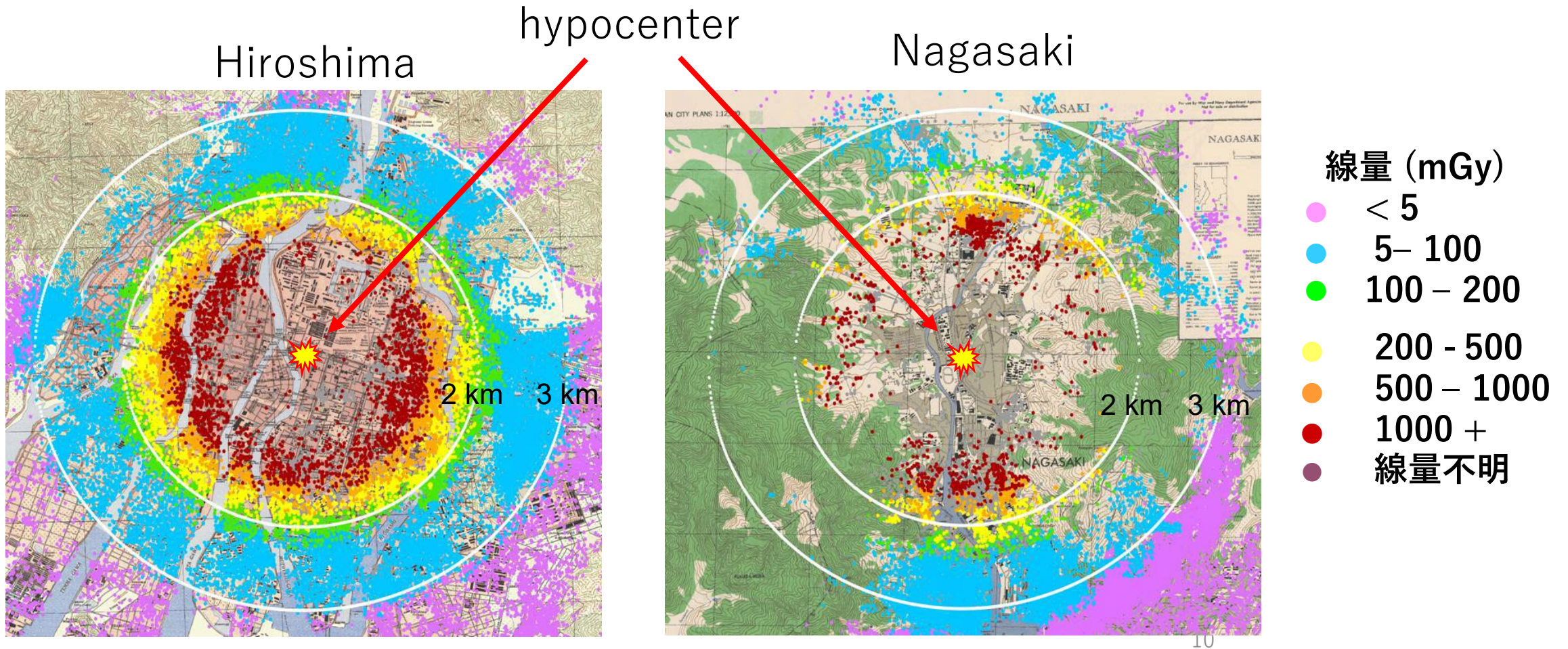
- Mutation means DNA mutation, and may not have any effect

# Genetic Effects of Radiation: Events



- Aug. 6, 1945: Hiroshima, Uranium bomb, killed 90,000
- Aug. 8, 1945: Nagasaki, Plutonium bomb killed 74,000
- 1947: ABCC was established. 120,000 survivors and their 77,000 children have been followed and will be until 2060.

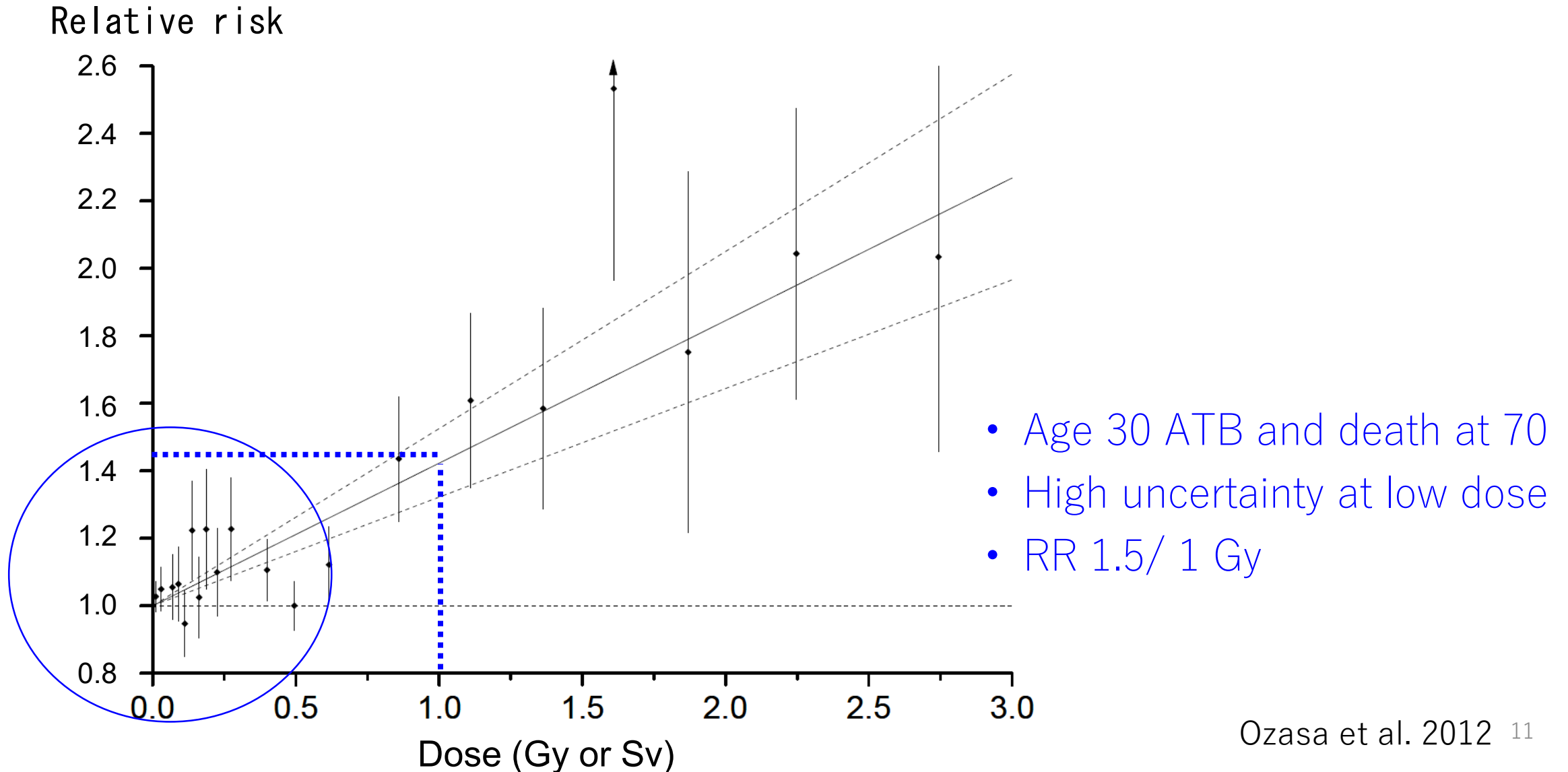
# RERF Study: Radiation Dose to the Survivors



- Dose was estimated from the energy of the bomb, place at the time of bomb, shielding conditions and other details
- Dose estimated matches well with the dose estimated by other methods

# RERF Study: Famous study on Solid Cancer Mortality

Data are used for risk estimation for radiation protection

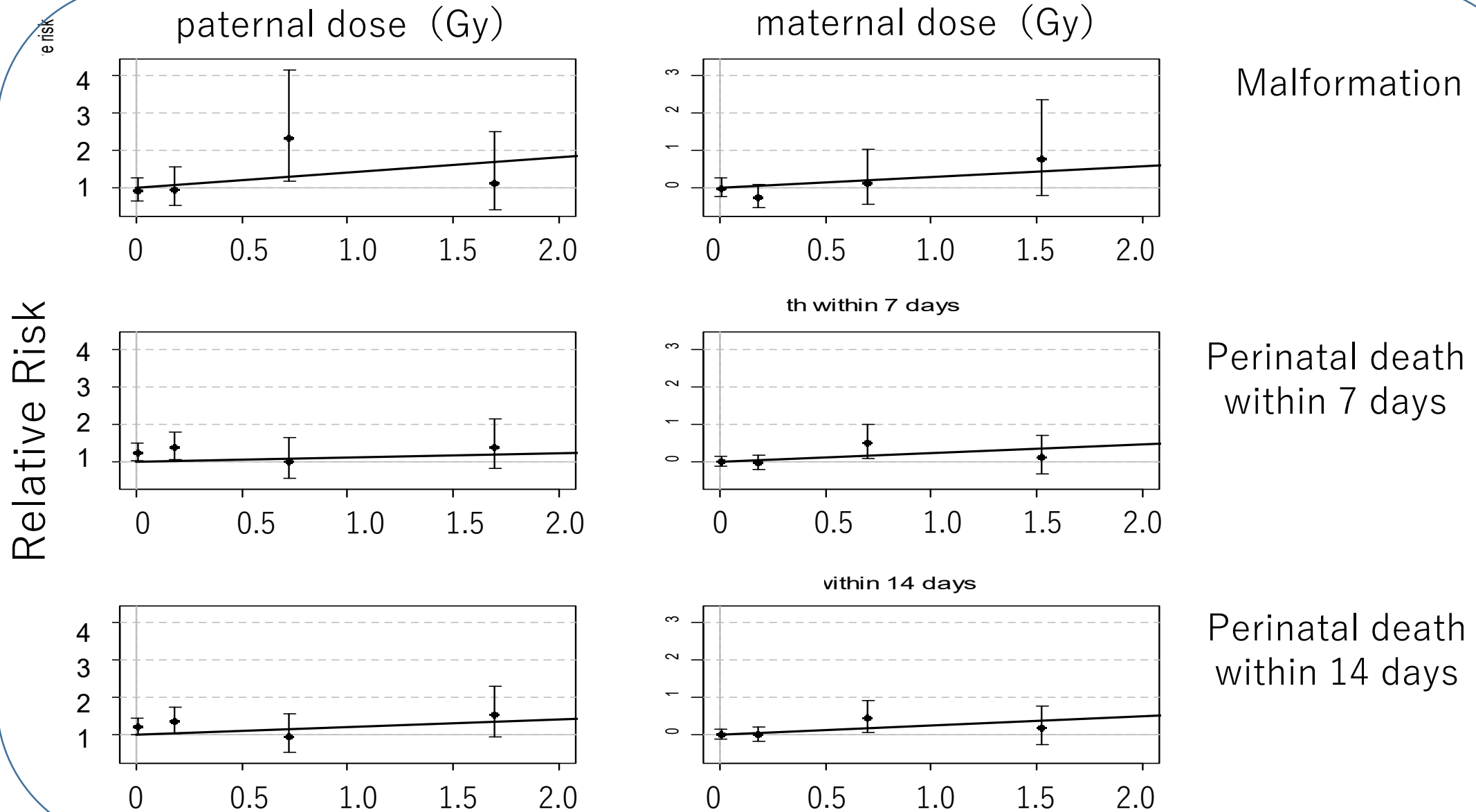




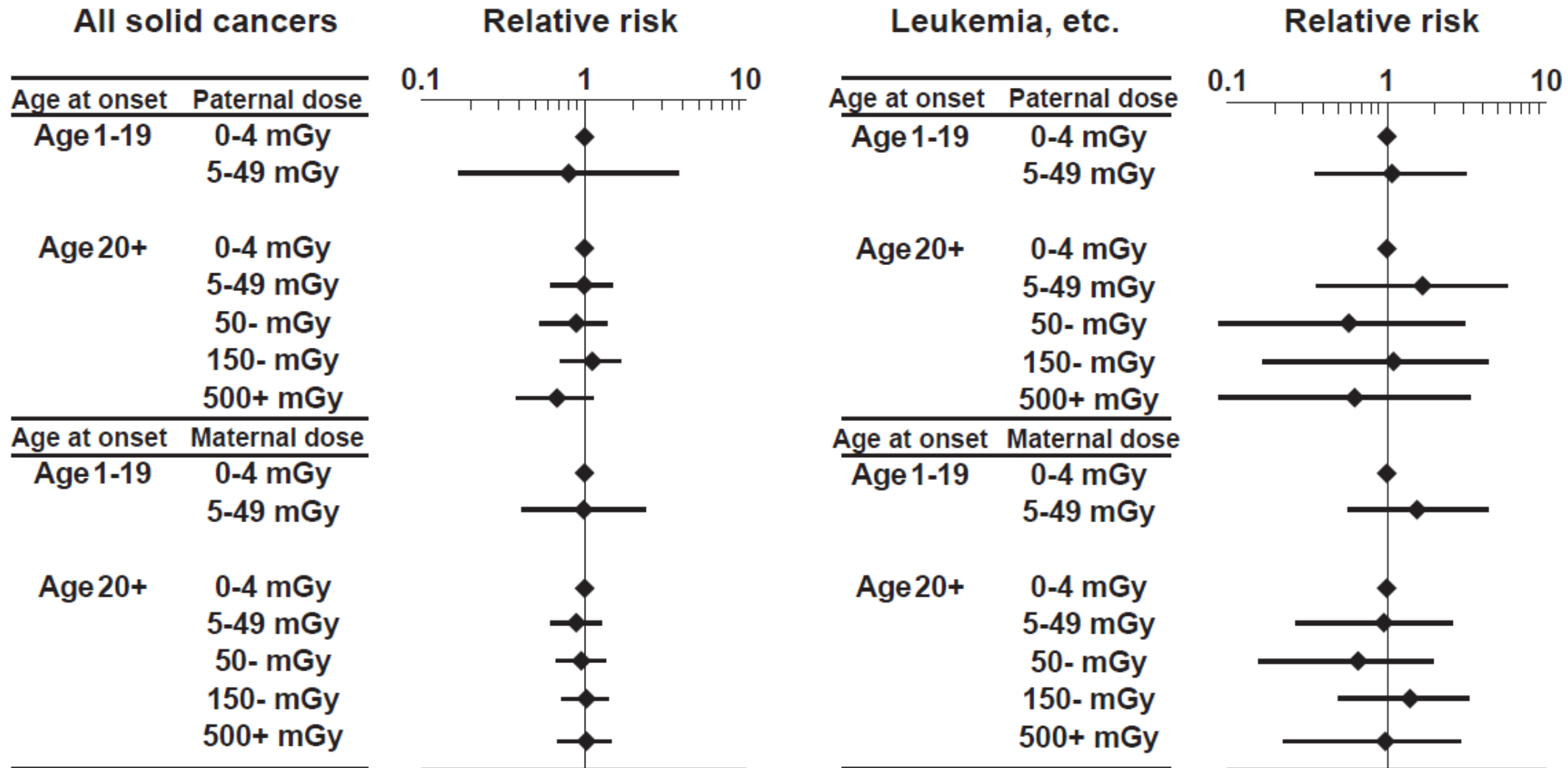
# RERE Study: Genetic effects on F1s

Study period	Study
① 1948-1954	Untoward pregnancy outcomes of 77,000 F1s
② 1948-1962	Sex ratio of children of the survivors
③ 1967-1985	Chromosome analyses on F1s
④ 1975-1985	Analyses of mutated serum proteins among F1s
⑤ 2021	Project ① revisited and reanalyzed
⑥ since 1948 till today	Mortality and incidence of cancer among F1 born to the survivors

# F1 Study: Untoward Pregnancy Outcome Revisited



# F1 Study: Cancer Incidence (2003 data)



**Figure 21.** Parental radiation dose and risk of cancer incidence in A-bomb survivors' children born during 1946–1984 (follow-up period: 1958–1997).<sup>100</sup> The horizontal bars indicate 95% confidence intervals.

# F1 Study: Cancer Mortality (2015 paper)

F1 born to maternally exposed			F1 born to paternally exposed		
dose (mGy)	No. dead	hazard ratio	dose (mGy)	No. dead	hazard ratio
0	806	1	0	1003	1
1-49	184	1.092	1-49	93	0.943
50-149	67	0.883	50-149	31	0.735
150 - 499	81	1.046	150 - 499	42	0.973
500 -	56	0.970	500 -	35	0.830
dose unknown	52	0.721	dose unknown	42	0.782

70,00 born between 1946–1984, followed from 1958 to 2009



# F1 Study: Non-cancer Mortality (2015 paper)


母親被曝の二世			父親被曝の二世		
線量・mGy	死亡人数	ハザード比	線量・mGy	死亡人数	ハザード比
0	2525		0	3034	
1-49	548	1.045	1-49	315	0.972
50-149	232	0.969	50-149	140	0.986
150 - 499	236	0.962	150 - 499	140	0.966
500 -	176	0.991	500 -	145	1.061
線量不明	220	1.027	線量不明	163	0.987

70,00 born between 1946–1984, followed from 1958 to 2009

# RERF F1 Study: Current Summary

- A clear dose-dependent increase in the risk of cancer and non-cancer diseases was observed in directly exposed survivors
- No such increase was observed among children born to exposed parent
- Currently, average age of F1s exceed 60 and they are coming to so called “cancer-prone age” so that careful and intense follow-up has to be made on them
- Past genetic studies at RERF were relying on health detriments. Now, how is it at the DNA level?

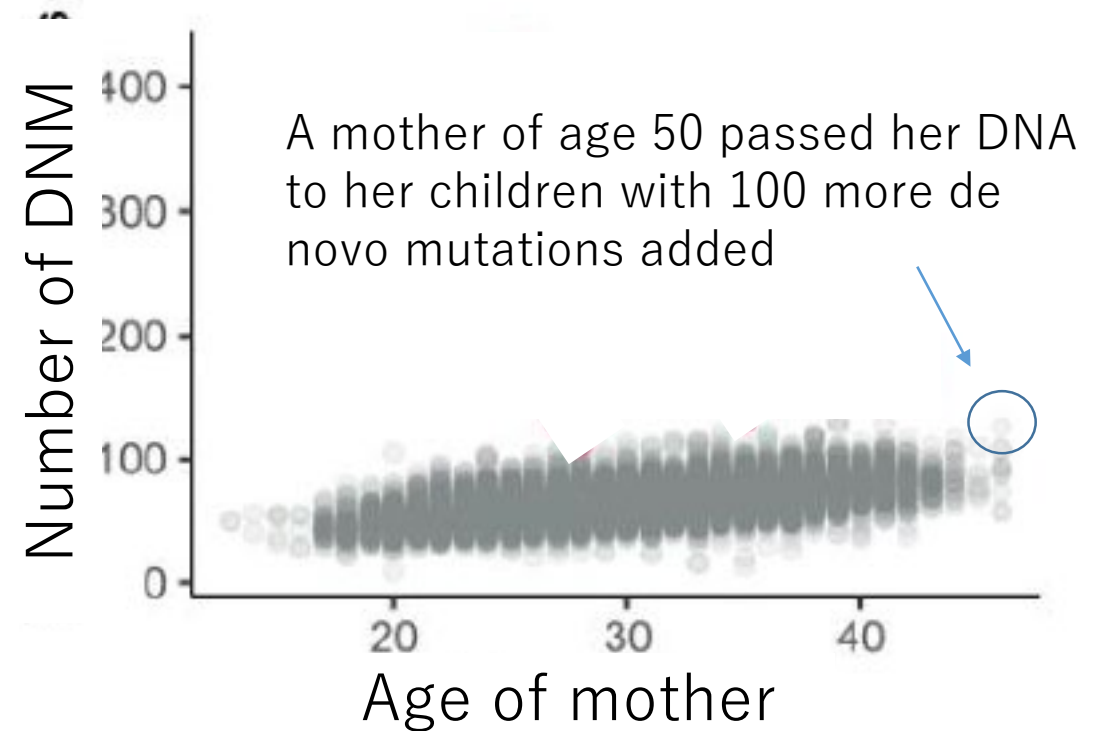
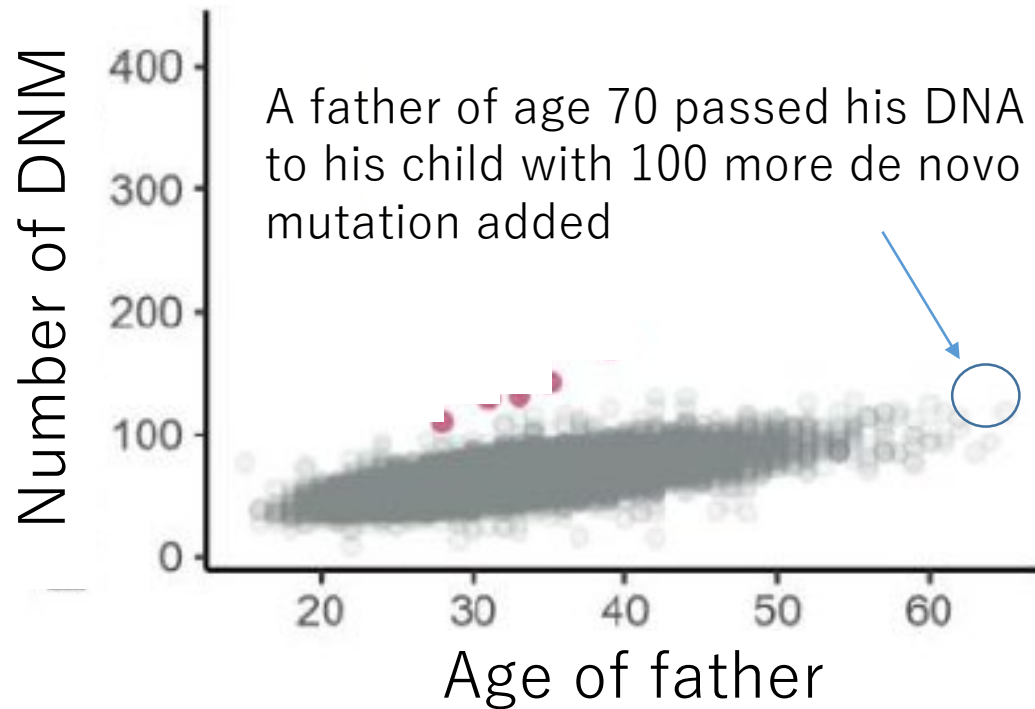
# F1 Study outside of RERF

- Is there any study supporting RERF's results showing the lack relation between parental radiation dose and detriments in F1?  

- Epidemiological studies of children born to radiotherapy survivors  
→ Doses to the parental gonads is sometimes much higher than those for A-bomb survivors  
Yet, past publications show no health effect in their children

  
In order to confirm, we need DNA level studies

# When you have your children: Spontaneous mutation

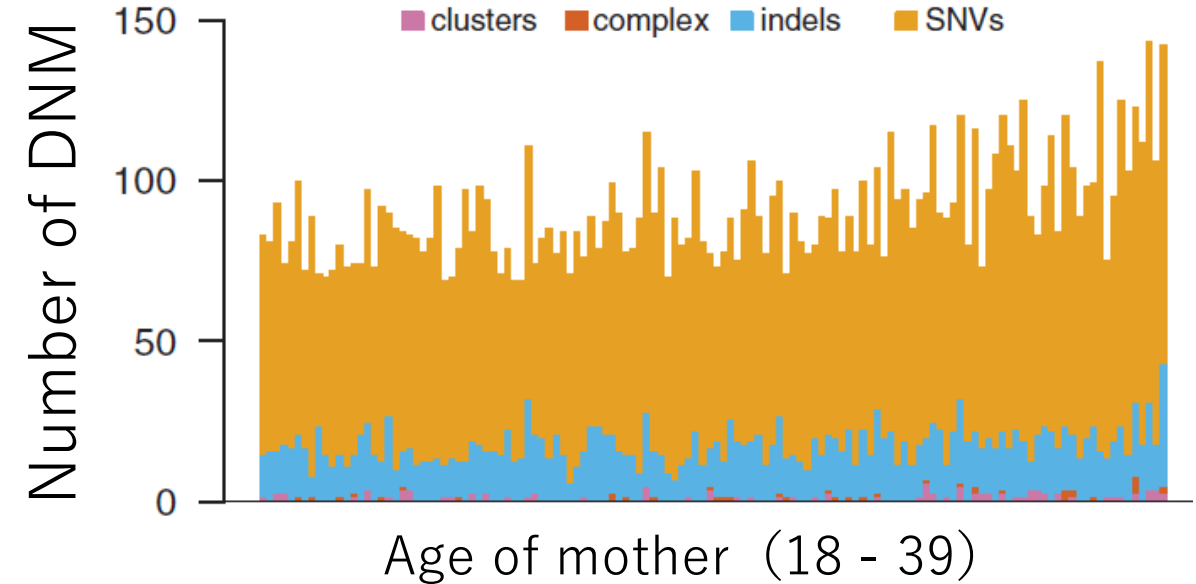
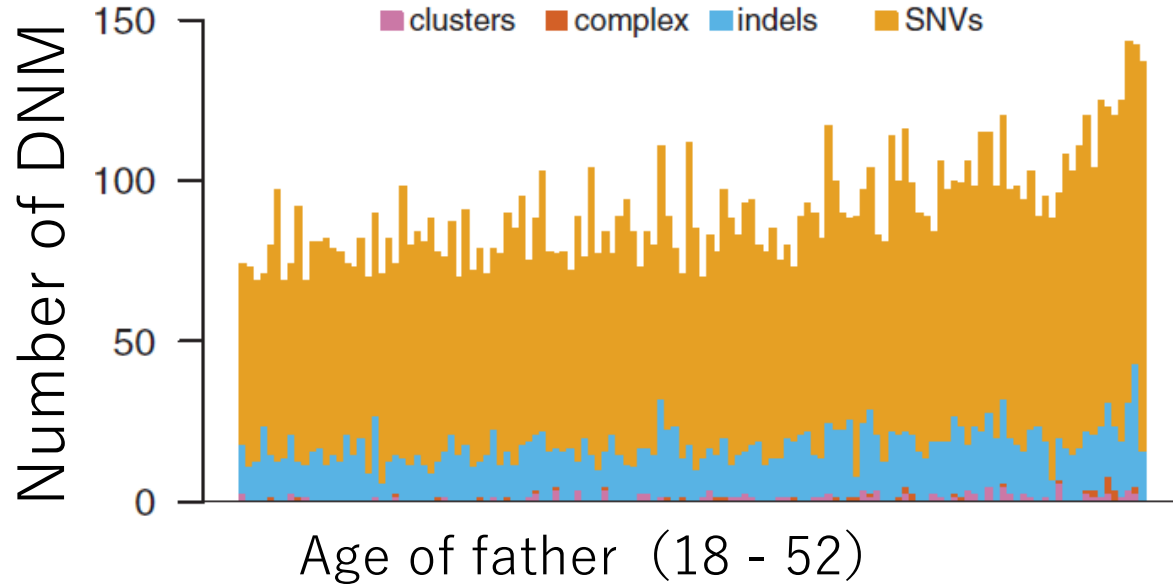
Analyses of 22,000 children for de novo mutation (DNM)



- Age dependent increases of de novo mutation by parental age
- Around 50 – 100 new mutations added for most of pregnancies
- These mutations rarely affect health of children

# Analyses of 130 Children born to Chernobyl workers

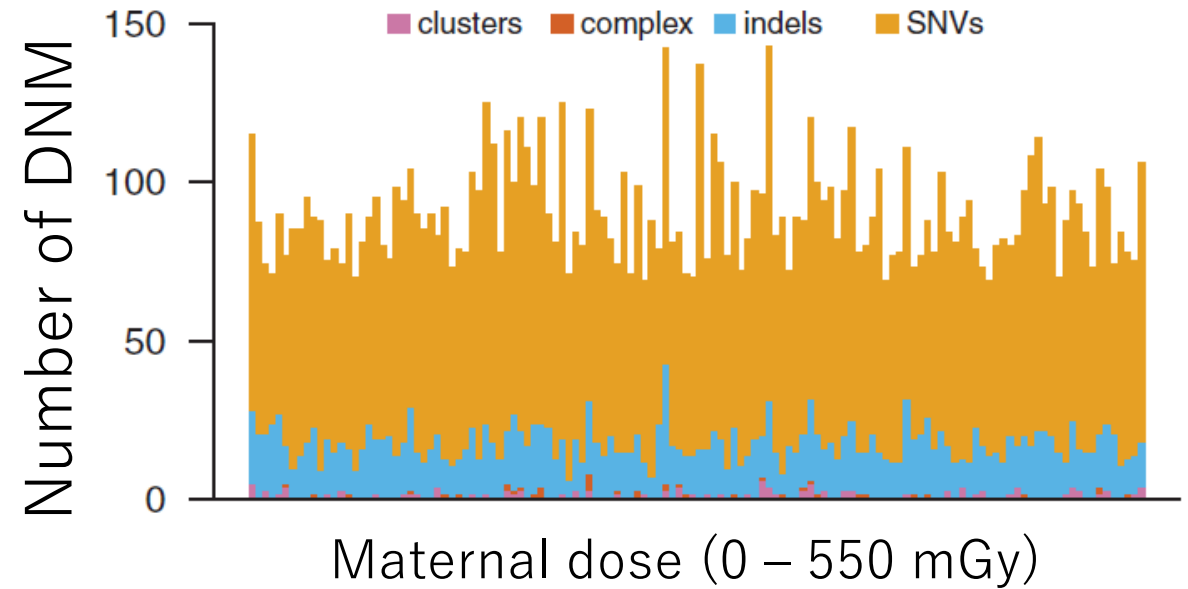
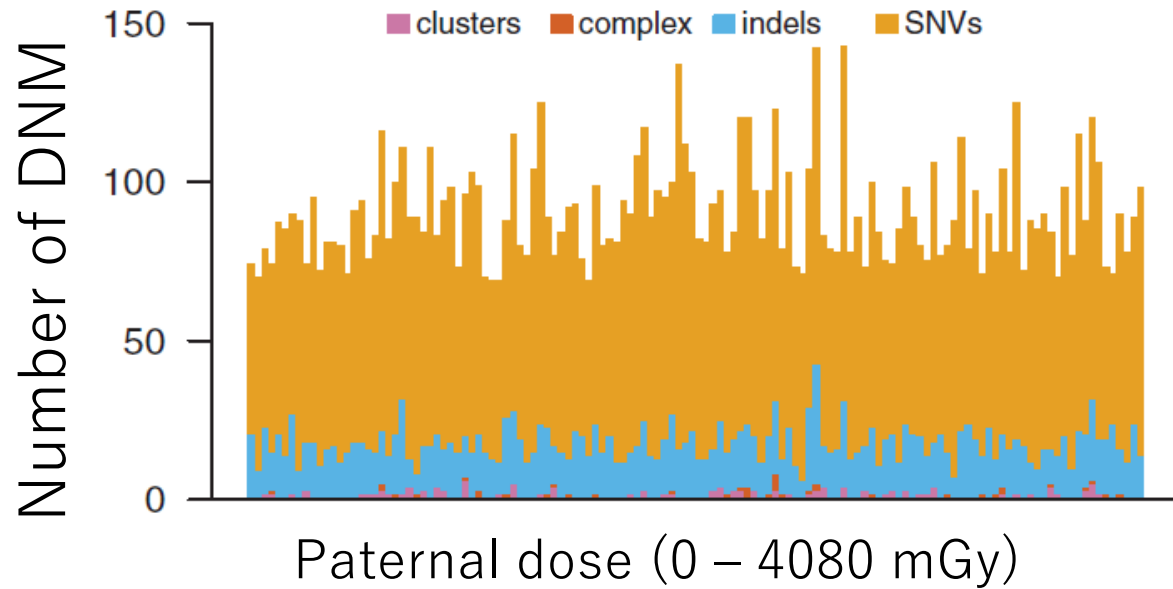
## — Parental age at conception —



- Chernobyl workers received relatively high dose and 34 of them died from acute effects of radiation
- Number of de novo mutations (DNM) increased in relation to the parental age at the time of conception

# Analyses of 130 Children born to Chernobyl workers

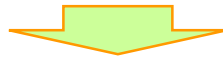
## — Parental dose —



- No relation was found for the number of de novo mutations and parental radiation dose, indicating these were spontaneous

# Issues to be addressed

- No observation so far indicates any detriments among F1s born to the atomic bomb survivors
- Similarly, no observation was made of such detriments among children born to radiotherapy patients
- Genomic sequencing of children born to Chernobyl workers detected no increase in heritable DNA mutation
- At the same time, de novo mutations are occurring frequently in germ cells



## Enigma to be clarified

- Why human data does not support radiation induced germ cell mutation while fruit fly and mice data do?

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