

## Report on the Second-Round Thyroid Survey (First Full-Scale Thyroid Survey)

### 1. Implementation Year: FY 2014 and FY 2015

### 2. Results of the Primary Examination as of 31 March 2018

Table 1 Results of the primary examination

|         | Survey population<br>a | Participants              |                   | Exam results              |                |                |                             |           |  |  |
|---------|------------------------|---------------------------|-------------------|---------------------------|----------------|----------------|-----------------------------|-----------|--|--|
|         |                        | Proportion (%)<br>b (b/a) | Outside Fukushima | Proportion (%)<br>c (c/b) | Class (%)      |                |                             |           |  |  |
|         |                        |                           |                   |                           | A              |                | Requiring confirmatory exam |           |  |  |
|         |                        |                           |                   |                           | A1 d (d/c)     | A2 e (e/c)     | B f (f/c)                   | C g (g/c) |  |  |
| FY 2014 | 216,866                | 159,177 (73.4)            | 11,426            | 159,171 (100.0)           | 66,451 (41.7)  | 91,413 (57.4)  | 1,307 (0.8)                 | 0 (0.0)   |  |  |
| FY 2015 | 164,378                | 111,363 (67.7)            | 4,232             | 111,358 (100.0)           | 42,267 (38.0)  | 68,171 (61.2)  | 920 (0.8)                   | 0 (0.0)   |  |  |
| Total   | 381,244                | 270,540 (71.0)            | 15,658            | 270,529 (100.0)           | 108,718 (40.2) | 159,584 (59.0) | 2,227 (0.8)                 | 0 (0.0)   |  |  |

### 3. Results of the Confirmatory Examination as of 31 March 2018

Table 2 Progress and results of the confirmatory examination

|         | Number of those requiring confirmatory exam<br>a | Participants<br>Proportion (%)<br>b (b/a) | Confirmatory exam coverage (%)<br>c (c/b) | Confirmed exam results |               |              |                 |
|---------|--|---|---|------------------------|---------------|--------------|-----------------|
|         |  |   |   | A1<br>d (d/c)          | A2<br>e (e/c) | Not A1 or A2 |                 |
|         |  |   |   |                        |               | f (f/c)      | FNAC<br>g (g/f) |
| FY 2014 | 1,307  | 1,099 (84.1)                              | 1,075 (97.8)                              | 39 (3.6)               | 244 (22.7)    | 792 (73.7)   | 151 (19.1)      |
| FY 2015 | 920  | 775 (84.2)                                | 751 (96.9)                                | 24 (3.2)               | 121 (16.1)    | 606 (80.7)   | 56 (9.2)        |
| Total   | 2,227  | 1,874 (84.1)                              | 1,826 (97.4)                              | 63 (3.5)               | 365 (20.0)    | 1,398 (76.6) | 207 (14.8)      |

#### Results of fine needle aspiration cytology (FNAC)

- Malignant or suspicious for malignancy : 71\*)
- Male to female ratio : 32:39
- Mean age (SD, min-max): 16.9 (3.2, 9-23), 12.6 (3.2, 5-18) at the time of disaster
- Mean tumor size: 11.1 mm (5.6 mm, 5.3-35.6 mm)

#### [Reference] Number of those with nodules classified as malignant or suspicious for malignancy and surgical cases in the Second-Round Thyroid Survey

○The Second-Round Thyroid Survey (As of 31 March 2020)

- Municipalities surveyed in FY 2014 52 (21 males: 31 females)  
(41 surgical cases: 40 papillary thyroid carcinomas, 1 other type of thyroid cancer)
- Municipalities surveyed in FY 2015 19 (11 males: 8 females)  
(13 surgical cases: 13 papillary thyroid carcinomas)

Total 71 (32 males: 39 females)

(54 surgical cases: 53 papillary thyroid carcinomas, 1 other type of thyroid cancer)

# Final Report on the Third-Round Thyroid Survey (Second Full-Scale Thyroid Survey)

## 1. Summary

### 1.1 Purpose

In order to monitor the long-term health of children, we are now engaged in the second Full-scale Thyroid Survey (the Third-Round Survey). The first round was Preliminary Baseline Survey for initial assessment of thyroid glands, and the second round was the First Full-Scale Thyroid Survey to assess any changes.

### 1.2 Survey Population

In addition to the participants of Preliminary Baseline Survey (Fukushima residents born between 2 April 1992 and 1 April 2011), the Full-Scale Thyroid Survey (from and after the Second-Round Survey) also includes those who were born between 2 April 2011 and 1 April 2012.

### 1.3 Implementation Period

The Second Full-Scale Survey started on 1 May 2016 and covered examinees up to age 20 on a municipality-by-municipality schedule to FY 2017. Thereafter, we revised the schedule of examinations so that examinees can take examinations every five years – at ages 25, 30, 35, etc. – to make it easier for examinees to remember when they are due for examination. However, the interval between the examination at age 25 and the previous one should not be greater than 5 years.

### 1.4 Responsible Organizations

Fukushima Prefecture commissioned Fukushima Medical University (FMU) to conduct the survey in cooperation with organizations inside and outside Fukushima for the convenience for examination participants (the number of contracts is as of 31 March 2020).

#### 1.4-1 The primary examination

|                              |                        |
|------------------------------|------------------------|
| Inside Fukushima Prefecture  | 84 medical facilities  |
| Outside Fukushima Prefecture | 124 medical facilities |

#### 1.4-2 The confirmatory examination

|                              |                                    |
|------------------------------|------------------------------------|
| Inside Fukushima Prefecture  | 5 medical facilities including FMU |
| Outside Fukushima Prefecture | 37 medical facilities              |

### 1.5 Method

#### 1.5-1 The primary examination

We use ultrasonography for examination of the thyroid gland.

Assessments are made by specialists on the basis of the following criteria:

##### -Diagnostic criteria (A)

Those with A1 or A2 test results are recommended for watchful waiting until they undergo the primary examination, starting from April 2018.

A1: No nodules / cysts

A2: Nodules  $\leq 5.0$  mm or cysts  $\leq 20.0$  mm

##### -Diagnostic criteria (B)

Those with B test results are advised to take the confirmatory examination.

B: Nodules  $\geq 5.1$  mm or cysts  $\geq 20.1$  mm

Some A2 test results may be re-classified as B results when clinically indicated.

##### -Diagnostic criteria (C)

Those with C test results are advised to take the confirmatory examination.

C: Immediate need for confirmatory examination, judging from the condition of the thyroid gland.

### 1.5-2 The confirmatory examination

We conduct ultrasonography, blood test, urine test, and fine needle aspiration cytology (FNAC) if needed for those with B or C test results. Priority is given to those in urgent clinical need.

We recommend medical follow-up for those requiring it due to confirmatory test results.

### 1.5-3 Flow chart

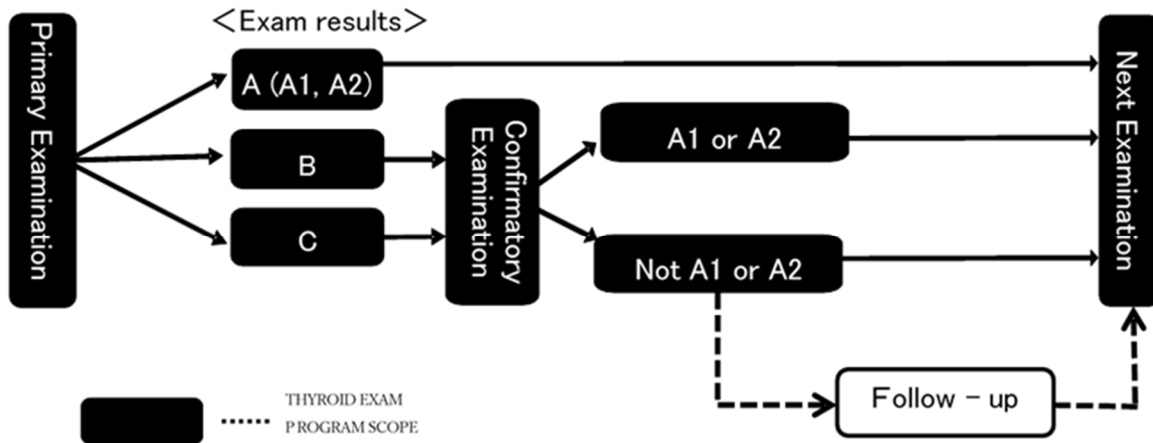


Fig.1 Flow chart

## 1.6 Municipalities Surveyed

The municipalities where examinations were carried out in FY 2016 and FY 2017 are as follows:

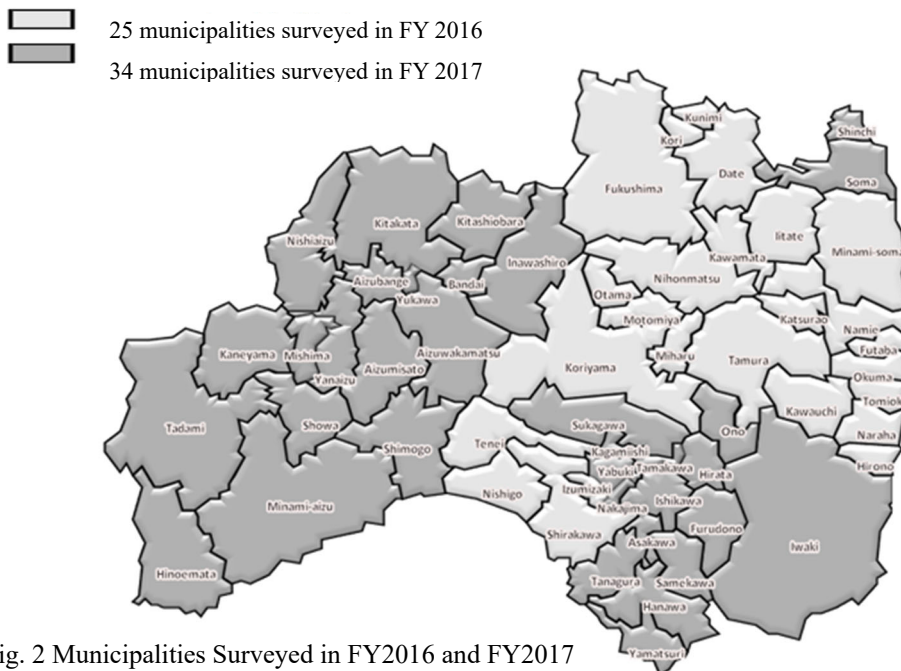


Fig. 2 Municipalities Surveyed in FY2016 and FY2017

## 1.7 Scope of the Final Report

The data for the primary examination were tabulated from the results of participants who received an examination between May 2016 and 31 March 2020.

The data for the confirmatory examination were tallied from the results of participants with confirmed examination results as of 31 March 2020. The data from 1 April 2020 onward will be included in a supplementary document as required.

## 2. Results as of 31 March 2020

### 2.1 Results of the Primary Examination

#### 2.1-1 Progress report

The primary examination started on 1 May 2016 for at 336,670 people in 59 municipalities (25 municipalities in FY2016 and 34 municipalities in FY2017) and so far carried out for 217,921 people (64.7%). (Examination status for each municipality and that of prefectures other than Fukushima are as in Appendix 1 and Appendix 2)

Results have been confirmed for 217,920 participants (100.0%) and notifications have been sent accordingly. (The result for each municipality is as Appendix 3)

Thus far, 76,433 (35.1%) were classified as A1, 139,986 (64.2%) as A2, 1,501 (0.7%) as B, and none as C.

Table 1 Progress and results of the primary examination

|         | Survey population<br>a | Participants              |                   | Exam results              |               |                |             |           |           |                             |  |
|---------|------------------------|---------------------------|-------------------|---------------------------|---------------|----------------|-------------|-----------|-----------|-----------------------------|--|
|         |                        | Proportion (%)<br>b (b/a) | Outside Fukushima | Proportion (%)<br>c (c/b) |               | Class (%)      |             |           |           |                             |  |
|         |                        |                           |                   |                           |               | A              |             |           |           | Requiring confirmatory exam |  |
|         |                        |                           |                   |                           |               | A1 d (d/c)     | A2 e (e/c)  | B f (f/c) | C g (g/c) |                             |  |
| FY 2016 | 191,877                | 126,396 (65.9)            | 8,911             | 126,395 (100.0)           | 44,045 (34.8) | 81,545 (64.5)  | 805 (0.6)   | 0 (0.0)   |           |                             |  |
| FY 2017 | 144,793                | 91,525 (63.2)             | 3,598             | 91,525 (100.0)            | 32,388 (35.4) | 58,441 (63.9)  | 696 (0.8)   | 0 (0.0)   |           |                             |  |
| Total   | 336,670                | 217,921 (64.7)            | 12,509            | 217,920 (100.0)           | 76,433 (35.1) | 139,986 (64.2) | 1,501 (0.7) | 0 (0.0)   |           |                             |  |

Table 2. Number and proportion of participants with nodules/cysts

|         | Number of participants with confirmed results<br>a | Number and proportion of participants with nodules/cysts |                    |                     |                     |
|---------|--|--|--------------------|---------------------|---------------------|
|         |  | Nodules  |                    | Cysts               |                     |
|         |  | ≥5.1 mm<br>b (b/a)                                       | ≤5.0 mm<br>c (c/a) | ≥20.1 mm<br>d (d/a) | ≤20.0 mm<br>e (e/a) |
| FY 2016 | 126,395  | 805 (0.6)  | 430 (0.3)          | 0 (0.0)             | 81,930 (64.8)       |
| FY 2017 | 91,525   | 693 (0.8)  | 399 (0.4)          | 3 (0.0)             | 58,742 (64.2)       |
| Total   | 217,920  | 1,498 (0.7)  | 829 (0.4)          | 3 (0.0)             | 140,672 (64.6)      |

- Proportions are rounded to the 1<sup>st</sup> decimal place. This also applies to other tables.
- The participants in FY2016 and FY 2017 surveys are those received the Full-Scale Survey examination conducted on a municipality-by-municipality basis (until they are older than 20 years old), whereas those who receive examination at 5-year intervals (those born in FY1992 and FY1993) are excluded.
- The results of those received examination at 5-year intervals will be shown separately. The examination for those born in FY1992 (approx. 23,000) and FY1993 (approx. 22,000) took place in FY 2017 and FY2018, respectively.

#### 2.1-2 Participation rates by age group

The participation rate of the age group of 18 or older (age as of 1 April 2016) in municipalities surveyed in FY 2016 was 17.2%.

The participation rate of the age group of 18 or older (age as of 1 April 2017) in municipalities surveyed in FY 2017 was 16.5%.

Table 3 Participation rates by age group

|         |                       | Total   | Age group (years) |        |        |        |
|---------|-----------------------|---------|-------------------|--------|--------|--------|
| FY 2016 | Age group (years)     |         | 4-7               | 8-12   | 13-17  | 18-23  |
|         | Survey population (a) | 191,877 | 36,620            | 51,003 | 56,840 | 47,414 |
|         | Participants (b)      | 126,396 | 26,425            | 45,553 | 46,267 | 8,151  |
|         | Proportion (%) (b/a)  | 65.9    | 72.2              | 89.3   | 81.4   | 17.2   |
| FY 2017 | Age group (years)     |         | 5-7               | 8-12   | 13-17  | 18-24  |
|         | Survey population (a) | 144,793 | 19,316            | 37,165 | 41,995 | 46,317 |
|         | Participants (b)      | 91,525  | 14,957            | 33,947 | 34,966 | 7,655  |
|         | Proportion (%) (b/a)  | 63.2    | 77.4              | 91.3   | 83.3   | 16.5   |
| Total   | Survey population (a) | 336,670 | 55,936            | 88,168 | 98,835 | 93,731 |
|         | Participants (b)      | 217,921 | 41,382            | 79,500 | 81,233 | 15,806 |
|         | Proportion (%) (b/a)  | 64.7    | 74.0              | 90.2   | 82.2   | 16.9   |

\* Age groups are formed with the age as of 1 April of each fiscal year.

### 2.1-3 Comparison of Full-scale Thyroid Surveys

Comparison of Third- and Second-Round Survey results is as shown in Table 4.

Among 201,532 participants who were diagnosed as A1 or A2 in the Second-Round Survey, 200,836 (99.7%) had A1 or A2 results, and 696 (0.3%) were diagnosed as B in the Third-Round Survey.

Among 1,147 participants who were diagnosed as B in the Second-Round Survey, 442 (38.5%) had A1 or A2 results, and 705 (61.5%) were diagnosed as B in the Third-Round Survey.

Table 4 Comparison of Full-scale Thyroid Survey

|                                    |                  | Results of the Second-round Survey*1 (%)<br>a | Results of the Third-Round Survey *2 |                    |                   |                   |            |
|------------------------------------|------------------|---|--------------------------------------|--------------------|-------------------|-------------------|------------|
|                                    |                  |   | A                                    |                    | B<br>d<br>d/a (%) | C<br>e<br>e/a (%) |            |
|                                    |                  |   | A1<br>b<br>b/a (%)                   | A2<br>c<br>c/a (%) |                   |                   |            |
| Results of the Second-round Survey | A                | A1  | 79,750<br>(100.0)                    | 57,635<br>(72.3)   | 21,979<br>(27.6)  | 136<br>(0.2)      | 0<br>(0.0) |
|                                    |                  | A2  | 121,782<br>(100.0)                   | 12,177<br>(10.0)   | 109,045<br>(89.5) | 560<br>(0.5)      | 0<br>(0.0) |
|                                    | B                | 1,147<br>(100.0)                              | 62<br>(5.4)                          | 380<br>(33.1)      | 705<br>(61.5)     | 0<br>(0.0)        |            |
|                                    | C                | 0<br>(0.0)                                    | 0<br>(0.0)                           | 0<br>(0.0)         | 0<br>(0.0)        | 0<br>(0.0)        |            |
|                                    | No participation | 15,241<br>(100.0)                             | 6,559<br>(43.0)                      | 8,582<br>(56.3)    | 100<br>(0.7)      | 0<br>(0.0)        |            |
| Total                              |                  | 217,920<br>(100.0)                            | 76,433<br>(35.1)                     | 139,986<br>(64.2)  | 1,501<br>(0.7)    | 0<br>(0.0)        |            |

\*1 Upper figures show a previous (Second Round) diagnosis for the participants in this (Third Round) survey whose results have been confirmed. They are not the breakdown of the total number of the previous-round participants.

\*2 Upper figures show the breakdown of the Third-Round Survey participants who were diagnosed for each diagnostic class in the Second-Round Survey. Lower figures are their proportion (%).

## 2.2 Results of the Confirmatory Examination

### 2.2-1 Progress report

Confirmatory Examinations have been conducted since October 2016 and so far 1,101 (73.4%) of 1,501 people who were recommended for a confirmatory examination as a result of the primary examination have received the examination and 1,060 (96.3%) have completed the entire procedure of the examination (Implementation status of each municipality is shown in Appendix 5).

Of the foregoing 1,060 participants, 109 (A1: 9, A2: 100) (10.3%) were confirmed to meet A1 or A2 diagnostic criteria by the Primary Examination standards (including those with other thyroid conditions). Remaining 951 (89.7%) people were confirmed to be non-equivalent to A1 or A2.

Table 5 Progress and results of the confirmatory examination

|         | Number of those requiring confirmatory exam<br>a | Participants<br>Proportion (%)<br>b (b/a) | Confirmed exam results                    |               |               |              |                 |
|---------|--|---|---|---------------|---------------|--------------|-----------------|
|         |  |   | Confirmatory exam coverage (%)<br>c (c/b) | A1<br>d (d/c) | A2<br>e (e/c) | Not A1 or A2 |                 |
|         |  |   |   |               |               | f (f/c)      | FNAC<br>g (g/f) |
| FY 2016 | 805  | 612 (76.0)                                | 585 (95.6)                                | 5 (0.9)       | 58 (9.9)      | 522 (89.2)   | 40 (7.7)        |
| FY 2017 | 696  | 489 (70.3)                                | 475 (97.1)                                | 4 (0.8)       | 42 (8.8)      | 429 (90.3)   | 38 (8.9)        |
| Total   | 1,501  | 1,101 (73.4)                              | 1,060 (96.3)                              | 9 (0.8)       | 100 (9.4)     | 951 (89.7)   | 78 (8.2)        |

### 2.2-2 Results of fine needle aspiration cytology (FNAC)

Among those who underwent FNAC, 31 had nodules classified as malignant or suspicious for malignancy. 13 of them were male, and 18 were female. Participants' age at the time of the confirmatory examination ranged from 12 to 23 years (mean age:  $16.3 \pm 2.9$  years). The minimum and maximum tumor diameters were 5.6 mm and 33.0 mm. Mean tumor diameter was  $12.9 \pm 6.4$  mm.

Results of these 31 participants in the Full-Scale Survey (the Second-Round Survey) were: 21 were classified as A (A1: 7, A2: 14), 7 as B and 3 did not participate in the survey.

Table 6. Results of FNAC

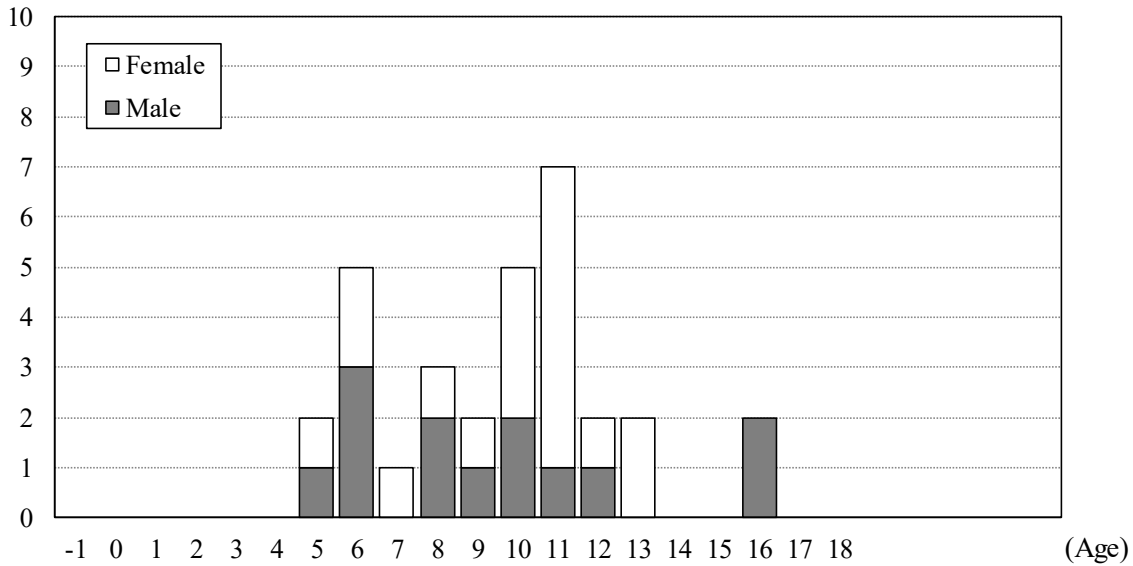
|  |  |
|--|--|
| A. Municipalities surveyed in FY 2016      |  |
| • Malignant or suspicious for malignancy : | 13 <sup>*)</sup>   |
| • Male to female ratio :                   | 7:6  |
| • Mean age (SD, min-max):                  | 16.0 (3.1, 12-23), 9.9 (3.1, 5-16) at the time of disaster |
| • Mean tumor size:                         | 13.5 mm (6.0 mm, 7.6-30.4 mm)                              |
| B. Municipalities surveyed in FY 2017      |  |
| • Malignant or suspicious for malignancy : | 18 <sup>*)</sup>   |
| • Male to female ratio :                   | 6:12   |
| • Mean age (SD, min-max):                  | 16.5 (2.7, 12-22), 9.4 (2.9, 5-16) at the time of disaster |
| • Mean tumor size:                         | 12.4 (6.9 mm, 5.6-33.0 mm)                                 |
| C. Total                                   |  |
| • Malignant or suspicious for malignancy : | 31 <sup>*)</sup>   |
| • Male to female ratio :                   | 13:18  |
| • Mean age (SD, min-max):                  | 16.3 (2.9, 12-23), 9.6 (2.9, 5-16) at the time of disaster |
| • Mean tumor size:                         | 12.9 mm (6.4 mm, 5.6-33.0 mm)                              |

<sup>\*)</sup> Surgical cases are as shown in Appendix 6.

2.2-3 Age distribution of malignant or suspicious-for-malignancy cases diagnosed by FNAC

Age distributions of 31 people having nodules classified as malignant or suspicious for malignancy by age as of 11 March 2011 is shown in Fig. 3, and by age as of the confirmatory examination in Fig. 4.

(Persons)



The horizontal axis begins at -1 to include residents of Fukushima Prefecture born between 2 April 2011 and 1 April 2012

Fig.3 Age as of 11 March 2011

(Persons)

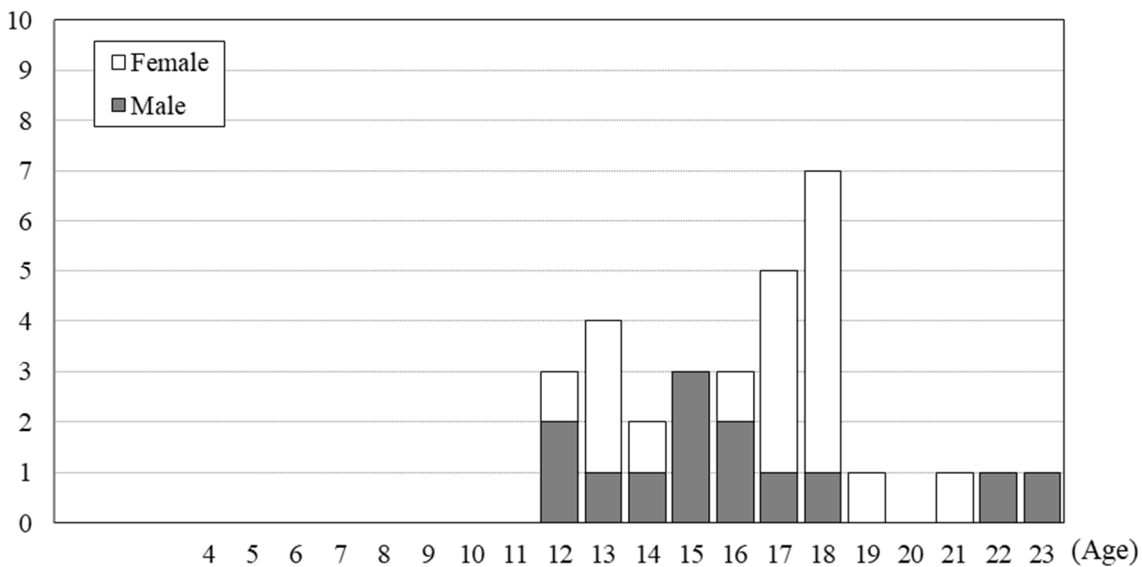


Fig. 4 Age as of the date of confirmatory examination

2.2-4 Basic Survey results of those with nodules diagnosed as malignant or suspicious for malignancy by FNAC

11(35.5%) of the 31 people participated in the Basic Survey (for external radiation dose estimation), and 11 received the results. The highest effective dose documented was 1.5 mSv.

Table 7. A breakdown of dose estimates for participants of the Basic Survey

| Effective dose (mSv) | Age at the time of the disaster |        |      |        |       |        |       |        |       |        |
|----------------------|---------------------------------|--------|------|--------|-------|--------|-------|--------|-------|--------|
|                      | 0-5                             |        | 6-10 |        | 11-15 |        | 16-18 |        | Total |        |
|                      | Male                            | Female | Male | Female | Male  | Female | Male  | Female | Male  | Female |
| <1                   | 0                               | 0      | 3    | 0      | 0     | 4      | 0     | 0      | 3     | 4      |
| 1-1.9                | 0                               | 0      | 1    | 1      | 1     | 1      | 0     | 0      | 2     | 2      |
| 2-4.9                | 0                               | 0      | 0    | 0      | 0     | 0      | 0     | 0      | 0     | 0      |
| 5-9.9                | 0                               | 0      | 0    | 0      | 0     | 0      | 0     | 0      | 0     | 0      |
| 10-19.9              | 0                               | 0      | 0    | 0      | 0     | 0      | 0     | 0      | 0     | 0      |
| ≥20                  | 0                               | 0      | 0    | 0      | 0     | 0      | 0     | 0      | 0     | 0      |
| Total                | 0                               | 0      | 4    | 1      | 1     | 5      | 0     | 0      | 5     | 6      |

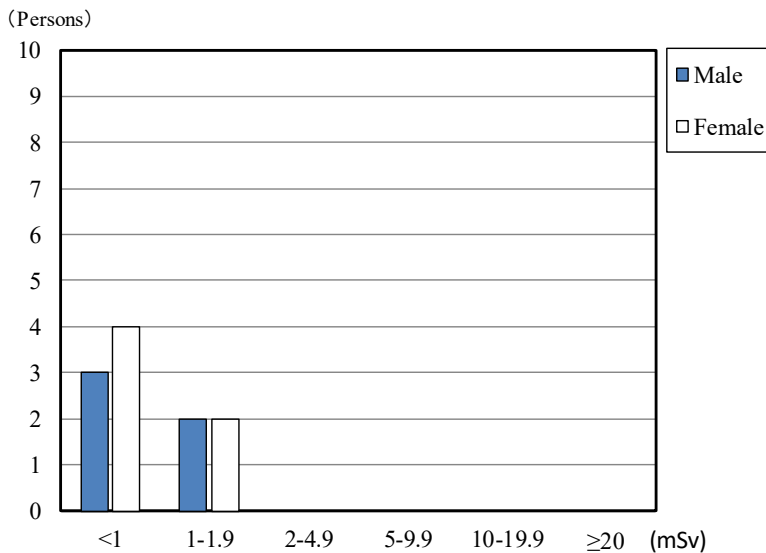


Fig. 5 Effective dose of the participants

2.2-5 Blood test and urinary iodine test results

Table 8. Blood test results

|                            | FT4 <sup>1)</sup><br>(ng/dL) | FT3 <sup>2)</sup><br>(pg/mL) | TSH <sup>3)</sup><br>(μIU/mL) | Tg <sup>4)</sup><br>(ng/mL) | TgAb <sup>5)</sup><br>(IU/mL) | TPOAb <sup>6)</sup><br>(IU/mL) |
|----------------------------|------------------------------|------------------------------|-------------------------------|-----------------------------|-------------------------------|--------------------------------|
| Reference Range            | 0.95-1.74 <sup>7)</sup>      | 2.13-4.07 <sup>7)</sup>      | 0.340-3.880 <sup>7)</sup>     | ≤33.7                       | <28.0                         | <16.0                          |
| 31 malignant or suspicious | 1.2 ± 0.1 (3.2%)             | 3.6 ± 0.7 (16.1%)            | 1.8 ± 1.1 (16.7%)             | 29.2 ± 38.3 (25.8%)         | 19.4%                         | 16.1%                          |
| Other 998                  | 1.2 ± 0.2 (6.1%)             | 3.5 ± 0.5 (6.4%)             | 1.3 ± 4.4 (9.2%)              | 29.0 ± 97.8 (14.2%)         | 8.1%                          | 12.6%                          |

- 1) FT4: free thyroxine; thyroid hormone binding 4 iodines; higher among patients with thyrotoxicosis (such as Graves' disease) and lower with hypothyroidism (such as Hashimoto's thyroiditis).
- 2) FT3: free triiodothyronine; thyroid hormone binding 3 iodines; higher among patients with thyrotoxicosis (such as Graves' disease) and lower with hypothyroidism (such as Hashimoto's thyroiditis).
- 3) TSH: thyroid-stimulating hormone; higher among patients with Hashimoto's disease and lower with Graves' disease.
- 4) Tg: thyroglobulin; higher when thyroid tissue is destroyed or when neoplastic tissue produces thyroglobulin.
- 5) TgAb: anti-thyroglobulin antibody; higher among patients with Hashimoto's disease and Graves' disease.
- 6) TPOAb: anti-thyroid peroxidase antibody; higher among patients with Hashimoto's disease or Graves' disease.
- 7) Reference interval varies according to age.



Table 9 Urinary iodine test results

(μg/day)

|                            | Minimum | 25th percentile | Median | 75th percentile | Maximum |
|----------------------------|---------|-----------------|--------|-----------------|---------|
| 31 malignant or suspicious | 69      | 145             | 230    | 388             | 3510    |
| Other 1,000                | 26      | 109             | 176    | 323             | 8910    |

## 2.2-6 Confirmatory Examination results by area as of 31 December 2019

The proportions of participants with nodules diagnosed as malignant or suspicious of malignancy were 0.03% in Hamadori, 0.02% in 13 municipalities in the nationally designated evacuation zones (hereafter “the 13 municipalities”) and Aizu, and 0.01% in Nakadori.

Table 10 Confirmatory examination results by area

| Area                            | Number of Participants<br>a | Participants who required confirmatory exam<br>b | Proportion who required confirmatory exam (%)<br>b/a | Number who underwent confirmatory exam | Malignant or Suspicious cases<br>c | Proportion of malignant or suspicious cases (%)<br>c/a |
|---------------------------------|-----------------------------|--|--|--|------------------------------------|--|
| 13 municipalities <sup>1)</sup> | 27,088                      | 212  | 0.8  | 161                                    | 6                                  | 0.02   |
| Nakadori <sup>2)</sup>          | 121,925                     | 761  | 0.6  | 566                                    | 8                                  | 0.01   |
| Hamadori <sup>3)</sup>          | 41,296                      | 323  | 0.8  | 231                                    | 12                                 | 0.03   |
| Aizu <sup>4)</sup>              | 27,612                      | 205  | 0.7  | 143                                    | 5                                  | 0.02   |
| Total                           | 217,921                     | 1,501  | 0.7  | 1,101                                  | 31                                 | 0.01   |

- 1) Tamura, Minami-soma, Date, Kawamata, Hirono, Naraha, Tomioka, Kawauchi, Okuma, Futaba, Namie, Katsurao, Iitate
- 2) Fukushima, Koriyama, Shirakawa, Sukagawa, Nihonmatsu, Motomiya, Kori, Kunimi, Otama, Kagamiishi, Tenei, Nishigo, Izumizaki, Nakajima, Yabuki, Tanagura, Yamatsuri, Hanawa, Samegawa, Ishikawa, Tamakawa, Hirata, Asakawa, Furudono, Miharu, Ono
- 3) Iwaki, Soma, Shinchi
- 4) Aizuwakamatsu, Kitakata, Shimogo, Hinoemata, Tadami, Minami-aizu, Kitashiobara, Nishiaizu, Bandai, Inawashiro, Aizubange, Yugawa, Yanaizu, Mishima, Kaneyama, Showa, Aizumisato

Table 11 Proportion of participants with B or C test results, and those with nodules diagnosed as malignant or suspicious for malignancy As of 31 March 2020

|  |     | 13 municipalities <sup>1)</sup> | Nakadori <sup>2)</sup> | Hamadori <sup>3)</sup> | Aizu <sup>4)</sup> | Total   |
|--|-----|---------------------------------|------------------------|------------------------|--------------------|---------|
| Participants   |     | 43,446                          | 183,475                | 64,382                 | 45,367             | 336,670 |
| Number of participants of Primary Examination A      |     | 27,088                          | 121,925                | 41,296                 | 27,612             | 217,921 |
| Mean age at the time of the disaster (SD) Total      |     | 6.7 (4.2)                       | 6.4 (4.1)              | 6.2 (4.1)              | 5.9 (3.9)          | —       |
| Mean age at the time of the disaster (SD) Female     |     | 6.8 (4.2)                       | 6.5 (4.2)              | 6.3 (4.2)              | 6.1 (4.0)          | —       |
| Mean age at the time of the disaster (SD) Male       |     | 6.6 (4.1)                       | 6.3 (4.1)              | 6.1 (4.1)              | 5.8 (3.9)          | —       |
| Mean age at the time of examination (SD) Total       |     | 12.3 (4.3)                      | 12.2 (4.2)             | 12.9 (4.2)             | 12.4 (4.1)         | —       |
| Mean age at the time of examination (SD) Female      |     | 12.4 (4.3)                      | 12.3 (4.2)             | 13.0 (4.2)             | 12.5 (4.1)         | —       |
| Mean age at the time of examination (SD) Male        |     | 12.2 (4.2)                      | 12.1 (4.1)             | 12.8 (4.1)             | 12.3 (4.0)         | —       |
| Female (%)   | %   | 49.7                            | 49.4                   | 49.8                   | 49.3               | 49.5    |
| B or C test results B                                |     | 212                             | 761                    | 323                    | 205                | 1,501   |
| Proportion of B or C test results (B/A)              | %   | 0.78                            | 0.62                   | 0.78                   | 0.74               | 0.69    |
| Number of participants of Confirmatory Examination C |     | 155                             | 543                    | 225                    | 137                | 1,060   |
| Proportion of participants (C/B)                     | %   | 73.1                            | 71.4                   | 69.7                   | 66.8               | 70.6    |
| Participants of FNAC D                               |     | 15                              | 33                     | 21                     | 9                  | 78      |
| Proportion of those who underwent FNAC (D/C)         | %   | 9.7                             | 6.1                    | 9.3                    | 6.6                | 7.4     |
| Proportion of those who underwent FNAC (D/A)         | %   | 0.06                            | 0.03                   | 0.05                   | 0.03               | 0.04    |
| Number of suspicious or malignant E                  |     | 6                               | 8                      | 12                     | 5                  | 31      |
| Proportion (E/D)                                     | %   | 40.0                            | 24.2                   | 57.1                   | 55.6               | 39.7    |
| Proportion per 100,000 (E/A)                         |     | 22.2                            | 6.6                    | 29.1                   | 18.1               | 14.2    |
|  | (%) | (0.022)                         | (0.007)                | (0.029)                | (0.018)            | (0.014) |

- 1) Tamura, Minami-soma, Date, Kawamata, Hirono, Naraha, Tomioka, Kawauchi, Okuma, Futaba, Namie, Katsurao, Iitate
- 2) Fukushima, Koriyama, Shirakawa, Sukagawa, Nihonmatsu, Motomiya, Kori, Kunimi, Otama, Kagamiishi, Tenei, Nishigo, Izumizaki, Nakajima, Yabuki, Tanagura, Yamatsuri, Hanawa, Samegawa, Ishikawa, Tamakawa, Hirata, Asakawa, Furudono, Miharu, Ono
- 3) Iwaki, Soma, Shinchi
- 4) Aizuwakamatsu, Kitakata, Shimogo, Hinoemata, Tadami, Minami-aizu, Kitashiobara, Nishiaizu, Bandai, Inawashiro, Aizubange, Yugawa, Yanaizu, Mishima, Kaneyama, Showa, Aizumisato

<Results and discussion on the regional comparison of participants' attributes shown in Table 11>

- Among the primary examination participants, the highest average age at the time of disaster was found in the 13 municipalities, followed by Nakadori, Hamadori, and Aizu.
- The highest average age at the time of the primary examination was found in Hamadori, followed by Aizu, the 13 municipalities, and Nakadori.
- The proportion of females among the primary examination participants was highest in Hamadori, followed by the 13 municipalities, Nakadori, and Aizu.

When excluding parameters such as age, sex, examination interval, primary examination participation rates by age group, and confirmatory examination participation rate, analysis of attributes of 217,921 primary examination participants by area showed that:

- The number of participants with nodules classified as B or C was the largest in the 13 municipalities and Hamadori, followed by Aizu and Nakadori.
- The number of participants with nodules classified as malignant or suspicious for malignancy was the largest in Hamadori, followed by the 13 municipalities, Aizu, and Nakadori.

## 2.3 Mental Health Care

### 2.3-1 Support for primary examination participants

Since July 2015, we offer person-to-person explanations to participants at public venues where primary examinations take place. After the examination, medical doctors explain the results showing the ultrasound image in private consultation booths set up at the venue. As of 31 March 2020, 27,853 (84.9%) of 32,806 participants visited the consultation booths. In case the booths cannot be set up at school, alternatives such as briefing sessions at schools and telephonic supports are offered.

- ※ The number of those who used the consultation booths includes participants receiving the Second-Round Survey.

### 2.3-2 Support for confirmatory examination participants

We have set up a support team for participants of the confirmatory examination within Fukushima Medical University to address their anxiety and concerns, as well as online support for Q&A and counseling.

Since the start of the Full-Scale Thyroid Survey, 1,176 participants (414 males and 762 females) have received support as of 31 March 2020. The number of supports provided was 2,434 in total. Of these, 1,347 (55.3%) received support at their first examination and 1,021 (41.9%) at subsequent examination (includes 140 (5.8%) at FNAC) – and 66 (2.7%) at informed consent.

For those who have proceeded to the health insurance medical care, we continue to provide support in cooperation with the teams of medical staff at hospitals.

- ※ The number of those who used the consultation booths at the confirmatory examination includes participants receiving the examination second time.

## Appendix 1

### Thyroid ultrasound examination (TUE) coverage by municipality

As of 31 March 2020

|                                    | Survey population<br>a | Participants |                     | Proportion (%)<br>b/a | Number and proportion*2 of participants by age group |        |        |       | Participants living outside Fukushima<br>c*3 | Proportion (%)<br>c/b |
|------------------------------------|------------------------|--------------|---------------------|-----------------------|--|--------|--------|-------|--|-----------------------|
|                                    |                        | b            | Outside Fukushima*1 |                       | 4-9  | 10-14  | 15-19  | ≥20   |  |                       |
| Municipalities surveyed in FY 2016 |                        |              |                     |                       |  |        |        |       |  |                       |
| Kawamata                           | 2,142                  | 1,409        | 34                  | 65.8                  | 408  | 544    | 409    | 48    | 92   | 6.5                   |
|                                    |                        |              |                     |                       | 29.0   | 38.6   | 29.0   | 3.4   |  |                       |
| Namie                              | 3,315                  | 1,955        | 508                 | 59.0                  | 581  | 664    | 576    | 134   | 597  | 30.5                  |
|                                    |                        |              |                     |                       | 29.7   | 34.0   | 29.5   | 6.9   |  |                       |
| Iitate                             | 987                    | 604          | 23                  | 61.2                  | 174  | 261    | 151    | 18    | 44   | 7.3                   |
|                                    |                        |              |                     |                       | 28.8   | 43.2   | 25.0   | 3.0   |  |                       |
| Minami-soma                        | 11,540                 | 7,077        | 1,236               | 61.3                  | 2,208  | 2,726  | 1,839  | 304   | 1,432  | 20.2                  |
|                                    |                        |              |                     |                       | 31.2   | 38.5   | 26.0   | 4.3   |  |                       |
| Date                               | 10,210                 | 7,086        | 243                 | 69.4                  | 2,028  | 2,674  | 2,095  | 289   | 277  | 3.9                   |
|                                    |                        |              |                     |                       | 28.6   | 37.7   | 29.6   | 4.1   |  |                       |
| Tamura                             | 6,344                  | 4,055        | 99                  | 63.9                  | 1,269  | 1,594  | 1,105  | 87    | 187  | 4.6                   |
|                                    |                        |              |                     |                       | 31.3   | 39.3   | 27.3   | 2.1   |  |                       |
| Hirono                             | 976                    | 547          | 67                  | 56.0                  | 163  | 185    | 154    | 45    | 60   | 11.0                  |
|                                    |                        |              |                     |                       | 29.8   | 33.8   | 28.2   | 8.2   |  |                       |
| Naraha                             | 1,281                  | 771          | 99                  | 60.2                  | 214  | 270    | 222    | 65    | 104  | 13.5                  |
|                                    |                        |              |                     |                       | 27.8   | 35.0   | 28.8   | 8.4   |  |                       |
| Tomioka                            | 2,751                  | 1,477        | 299                 | 53.7                  | 393  | 509    | 450    | 125   | 334  | 22.6                  |
|                                    |                        |              |                     |                       | 26.6   | 34.5   | 30.5   | 8.5   |  |                       |
| Kawauchi                           | 297                    | 171          | 15                  | 57.6                  | 47   | 72     | 49     | 3     | 17   | 9.9                   |
|                                    |                        |              |                     |                       | 27.5   | 42.1   | 28.7   | 1.8   |  |                       |
| Okuma                              | 2,259                  | 1,343        | 270                 | 59.5                  | 418  | 496    | 349    | 80    | 308  | 22.9                  |
|                                    |                        |              |                     |                       | 31.1   | 36.9   | 26.0   | 6.0   |  |                       |
| Futaba                             | 1,133                  | 464          | 117                 | 41.0                  | 139  | 184    | 117    | 24    | 128  | 27.6                  |
|                                    |                        |              |                     |                       | 30.0   | 39.7   | 25.2   | 5.2   |  |                       |
| Katsurao                           | 211                    | 129          | 4                   | 61.1                  | 36   | 50     | 32     | 11    | 10   | 7.8                   |
|                                    |                        |              |                     |                       | 27.9   | 38.8   | 24.8   | 8.5   |  |                       |
| Fukushima                          | 49,340                 | 34,106       | 2,098               | 69.1                  | 10,281   | 12,202 | 10,176 | 1,447 | 2,482  | 7.3                   |
|                                    |                        |              |                     |                       | 30.1   | 35.8   | 29.8   | 4.2   |  |                       |
| Nihonmatsu                         | 9,308                  | 6,347        | 230                 | 68.2                  | 1,955  | 2,456  | 1,747  | 189   | 264  | 4.2                   |
|                                    |                        |              |                     |                       | 30.8   | 38.7   | 27.5   | 3.0   |  |                       |
| Motomiya                           | 5,615                  | 3,898        | 124                 | 69.4                  | 1,316  | 1,445  | 1,030  | 107   | 132  | 3.4                   |
|                                    |                        |              |                     |                       | 33.8   | 37.1   | 26.4   | 2.7   |  |                       |
| Otama                              | 1,468                  | 1,051        | 34                  | 71.6                  | 358  | 405    | 256    | 32    | 34   | 3.2                   |
|                                    |                        |              |                     |                       | 34.1   | 38.5   | 24.4   | 3.0   |  |                       |
| Koriyama                           | 59,469                 | 38,118       | 2,853               | 64.1                  | 11,583   | 14,398 | 10,610 | 1,527 | 3,150  | 8.3                   |
|                                    |                        |              |                     |                       | 30.4   | 37.8   | 27.8   | 4.0   |  |                       |
| Kori                               | 1,854                  | 1,355        | 40                  | 73.1                  | 424  | 501    | 370    | 60    | 40   | 3.0                   |
|                                    |                        |              |                     |                       | 31.3   | 37.0   | 27.3   | 4.4   |  |                       |
| Kunimi                             | 1,405                  | 1,021        | 31                  | 72.7                  | 275  | 385    | 304    | 57    | 32   | 3.1                   |
|                                    |                        |              |                     |                       | 26.9   | 37.7   | 29.8   | 5.6   |  |                       |
| Tenei                              | 966                    | 634          | 24                  | 65.6                  | 191  | 258    | 164    | 21    | 23   | 3.6                   |
|                                    |                        |              |                     |                       | 30.1   | 40.7   | 25.9   | 3.3   |  |                       |
| Shirakawa                          | 11,352                 | 7,648        | 295                 | 67.4                  | 2,261  | 2,853  | 2,251  | 283   | 395  | 5.2                   |
|                                    |                        |              |                     |                       | 29.6   | 37.3   | 29.4   | 3.7   |  |                       |
| Nishigo                            | 3,722                  | 2,562        | 110                 | 68.8                  | 787  | 951    | 705    | 119   | 148  | 5.8                   |
|                                    |                        |              |                     |                       | 30.7   | 37.1   | 27.5   | 4.6   |  |                       |
| Izumizaki                          | 1,163                  | 800          | 12                  | 68.8                  | 239  | 310    | 222    | 29    | 19   | 2.4                   |
|                                    |                        |              |                     |                       | 29.9   | 38.8   | 27.8   | 3.6   |  |                       |
| Miharu                             | 2,769                  | 1,768        | 46                  | 63.8                  | 454  | 628    | 595    | 91    | 50   | 2.8                   |
|                                    |                        |              |                     |                       | 25.7   | 35.5   | 33.7   | 5.1   |  |                       |
| Subtotal                           | 191,877                | 126,396      | 8,911               | 65.9                  | 38,202   | 47,021 | 35,978 | 5,195 | 10,359                                       | 8.2                   |
|                                    |                        |              |                     |                       | 30.2   | 37.2   | 28.5   | 4.1   |  |                       |

\*1) The number of participants who received the examination at facilities outside Fukushima or by teams dispatched from FMU (as of 29 February 2020)

\*2) The upper layer shows the number of participants, and the lower layer shows the proportion of participants from each municipality.

\*3) The number of participants who have resident registration outside of Fukushima.

- Age groups were formed based on the age at the Full-Scale Thyroid Survey (the Third-Round Survey). This applies to other tables hereafter.

|   | Survey population<br>a | Participants   |                     | Proportion (%)<br>b/a | Number and proportion *2 of participants by age group |                        |                        |                      | Participants living outside Fukushima<br>c*3 | Proportion (%)<br>c/b |
|---|------------------------|----------------|---------------------|-----------------------|---|------------------------|------------------------|----------------------|--|-----------------------|
|   |                        | b              | Outside Fukushima*1 |                       | 4-9   | 10-14                  | 15-19                  | ≥20                  |  |                       |
| <b>Municipalities surveyed in FY 2017</b> |                        |                |                     |                       |   |                        |                        |                      |  |                       |
| Iwaki                                     | 56,810                 | 36,625         | 2,007               | 64.5                  | 8,793<br>24.0   | 13,724<br>37.5         | 11,600<br>31.7         | 2,508<br>6.8         | 2,128  | 5.8                   |
| Sukagawa                                  | 14,113                 | 9,247          | 275                 | 65.5                  | 2,570<br>27.8   | 3,476<br>37.6          | 2,699<br>29.2          | 502<br>5.4           | 317  | 3.4                   |
| Soma                                      | 6,252                  | 3,822          | 256                 | 61.1                  | 1,137<br>29.7   | 1,410<br>36.9          | 1,110<br>29.0          | 165<br>4.3           | 297  | 7.8                   |
| Kagamiishi                                | 2,417                  | 1,590          | 44                  | 65.8                  | 436<br>27.4   | 614<br>38.6            | 470<br>29.6            | 70<br>4.4            | 48   | 3.0                   |
| Shinchi                                   | 1,320                  | 849            | 34                  | 64.3                  | 212<br>25.0   | 333<br>39.2            | 263<br>31.0            | 41<br>4.8            | 50   | 5.9                   |
| Nakajima                                  | 972                    | 645            | 6                   | 66.4                  | 177<br>27.4   | 240<br>37.2            | 202<br>31.3            | 26<br>4.0            | 9  | 1.4                   |
| Yabuki                                    | 3,041                  | 1,962          | 43                  | 64.5                  | 632<br>32.2   | 736<br>37.5            | 519<br>26.5            | 75<br>3.8            | 50   | 2.5                   |
| Ishikawa                                  | 2,530                  | 1,609          | 36                  | 63.6                  | 485<br>30.1   | 591<br>36.7            | 470<br>29.2            | 63<br>3.9            | 55   | 3.4                   |
| Yamatsuri                                 | 930                    | 578            | 16                  | 62.2                  | 187<br>32.4   | 219<br>37.9            | 148<br>25.6            | 24<br>4.2            | 13   | 2.2                   |
| Asakawa                                   | 1,210                  | 820            | 27                  | 67.8                  | 214<br>26.1   | 316<br>38.5            | 251<br>30.6            | 39<br>4.8            | 38   | 4.6                   |
| Hirata                                    | 1,101                  | 691            | 8                   | 62.8                  | 208<br>30.1   | 268<br>38.8            | 196<br>28.4            | 19<br>2.7            | 12   | 1.7                   |
| Tanagura                                  | 2,749                  | 1,752          | 42                  | 63.7                  | 536<br>30.6   | 677<br>38.6            | 479<br>27.3            | 60<br>3.4            | 60   | 3.4                   |
| Hanawa                                    | 1,492                  | 889            | 27                  | 59.6                  | 260<br>29.2   | 348<br>39.1            | 242<br>27.2            | 39<br>4.4            | 36   | 4.0                   |
| Samegawa                                  | 617                    | 382            | 12                  | 61.9                  | 120<br>31.4   | 154<br>40.3            | 96<br>25.1             | 12<br>3.1            | 17   | 4.5                   |
| Ono                                       | 1,716                  | 1,031          | 21                  | 60.1                  | 318<br>30.8   | 423<br>41.0            | 254<br>24.6            | 36<br>3.5            | 23   | 2.2                   |
| Tamakawa                                  | 1,210                  | 798            | 10                  | 66.0                  | 222<br>27.8   | 333<br>41.7            | 220<br>27.6            | 23<br>2.9            | 12   | 1.5                   |
| Furudono                                  | 946                    | 623            | 16                  | 65.9                  | 197<br>31.6   | 232<br>37.2            | 158<br>25.4            | 36<br>5.8            | 17   | 2.7                   |
| Hinoemata                                 | 94                     | 47             | 5                   | 50.0                  | 14<br>29.8  | 13<br>27.7             | 17<br>36.2             | 3<br>6.4             | 5  | 10.6                  |
| Minami-aizu                               | 2,512                  | 1,472          | 25                  | 58.6                  | 437<br>29.7   | 559<br>38.0            | 428<br>29.1            | 48<br>3.3            | 35   | 2.4                   |
| Kaneyama                                  | 177                    | 89             | 1                   | 50.3                  | 19<br>21.3  | 42<br>47.2             | 25<br>28.1             | 3<br>3.4             | 1  | 1.1                   |
| Showa                                     | 127                    | 74             | 3                   | 58.3                  | 26<br>35.1  | 26<br>35.1             | 20<br>27.0             | 2<br>2.7             | 4  | 5.4                   |
| Mishima                                   | 174                    | 107            | 1                   | 61.5                  | 24<br>22.4  | 44<br>41.1             | 37<br>34.6             | 2<br>1.9             | 0  | 0.0                   |
| Shimogo                                   | 873                    | 528            | 9                   | 60.5                  | 160<br>30.3   | 200<br>37.9            | 148<br>28.0            | 20<br>3.8            | 8  | 1.5                   |
| Kitakata                                  | 8,079                  | 4,925          | 101                 | 61.0                  | 1,336<br>27.1   | 1,903<br>38.6          | 1,518<br>30.8          | 168<br>3.4           | 128  | 2.6                   |
| Nishiaizu                                 | 885                    | 476            | 9                   | 53.8                  | 135<br>28.4   | 175<br>36.8            | 145<br>30.5            | 21<br>4.4            | 17   | 3.6                   |
| Tadami                                    | 642                    | 391            | 7                   | 60.9                  | 119<br>30.4   | 147<br>37.6            | 112<br>28.6            | 13<br>3.3            | 7  | 1.8                   |
| Inawashiro                                | 2,383                  | 1,504          | 40                  | 63.1                  | 456<br>30.3   | 560<br>37.2            | 420<br>27.9            | 68<br>4.5            | 50   | 3.3                   |
| Bandai                                    | 555                    | 355            | 9                   | 64.0                  | 105<br>29.6   | 143<br>40.3            | 98<br>27.6             | 9<br>2.5             | 13   | 3.7                   |
| Kitashiobara                              | 502                    | 318            | 7                   | 63.3                  | 98<br>30.8  | 129<br>40.6            | 79<br>24.8             | 12<br>3.8            | 9  | 2.8                   |
| Aizumisato                                | 3,311                  | 2,065          | 43                  | 62.4                  | 568<br>27.5   | 832<br>40.3            | 563<br>27.3            | 102<br>4.9           | 51   | 2.5                   |
| Aizubange                                 | 2,790                  | 1,737          | 48                  | 62.3                  | 489<br>28.2   | 679<br>39.1            | 490<br>28.2            | 79<br>4.5            | 39   | 2.2                   |
| Yanaizu                                   | 538                    | 342            | 4                   | 63.6                  | 103<br>30.1   | 129<br>37.7            | 96<br>28.1             | 14<br>4.1            | 3  | 0.9                   |
| Aizuwakamatsu                             | 21,119                 | 12,768         | 401                 | 60.5                  | 3,585<br>28.1   | 4,811<br>37.7          | 3,915<br>30.7          | 457<br>3.6           | 521  | 4.1                   |
| Yugawa                                    | 606                    | 414            | 5                   | 68.3                  | 121<br>29.2   | 159<br>38.4            | 115<br>27.8            | 19<br>4.6            | 10   | 2.4                   |
| Subtotal                                  | 144,793                | 91,525         | 3,598               | 63.2                  | 24,499<br>26.8  | 34,645<br>37.9         | 27,603<br>30.2         | 4,778<br>5.2         | 4,083  | 4.5                   |
| <b>Total</b>                              | <b>336,670</b>         | <b>217,921</b> | <b>12,509</b>       | <b>64.7</b>           | <b>62,701<br/>28.8</b>                                | <b>81,666<br/>37.5</b> | <b>63,581<br/>29.2</b> | <b>9,973<br/>4.6</b> | <b>14,442</b>                                | <b>6.6</b>            |

## Appendix 2

Thyroid ultrasound examination (TUE) coverage outside Fukushima by prefecture

As of 29 February 2020

| Prefecture | Number of medical facilities | Participants * | Prefecture | Number of medical facilities | Participants * | Prefecture   | Number of medical facilities | Participants * |
|------------|------------------------------|----------------|------------|------------------------------|----------------|--------------|------------------------------|----------------|
| Hokkaido   | 7                            | <b>355</b>     | Fukui      | 1                            | <b>23</b>      | Hiroshima    | 2                            | <b>33</b>      |
| Aomori     | 2                            | <b>143</b>     | Yamanashi  | 2                            | <b>105</b>     | Yamaguchi    | 1                            | <b>22</b>      |
| Iwate      | 3                            | <b>306</b>     | Nagano     | 3                            | <b>139</b>     | Tokushima    | 1                            | <b>9</b>       |
| Miyagi     | 2                            | <b>2,546</b>   | Gifu       | 1                            | <b>43</b>      | Kagawa       | 1                            | <b>17</b>      |
| Akita      | 1                            | <b>184</b>     | Shizuoka   | 2                            | <b>112</b>     | Ehime        | 1                            | <b>12</b>      |
| Yamagata   | 3                            | <b>594</b>     | Aichi      | 5                            | <b>223</b>     | Kochi        | 1                            | <b>14</b>      |
| Ibaraki    | 4                            | <b>770</b>     | Mie        | 1                            | <b>25</b>      | Fukuoka      | 3                            | <b>85</b>      |
| Tochigi    | 8                            | <b>752</b>     | Shiga      | 1                            | <b>22</b>      | Saga         | 1                            | <b>5</b>       |
| Gunma      | 2                            | <b>234</b>     | Kyoto      | 3                            | <b>99</b>      | Nagasaki     | 3                            | <b>27</b>      |
| Saitama    | 3                            | <b>589</b>     | Osaka      | 7                            | <b>232</b>     | Kumamoto     | 1                            | <b>31</b>      |
| Chiba      | 5                            | <b>547</b>     | Hyogo      | 2                            | <b>138</b>     | Oita         | 1                            | <b>14</b>      |
| Tokyo      | 18                           | <b>2,145</b>   | Nara       | 2                            | <b>30</b>      | Miyazaki     | 1                            | <b>29</b>      |
| Kanagawa   | 6                            | <b>1,034</b>   | Wakayama   | 1                            | <b>6</b>       | Kagoshima    | 1                            | <b>19</b>      |
| Niigata    | 2                            | <b>591</b>     | Tottori    | 1                            | <b>10</b>      | Okinawa      | 1                            | <b>54</b>      |
| Toyama     | 2                            | <b>23</b>      | Shimane    | 1                            | <b>15</b>      |              |                              |                |
| Ishikawa   | 1                            | <b>43</b>      | Okayama    | 3                            | <b>60</b>      |              |                              |                |
|            |                              |                |            |                              |                | <b>Total</b> | 124                          | <b>12,509</b>  |

- The number of participants includes those who received examination at facilities outside Fukushima or by teams dispatched by Fukushima Medical University.
- The number of dispatches of FMU teams for examinations outside Fukushima was 1, to Kanagawa.

## Appendix 3

Results of primary examination by municipality

As of 31 March 2020

|             | Participants<br>a | Confirmed<br>results<br>b<br>Proportion<br>(%)<br>b/a (%) | Number by exam results |        |     |     | Nodules        |         | Cysts          |          |
|-------------|-------------------|---|------------------------|--------|-----|-----|----------------|---------|----------------|----------|
|             |                   |   | Proportion (%)         |        |     |     | Proportion (%) |         | Proportion (%) |          |
|             |                   |   | A                      |        | B   | C   | ≥5.1 mm        | ≤5.0 mm | ≥20.1 mm       | ≤20.0 mm |
|             |                   |   | A1                     | A2     |     |     |                |         |                |          |
| Kawamata    | 1,409             | 1,409   | 490                    | 910    | 9   | 0   | 9              | 7       | 0              | 915      |
|             |                   | 100.0   | 34.8                   | 64.6   | 0.6 | 0.0 | 0.6            | 0.5     | 0.0            | 64.9     |
| Namie       | 1,955             | 1,955   | 652                    | 1,287  | 16  | 0   | 16             | 9       | 0              | 1,290    |
|             |                   | 100.0   | 33.4                   | 65.8   | 0.8 | 0.0 | 0.8            | 0.5     | 0.0            | 66.0     |
| Iitate      | 604               | 604   | 203                    | 397    | 4   | 0   | 4              | 2       | 0              | 397      |
|             |                   | 100.0   | 33.6                   | 65.7   | 0.7 | 0.0 | 0.7            | 0.3     | 0.0            | 65.7     |
| Minami-soma | 7,077             | 7,076   | 2,568                  | 4,455  | 53  | 0   | 53             | 32      | 0              | 4,477    |
|             |                   | 100.0   | 36.3                   | 63.0   | 0.7 | 0.0 | 0.7            | 0.5     | 0.0            | 63.3     |
| Date        | 7,086             | 7,086   | 2,461                  | 4,575  | 50  | 0   | 50             | 23      | 0              | 4,599    |
|             |                   | 100.0   | 34.7                   | 64.6   | 0.7 | 0.0 | 0.7            | 0.3     | 0.0            | 64.9     |
| Tamura      | 4,055             | 4,055   | 1,490                  | 2,519  | 46  | 0   | 46             | 22      | 0              | 2,544    |
|             |                   | 100.0   | 36.7                   | 62.1   | 1.1 | 0.0 | 1.1            | 0.5     | 0.0            | 62.7     |
| Hirono      | 547               | 547   | 196                    | 347    | 4   | 0   | 4              | 3       | 0              | 346      |
|             |                   | 100.0   | 35.8                   | 63.4   | 0.7 | 0.0 | 0.7            | 0.5     | 0.0            | 63.3     |
| Naraha      | 771               | 771   | 293                    | 475    | 3   | 0   | 3              | 2       | 0              | 476      |
|             |                   | 100.0   | 38.0                   | 61.6   | 0.4 | 0.0 | 0.4            | 0.3     | 0.0            | 61.7     |
| Tomioka     | 1,477             | 1,477   | 511                    | 953    | 13  | 0   | 13             | 3       | 0              | 960      |
|             |                   | 100.0   | 34.6                   | 64.5   | 0.9 | 0.0 | 0.9            | 0.2     | 0.0            | 65.0     |
| Kawauchi    | 171               | 171   | 41                     | 129    | 1   | 0   | 1              | 0       | 0              | 130      |
|             |                   | 100.0   | 24.0                   | 75.4   | 0.6 | 0.0 | 0.6            | 0.0     | 0.0            | 76.0     |
| Okuma       | 1,343             | 1,343   | 461                    | 871    | 11  | 0   | 11             | 6       | 0              | 873      |
|             |                   | 100.0   | 34.3                   | 64.9   | 0.8 | 0.0 | 0.8            | 0.4     | 0.0            | 65.0     |
| Futaba      | 464               | 464   | 173                    | 289    | 2   | 0   | 2              | 0       | 0              | 290      |
|             |                   | 100.0   | 37.3                   | 62.3   | 0.4 | 0.0 | 0.4            | 0.0     | 0.0            | 62.5     |
| Katsurao    | 129               | 129   | 50                     | 79     | 0   | 0   | 0              | 1       | 0              | 79       |
|             |                   | 100.0   | 38.8                   | 61.2   | 0.0 | 0.0 | 0.0            | 0.8     | 0.0            | 61.2     |
| Fukushima   | 34,106            | 34,106  | 11,993                 | 21,920 | 193 | 0   | 193            | 106     | 0              | 22,018   |
|             |                   | 100.0   | 35.2                   | 64.3   | 0.6 | 0.0 | 0.6            | 0.3     | 0.0            | 64.6     |
| Nihonmatsu  | 6,347             | 6,347   | 2,266                  | 4,036  | 45  | 0   | 45             | 22      | 0              | 4,060    |
|             |                   | 100.0   | 35.7                   | 63.6   | 0.7 | 0.0 | 0.7            | 0.3     | 0.0            | 64.0     |
| Motomiya    | 3,898             | 3,898   | 1,357                  | 2,524  | 17  | 0   | 17             | 8       | 0              | 2,535    |
|             |                   | 100.0   | 34.8                   | 64.8   | 0.4 | 0.0 | 0.4            | 0.2     | 0.0            | 65.0     |
| Otama       | 1,051             | 1,051   | 374                    | 671    | 6   | 0   | 6              | 3       | 0              | 675      |
|             |                   | 100.0   | 35.6                   | 63.8   | 0.6 | 0.0 | 0.6            | 0.3     | 0.0            | 64.2     |
| Koriyama    | 38,118            | 38,118  | 13,087                 | 24,792 | 239 | 0   | 239            | 130     | 0              | 24,902   |
|             |                   | 100.0   | 34.3                   | 65.0   | 0.6 | 0.0 | 0.6            | 0.3     | 0.0            | 65.3     |
| Kori        | 1,355             | 1,355   | 494                    | 851    | 10  | 0   | 10             | 4       | 0              | 858      |
|             |                   | 100.0   | 36.5                   | 62.8   | 0.7 | 0.0 | 0.7            | 0.3     | 0.0            | 63.3     |
| Kunimi      | 1,021             | 1,021   | 340                    | 673    | 8   | 0   | 8              | 2       | 0              | 678      |
|             |                   | 100.0   | 33.3                   | 65.9   | 0.8 | 0.0 | 0.8            | 0.2     | 0.0            | 66.4     |
| Tenei       | 634               | 634   | 213                    | 414    | 7   | 0   | 7              | 1       | 0              | 419      |
|             |                   | 100.0   | 33.6                   | 65.3   | 1.1 | 0.0 | 1.1            | 0.2     | 0.0            | 66.1     |
| Shirakawa   | 7,648             | 7,648   | 2,666                  | 4,941  | 41  | 0   | 41             | 23      | 0              | 4,965    |
|             |                   | 100.0   | 34.9                   | 64.6   | 0.5 | 0.0 | 0.5            | 0.3     | 0.0            | 64.9     |
| Nishigo     | 2,562             | 2,562   | 829                    | 1,719  | 14  | 0   | 14             | 8       | 0              | 1,725    |
|             |                   | 100.0   | 32.4                   | 67.1   | 0.5 | 0.0 | 0.5            | 0.3     | 0.0            | 67.3     |
| Izumizaki   | 800               | 800   | 273                    | 525    | 2   | 0   | 2              | 5       | 0              | 525      |
|             |                   | 100.0   | 34.1                   | 65.6   | 0.3 | 0.0 | 0.3            | 0.6     | 0.0            | 65.6     |
| Miharu      | 1,768             | 1,768   | 564                    | 1,193  | 11  | 0   | 11             | 8       | 0              | 1,194    |
|             |                   | 100.0   | 31.9                   | 67.5   | 0.6 | 0.0 | 0.6            | 0.5     | 0.0            | 67.5     |
| Subtotal    | 126,396           | 126,395   | 44,045                 | 81,545 | 805 | 0   | 805            | 430     | 0              | 81,930   |
|             |                   | 100.0   | 34.8                   | 64.5   | 0.6 | 0.0 | 0.6            | 0.3     | 0.0            | 64.8     |

|  | Participants<br>a | Confirmed<br>results<br>b<br>Proportion<br>b/a (%) | Number by exam results |    |   |   | Nodules        |         | Cysts          |          |
|--|-------------------|--|------------------------|----|---|---|----------------|---------|----------------|----------|
|  |                   |  | Proportion (%)         |    |   |   | Proportion (%) |         | Proportion (%) |          |
|  |                   |  | A                      |    | B | C | ≥5.1 mm        | ≤5.0 mm | ≥20.1 mm       | ≤20.0 mm |
|  |                   |  | A1                     | A2 |   |   |                |         |                |          |

Municipalities surveyed in FY 2017

|               |         |         |        |         |       |     |       |     |     |         |
|---------------|---------|---------|--------|---------|-------|-----|-------|-----|-----|---------|
| Iwaki         | 36,625  | 36,625  | 12,659 | 23,683  | 283   | 0   | 281   | 145 | 2   | 23,800  |
|               |         | 100.0   | 34.6   | 64.7    | 0.8   | 0.0 | 0.8   | 0.4 | 0.0 | 65.0    |
| Sukagawa      | 9,247   | 9,247   | 3,236  | 5,928   | 83    | 0   | 83    | 46  | 0   | 5,969   |
|               |         | 100.0   | 35.0   | 64.1    | 0.9   | 0.0 | 0.9   | 0.5 | 0.0 | 64.6    |
| Soma          | 3,822   | 3,822   | 1,536  | 2,253   | 33    | 0   | 33    | 21  | 0   | 2,270   |
|               |         | 100.0   | 40.2   | 58.9    | 0.9   | 0.0 | 0.9   | 0.5 | 0.0 | 59.4    |
| Kagamiishi    | 1,590   | 1,590   | 528    | 1,050   | 12    | 0   | 12    | 7   | 0   | 1,056   |
|               |         | 100.0   | 33.2   | 66.0    | 0.8   | 0.0 | 0.8   | 0.4 | 0.0 | 66.4    |
| Shinchi       | 849     | 849     | 307    | 535     | 7     | 0   | 7     | 4   | 0   | 537     |
|               |         | 100.0   | 36.2   | 63.0    | 0.8   | 0.0 | 0.8   | 0.5 | 0.0 | 63.3    |
| Nakajima      | 645     | 645     | 226    | 416     | 3     | 0   | 3     | 4   | 0   | 415     |
|               |         | 100.0   | 35.0   | 64.5    | 0.5   | 0.0 | 0.5   | 0.6 | 0.0 | 64.3    |
| Yabuki        | 1,962   | 1,962   | 683    | 1,271   | 8     | 0   | 8     | 4   | 0   | 1,274   |
|               |         | 100.0   | 34.8   | 64.8    | 0.4   | 0.0 | 0.4   | 0.2 | 0.0 | 64.9    |
| Ishikawa      | 1,609   | 1,609   | 639    | 962     | 8     | 0   | 8     | 4   | 0   | 965     |
|               |         | 100.0   | 39.7   | 59.8    | 0.5   | 0.0 | 0.5   | 0.2 | 0.0 | 60.0    |
| Yamatsuri     | 578     | 578     | 196    | 379     | 3     | 0   | 3     | 1   | 0   | 381     |
|               |         | 100.0   | 33.9   | 65.6    | 0.5   | 0.0 | 0.5   | 0.2 | 0.0 | 65.9    |
| Asakawa       | 820     | 820     | 292    | 519     | 9     | 0   | 9     | 3   | 0   | 525     |
|               |         | 100.0   | 35.6   | 63.3    | 1.1   | 0.0 | 1.1   | 0.4 | 0.0 | 64.0    |
| Hirata        | 691     | 691     | 271    | 415     | 5     | 0   | 5     | 2   | 0   | 416     |
|               |         | 100.0   | 39.2   | 60.1    | 0.7   | 0.0 | 0.7   | 0.3 | 0.0 | 60.2    |
| Tanagura      | 1,752   | 1,752   | 635    | 1,107   | 10    | 0   | 10    | 8   | 0   | 1,114   |
|               |         | 100.0   | 36.2   | 63.2    | 0.6   | 0.0 | 0.6   | 0.5 | 0.0 | 63.6    |
| Hanawa        | 889     | 889     | 322    | 558     | 9     | 0   | 9     | 5   | 0   | 561     |
|               |         | 100.0   | 36.2   | 62.8    | 1.0   | 0.0 | 1.0   | 0.6 | 0.0 | 63.1    |
| Samegawa      | 382     | 382     | 139    | 239     | 4     | 0   | 4     | 3   | 0   | 241     |
|               |         | 100.0   | 36.4   | 62.6    | 1.0   | 0.0 | 1.0   | 0.8 | 0.0 | 63.1    |
| Ono           | 1,031   | 1,031   | 309    | 714     | 8     | 0   | 8     | 3   | 0   | 718     |
|               |         | 100.0   | 30.0   | 69.3    | 0.8   | 0.0 | 0.8   | 0.3 | 0.0 | 69.6    |
| Tamakawa      | 798     | 798     | 283    | 512     | 3     | 0   | 3     | 6   | 0   | 513     |
|               |         | 100.0   | 35.5   | 64.2    | 0.4   | 0.0 | 0.4   | 0.8 | 0.0 | 64.3    |
| Furudono      | 623     | 623     | 238    | 382     | 3     | 0   | 3     | 2   | 0   | 383     |
|               |         | 100.0   | 38.2   | 61.3    | 0.5   | 0.0 | 0.5   | 0.3 | 0.0 | 61.5    |
| Hinoemata     | 47      | 47      | 21     | 26      | 0     | 0   | 0     | 0   | 0   | 26      |
|               |         | 100.0   | 44.7   | 55.3    | 0.0   | 0.0 | 0.0   | 0.0 | 0.0 | 55.3    |
| Minami-aizu   | 1,472   | 1,472   | 552    | 909     | 11    | 0   | 11    | 3   | 0   | 913     |
|               |         | 100.0   | 37.5   | 61.8    | 0.7   | 0.0 | 0.7   | 0.2 | 0.0 | 62.0    |
| Kaneyama      | 89      | 89      | 31     | 57      | 1     | 0   | 1     | 1   | 0   | 57      |
|               |         | 100.0   | 34.8   | 64.0    | 1.1   | 0.0 | 1.1   | 1.1 | 0.0 | 64.0    |
| Showa         | 74      | 74      | 34     | 38      | 2     | 0   | 2     | 0   | 0   | 39      |
|               |         | 100.0   | 45.9   | 51.4    | 2.7   | 0.0 | 2.7   | 0.0 | 0.0 | 52.7    |
| Mishima       | 107     | 107     | 28     | 78      | 1     | 0   | 1     | 1   | 0   | 79      |
|               |         | 100.0   | 26.2   | 72.9    | 0.9   | 0.0 | 0.9   | 0.9 | 0.0 | 73.8    |
| Shimogo       | 528     | 528     | 220    | 303     | 5     | 0   | 5     | 1   | 0   | 307     |
|               |         | 100.0   | 41.7   | 57.4    | 0.9   | 0.0 | 0.9   | 0.2 | 0.0 | 58.1    |
| Kitakata      | 4,925   | 4,925   | 1,761  | 3,128   | 36    | 0   | 36    | 27  | 0   | 3,139   |
|               |         | 100.0   | 35.8   | 63.5    | 0.7   | 0.0 | 0.7   | 0.5 | 0.0 | 63.7    |
| Nishiaizu     | 476     | 476     | 178    | 294     | 4     | 0   | 4     | 2   | 0   | 293     |
|               |         | 100.0   | 37.4   | 61.8    | 0.8   | 0.0 | 0.8   | 0.4 | 0.0 | 61.6    |
| Tadami        | 391     | 391     | 144    | 245     | 2     | 0   | 2     | 1   | 0   | 247     |
|               |         | 100.0   | 36.8   | 62.7    | 0.5   | 0.0 | 0.5   | 0.3 | 0.0 | 63.2    |
| Inawashiro    | 1,504   | 1,504   | 526    | 963     | 15    | 0   | 15    | 7   | 0   | 974     |
|               |         | 100.0   | 35.0   | 64.0    | 1.0   | 0.0 | 1.0   | 0.5 | 0.0 | 64.8    |
| Bandai        | 355     | 355     | 131    | 222     | 2     | 0   | 2     | 2   | 0   | 223     |
|               |         | 100.0   | 36.9   | 62.5    | 0.6   | 0.0 | 0.6   | 0.6 | 0.0 | 62.8    |
| Kitashiobara  | 318     | 318     | 107    | 209     | 2     | 0   | 2     | 1   | 0   | 209     |
|               |         | 100.0   | 33.6   | 65.7    | 0.6   | 0.0 | 0.6   | 0.3 | 0.0 | 65.7    |
| Aizumisato    | 2,065   | 2,065   | 770    | 1,280   | 15    | 0   | 15    | 12  | 0   | 1,286   |
|               |         | 100.0   | 37.3   | 62.0    | 0.7   | 0.0 | 0.7   | 0.6 | 0.0 | 62.3    |
| Aizubange     | 1,737   | 1,737   | 586    | 1,137   | 14    | 0   | 14    | 17  | 0   | 1,140   |
|               |         | 100.0   | 33.7   | 65.5    | 0.8   | 0.0 | 0.8   | 1.0 | 0.0 | 65.6    |
| Yanaizu       | 342     | 342     | 123    | 219     | 0     | 0   | 0     | 0   | 0   | 219     |
|               |         | 100.0   | 36.0   | 64.0    | 0.0   | 0.0 | 0.0   | 0.0 | 0.0 | 64.0    |
| Aizuwakamatsu | 12,768  | 12,768  | 4,526  | 8,150   | 92    | 0   | 91    | 54  | 1   | 8,191   |
|               |         | 100.0   | 35.4   | 63.8    | 0.7   | 0.0 | 0.7   | 0.4 | 0.0 | 64.2    |
| Yugawa        | 414     | 414     | 151    | 260     | 3     | 0   | 3     | 2   | 0   | 262     |
|               |         | 100.0   | 36.5   | 62.8    | 0.7   | 0.0 | 0.7   | 0.5 | 0.0 | 63.3    |
| Subtotal      | 91,525  | 91,525  | 32,388 | 58,441  | 696   | 0   | 693   | 399 | 3   | 58,742  |
|               |         | 100.0   | 35.4   | 63.9    | 0.8   | 0.0 | 0.8   | 0.4 | 0.0 | 64.2    |
| Total         | 217,921 | 217,920 | 76,433 | 139,986 | 1,501 | 0   | 1,498 | 829 | 3   | 140,672 |
|               |         | 100.0   | 35.1   | 64.2    | 0.7   | 0.0 | 0.7   | 0.4 | 0.0 | 64.6    |



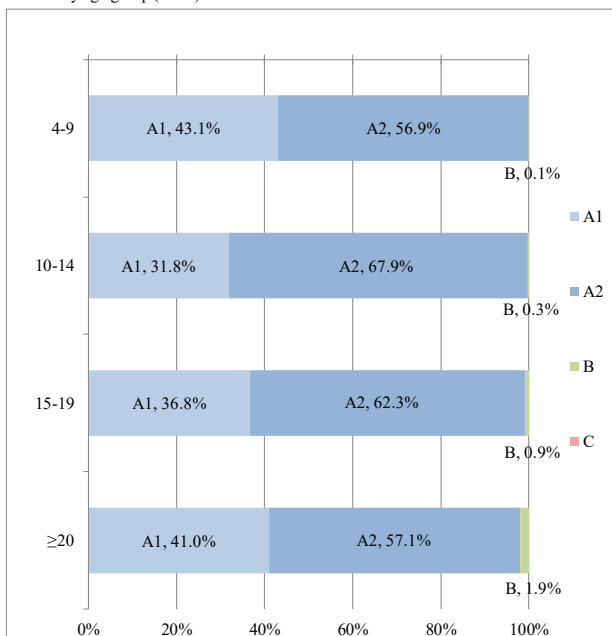
## Appendix 4

1 Thyroid ultrasound examination results by age and sex

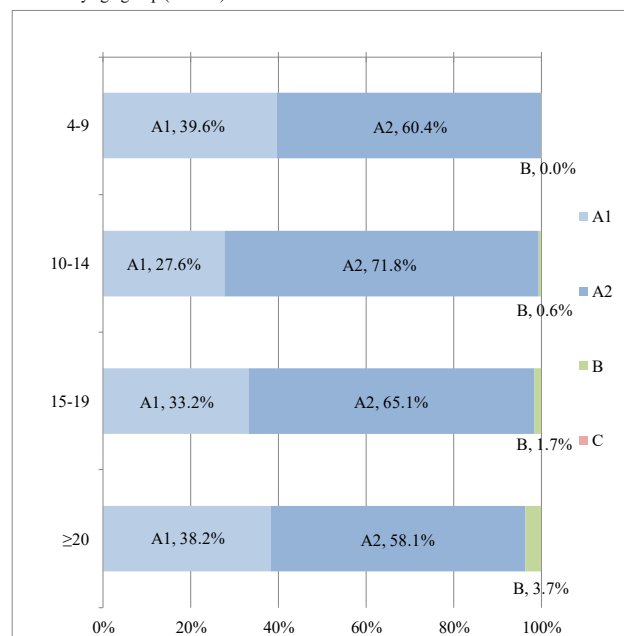
As of 31 March 2020

| Age   | Class/<br>Sex | A      |        |        |        |        |         | B    |        |       | C    |        |       | Total   |         |         |
|-------|---------------|--------|--------|--------|--------|--------|---------|------|--------|-------|------|--------|-------|---------|---------|---------|
|       |               | A1     |        |        | A2     |        |         | Male | Female | Total | Male | Female | Total | Male    | Female  | Total   |
|       |               | Male   | Female | Total  | Male   | Female | Total   |      |        |       |      |        |       |         |         |         |
| 4-9   |               | 13,887 | 12,064 | 25,951 | 18,338 | 18,383 | 36,721  | 17   | 12     | 29    | 0    | 0      | 0     | 32,242  | 30,459  | 62,701  |
| 10-14 |               | 13,268 | 11,055 | 24,323 | 28,284 | 28,707 | 56,991  | 110  | 242    | 352   | 0    | 0      | 0     | 41,662  | 40,004  | 81,666  |
| 15-19 |               | 11,697 | 10,532 | 22,229 | 19,838 | 20,687 | 40,525  | 286  | 541    | 827   | 0    | 0      | 0     | 31,821  | 31,760  | 63,581  |
| ≥20   |               | 1,777  | 2,153  | 3,930  | 2,471  | 3,278  | 5,749   | 83   | 210    | 293   | 0    | 0      | 0     | 4,331   | 5,641   | 9,972   |
| Total |               | 40,629 | 35,804 | 76,433 | 68,931 | 71,055 | 139,986 | 496  | 1,005  | 1,501 | 0    | 0      | 0     | 110,056 | 107,864 | 217,920 |

Results by age group (Male)



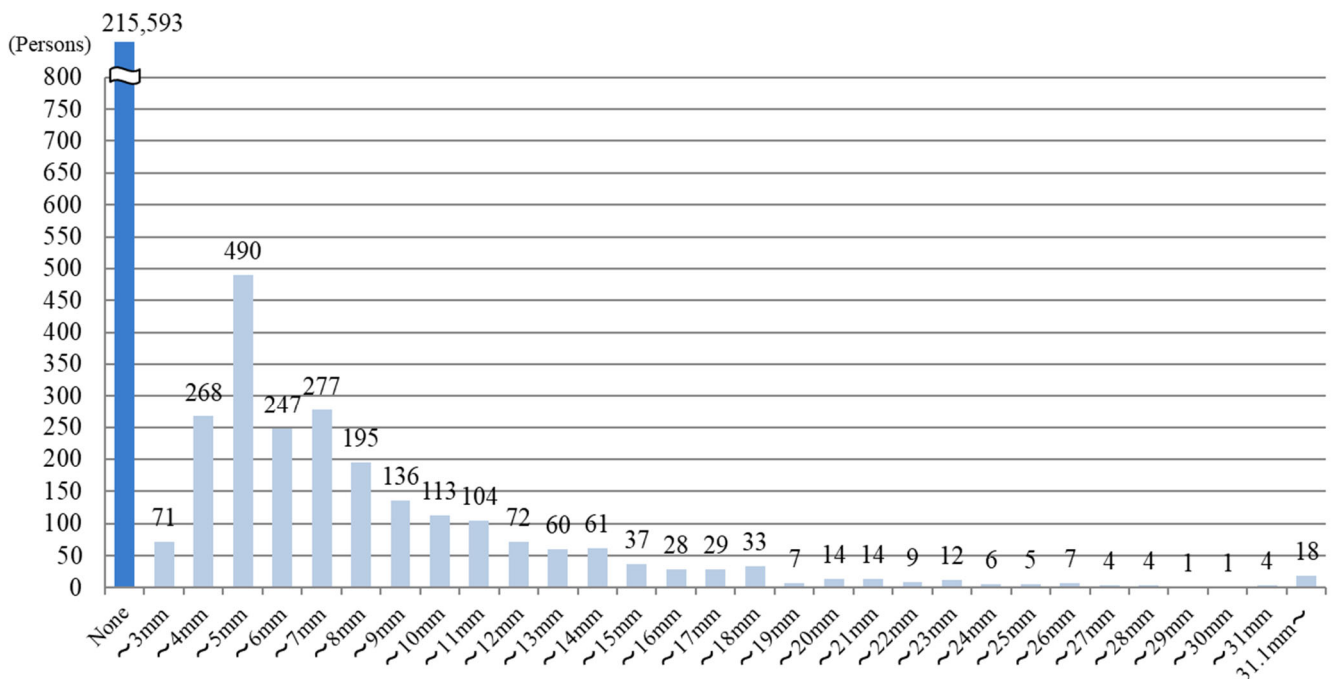
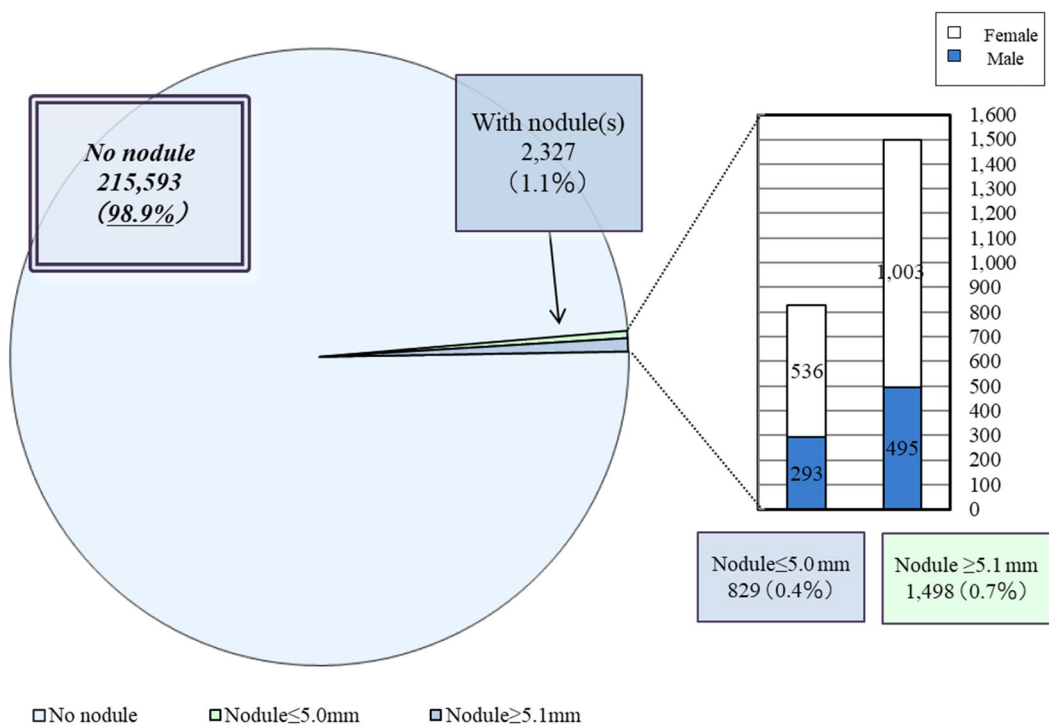
Results by age group (Female)



## 2 Nodule characteristics

As of 31 March 2020

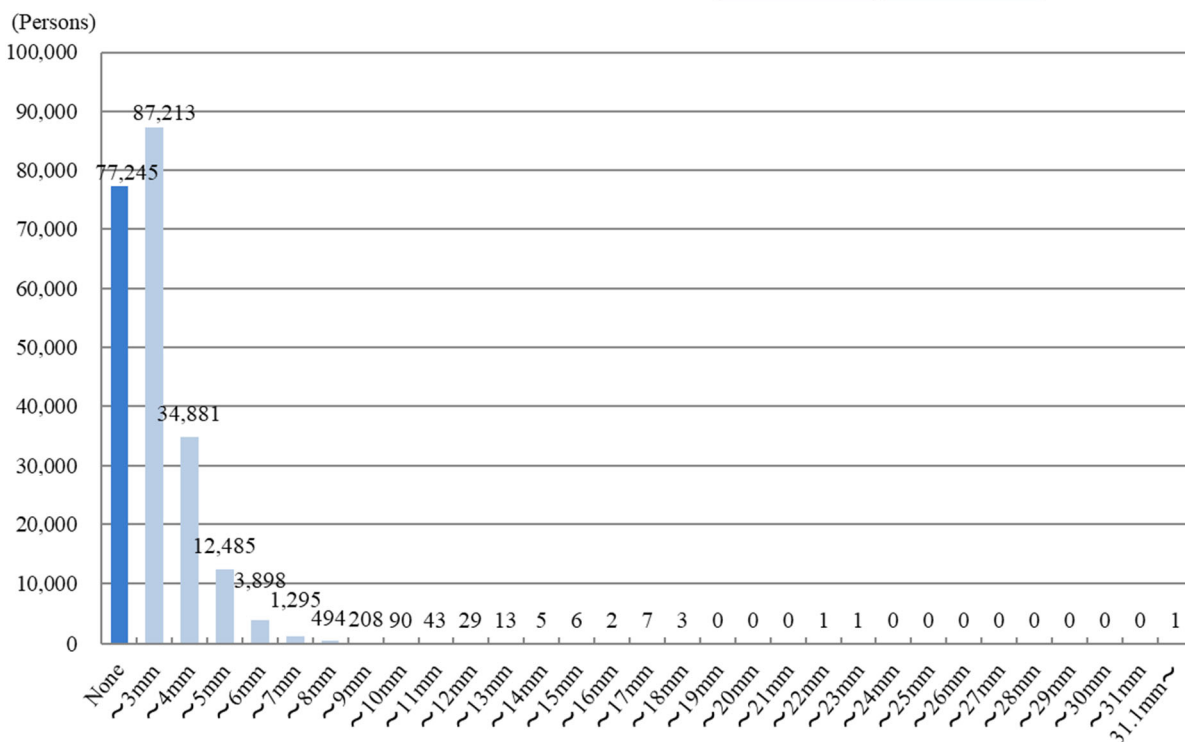
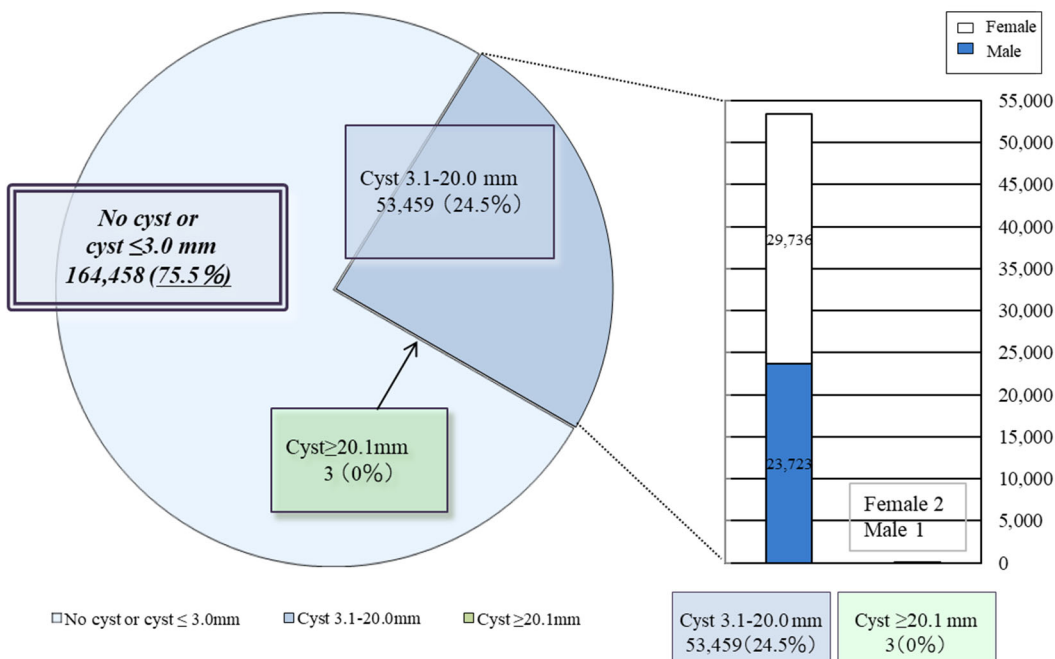
| Nodule size  | Total          | Gender         |                | Class | Proportion |
|--------------|----------------|----------------|----------------|-------|------------|
|              |                | Male           | Female         |       |            |
| None         | 215,593        | 109,268        | 106,325        | A1    | 98.9%      |
| ≤ 3.0 mm     | 71             | 34             | 37             | A2    | 0.4%       |
| 3.1-5.0 mm   | 758            | 259            | 499            |       |            |
| 5.1-10.0 mm  | 968            | 329            | 639            | B     | 0.7%       |
| 10.1-15.0 mm | 334            | 111            | 223            |       |            |
| 15.1-20.0 mm | 111            | 27             | 84             |       |            |
| 20.1-25.0 mm | 46             | 17             | 29             |       |            |
| ≥ 25.1 mm    | 39             | 11             | 28             |       |            |
| <b>Total</b> | <b>217,920</b> | <b>110,056</b> | <b>107,864</b> |       |            |



### 3 Cyst characteristics

As of 31 March 2020

| Cyst size    | Total          | Gender         |                | Class | Proportion |
|--------------|----------------|----------------|----------------|-------|------------|
|              |                | Male           | Female         |       |            |
| None         | 77,245         | 40,917         | 36,328         | A1    | 75.5%      |
| ≤ 3.0 mm     | 87,213         | 45,415         | 41,798         | A2    |            |
| 3.1-5.0 mm   | 47,366         | 21,602         | 25,764         |       |            |
| 5.1-10.0 mm  | 5,985          | 2,091          | 3,894          |       |            |
| 10.1-15.0 mm | 96             | 25             | 71             |       |            |
| 15.1-20.0 mm | 12             | 5              | 7              | B     | 0.001%     |
| 20.1-25.0 mm | 2              | 0              | 2              |       |            |
| ≥ 25.1 mm    | 1              | 1              | 0              |       |            |
| <b>Total</b> | <b>217,920</b> | <b>110,056</b> | <b>107,864</b> |       |            |



## Appendix 5

### Results of confirmatory examination by area

As of 31 March 2020

| Area                            | Participants<br>a | Participants<br>who required<br>confirmatory<br>exam<br>b<br>Proportion (%)<br>b/a | Number of those who underwent confirmatory exam |   |   |   |                                    | Number of confirmed results         |                                  |                                  |              |            |
|---------------------------------|-------------------|--|---|---|---|---|------------------------------------|-------------------------------------|----------------------------------|----------------------------------|--------------|------------|
|                                 |                   |  | Total<br>c<br>Proportion (%)<br>c/b             | Ages<br>4-9<br>d<br>Proportion (%)<br>d/c | Ages<br>10-14<br>e<br>Proportion (%)<br>e/c | Ages<br>15-19<br>f<br>Proportion (%)<br>f/c | ≥ 20<br>g<br>Proportion (%)<br>g/c | Total<br>h<br>Proportion (%)<br>h/c | A1<br>i<br>Proportion (%)<br>i/h | A2<br>j<br>Proportion (%)<br>j/h | Not A1 or A2 |            |
|                                 |                   |  |   | k<br>Proportion (%)<br>k/h                | FNAC<br>l<br>Proportion (%)<br>l/k          |   |                                    |                                     |                                  |                                  |              |            |
| 13 municipalities <sup>1)</sup> | 27,088            | 212<br>0.8   | 161<br>75.9                                     | 1<br>0.6                                  | 36<br>22.4                                  | 95<br>59.0                                  | 29<br>18.0                         | 155<br>96.3                         | 0<br>0.0                         | 19<br>12.3                       | 136<br>87.7  | 15<br>11.0 |
| Nakadori <sup>2)</sup>          | 121,925           | 761<br>0.6   | 566<br>74.4                                     | 14<br>2.5                                 | 111<br>19.6                                 | 317<br>56.0                                 | 124<br>21.9                        | 543<br>95.9                         | 5<br>0.9                         | 45<br>8.3                        | 493<br>90.8  | 33<br>6.7  |
| Hamadori <sup>3)</sup>          | 41,296            | 323<br>0.8   | 231<br>71.5                                     | 2<br>0.9                                  | 53<br>22.9                                  | 115<br>49.8                                 | 61<br>26.4                         | 225<br>97.4                         | 2<br>0.9                         | 24<br>10.7                       | 199<br>88.4  | 21<br>10.6 |
| Aizu <sup>4)</sup>              | 27,612            | 205<br>0.7   | 143<br>69.8                                     | 4<br>2.8                                  | 25<br>17.5                                  | 74<br>51.7                                  | 40<br>28.0                         | 137<br>95.8                         | 2<br>1.5                         | 12<br>8.8                        | 123<br>89.8  | 9<br>7.3   |
| Total                           | 217,921           | 1,501<br>0.7   | 1,101<br>73.4                                   | 21<br>1.9                                 | 225<br>20.4                                 | 601<br>54.6                                 | 254<br>23.1                        | 1,060<br>96.3                       | 9<br>0.8                         | 100<br>9.4                       | 951<br>89.7  | 78<br>8.2  |

- 1) Tamura, Minami-soma, Date, Kawamata, Hirono, Naraha, Tomioka, Kawauchi, Okuma, Futaba, Namie, Katsurao, Iitate
- 2) Fukushima, Koriyama, Shirakawa, Sukagawa, Nihonmatsu, Motomiya, Kori, Kunimi, Otama, Kagamiishi, Tenei, Nishigo, Izumizaki, Nakajima, Yabuki, Tanagura, Yamatsuri, Hanawa, Samegawa, Ishikawa, Tamakawa, Hirata, Asakawa, Furudono, Miharu, Ono
- 3) Iwaki, Soma, Shinchi
- 4) Aizuwakamatsu, Kitakata, Shimogo, Hinoemata, Tadami, Minami-aizu, Kitashiobara, Nishiaizu, Bandai, Inawashiro, Aizubange, Yugawa, Yanaizu, Mishima, Kaneyama, Showa, Aizumisato

## Appendix 6

### Surgical cases for malignancy or suspicion of malignancy

|   |   |
|---|---|
| 1. Municipalities surveyed in FY 2016     |   |
| • Malignant or suspicious for malignancy: | 13 (11 surgical cases: 11 papillary thyroid carcinomas) |
| 2. Municipalities surveyed in FY 2017     |   |
| • Malignant or suspicious for malignancy: | 18 (16 surgical case: 16 papillary thyroid carcinomas)  |
| 3. Total                                  |   |
| • Malignant or suspicious for malignancy: | 31 (27 surgical cases: 27 papillary thyroid carcinomas) |

# **Report on the Fourth-Round Thyroid Survey (Third Full-Scale Thyroid Survey)**

## **1. Summary**

### **1.1 Purpose**

In order to monitor the long-term health of children, we are now engaged in the third Full-Scale Thyroid Survey (the Fourth-Round Survey), following the Preliminary Baseline Survey for background assessment of thyroid glands, and two Full-Scale Thyroid Surveys (the Second- and Third-Round Surveys) to continuously confirm the status of thyroid glands.

### **1.2 Survey Population**

All the Fukushima residents approximately 18 years old or younger at the time of earthquake (born between 2 April 1992 and 1 April 2012).

### **1.3 Implementation Period**

From April 2018 (schedule of FY 2018 and FY 2019):

#### 1.3-1 For those 18 years old or younger

The examination will be carried out for each municipality in FY 2018 and FY 2019.

#### 1.3-2 19 years old or older

The examination will be carried out for each age (school grade).

FY 2018: those who were born in FY 1996 and FY 1998

FY 2019: those who were born in FY 1997 and FY 1999

#### 1.3-3 For those 25 years old

For those who are older than 20, examination will be carried out with 5-year interval.

FY 2018: those who were born in FY 1993

FY 2019: those who were born in FY 1994

The results of these examinations will be reported separately.

### **1.4 Responsible Organizations**

Fukushima Prefecture commissioned Fukushima Medical University (FMU) to conduct the survey in cooperation with organizations inside and outside Fukushima for the convenience to examination participants (the number of contracts is as of 31 March 2020).

#### 1.4-1 The primary examination

|                             |                       |
|-----------------------------|-----------------------|
| Inside Fukushima Prefecture | 84 medical facilities |
|-----------------------------|-----------------------|

|                              |                        |
|------------------------------|------------------------|
| Outside Fukushima Prefecture | 124 medical facilities |
|------------------------------|------------------------|

#### 1.4-2 The confirmatory examination

|                             |                                    |
|-----------------------------|------------------------------------|
| Inside Fukushima Prefecture | 5 medical facilities including FMU |
|-----------------------------|------------------------------------|

|                              |                       |
|------------------------------|-----------------------|
| Outside Fukushima Prefecture | 37 medical facilities |
|------------------------------|-----------------------|



## 2. Results as of 31 March 2020

### 2.1 Results of the Primary Examination

#### 2.1-1 Progress report

The examination was carried out for 180,570 (61.4%) participants by 31 March 2020 (Implementation status for each municipality and prefectures other than Fukushima are shown in Appendix 1 and Appendix 2).

Results of 177,424 participants (98.3%) have been confirmed and notifications were sent to them accordingly.

(The result for each municipality is shown in Appendix 3).

Of these, 59,808 were classified as A1 (33.7%), 116,289 as A2 (65.5%), 1,327 (0.7%) as B, and none as C.

Table 1 Progress and results of the primary examination

|         | Survey population<br>a | Participants              |                   | Proportion (%)<br>c (c/b) | Exam results  |                |             |           |                             |  |
|---------|------------------------|---------------------------|-------------------|---------------------------|---------------|----------------|-------------|-----------|-----------------------------|--|
|         |                        | Proportion (%)<br>b (b/a) | Outside Fukushima |                           | Class (%)     |                |             |           | Requiring confirmatory exam |  |
|         |                        |                           |                   |                           | A             |                |             |           |                             |  |
|         |                        |                           |                   |                           | A1 d (d/c)    | A2 e (e/c)     | B f (f/c)   | C g (g/c) |                             |  |
| FY 2018 | 168,033                | 107,466 (64.0)            | 7,003             | 107,023 (99.6)            | 36,585 (34.2) | 69,751 (65.2)  | 687 (0.6)   | 0 (0.0)   |                             |  |
| FY 2019 | 126,207                | 73,104 (57.9)             | 2,796             | 70,401 (96.3)             | 23,223 (33.0) | 46,538 (66.1)  | 640 (0.9)   | 0 (0.0)   |                             |  |
| Total   | 294,240                | 180,570 (61.4)            | 9,799             | 177,424 (98.3)            | 59,808 (33.7) | 116,289 (65.5) | 1,327 (0.7) | 0 (0.0)   |                             |  |

Table 2. Number and proportion of participants with nodules/cysts

|         | Number of participants with confirmed results<br>a | Number and proportion of participants with nodules/cysts |                    |                     |                     |
|---------|--|--|--------------------|---------------------|---------------------|
|         |  | Nodules  |                    | Cysts               |                     |
|         |  | ≥5.1 mm<br>b (b/a)                                       | ≤5.0 mm<br>c (c/a) | ≥20.1 mm<br>d (d/a) | ≤20.0 mm<br>e (e/a) |
| FY 2018 | 107,023  | 683 (0.6)  | 361 (0.3)          | 4 (0.0)             | 70,099 (65.5)       |
| FY 2019 | 70,401   | 640 (0.9)  | 284 (0.4)          | 0 (0.0)             | 46,860 (66.6)       |
| Total   | 177,424  | 1,323 (0.7)  | 645 (0.4)          | 4 (0.0)             | 116,959 (65.9)      |

- Proportions are rounded at a lower decimal place. This applies to other tables as well.
- Those who receive the examination at 5-year intervals (those between FY1992 and FY1995) are excluded. The results of examinations with 5-year intervals will be shown separately.
- The examination for those born in FY 1992 (approx. 23,000) and FY 1993 (approx. 22,000) took place in FY 2017 and FY 2018, respectively. Those born in FY 1994 (approx. 22,000) and FY 1995 (approx. 21,000) took place in FY 2019 and FY 2020 surveys, respectively.

## 2.1-2 Participation rates by age group

The participation rate for each age group as of 1 April of each year is shown in Table 3.

Table 3 Participation rates by age group

|         |                       | Total   | Age group (years) |         |        |
|---------|-----------------------|---------|-------------------|---------|--------|
| FY 2018 | Age group (years)     |         | 6-11              | 12-17   | 18-24  |
|         | Survey population (a) | 168,033 | 56,939            | 64,829  | 46,265 |
|         | Participants (b)      | 107,466 | 49,442            | 52,601  | 5,423  |
|         | Proportion (%) (b/a)  | 64.0    | 86.8              | 81.1    | 11.7   |
| FY 2019 | Age group (years)     |         | 7-11              | 12-17   | 18-24  |
|         | Survey population (a) | 126,207 | 34,204            | 47,276  | 44,727 |
|         | Participants (b)      | 73,104  | 28,288            | 39,150  | 5,666  |
|         | Proportion (%) (b/a)  | 57.9    | 82.7              | 82.8    | 12.7   |
| Total   | Survey population (a) | 294,240 | 91,143            | 112,105 | 90,992 |
|         | Participants (b)      | 180,570 | 77,730            | 91,751  | 11,089 |
|         | Proportion (%) (b/a)  | 61.4    | 85.3              | 81.8    | 12.2   |

\* Age groups are formed with the age as of 1 April of each fiscal year.

## 2.1-3 Comparison of Full-scale Thyroid Surveys

Comparison of Fourth- and Third-Round Survey results is shown in Table 4. Among 158,750 participants who were diagnosed as A1 or A2 in the Third-Round Survey, 158,097 (99.6%) had A1 or A2 results, and 653 (0.4%) were diagnosed as B in the Fourth-Round Survey. Among 705 participants who were diagnosed as B in the Third-Round Survey, 142 (20.1%) had A1 or A2 results, and 563 (79.9%) were diagnosed as B in the Fourth-Round Survey.

Table 4 Comparison of Full-scale Thyroid Survey

|                                   |                  |    | Results of the Third-round Survey <sup>*1</sup><br>(%)<br>a | Results of the Fourth-Round Survey <sup>*2</sup> |                    |                   |                   |
|-----------------------------------|------------------|----|---|--|--------------------|-------------------|-------------------|
|                                   |                  |    |   | A  |                    | B<br>d<br>d/a (%) | C<br>e<br>e/a (%) |
|                                   |                  |    |   | A1<br>b<br>b/a (%)                               | A2<br>c<br>c/a (%) |                   |                   |
| Results of the Third-round Survey | A                | A1 | 54,588<br>(100.0)   | 41,496<br>(76.0)                                 | 12,992<br>(23.8)   | 100<br>(0.2)      | 0<br>(0.0)        |
|                                   |                  | A2 | 104,162<br>(100.0)  | 11,023<br>(10.6)                                 | 92,586<br>(88.9)   | 553<br>(0.5)      | 0<br>(0.0)        |
|                                   | B                |    | 705<br>(100.0)  | 12<br>(1.7)                                      | 130<br>(18.4)      | 563<br>(79.9)     | 0<br>(0.0)        |
|                                   | C                |    | 0<br>(0.0)  | 0<br>(0.0)                                       | 0<br>(0.0)         | 0<br>(0.0)        | 0<br>(0.0)        |
|                                   | No participation |    | 17,969<br>(100.0)   | 7,277<br>(40.5)                                  | 10,581<br>(58.9)   | 111<br>(0.6)      | 0<br>(0.0)        |
| Total                             |                  |    | 177,424<br>(100.0)  | 59,808<br>(33.7)                                 | 116,289<br>(65.5)  | 1,327<br>(0.7)    | 0<br>(0.0)        |

\*1 Upper figures show a previous (Third-Round) diagnosis for the participants in this (Fourth-Round) survey whose results have been confirmed. They are not the breakdown of the total number of the previous-round participants.

\*2 Upper figures show the breakdown of the Fourth-Round Survey participants who were diagnosed for each diagnostic class in the Third-Round Survey. Lower figures are their proportion (%).



## 2.2 Results of Confirmatory Examination

### 2.2-1 Progress Report

By 31 March 2020, 741 of 1,327 people (55.8%) have received the examination. Of those, 647 (87.3%) have completed.

Of the foregoing 647 participants, 59 (A1: 2, A2: 57) (9.1%) was confirmed to meet A1 or A2 diagnostic criteria by the Primary Examination standards (including those with other thyroid conditions). Remaining 588 (90.9%) people were confirmed to be outside of A1/A2 criteria.

Table 5 Progress and results of the confirmatory examination

|         | Number of those requiring confirmatory exam<br>a | Participants Proportion (%)<br>b (b/a) | Confirmatory exam coverage (%)<br>c (c/b) | Confirmed exam results |               |              |                 |
|---------|--|--|---|------------------------|---------------|--------------|-----------------|
|         |  |  |   | A1<br>d (d/c)          | A2<br>e (e/c) | Not A1 or A2 |                 |
|         |  |  |   |                        |               | f (f/c)      | FNAC<br>g (g/f) |
| FY 2018 | 687  | 459 (66.8)                             | 435 (94.8)                                | 2 (0.5)                | 39 (9.0)      | 394 (90.6)   | 38 (9.6)        |
| FY 2019 | 640  | 282 (44.1)                             | 212 (75.2)                                | 0 (0.0)                | 18 (8.5)      | 194 (91.5)   | 11 (5.7)        |
| Total   | 1,327  | 741 (55.8)                             | 647 (87.3)                                | 2 (0.3)                | 57 (8.8)      | 588 (90.9)   | 49 (8.3)        |

### 2.2-2 Results of fine needle aspiration cytology (FNAC)

Among those who underwent FNAC, 21 had nodules classified as malignant or suspicious for malignancy. 11 of them were male, and 10 were female. Participants' age at the time of the confirmatory examination ranged from 11 to 20 years (mean age:  $16.6 \pm 2.5$  years). The minimum and maximum tumor diameters were 6.1 mm and 29.4 mm. Mean tumor diameter was  $11.6 \pm 5.3$  mm.

17 of these 21 participants had A (A1: 3, A2: 14) and 4 had B in the Full-Scale Survey (Third-Round Survey).

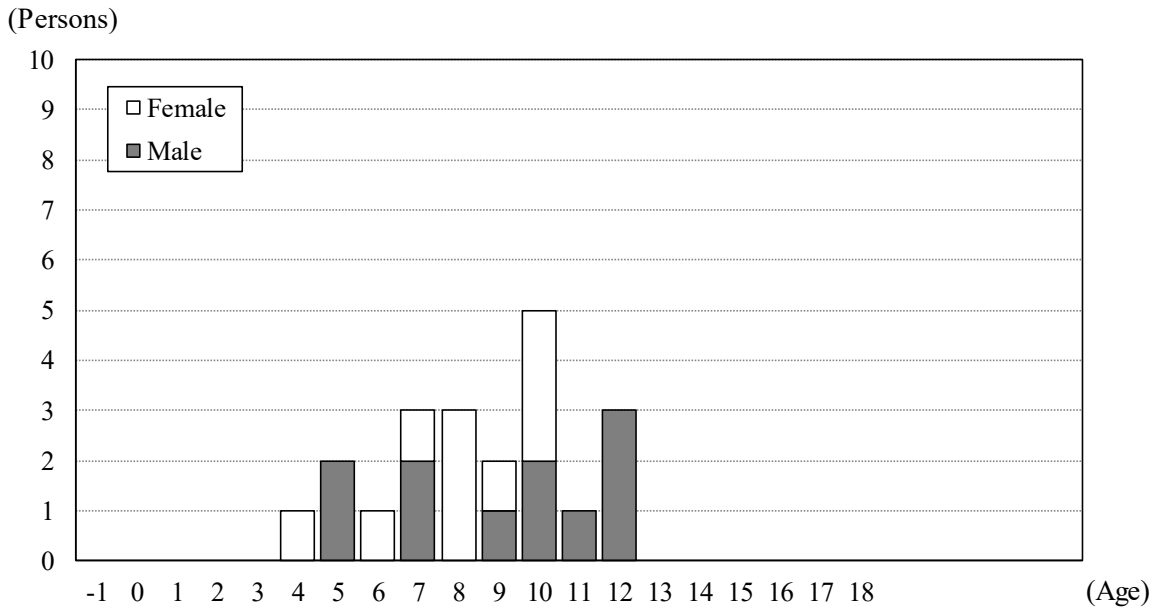
Table 6. Results of FNAC

|  |  |
|--|--|
| A. Municipalities surveyed in FY 2018      |  |
| • Malignant or suspicious for malignancy : | 16 <sup>*)</sup>   |
| • Male to female ratio :                   | 7:9  |
| B. Municipalities surveyed in FY 2019      |  |
| • Malignant or suspicious for malignancy : | 5 <sup>*)</sup>  |
| • Male to female ratio :                   | 4:1  |
| C. Total                                   |  |
| • Malignant or suspicious for malignancy : | 21 <sup>*)</sup>   |
| • Male to female ratio :                   | 11:10  |
| • Mean age (SD, min-max):                  | 16.6 (2.5, 11-20), 8.6 (2.4, 4-12) at the time of disaster |
| • Mean tumor size:                         | 11.6 mm (5.3 mm, 6.1-29.4 mm)                              |

<sup>\*)</sup> Surgical cases are as shown in Appendix 6.

2.2-3 Age distribution of malignant or suspicious-for-malignancy cases diagnosed by FNAC

Age distributions of 16 people classified as malignant or suspicious with their age as of 11 March 2011 is as Fig. 3, with their age as of confirmatory examination is as Fig. 4.



Note: Those who were 15 and 18 at the time of the disaster were not included in the Fourth-Round Survey participants.

The horizontal axis begins at -1 to include residents of Fukushima Prefecture born between 2 April 2011 and 1 April 2012

Fig.3 Age as of 11 March 2011

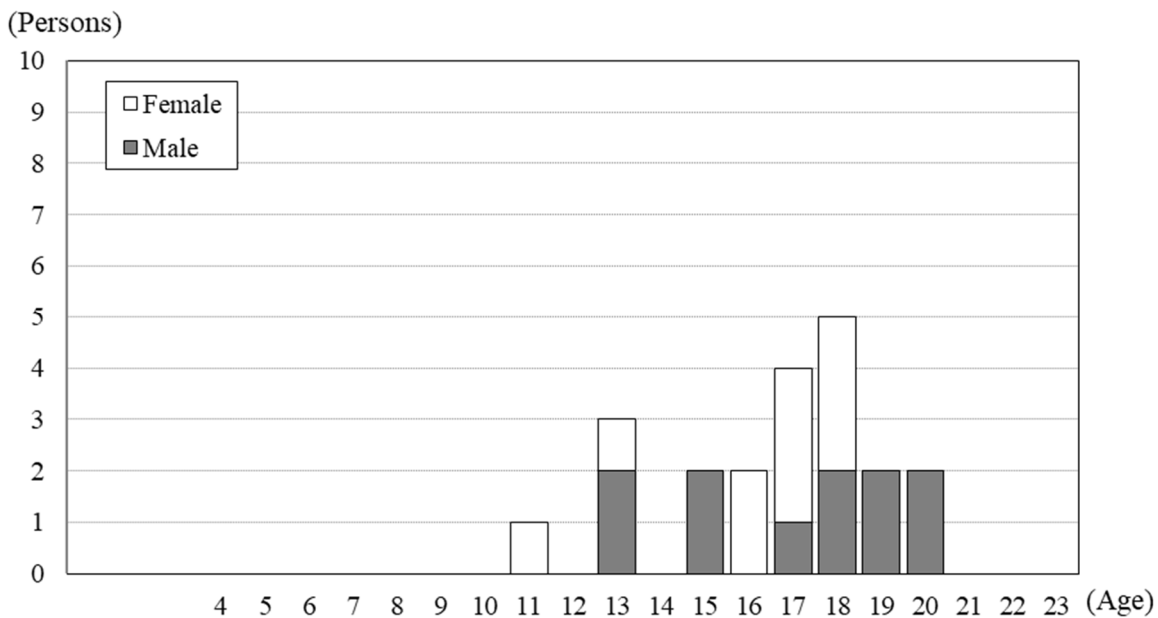


Fig. 4 Age as of the date of confirmatory examination

2.2-4 Basic Survey results of those with nodules diagnosed as malignant or suspicious for malignancy by FNAC

11 (52.4%) of the 21 people who were diagnosed as malignant or suspicious cases by FNAC had participated in the Basic Survey (for external radiation dose estimation), and 11 received the results. The highest effective dose documented was 2.4 mSv.

Table 7. A breakdown of dose estimates for participants of the Basic Survey

| Effective dose (mSv) | Age at the time of the disaster |        |      |        |       |        |       |        |       |        |
|----------------------|---------------------------------|--------|------|--------|-------|--------|-------|--------|-------|--------|
|                      | 0-5                             |        | 6-10 |        | 11-15 |        | 16-18 |        | Total |        |
|                      | Male                            | Female | Male | Female | Male  | Female | Male  | Female | Male  | Female |
| <1                   | 0                               | 0      | 1    | 1      | 0     | 0      | 0     | 0      | 1     | 1      |
| 1-1.9                | 0                               | 0      | 2    | 1      | 1     | 0      | 0     | 0      | 3     | 1      |
| 2-4.9                | 2                               | 0      | 0    | 2      | 1     | 0      | 0     | 0      | 3     | 2      |
| 5-9.9                | 0                               | 0      | 0    | 0      | 0     | 0      | 0     | 0      | 0     | 0      |
| 10-19.9              | 0                               | 0      | 0    | 0      | 0     | 0      | 0     | 0      | 0     | 0      |
| ≥20                  | 0                               | 0      | 0    | 0      | 0     | 0      | 0     | 0      | 0     | 0      |
| Total                | 2                               | 0      | 3    | 4      | 2     | 0      | 0     | 0      | 7     | 4      |

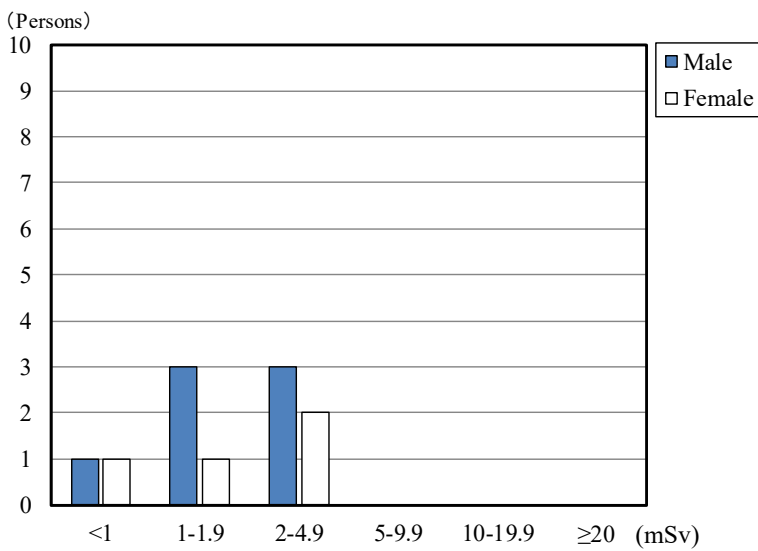


Fig. 5 Effective dose of the participants

## 2.2-5 Blood and urinary iodine test results

Table 8. Blood test results

|                            | Mean±SD (Abnormal value)     |                              |                               |                             |                               |                                |
|----------------------------|------------------------------|------------------------------|-------------------------------|-----------------------------|-------------------------------|--------------------------------|
|                            | FT4 <sup>1)</sup><br>(ng/dL) | FT3 <sup>2)</sup><br>(pg/mL) | TSH <sup>3)</sup><br>(μIU/mL) | Tg <sup>4)</sup><br>(ng/mL) | TgAb <sup>5)</sup><br>(IU/mL) | TPOAb <sup>6)</sup><br>(IU/mL) |
| Reference Range            | 0.95~1.74 <sup>7)</sup>      | 2.13~4.07 <sup>7)</sup>      | 0.340~3.880 <sup>7)</sup>     | ≤33.7                       | <28.0                         | <16.0                          |
| 21 malignant or suspicious | 1.3 ± 0.1 (0.0%)             | 3.5 ± 0.5 (0.0%)             | 1.2 ± 0.5 (0.0%)              | 26.4± 59.1 (9.5%)           | 38.1%                         | 28.6%                          |
| Other 593                  | 1.2 ± 0.3 (5.6%)             | 3.6 ± 0.9 (7.1%)             | 1.2 ± 0.8 (8.9%)              | 25.1± 59.3 (14.5%)          | 6.4%                          | 7.1%                           |

- 1) FT4: free thyroxine; thyroid hormone binding 4 iodines; higher among patients with thyrotoxicosis (such as Graves' disease) and lower with hypothyroidism (such as Hashimoto's thyroiditis).
- 2) FT3: free triiodothyronine; thyroid hormone binding 3 iodines; higher among patients with thyrotoxicosis (such as Graves' disease) and lower with hypothyroidism (such as Hashimoto's thyroiditis).
- 3) TSH: thyroid-stimulating hormone; higher among patients with Hashimoto's disease and lower with Graves' disease.
- 4) Tg: thyroglobulin; higher when thyroid tissue is destroyed or when neoplastic tissue produces thyroglobulin.
- 5) TgAb: anti-thyroglobulin antibody; higher among patients with Hashimoto's disease and Graves' disease.
- 6) TPOAb: anti-thyroid peroxidase antibody; higher among patients with Hashimoto's disease or Graves' disease.
- 7) Reference interval varies according to age.

Table 9 Urinary iodine test results

|                            | (μg/day) |                 |        |                 |         |
|----------------------------|----------|-----------------|--------|-----------------|---------|
|                            | Minimum  | 25th percentile | Median | 75th percentile | Maximum |
| 21 malignant or suspicious | 54       | 89              | 189    | 474             | 1780    |
| Other 588                  | 32       | 119             | 199    | 340             | 17200   |

## 2.2-6 Confirmatory Examination results by area

The proportions of participants with nodules diagnosed as malignant or suspicious for malignancy were 0.02% in Nakadori, 0.01% in the 13 municipalities in the nationally-designated evacuation zones by the government and Hamadori, and 0.00% in Aizu.

Table 10 Confirmatory examination results by area

| Area                            | Number of Participants<br>a | Participants who required confirmatory exam<br>b | Proportion who required confirmatory exam (%)<br>b/a | Number who underwent confirmatory exam | Malignant or suspicious cases<br>c | Proportion of malignant or suspicious cases (%)<br>c/a |
|---------------------------------|-----------------------------|--|--|--|------------------------------------|--|
| 13 municipalities <sup>1)</sup> | 22,360                      | 148  | 0.7  | 100                                    | 2                                  | 0.01   |
| Nakadori <sup>2)</sup>          | 103,728                     | 686  | 0.7  | 447                                    | 16                                 | 0.02   |
| Hamadori <sup>3)</sup>          | 31,702                      | 297  | 0.9  | 97                                     | 3                                  | 0.01   |
| Aizu <sup>4)</sup>              | 22,780                      | 196  | 0.9  | 97                                     | 0                                  | 0.00   |
| Total                           | 180,570                     | 1,327  | 0.7  | 741                                    | 21                                 | 0.01   |

- 1) Tamura, Minami-soma, Date, Kawamata, Hirono, Naraha, Tomioka, Kawauchi, Okuma, Futaba, Namie, Katsurao, Iitate
- 2) Fukushima, Koriyama, Shirakawa, Sukagawa, Nihonmatsu, Motomiya, Kori, Kunimi, Otama, Kagamiishi, Tenei, Nishigo, Izumizaki, Nakajima, Yabuki, Tanagura, Yamatsuri, Hanawa, Samegawa, Ishikawa, Tamakawa, Hirata, Asakawa, Furudono, Miharu, Ono
- 3) Iwaki, Soma, Shinchi
- 4) Aizuwakamatsu, Kitakata, Shimogo, Hinoemata, Tadami, Minami-aizu, Kitashiobara, Nishiaizu, Bandai, Inawashiro, Aizubange, Yugawa, Yanaizu, Mishima, Kaneyama, Showa, Aizumisato

### **3. Mental Health Care**

We provide the following support.

#### **3.1 Support for the Primary Examination Participants**

After the examination, medical doctors explain the results showing the ultrasound image in private consultation booths at the venue. As of 31 March 2020, 2,556 (100%) of 2,557 participants visited the consultation booths.

#### **3.2 Briefing Sessions**

To help participants or their parents improve their understanding of the thyroid examination, briefing sessions were carried out. Since April 2018, 1,063 people in 32 venues participated in the briefing sessions as of 31 March 2020. The cumulative total of participants is 15,086.

#### **3.3 Support for the Confirmatory Examination Participants**

We have set up a support team for participants of the confirmatory examination within Fukushima Medical University to address their anxiety and concerns, as well as online support for Q&A and counseling.

Since the start of Fourth-Round Survey, 422 participants (142 males and 280 females) have received support as of 31 March 2020. The number of supports provided was 827 in total. Of these, 420 (50.8%) received support at their first examination and 407 (49.2%) at subsequent examination.

For those who proceeded to regular insured medical care, we continue to provide support in cooperation with teams of medical staff at hospitals.

## Appendix 1

### Thyroid ultrasound examination (TUE) coverage by municipality

As of 31 March 2020

|                                    | Survey population<br>a | Participants |                                 | Proportion (%)<br>b/a | Number and proportion <sup>*2</sup> of participants by age group |                |               | Participants living outside Fukushima<br>c <sup>*3</sup> | Proportion (%)<br>c/b |
|------------------------------------|------------------------|--------------|---------------------------------|-----------------------|--|----------------|---------------|--|-----------------------|
|                                    |                        | b            | Outside Fukushima <sup>*1</sup> |                       | 6-11   | 12-17          | 18-24         |  |                       |
| Municipalities surveyed in FY 2018 |                        |              |                                 |                       |  |                |               |  |                       |
| Kawamata                           | 1,832                  | 1,134        | 26                              | 61.9                  | 472<br>41.6  | 576<br>50.8    | 86<br>7.6     | 51   | 4.5                   |
| Namie                              | 2,858                  | 1,495        | 306                             | 52.3                  | 574<br>38.4  | 713<br>47.7    | 208<br>13.9   | 357  | 23.9                  |
| Iitate                             | 852                    | 540          | 19                              | 63.4                  | 219<br>40.6  | 278<br>51.5    | 43<br>8.0     | 25   | 4.6                   |
| Minami-soma                        | 10,202                 | 5,966        | 828                             | 58.5                  | 2,482<br>41.6  | 2,973<br>49.8  | 511<br>8.6    | 922  | 15.5                  |
| Date                               | 8,781                  | 5,917        | 188                             | 67.4                  | 2,333<br>39.4  | 3,042<br>51.4  | 542<br>9.2    | 179  | 3.0                   |
| Tamura                             | 5,435                  | 3,419        | 68                              | 62.9                  | 1,514<br>44.3  | 1,639<br>47.9  | 266<br>7.8    | 78   | 2.3                   |
| Hirono                             | 801                    | 440          | 33                              | 54.9                  | 178<br>40.5  | 215<br>48.9    | 47<br>10.7    | 27   | 6.1                   |
| Naraha                             | 1,094                  | 571          | 47                              | 52.2                  | 204<br>35.7  | 289<br>50.6    | 78<br>13.7    | 53   | 9.3                   |
| Tomioka                            | 2,341                  | 1,166        | 194                             | 49.8                  | 427<br>36.6  | 566<br>48.5    | 173<br>14.8   | 205  | 17.6                  |
| Kawauchi                           | 267                    | 148          | 9                               | 55.4                  | 54<br>36.5   | 85<br>57.4     | 9<br>6.1      | 11   | 7.4                   |
| Okuma                              | 2,020                  | 1,105        | 206                             | 54.7                  | 420<br>38.0  | 545<br>49.3    | 140<br>12.7   | 216  | 19.5                  |
| Futaba                             | 978                    | 354          | 58                              | 36.2                  | 141<br>39.8  | 178<br>50.3    | 35<br>9.9     | 60   | 16.9                  |
| Katsurao                           | 174                    | 105          | 3                               | 60.3                  | 37<br>35.2   | 56<br>53.3     | 12<br>11.4    | 3  | 2.9                   |
| Fukushima                          | 43,242                 | 28,952       | 1,788                           | 67.0                  | 11,757<br>40.6   | 14,371<br>49.6 | 2,824<br>9.8  | 1,752  | 6.1                   |
| Nihonmatsu                         | 8,104                  | 5,465        | 202                             | 67.4                  | 2,274<br>41.6  | 2,778<br>50.8  | 413<br>7.6    | 182  | 3.3                   |
| Motomiya                           | 4,910                  | 3,193        | 99                              | 65.0                  | 1,399<br>43.8  | 1,563<br>49.0  | 231<br>7.2    | 90   | 2.8                   |
| Otama                              | 1,287                  | 916          | 25                              | 71.2                  | 416<br>45.4  | 440<br>48.0    | 60<br>6.6     | 18   | 2.0                   |
| Koriyama                           | 52,560                 | 33,249       | 2,460                           | 63.3                  | 13,469<br>40.5   | 16,678<br>50.2 | 3,102<br>9.3  | 2,398  | 7.2                   |
| Kori                               | 1,609                  | 1,128        | 30                              | 70.1                  | 465<br>41.2  | 545<br>48.3    | 118<br>10.5   | 26   | 2.3                   |
| Kunimi                             | 1,204                  | 808          | 17                              | 67.1                  | 296<br>36.6  | 431<br>53.3    | 81<br>10.0    | 18   | 2.2                   |
| Tenei                              | 839                    | 525          | 8                               | 62.6                  | 224<br>42.7  | 262<br>49.9    | 39<br>7.4     | 8  | 1.5                   |
| Shirakawa                          | 9,972                  | 6,488        | 256                             | 65.1                  | 2,617<br>40.3  | 3,285<br>50.6  | 586<br>9.0    | 259  | 4.0                   |
| Nishigo                            | 3,263                  | 2,205        | 94                              | 67.6                  | 918<br>41.6  | 1,082<br>49.1  | 205<br>9.3    | 97   | 4.4                   |
| Izumizaki                          | 1,025                  | 665          | 4                               | 64.9                  | 275<br>41.4  | 336<br>50.5    | 54<br>8.1     | 4  | 0.6                   |
| Miharu                             | 2,383                  | 1,512        | 35                              | 63.4                  | 562<br>37.2  | 779<br>51.5    | 171<br>11.3   | 31   | 2.1                   |
| Subtotal                           | 168,033                | 107,466      | 7,003                           | 64.0                  | 43,727<br>40.7   | 53,705<br>50.0 | 10,034<br>9.3 | 7,070  | 6.6                   |

\*1) The number of participants who received the examination at facilities outside Fukushima (as of 29 February 2020)

\*2) The upper layer shows number of participants, and the lower layer shows the proportion of participants from each municipality.

\*3) The number of participants who have resident registration outside of Fukushima.

• Age groups were formed based on the age at the Full-Scale Survey (the Fourth-Round Survey). This applies to other tables hereafter.

|  | Survey population<br>a | Participants |                     | Proportion (%)<br>b/a | Number and proportion*2 of participants by age group |       |       | Participants living outside Fukushima<br>c*3 | Proportion (%)<br>c/b |
|--|------------------------|--------------|---------------------|-----------------------|--|-------|-------|--|-----------------------|
|  |                        | b            | Outside Fukushima*1 |                       | 6-11   | 12-17 | 18-24 |  |                       |
|  |                        |              |                     |                       |  |       |       |  |                       |

Municipalities surveyed in FY 2019

|               | a       | b       | Outside Fukushima*1 | b/a  | Number and proportion*2 of participants by age group |        |        | c*3   | c/b |
|---------------|---------|---------|---------------------|------|--|--------|--------|-------|-----|
|               |         |         |                     |      | 6-11   | 12-17  | 18-24  |       |     |
| Iwaki         | 49,641  | 27,851  | 1,579               | 56.1 | 7,867  | 15,811 | 4,173  | 1,373 | 4.9 |
| Sukagawa      | 12,378  | 7,517   | 211                 | 60.7 | 28.2   | 56.8   | 15.0   | 188   | 2.5 |
|               |         |         |                     |      | 2,758  | 3,921  | 838    |       |     |
| Soma          | 5,507   | 3,179   | 205                 | 57.7 | 36.7   | 52.2   | 11.1   | 216   | 6.8 |
|               |         |         |                     |      | 1,261  | 1,640  | 278    |       |     |
| Kagamiishi    | 2,133   | 1,317   | 32                  | 61.7 | 39.7   | 51.6   | 8.7    | 30    | 2.3 |
|               |         |         |                     |      | 490  | 701    | 126    |       |     |
| Shinchi       | 1,162   | 672     | 32                  | 57.8 | 37.2   | 53.2   | 9.6    | 27    | 4.0 |
|               |         |         |                     |      | 231  | 374    | 67     |       |     |
| Nakajima      | 849     | 505     | 8                   | 59.5 | 34.4   | 55.7   | 10.0   | 4     | 0.8 |
|               |         |         |                     |      | 192  | 265    | 48     |       |     |
| Yabuki        | 2,672   | 1,685   | 28                  | 63.1 | 38.0   | 52.5   | 9.5    | 28    | 1.7 |
|               |         |         |                     |      | 727  | 837    | 121    |       |     |
| Ishikawa      | 2,182   | 1,345   | 26                  | 61.6 | 43.1   | 49.7   | 7.2    | 24    | 1.8 |
|               |         |         |                     |      | 541  | 677    | 127    |       |     |
| Yamatsuri     | 816     | 472     | 10                  | 57.8 | 40.2   | 50.3   | 9.4    | 9     | 1.9 |
|               |         |         |                     |      | 213  | 236    | 23     |       |     |
| Asakawa       | 1,064   | 655     | 19                  | 61.6 | 45.1   | 50.0   | 4.9    | 17    | 2.6 |
|               |         |         |                     |      | 238  | 357    | 60     |       |     |
| Hirata        | 969     | 608     | 8                   | 62.7 | 36.3   | 54.5   | 9.2    | 6     | 1.0 |
|               |         |         |                     |      | 245  | 308    | 55     |       |     |
| Tanagura      | 2,399   | 1,460   | 27                  | 60.9 | 40.3   | 50.7   | 9.0    | 28    | 1.9 |
|               |         |         |                     |      | 589  | 780    | 91     |       |     |
| Hanawa        | 1,299   | 703     | 12                  | 54.1 | 40.3   | 53.4   | 6.2    | 17    | 2.4 |
|               |         |         |                     |      | 289  | 371    | 43     |       |     |
| Samegawa      | 519     | 303     | 4                   | 58.4 | 41.1   | 52.8   | 6.1    | 5     | 1.7 |
|               |         |         |                     |      | 136  | 156    | 11     |       |     |
| Ono           | 1,488   | 874     | 9                   | 58.7 | 44.9   | 51.5   | 3.6    | 11    | 1.3 |
|               |         |         |                     |      | 354  | 446    | 74     |       |     |
| Tamakawa      | 1,052   | 658     | 4                   | 62.5 | 40.5   | 51.0   | 8.5    | 3     | 0.5 |
|               |         |         |                     |      | 253  | 357    | 48     |       |     |
| Furudono      | 817     | 520     | 19                  | 63.6 | 38.4   | 54.3   | 7.3    | 12    | 2.3 |
|               |         |         |                     |      | 208  | 251    | 61     |       |     |
| Hinoemata     | 87      | 36      | 1                   | 41.4 | 40.0   | 48.3   | 11.7   | 1     | 2.8 |
|               |         |         |                     |      | 16   | 16     | 4      |       |     |
| Minami-aizu   | 2,128   | 1,157   | 14                  | 54.4 | 44.4   | 44.4   | 11.1   | 14    | 1.2 |
|               |         |         |                     |      | 480  | 603    | 74     |       |     |
| Kaneyama      | 147     | 72      | 1                   | 49.0 | 41.5   | 52.1   | 6.4    | 1     | 1.4 |
|               |         |         |                     |      | 21   | 41     | 10     |       |     |
| Showa         | 115     | 68      | 3                   | 59.1 | 29.2   | 56.9   | 13.9   | 3     | 4.4 |
|               |         |         |                     |      | 31   | 33     | 4      |       |     |
| Mishima       | 148     | 84      | 0                   | 56.8 | 45.6   | 48.5   | 5.9    | 0     | 0.0 |
|               |         |         |                     |      | 29   | 50     | 5      |       |     |
| Shimogo       | 747     | 426     | 4                   | 57.0 | 34.5   | 59.5   | 6.0    | 4     | 0.9 |
|               |         |         |                     |      | 179  | 222    | 25     |       |     |
| Kitakata      | 6,948   | 4,049   | 55                  | 58.3 | 42.0   | 52.1   | 5.9    | 58    | 1.4 |
|               |         |         |                     |      | 1,481  | 2,217  | 351    |       |     |
| Nishiaizu     | 761     | 406     | 9                   | 53.4 | 36.6   | 54.8   | 8.7    | 9     | 2.2 |
|               |         |         |                     |      | 169  | 190    | 47     |       |     |
| Tadami        | 555     | 334     | 5                   | 60.2 | 41.6   | 46.8   | 11.6   | 3     | 0.9 |
|               |         |         |                     |      | 138  | 170    | 26     |       |     |
| Inawashiro    | 2,070   | 1,194   | 27                  | 57.7 | 41.3   | 50.9   | 7.8    | 24    | 2.0 |
|               |         |         |                     |      | 506  | 591    | 97     |       |     |
| Bandai        | 477     | 287     | 8                   | 60.2 | 42.4   | 49.5   | 8.1    | 6     | 2.1 |
|               |         |         |                     |      | 109  | 157    | 21     |       |     |
| Kitashiobara  | 445     | 274     | 2                   | 61.6 | 38.0   | 54.7   | 7.3    | 2     | 0.7 |
|               |         |         |                     |      | 115  | 145    | 14     |       |     |
| Aizumisato    | 2,823   | 1,722   | 33                  | 61.0 | 42.0   | 52.9   | 5.1    | 29    | 1.7 |
|               |         |         |                     |      | 634  | 896    | 192    |       |     |
| Aizubange     | 2,402   | 1,414   | 36                  | 58.9 | 36.8   | 52.0   | 11.1   | 26    | 1.8 |
|               |         |         |                     |      | 540  | 724    | 150    |       |     |
| Yanaizu       | 464     | 284     | 2                   | 61.2 | 38.2   | 51.2   | 10.6   | 2     | 0.7 |
|               |         |         |                     |      | 115  | 143    | 26     |       |     |
| Aizuwakamatsu | 18,424  | 10,622  | 357                 | 57.7 | 40.5   | 50.4   | 9.2    | 331   | 3.1 |
|               |         |         |                     |      | 3,883  | 5,577  | 1,162  |       |     |
| Yugawa        | 519     | 351     | 6                   | 67.6 | 36.6   | 52.5   | 10.9   | 9     | 2.6 |
|               |         |         |                     |      | 123  | 178    | 50     |       |     |
| Subtotal      | 126,207 | 73,104  | 2,796               | 57.9 | 35.0   | 50.7   | 14.2   | 2,520 | 3.4 |
|               |         |         |                     |      | 25,161   | 39,441 | 8,502  |       |     |
| Total         | 294,240 | 180,570 | 9,799               | 61.4 | 34.4   | 54.0   | 11.6   | 9,590 | 5.3 |
|               |         |         |                     |      | 68,888   | 93,146 | 18,536 |       |     |
|               |         |         |                     |      | 38.2   | 51.6   | 10.3   |       |     |

## Appendix 2

Thyroid ultrasound examination (TUE) coverage outside Fukushima by prefecture

As of 29 February 2020

| Prefecture | Number of medical facilities | Participants * | Prefecture | Number of medical facilities | Participants * | Prefecture   | Number of medical facilities | Participants * |
|------------|------------------------------|----------------|------------|------------------------------|----------------|--------------|------------------------------|----------------|
| Hokkaido   | 7                            | <b>270</b>     | Fukui      | 1                            | <b>16</b>      | Hiroshima    | 2                            | <b>23</b>      |
| Aomori     | 2                            | <b>120</b>     | Yamanashi  | 2                            | <b>84</b>      | Yamaguchi    | 1                            | <b>21</b>      |
| Iwate      | 3                            | <b>245</b>     | Nagano     | 3                            | <b>119</b>     | Tokushima    | 1                            | <b>5</b>       |
| Miyagi     | 2                            | <b>2,143</b>   | Gifu       | 1                            | <b>27</b>      | Kagawa       | 1                            | <b>24</b>      |
| Akita      | 1                            | <b>153</b>     | Shizuoka   | 2                            | <b>82</b>      | Ehime        | 1                            | <b>15</b>      |
| Yamagata   | 3                            | <b>461</b>     | Aichi      | 5                            | <b>175</b>     | Kochi        | 1                            | <b>11</b>      |
| Ibaraki    | 4                            | <b>549</b>     | Mie        | 1                            | <b>17</b>      | Fukuoka      | 3                            | <b>71</b>      |
| Tochigi    | 8                            | <b>605</b>     | Shiga      | 1                            | <b>13</b>      | Saga         | 1                            | <b>1</b>       |
| Gunma      | 2                            | <b>166</b>     | Kyoto      | 3                            | <b>79</b>      | Nagasaki     | 3                            | <b>24</b>      |
| Saitama    | 3                            | <b>515</b>     | Osaka      | 7                            | <b>169</b>     | Kumamoto     | 1                            | <b>27</b>      |
| Chiba      | 5                            | <b>445</b>     | Hyogo      | 2                            | <b>119</b>     | Oita         | 1                            | <b>13</b>      |
| Tokyo      | 18                           | <b>1,615</b>   | Nara       | 2                            | <b>24</b>      | Miyazaki     | 1                            | <b>20</b>      |
| Kanagawa   | 6                            | <b>728</b>     | Wakayama   | 1                            | <b>9</b>       | Kagoshima    | 1                            | <b>5</b>       |
| Niigata    | 2                            | <b>431</b>     | Tottori    | 1                            | <b>7</b>       | Okinawa      | 1                            | <b>34</b>      |
| Toyama     | 2                            | <b>26</b>      | Shimane    | 1                            | <b>11</b>      |              |                              |                |
| Ishikawa   | 1                            | <b>35</b>      | Okayama    | 3                            | <b>47</b>      |              |                              |                |
|            |                              |                |            |                              |                | <b>Total</b> | 124                          | <b>9,799</b>   |

\*The number of participants represents those who received examination at facilities outside Fukushima



### Appendix 3

#### Results of primary examination by municipality

As of 31 March 2020

|  | Participants<br>a | Confirmed results<br>b<br>Proportion (%)<br>b/a (%) | Number by exam results |    |   |   | Nodules        |         | Cysts          |          |
|--|-------------------|---|------------------------|----|---|---|----------------|---------|----------------|----------|
|  |                   |   | Proportion (%)         |    |   |   | Proportion (%) |         | Proportion (%) |          |
|  |                   |   | A                      |    | B | C | ≥5.1 mm        | ≤5.0 mm | ≥20.1 mm       | ≤20.0 mm |
|  |                   |   | A1                     | A2 |   |   |                |         |                |          |

#### Municipalities surveyed in FY 2018

|             |         |         |        |        |     |     |     |     |     |        |
|-------------|---------|---------|--------|--------|-----|-----|-----|-----|-----|--------|
| Kawamata    | 1,134   | 1,133   | 408    | 720    | 5   | 0   | 4   | 3   | 1   | 724    |
|             |         | 99.9    | 36.0   | 63.5   | 0.4 | 0.0 | 0.4 | 0.3 | 0.1 | 63.9   |
| Namie       | 1,495   | 1,477   | 491    | 973    | 13  | 0   | 13  | 6   | 0   | 978    |
|             |         | 98.8    | 33.2   | 65.9   | 0.9 | 0.0 | 0.9 | 0.4 | 0.0 | 66.2   |
| Iitate      | 540     | 539     | 200    | 335    | 4   | 0   | 4   | 2   | 0   | 338    |
|             |         | 99.8    | 37.1   | 62.2   | 0.7 | 0.0 | 0.7 | 0.4 | 0.0 | 62.7   |
| Minami-soma | 5,966   | 5,940   | 2,099  | 3,799  | 42  | 0   | 42  | 28  | 0   | 3,814  |
|             |         | 99.6    | 35.3   | 64.0   | 0.7 | 0.0 | 0.7 | 0.5 | 0.0 | 64.2   |
| Date        | 5,917   | 5,903   | 2,034  | 3,834  | 35  | 0   | 35  | 18  | 0   | 3,855  |
|             |         | 99.8    | 34.5   | 65.0   | 0.6 | 0.0 | 0.6 | 0.3 | 0.0 | 65.3   |
| Tamura      | 3,419   | 3,409   | 1,266  | 2,121  | 22  | 0   | 22  | 10  | 0   | 2,131  |
|             |         | 99.7    | 37.1   | 62.2   | 0.6 | 0.0 | 0.6 | 0.3 | 0.0 | 62.5   |
| Hirono      | 440     | 429     | 163    | 260    | 6   | 0   | 6   | 3   | 0   | 260    |
|             |         | 97.5    | 38.0   | 60.6   | 1.4 | 0.0 | 1.4 | 0.7 | 0.0 | 60.6   |
| Naraha      | 571     | 542     | 192    | 348    | 2   | 0   | 2   | 1   | 0   | 348    |
|             |         | 94.9    | 35.4   | 64.2   | 0.4 | 0.0 | 0.4 | 0.2 | 0.0 | 64.2   |
| Tomioka     | 1,166   | 1,121   | 400    | 714    | 7   | 0   | 7   | 3   | 0   | 717    |
|             |         | 96.1    | 35.7   | 63.7   | 0.6 | 0.0 | 0.6 | 0.3 | 0.0 | 64.0   |
| Kawauchi    | 148     | 147     | 44     | 101    | 2   | 0   | 2   | 0   | 0   | 103    |
|             |         | 99.3    | 29.9   | 68.7   | 1.4 | 0.0 | 1.4 | 0.0 | 0.0 | 70.1   |
| Okuma       | 1,105   | 1,072   | 371    | 693    | 8   | 0   | 8   | 5   | 0   | 700    |
|             |         | 97.0    | 34.6   | 64.6   | 0.7 | 0.0 | 0.7 | 0.5 | 0.0 | 65.3   |
| Futaba      | 354     | 340     | 104    | 235    | 1   | 0   | 1   | 0   | 0   | 236    |
|             |         | 96.0    | 30.6   | 69.1   | 0.3 | 0.0 | 0.3 | 0.0 | 0.0 | 69.4   |
| Katsurao    | 105     | 105     | 32     | 72     | 1   | 0   | 1   | 0   | 0   | 72     |
|             |         | 100.0   | 30.5   | 68.6   | 1.0 | 0.0 | 1.0 | 0.0 | 0.0 | 68.6   |
| Fukushima   | 28,952  | 28,855  | 9,957  | 18,732 | 166 | 0   | 165 | 93  | 1   | 18,813 |
|             |         | 99.7    | 34.5   | 64.9   | 0.6 | 0.0 | 0.6 | 0.3 | 0.0 | 65.2   |
| Nihonmatsu  | 5,465   | 5,457   | 1,907  | 3,498  | 52  | 0   | 51  | 20  | 1   | 3,527  |
|             |         | 99.9    | 34.9   | 64.1   | 1.0 | 0.0 | 0.9 | 0.4 | 0.0 | 64.6   |
| Motomiya    | 3,193   | 3,191   | 1,118  | 2,059  | 14  | 0   | 14  | 8   | 0   | 2,061  |
|             |         | 99.9    | 35.0   | 64.5   | 0.4 | 0.0 | 0.4 | 0.3 | 0.0 | 64.6   |
| Otama       | 916     | 916     | 304    | 606    | 6   | 0   | 6   | 2   | 0   | 609    |
|             |         | 100.0   | 33.2   | 66.2   | 0.7 | 0.0 | 0.7 | 0.2 | 0.0 | 66.5   |
| Koriyama    | 33,249  | 33,145  | 10,910 | 22,024 | 211 | 0   | 210 | 113 | 1   | 22,135 |
|             |         | 99.7    | 32.9   | 66.4   | 0.6 | 0.0 | 0.6 | 0.3 | 0.0 | 66.8   |
| Kori        | 1,128   | 1,126   | 398    | 721    | 7   | 0   | 7   | 2   | 0   | 724    |
|             |         | 99.8    | 35.3   | 64.0   | 0.6 | 0.0 | 0.6 | 0.2 | 0.0 | 64.3   |
| Kunimi      | 808     | 806     | 260    | 537    | 9   | 0   | 9   | 1   | 0   | 544    |
|             |         | 99.8    | 32.3   | 66.6   | 1.1 | 0.0 | 1.1 | 0.1 | 0.0 | 67.5   |
| Tenei       | 525     | 524     | 191    | 329    | 4   | 0   | 4   | 2   | 0   | 333    |
|             |         | 99.8    | 36.5   | 62.8   | 0.8 | 0.0 | 0.8 | 0.4 | 0.0 | 63.5   |
| Shirakawa   | 6,488   | 6,474   | 2,250  | 4,182  | 42  | 0   | 42  | 25  | 0   | 4,203  |
|             |         | 99.8    | 34.8   | 64.6   | 0.6 | 0.0 | 0.6 | 0.4 | 0.0 | 64.9   |
| Nishigo     | 2,205   | 2,200   | 737    | 1,449  | 14  | 0   | 14  | 9   | 0   | 1,456  |
|             |         | 99.8    | 33.5   | 65.9   | 0.6 | 0.0 | 0.6 | 0.4 | 0.0 | 66.2   |
| Izumizaki   | 665     | 664     | 243    | 419    | 2   | 0   | 2   | 2   | 0   | 421    |
|             |         | 99.8    | 36.6   | 63.1   | 0.3 | 0.0 | 0.3 | 0.3 | 0.0 | 63.4   |
| Miharu      | 1,512   | 1,508   | 506    | 990    | 12  | 0   | 12  | 5   | 0   | 997    |
|             |         | 99.7    | 33.6   | 65.6   | 0.8 | 0.0 | 0.8 | 0.3 | 0.0 | 66.1   |
| Subtotal    | 107,466 | 107,023 | 36,585 | 69,751 | 687 | 0   | 683 | 361 | 4   | 70,099 |
|             |         | 99.6    | 34.2   | 65.2   | 0.6 | 0.0 | 0.6 | 0.3 | 0.0 | 65.5   |

|  | Participants<br>a | Confirmed<br>results<br>b<br>Proportion<br>b/a (%) | Number by exam results |    |   |   | Nodules        |         | Cysts          |          |
|--|-------------------|--|------------------------|----|---|---|----------------|---------|----------------|----------|
|  |                   |  | Proportion (%)         |    |   |   | Proportion (%) |         | Proportion (%) |          |
|  |                   |  | A                      |    | B | C | ≥5.1 mm        | ≤5.0 mm | ≥20.1 mm       | ≤20.0 mm |
|  |                   |  | A1                     | A2 |   |   |                |         |                |          |

Municipalities surveyed in FY 2019

|               |         |         |        |         |       |     |       |     |     |         |
|---------------|---------|---------|--------|---------|-------|-----|-------|-----|-----|---------|
| Iwaki         | 27,851  | 25,426  | 8,003  | 17,169  | 254   | 0   | 254   | 110 | 0   | 17,289  |
|               |         | 91.3    | 31.5   | 67.5    | 1.0   | 0.0 | 1.0   | 0.4 | 0.0 | 68.0    |
| Sukagawa      | 7,517   | 7,462   | 2,352  | 5,044   | 66    | 0   | 66    | 42  | 0   | 5,075   |
|               |         | 99.3    | 31.5   | 67.6    | 0.9   | 0.0 | 0.9   | 0.6 | 0.0 | 68.0    |
| Soma          | 3,179   | 3,158   | 1,049  | 2,070   | 39    | 0   | 39    | 11  | 0   | 2,097   |
|               |         | 99.3    | 33.2   | 65.5    | 1.2   | 0.0 | 1.2   | 0.3 | 0.0 | 66.4    |
| Kagamiishi    | 1,317   | 1,306   | 406    | 888     | 12    | 0   | 12    | 5   | 0   | 893     |
|               |         | 99.2    | 31.1   | 68.0    | 0.9   | 0.0 | 0.9   | 0.4 | 0.0 | 68.4    |
| Shinchi       | 672     | 660     | 220    | 436     | 4     | 0   | 4     | 3   | 0   | 439     |
|               |         | 98.2    | 33.3   | 66.1    | 0.6   | 0.0 | 0.6   | 0.5 | 0.0 | 66.5    |
| Nakajima      | 505     | 499     | 174    | 322     | 3     | 0   | 3     | 0   | 0   | 325     |
|               |         | 98.8    | 34.9   | 64.5    | 0.6   | 0.0 | 0.6   | 0.0 | 0.0 | 65.1    |
| Yabuki        | 1,685   | 1,678   | 610    | 1,060   | 8     | 0   | 8     | 7   | 0   | 1,064   |
|               |         | 99.6    | 36.4   | 63.2    | 0.5   | 0.0 | 0.5   | 0.4 | 0.0 | 63.4    |
| Ishikawa      | 1,345   | 1,340   | 455    | 871     | 14    | 0   | 14    | 4   | 0   | 879     |
|               |         | 99.6    | 34.0   | 65.0    | 1.0   | 0.0 | 1.0   | 0.3 | 0.0 | 65.6    |
| Yamatsuri     | 472     | 464     | 146    | 318     | 0     | 0   | 0     | 2   | 0   | 318     |
|               |         | 98.3    | 31.5   | 68.5    | 0.0   | 0.0 | 0.0   | 0.4 | 0.0 | 68.5    |
| Asakawa       | 655     | 649     | 207    | 435     | 7     | 0   | 7     | 3   | 0   | 436     |
|               |         | 99.1    | 31.9   | 67.0    | 1.1   | 0.0 | 1.1   | 0.5 | 0.0 | 67.2    |
| Hirata        | 608     | 600     | 232    | 367     | 1     | 0   | 1     | 2   | 0   | 367     |
|               |         | 98.7    | 38.7   | 61.2    | 0.2   | 0.0 | 0.2   | 0.3 | 0.0 | 61.2    |
| Tanagura      | 1,460   | 1,448   | 534    | 904     | 10    | 0   | 10    | 7   | 0   | 912     |
|               |         | 99.2    | 36.9   | 62.4    | 0.7   | 0.0 | 0.7   | 0.5 | 0.0 | 63.0    |
| Hanawa        | 703     | 697     | 264    | 430     | 3     | 0   | 3     | 2   | 0   | 430     |
|               |         | 99.1    | 37.9   | 61.7    | 0.4   | 0.0 | 0.4   | 0.3 | 0.0 | 61.7    |
| Samegawa      | 303     | 300     | 127    | 170     | 3     | 0   | 3     | 0   | 0   | 171     |
|               |         | 99.0    | 42.3   | 56.7    | 1.0   | 0.0 | 1.0   | 0.0 | 0.0 | 57.0    |
| Ono           | 874     | 862     | 268    | 587     | 7     | 0   | 7     | 1   | 0   | 592     |
|               |         | 98.6    | 31.1   | 68.1    | 0.8   | 0.0 | 0.8   | 0.1 | 0.0 | 68.7    |
| Tamakawa      | 658     | 655     | 242    | 402     | 11    | 0   | 11    | 2   | 0   | 408     |
|               |         | 99.5    | 36.9   | 61.4    | 1.7   | 0.0 | 1.7   | 0.3 | 0.0 | 62.3    |
| Furudono      | 520     | 514     | 202    | 310     | 2     | 0   | 2     | 2   | 0   | 309     |
|               |         | 98.8    | 39.3   | 60.3    | 0.4   | 0.0 | 0.4   | 0.4 | 0.0 | 60.1    |
| Hinoemata     | 36      | 36      | 12     | 24      | 0     | 0   | 0     | 0   | 0   | 24      |
|               |         | 100.0   | 33.3   | 66.7    | 0.0   | 0.0 | 0.0   | 0.0 | 0.0 | 66.7    |
| Minami-aizu   | 1,157   | 1,152   | 427    | 713     | 12    | 0   | 12    | 3   | 0   | 719     |
|               |         | 99.6    | 37.1   | 61.9    | 1.0   | 0.0 | 1.0   | 0.3 | 0.0 | 62.4    |
| Kaneyama      | 72      | 71      | 22     | 48      | 1     | 0   | 1     | 0   | 0   | 49      |
|               |         | 98.6    | 31.0   | 67.6    | 1.4   | 0.0 | 1.4   | 0.0 | 0.0 | 69.0    |
| Showa         | 68      | 68      | 23     | 45      | 0     | 0   | 0     | 0   | 0   | 45      |
|               |         | 100.0   | 33.8   | 66.2    | 0.0   | 0.0 | 0.0   | 0.0 | 0.0 | 66.2    |
| Mishima       | 84      | 84      | 21     | 62      | 1     | 0   | 1     | 0   | 0   | 63      |
|               |         | 100.0   | 25.0   | 73.8    | 1.2   | 0.0 | 1.2   | 0.0 | 0.0 | 75.0    |
| Shimogo       | 426     | 426     | 162    | 260     | 4     | 0   | 4     | 0   | 0   | 262     |
|               |         | 100.0   | 38.0   | 61.0    | 0.9   | 0.0 | 0.9   | 0.0 | 0.0 | 61.5    |
| Kitakata      | 4,049   | 4,030   | 1,383  | 2,619   | 28    | 0   | 28    | 20  | 0   | 2,626   |
|               |         | 99.5    | 34.3   | 65.0    | 0.7   | 0.0 | 0.7   | 0.5 | 0.0 | 65.2    |
| Nishiaizu     | 406     | 405     | 149    | 253     | 3     | 0   | 3     | 1   | 0   | 255     |
|               |         | 99.8    | 36.8   | 62.5    | 0.7   | 0.0 | 0.7   | 0.2 | 0.0 | 63.0    |
| Tadami        | 334     | 334     | 117    | 216     | 1     | 0   | 1     | 0   | 0   | 217     |
|               |         | 100.0   | 35.0   | 64.7    | 0.3   | 0.0 | 0.3   | 0.0 | 0.0 | 65.0    |
| Inawashiro    | 1,194   | 1,174   | 412    | 746     | 16    | 0   | 16    | 4   | 0   | 759     |
|               |         | 98.3    | 35.1   | 63.5    | 1.4   | 0.0 | 1.4   | 0.3 | 0.0 | 64.7    |
| Bandai        | 287     | 287     | 83     | 201     | 3     | 0   | 3     | 1   | 0   | 203     |
|               |         | 100.0   | 28.9   | 70.0    | 1.0   | 0.0 | 1.0   | 0.3 | 0.0 | 70.7    |
| Kitashiobara  | 274     | 272     | 93     | 177     | 2     | 0   | 2     | 0   | 0   | 179     |
|               |         | 99.3    | 34.2   | 65.1    | 0.7   | 0.0 | 0.7   | 0.0 | 0.0 | 65.8    |
| Aizumisato    | 1,722   | 1,716   | 549    | 1,152   | 15    | 0   | 15    | 8   | 0   | 1,156   |
|               |         | 99.7    | 32.0   | 67.1    | 0.9   | 0.0 | 0.9   | 0.5 | 0.0 | 67.4    |
| Aizubange     | 1,414   | 1,409   | 441    | 957     | 11    | 0   | 11    | 6   | 0   | 965     |
|               |         | 99.6    | 31.3   | 67.9    | 0.8   | 0.0 | 0.8   | 0.4 | 0.0 | 68.5    |
| Yanaizu       | 284     | 284     | 103    | 181     | 0     | 0   | 0     | 0   | 0   | 181     |
|               |         | 100.0   | 36.3   | 63.7    | 0.0   | 0.0 | 0.0   | 0.0 | 0.0 | 63.7    |
| Aizuwakamatsu | 10,622  | 10,584  | 3,593  | 6,896   | 95    | 0   | 95    | 35  | 0   | 6,945   |
|               |         | 99.6    | 33.9   | 65.2    | 0.9   | 0.0 | 0.9   | 0.3 | 0.0 | 65.6    |
| Yugawa        | 351     | 351     | 142    | 205     | 4     | 0   | 4     | 3   | 0   | 208     |
|               |         | 100.0   | 40.5   | 58.4    | 1.1   | 0.0 | 1.1   | 0.9 | 0.0 | 59.3    |
| Subtotal      | 73,104  | 70,401  | 23,223 | 46,538  | 640   | 0   | 640   | 284 | 0   | 46,860  |
|               |         | 96.3    | 33.0   | 66.1    | 0.9   | 0.0 | 0.9   | 0.4 | 0.0 | 66.6    |
| Total         | 180,570 | 177,424 | 59,808 | 116,289 | 1,327 | 0   | 1,323 | 645 | 4   | 116,959 |
|               |         | 98.3    | 33.7   | 65.5    | 0.7   | 0.0 | 0.7   | 0.4 | 0.0 | 65.9    |

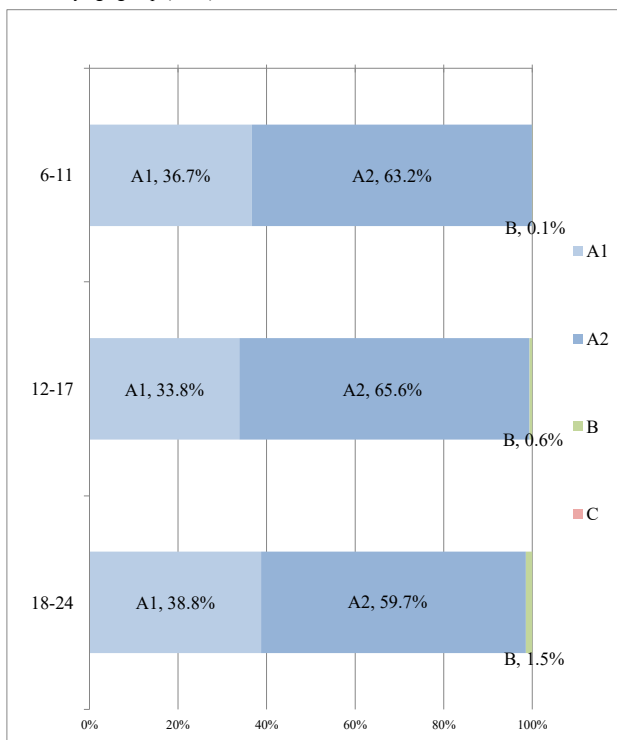
## Appendix 4

### 1 Thyroid ultrasound examination results by age and sex

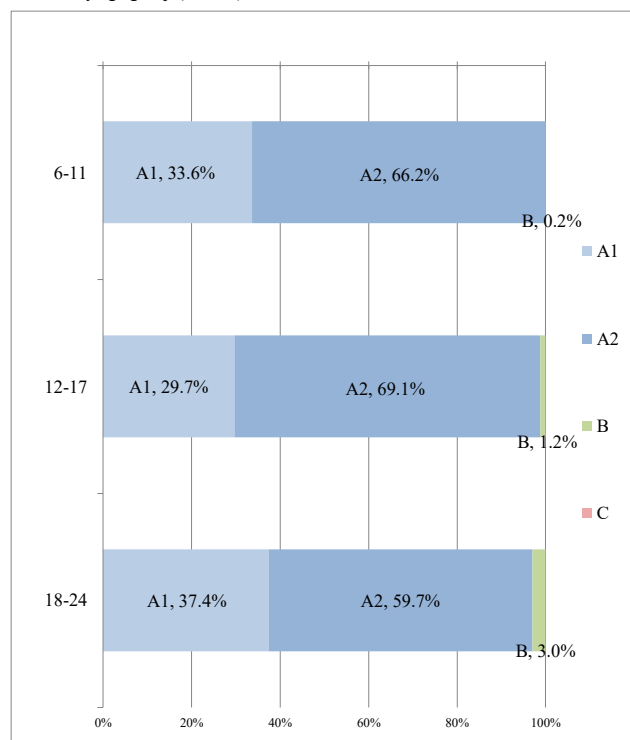
As of 31 March 2020

| Class/<br>Sex<br><br>Ages | A      |        |        |        |        |         | B    |        |       | C    |        |       | Total  |        |         |
|---------------------------|--------|--------|--------|--------|--------|---------|------|--------|-------|------|--------|-------|--------|--------|---------|
|                           | A1     |        |        | A2     |        |         | Male | Female | Total | Male | Female | Total | Male   | Female | Total   |
|                           | Male   | Female | Total  | Male   | Female | Total   |      |        |       |      |        |       |        |        |         |
| 6-11                      | 12,589 | 10,967 | 23,556 | 21,712 | 21,595 | 43,307  | 38   | 54     | 92    | 0    | 0      | 0     | 34,339 | 32,616 | 66,955  |
| 12-17                     | 15,860 | 13,488 | 29,348 | 30,742 | 31,400 | 62,142  | 278  | 546    | 824   | 0    | 0      | 0     | 46,880 | 45,434 | 92,314  |
| 18-24                     | 3,278  | 3,626  | 6,904  | 5,046  | 5,794  | 10,840  | 124  | 287    | 411   | 0    | 0      | 0     | 8,448  | 9,707  | 18,155  |
| Total                     | 31,727 | 28,081 | 59,808 | 57,500 | 58,789 | 116,289 | 440  | 887    | 1,327 | 0    | 0      | 0     | 89,667 | 87,757 | 177,424 |

Results by age group (Male)



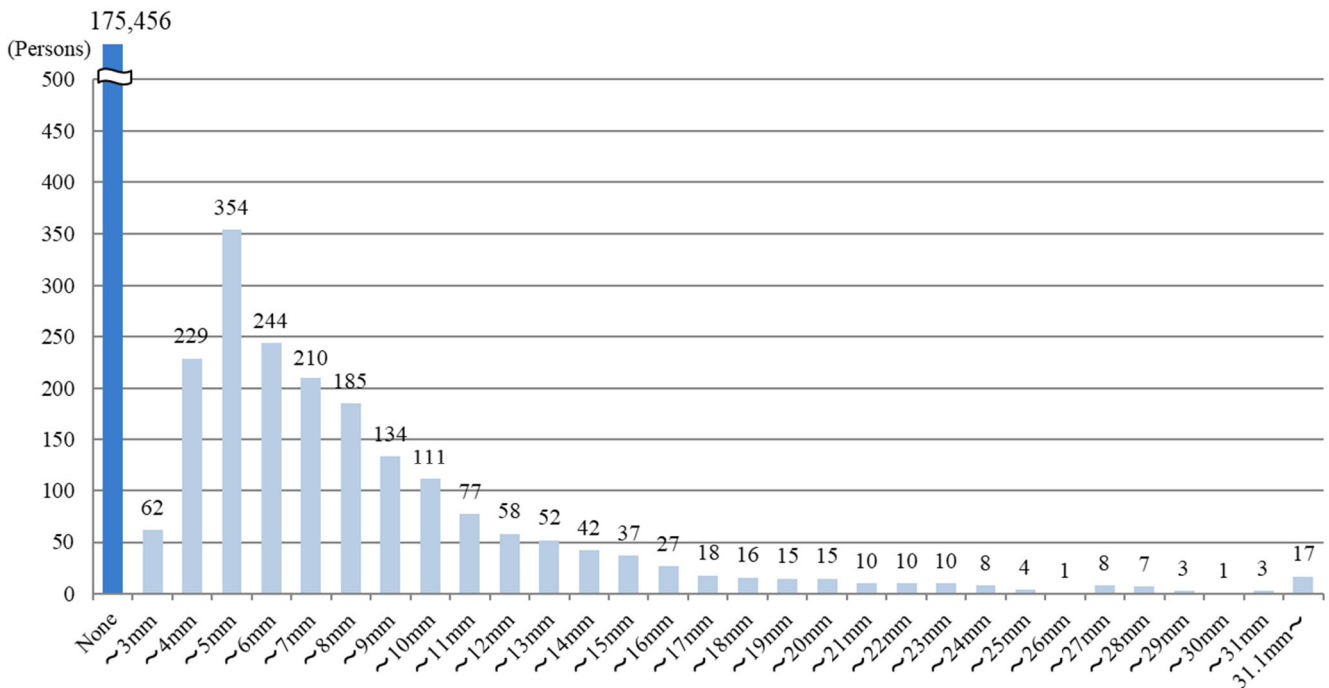
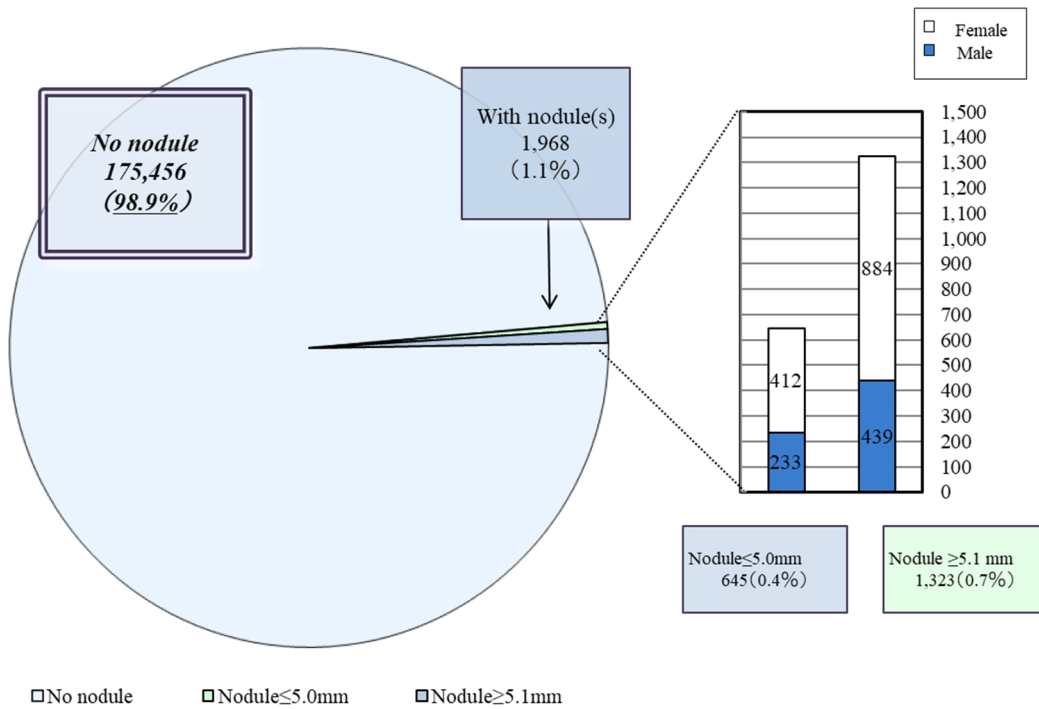
Results by age group (Female)



## 2 Nodule characteristics

As of 31 March 2020

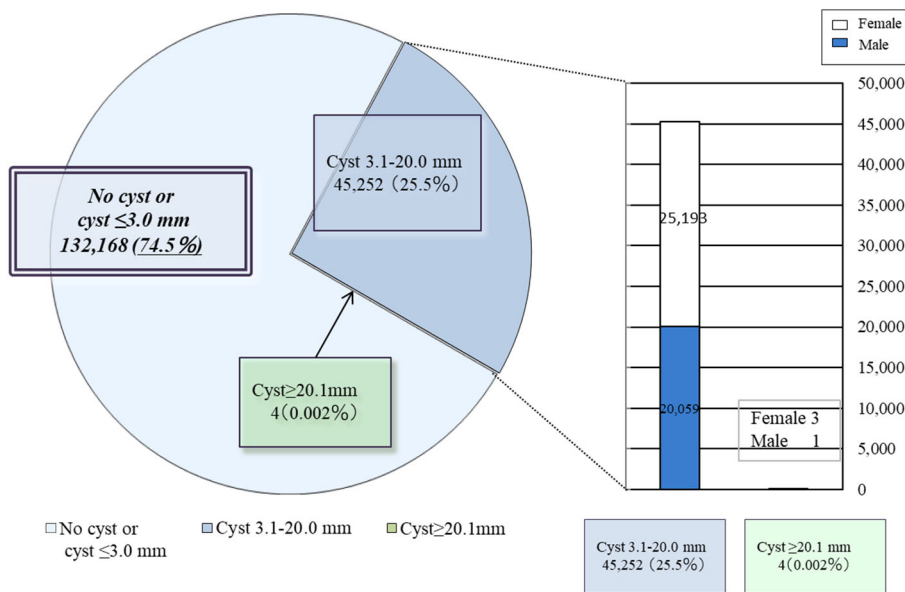
| Nodule size  | Total          |               | Class | Proportion |
|--------------|----------------|---------------|-------|------------|
|              | Male           | Female        |       |            |
| None         | 175,456        | 88,995        | A1    | 98.9%      |
| ≤ 3.0 mm     | 62             | 30            | A2    | 0.4%       |
| 3.1-5.0 mm   | 583            | 203           |       |            |
| 5.1-10.0 mm  | 884            | 300           | B     | 0.7%       |
| 10.1-15.0 mm | 266            | 90            |       |            |
| 15.1-20.0 mm | 91             | 26            |       |            |
| 20.1-25.0 mm | 42             | 13            |       |            |
| ≥ 25.1 mm    | 40             | 10            |       |            |
| <b>Total</b> | <b>177,424</b> | <b>89,667</b> |       |            |



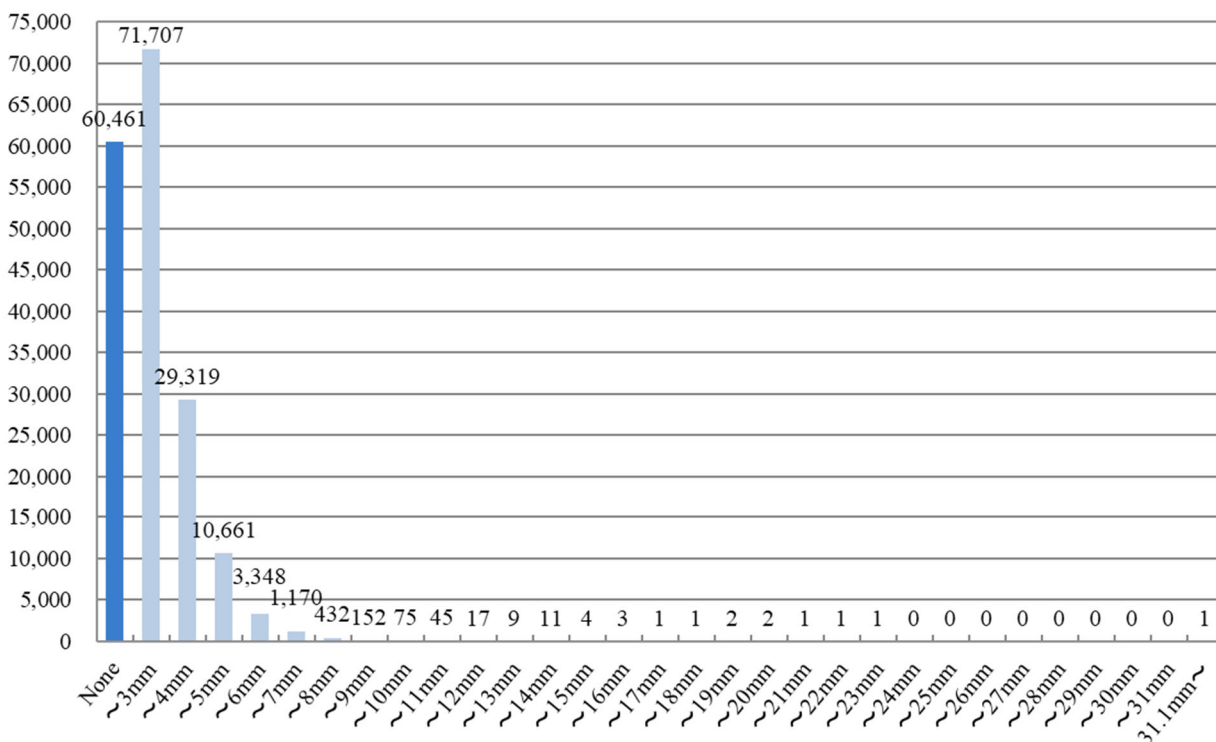
### 3 Cyst characteristics

As of 31 March 2020

| Cyst size    | Total          | Gender        |               | Class | Proportion |
|--------------|----------------|---------------|---------------|-------|------------|
|              |                | Male          | Female        |       |            |
| None         | 60,461         | 31,969        | 28,492        | A1    | 74.5%      |
| ≤ 3.0 mm     | 71,707         | 37,638        | 34,069        | A2    |            |
| 3.1-5.0 mm   | 39,980         | 18,192        | 21,788        |       |            |
| 5.1-10.0 mm  | 5,177          | 1,835         | 3,342         |       |            |
| 10.1-15.0 mm | 86             | 31            | 55            |       |            |
| 15.1-20.0 mm | 9              | 1             | 8             | B     | 0.002%     |
| 20.1-25.0 mm | 3              | 0             | 3             |       |            |
| ≥ 25.1 mm    | 1              | 1             | 0             |       |            |
| <b>Total</b> | <b>177,424</b> | <b>89,667</b> | <b>87,757</b> |       |            |



(Persons)



## Appendix 5

### Results of confirmatory examination coverage by area

As of 31 March 2020

| Area                            | Participants<br>a | Participants<br>who required<br>confirmatory<br>exam<br>b<br>Proportion (%)<br>b/a | Number of those who underwent confirmatory exam |  |   |                                    | Number of confirmed results         |                                  |                                  |                     |                   |
|---------------------------------|-------------------|--|---|--|---|------------------------------------|-------------------------------------|----------------------------------|----------------------------------|---------------------|-------------------|
|                                 |                   |  | Total<br>c<br>Proportion (%)<br>c/b             | Ages<br>6-11<br>d<br>Proportion (%)<br>d/c | Ages<br>12-17<br>e<br>Proportion (%)<br>e/c | ≥ 18<br>f<br>Proportion (%)<br>f/c | Total<br>h<br>Proportion (%)<br>h/c | A1<br>i<br>Proportion (%)<br>i/h | A2<br>j<br>Proportion (%)<br>j/h | Not A1 or A2        |                   |
|                                 |                   |  |   | k<br>Proportion (%)<br>k/h                 | FNAC<br>l<br>Proportion (%)<br>l/k          |                                    |                                     |                                  |                                  |                     |                   |
| 13 municipalities <sup>1)</sup> | 22,360            | 148<br>0.7   | 100<br>67.6                                     | 7<br>7.0                                   | 63<br>63.0                                  | 30<br>30.0                         | 95<br>95.0                          | 1<br>1.1                         | 2<br>2.1                         | 92<br>96.8          | 7<br>7.6          |
| Nakadori <sup>2)</sup>          | 103,728           | 686<br>0.7   | 447<br>65.2                                     | 43<br>9.6                                  | 257<br>57.5                                 | 147<br>32.9                        | 413<br>92.4                         | 1<br>0.2                         | 47<br>11.4                       | 365<br>88.4         | 33<br>9.0         |
| Hamadori <sup>3)</sup>          | 31,702            | 297<br>0.9   | 97<br>32.7                                      | 3<br>3.1                                   | 43<br>44.3                                  | 51<br>52.6                         | 74<br>76.3                          | 0<br>0.0                         | 3<br>4.1                         | 71<br>95.9          | 6<br>8.5          |
| Aizu <sup>4)</sup>              | 22,780            | 196<br>0.9   | 97<br>49.5                                      | 6<br>6.2                                   | 56<br>57.7                                  | 35<br>36.1                         | 65<br>67.0                          | 0<br>0.0                         | 5<br>7.7                         | 60<br>92.3          | 3<br>5.0          |
| <b>Total</b>                    | <b>180,570</b>    | <b>1,327<br/>0.7</b>   | <b>741<br/>55.8</b>                             | <b>59<br/>8.0</b>                          | <b>419<br/>56.5</b>                         | <b>263<br/>35.5</b>                | <b>647<br/>87.3</b>                 | <b>2<br/>0.3</b>                 | <b>57<br/>8.8</b>                | <b>588<br/>90.9</b> | <b>49<br/>8.3</b> |

- 1) Tamura, Minami-soma, Date, Kawamata, Hirono, Naraha, Tomioka, Kawauchi, Okuma, Futaba, Namie, Katsurao, Iitate
- 2) Fukushima, Koriyama, Shirakawa, Sukagawa, Nihonmatsu, Motomiya, Kori, Kunimi, Otama, Kagamiishi, Tenei, Nishigo, Izumizaki, Nakajima, Yabuki, Tanagura, Yamatsuri, Hanawa, Samegawa, Ishikawa, Tamakawa, Hirata, Asakawa, Furudono, Miharuru, Ono
- 3) Iwaki, Soma, Shinchi
- 4) Aizuwakamatsu, Kitakata, Shimogo, Hinoemata, Tadami, Minami-aizu, Kitashiobara, Nishiaizu, Bandai, Inawashiro, Aizubange, Yugawa, Yanaizu, Mishima, Kaneyama, Showa, Aizumisato

## Appendix 6

### Surgical cases for malignancy or suspicion of malignancy

|   |   |
|---|---|
| 1. Municipalities surveyed in FY 2018   |   |
| Malignant or suspicious for malignancy: | 16 (12 surgical cases: 12 papillary thyroid carcinomas) |
| 2. Municipalities surveyed in FY 2019   |   |
| Malignant or suspicious for malignancy: | 5 (1 surgical case: 1 papillary thyroid carcinomas)     |
| 3. Total                                |   |
| Malignant or suspicious for malignancy: | 21 (13 surgical cases: 13 papillary thyroid carcinomas) |

# Report on the Thyroid Survey for Age 25

## 1. Summary

### 1.1 Survey Population

Among Fukushima residents 18 years old or younger at the time of disaster (born between 2 April 1992 and 1 April 2012), those who turn 25 years old in each fiscal year including those who moved out of the prefecture, are invited to receive a thyroid ultrasound examination (TUE).

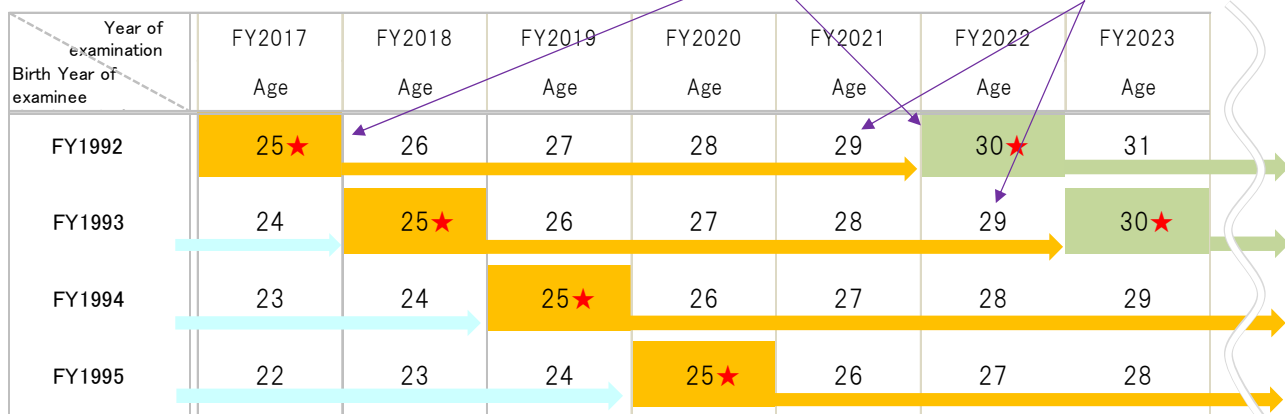
This report includes the status of the following groups:

- Those who were born between 2 April 1992 and 1 April 1993
- Those who were born between 2 April 1993 and 1 April 1994
- Those who were born between 2 April 1994 and 1 April 1995

### 1.2 Implementation Period

The Thyroid Survey for Age 25 (hereinafter “Age 25 Survey”) started in FY 2017. If participants fail to receive a TUE in the year they turn 25, they are entitled for TUE until the fiscal year prior to the year they turn 30 (see Fig. 1 for the implementation schedule of Age 25 Survey).

Eligible residents are invited to take examination every 5 years and can take one by the year before their next examination.



- Beginning from FY2017, examinations are offered to those who turn age 25 in each fiscal year.
- Notifications for the examination will be sent to 25-year-old residents in the fiscal year marked with ★.

Fig. 1 Implementation schedule for Age 25 Survey

## 2. Summarized Results of Age 25 Survey (as of 31 March 2020)

### 2.1 Results of the Primary Examination

#### 2.1-1 Progress report

The primary examination for Age 25 Survey started in May 2017 for those who turned 25 years old in FY2017 (those born between FY1992 and FY1994) and 5,578 (8.4%) people participated.

Results of 5,234 (93.8%) participants have been confirmed and results reports were sent to them accordingly.

Of these, 2,228 were classified as A1 (42.6%), 2,762 as A2(52.8%), 244 (4.7%) as B, and none as C.

Table 1. Progress and results of the primary examination

|                | Survey population<br>a | Participants              |                   | Proportion (%)<br>c (c/b) | Exam results |              |                             |           |
|----------------|------------------------|---------------------------|-------------------|---------------------------|--------------|--------------|-----------------------------|-----------|
|                |                        | Proportion (%)<br>b (b/a) | Outside Fukushima |                           | Class (%)    |              |                             |           |
|                |                        |                           |                   |                           | A            |              | Requiring confirmatory exam |           |
|                |                        |                           |                   |                           | A1 d (d/c)   | A2 e (e/c)   | B f (f/c)                   | C g (g/c) |
| Born in FY1992 | 22,653                 | 2,250 (9.9)               | 718               | 2,249 (100.0)             | 940 (41.8)   | 1,211 (53.8) | 98 (4.4)                    | 0 (0.0)   |
| Born in FY1993 | 21,889                 | 2,106 (9.6)               | 751               | 2,094 (99.4)              | 942 (45.0)   | 1,050 (50.1) | 102 (4.9)                   | 0 (0.0)   |
| Born in FY1994 | 22,095                 | 1,222 (5.5)               | 324               | 891 (72.9)                | 346 (38.8)   | 501 (56.2)   | 44 (4.9)                    | 0 (0.0)   |
| Total          | 66,637                 | 5,578 (8.4)               | 1,793             | 5,234 (93.8)              | 2,228 (42.6) | 2,762 (52.8) | 244 (4.7)                   | 0 (0.0)   |

Table 2. Number and proportion of participants with nodules/cysts

|                | Number of participants with confirmed results<br>a | Number and proportion of participants with nodules/cysts |                    |                     |                     |
|----------------|--|--|--------------------|---------------------|---------------------|
|                |  | Nodules  |                    | Cysts               |                     |
|                |  | ≥5.1 mm<br>b (b/a)                                       | ≤5.0 mm<br>c (c/a) | ≥20.1 mm<br>d (d/a) | ≤20.0 mm<br>e (e/a) |
| Born in FY1992 | 2,249  | 97 (4.3)   | 47 (2.1)           | 1 (0.0)             | 1,256 (55.8)        |
| Born in FY1993 | 2,094  | 102 (4.9)  | 37 (1.8)           | 0 (0.0)             | 1,093 (52.2)        |
| Born in FY1994 | 891  | 44 (4.9)   | 17 (1.9)           | 0 (0.0)             | 523 (58.7)          |
| Total          | 5,234  | 243 (4.6)  | 101 (1.9)          | 1 (0.0)             | 2,872 (54.9)        |

- Proportions are rounded to the tenths digit. This will apply to other tables.
- The number of survey population and number of actual participants will be presented by fiscal year's number in this and future reports.

#### 2.1-2 Comparison with the previous examination results

The comparison of the results of Age 25 Survey and the previous surveys is shown in Table 3.

Among 3,379 participants who were diagnosed as A (A1 or A2) in the previous survey, 3,299 (97.6%) were diagnosed as A (A1 or A2), and 80 (2.4%) as B in Age 25 Survey.

Among 115 participants who were diagnosed as B in the previous survey, 35 (30.4%) were diagnosed as A (A1 or A2), and 80 (69.6%) as B in Age 25 Survey.



Table 3 Comparison with the previous survey results

|                                |                  | Results of the previous survey <sup>*1</sup> | Results of the Age 25 survey <sup>*2</sup> |                    |                   |                   |            |
|--------------------------------|------------------|--|--|--------------------|-------------------|-------------------|------------|
|                                |                  |  | A  |                    | B<br>d<br>d/a (%) | C<br>e<br>e/a (%) |            |
|                                |                  |  | A1<br>b<br>b/a (%)                         | A2<br>c<br>c/a (%) |                   |                   |            |
|                                |                  | a  |  |                    |                   |                   |            |
| Results of the previous survey | A                | A1   | 1,385<br>(100.0)                           | 1,127<br>(81.4)    | 245<br>(17.7)     | 13<br>(0.9)       | 0<br>(0.0) |
|                                |                  | A2   | 1,994<br>(100.0)                           | 317<br>(15.9)      | 1,610<br>(80.7)   | 67<br>(3.4)       | 0<br>(0.0) |
|                                | B                |  | 115<br>(100.0)                             | 4<br>(3.5)         | 31<br>(27.0)      | 80<br>(69.6)      | 0<br>(0.0) |
|                                | C                |  | 0<br>(0.0)                                 | 0<br>(0.0)         | 0<br>(0.0)        | 0<br>(0.0)        | 0<br>(0.0) |
|                                | No participation |  | 1,740<br>(100.0)                           | 780<br>(44.8)      | 876<br>(50.3)     | 84<br>(4.8)       | 0<br>(0.0) |
| Total                          |                  | 5,234<br>(100.0)                             | 2,228<br>(42.6)                            | 2,762<br>(52.8)    | 244<br>(4.7)      | 0<br>(0.0)        |            |

\*1 Upper figures show a previous diagnosis for the participants in this (the Age 25) survey whose results have been confirmed.

\*2 Upper figures show the breakdown of the Age 25 Survey participants who were diagnosed for each diagnostic class in the previous Survey. Lower figures are their proportion (%).

## 2.2 Results of the Confirmatory Examination

### 2.2-1 Progress report

Out of 244 eligible people, 168 (68.9%) participated, of whom 160 (95.2%) completed the whole procedure of the examination.

Of the foregoing 160 participants, 11 (A1 equivalent:1, A2 equivalent: 10) (6.9%) were confirmed to meet A1 or A2 diagnostic criteria by the Primary Examination standards (including those with thyroid diseases). The remaining 149 (93.1%) participants were confirmed to be non-equivalent to A1 or A2.

Table 4. Progress and results of the confirmatory examination

|                | Number of those requiring confirmatory exam<br>a | Participants<br>Proportion (%)<br>b (b/a) | Confirmatory exam coverage (%)<br>c (c/b) | Confirmed exam results |               |              |                 |
|----------------|--|---|---|------------------------|---------------|--------------|-----------------|
|                |  |   |   | A1<br>d (d/c)          | A2<br>e (e/c) | Not A1 or A2 |                 |
|                |  |   |   |                        |               | f (f/c)      | FNAC<br>g (g/f) |
| Born in FY1992 | 98   | 81 (82.7)                                 | 78 (96.3)                                 | 0 (0.0)                | 3 (3.8)       | 75 (96.2)    | 8 (10.7)        |
| Born in FY1993 | 102  | 84 (82.4)                                 | 80 (95.2)                                 | 0 (0.0)                | 7 (8.8)       | 73 (91.3)    | 5 (6.8)         |
| Born in FY1994 | 44   | 3 (6.8)                                   | 2 (66.7)                                  | 1 (50.0)               | 0 (0.0)       | 1 (50.0)     | 0 (0.0)         |
| Total          | 244  | 168 (68.9)                                | 160 (95.2)                                | 1 (0.6)                | 10 (6.3)      | 149 (93.1)   | 13 (8.7)        |

### 2.2-2 Results of fine needle aspiration cytology (FNAC)

Among those who underwent FNAC, 7 were diagnosed as having malignant or suspicious-for-malignancy nodules: 2 males and 5 females. Participants' age at the time of the confirmatory examination ranged from 24 to 27 years (mean age:  $25.3 \pm 1.0$  years). The minimum and maximum tumor diameters were 10.8 mm and 49.9 mm. Mean tumor diameter was  $22.6 \pm 15.6$  mm.

In the previous survey, 1 of these 7 participants had A2, 1 had B, and 5 did not participated.

Table 5. Results of FNAC

|  |  |
|--|--|
| Among those who underwent Thyroid Survey for Age 25: |  |
| • Malignant or suspicious for malignancy :           | 7 <sup>*)</sup>  |
| • Male to female ratio :                             | 2:5  |
| • Mean age (SD, min-max):                            | 25.3 (1.0, 24-27), 17.1 (0.7, 16-18) at the time of disaster |
| • Mean tumor size:                                   | 22.6 mm (15.6 mm, 10.8-49.9 mm)                              |

<sup>\*)</sup> Surgical cases are as shown in Appendix 2.

## 3 Mental Health Care

### 3.1 Support for Primary Examination Participants

Since April 2017, we offer person-to-person explanations to participants at public venues where primary examinations take place. After the examination, medical doctors explain the results, showing the ultrasound image in private consultation booths at the venue. As of 31 March 2020, 427 (99.8%) of 428 participants visited the consultation booths.

### 3.2 Support for Confirmatory Examination Participants

For participants of the confirmatory examination, a support team was set up within Fukushima Medical University to address their anxiety and concerns, as well as online support for Q&A and counseling.

Since the start of Age 25 Survey, 61 participants have received support as of 31 March 2020, including 14 males and 47 females. Support was provided to 124 in total. Of these, 61 (49.2%) received support at their first examination and 63 (50.8%) at subsequent examinations.

For those who have proceeded to the health insurance medical care, we continue to provide support in cooperation with the teams of medical staff at hospitals.

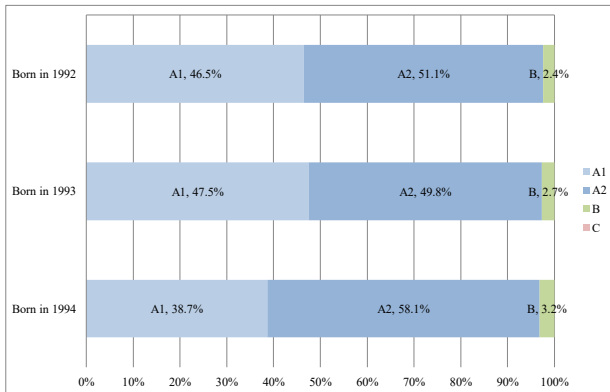
# Appendix 1

## 1 Thyroid ultrasound examination results by sex

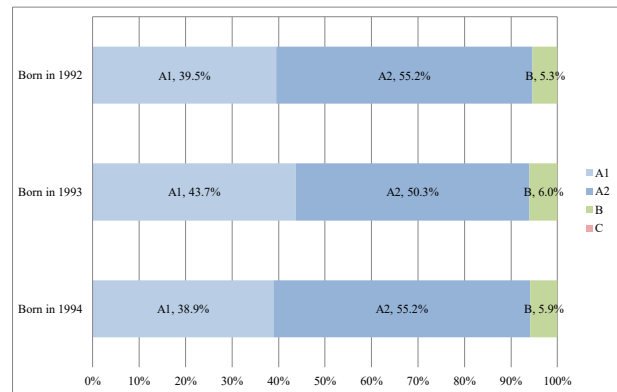
As of 31 March 2020

| Survey Population | Class/<br>Sex | A          |              |              |            |              |              | B         |            |            | C        |          |          | Total        |              |              |
|-------------------|---------------|------------|--------------|--------------|------------|--------------|--------------|-----------|------------|------------|----------|----------|----------|--------------|--------------|--------------|
|                   |               | A1         |              |              | A2         |              |              | Male      | Female     | Total      | Male     | Female   | Total    | Male         | Female       | Total        |
|                   |               | Male       | Female       | Total        | Male       | Female       | Total        |           |            |            |          |          |          |              |              |              |
| Born in FY1992    |               | 348        | 592          | 940          | 383        | 828          | 1,211        | 18        | 80         | 98         | 0        | 0        | 0        | 749          | 1,500        | 2,249        |
| Born in FY1993    |               | 337        | 605          | 942          | 353        | 697          | 1,050        | 19        | 83         | 102        | 0        | 0        | 0        | 709          | 1,385        | 2,094        |
| Born in FY1994    |               | 121        | 225          | 346          | 182        | 319          | 501          | 10        | 34         | 44         | 0        | 0        | 0        | 313          | 578          | 891          |
| <b>Total</b>      |               | <b>806</b> | <b>1,422</b> | <b>2,228</b> | <b>918</b> | <b>1,844</b> | <b>2,762</b> | <b>47</b> | <b>197</b> | <b>244</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>1,771</b> | <b>3,463</b> | <b>5,234</b> |

Test results by age group (Male)



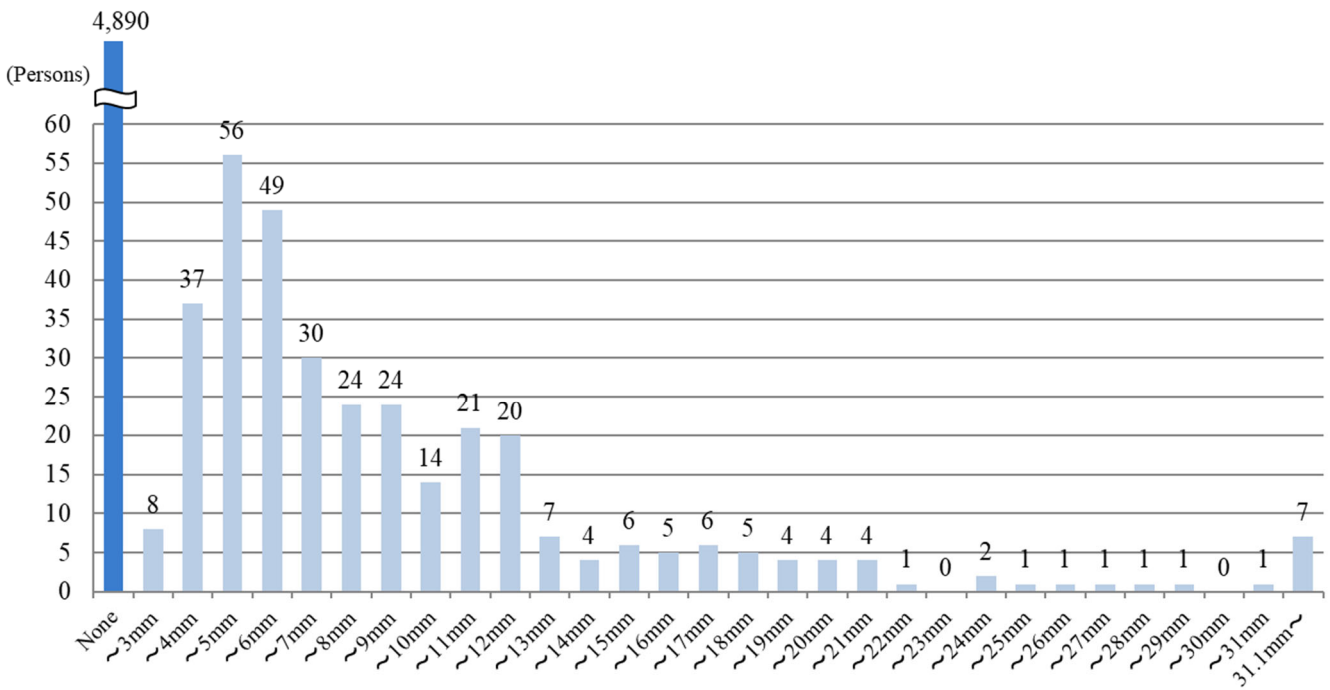
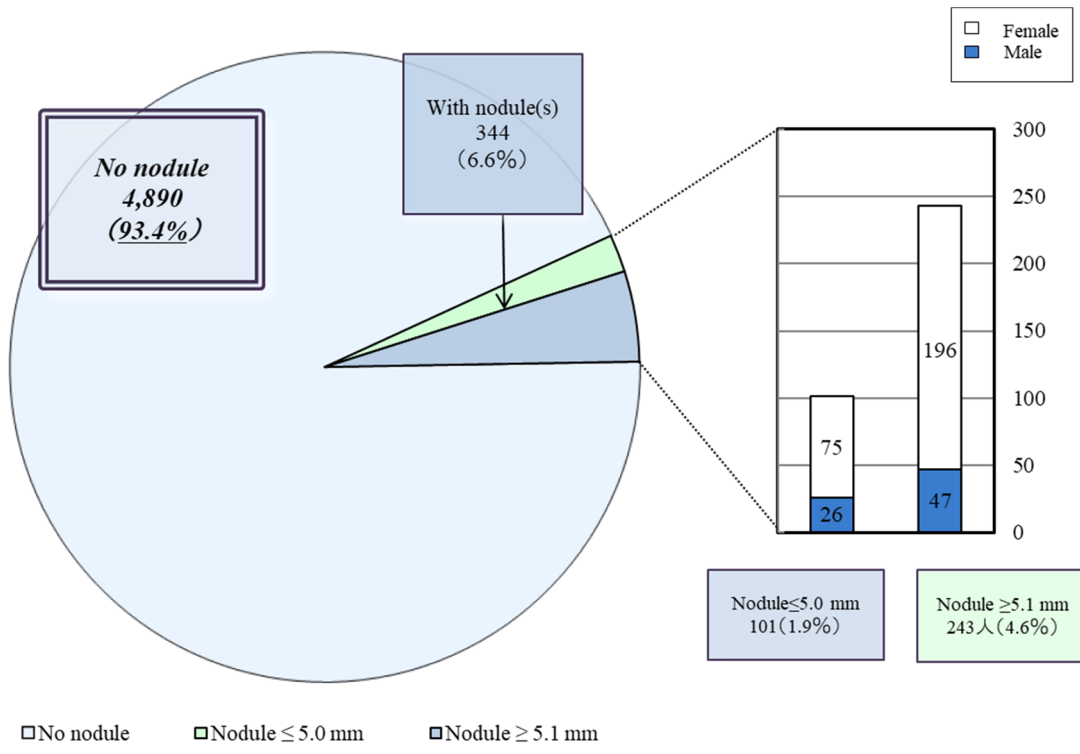
Test results by age group (Female)



## 2 Nodule characteristics

As of 31 March 2020

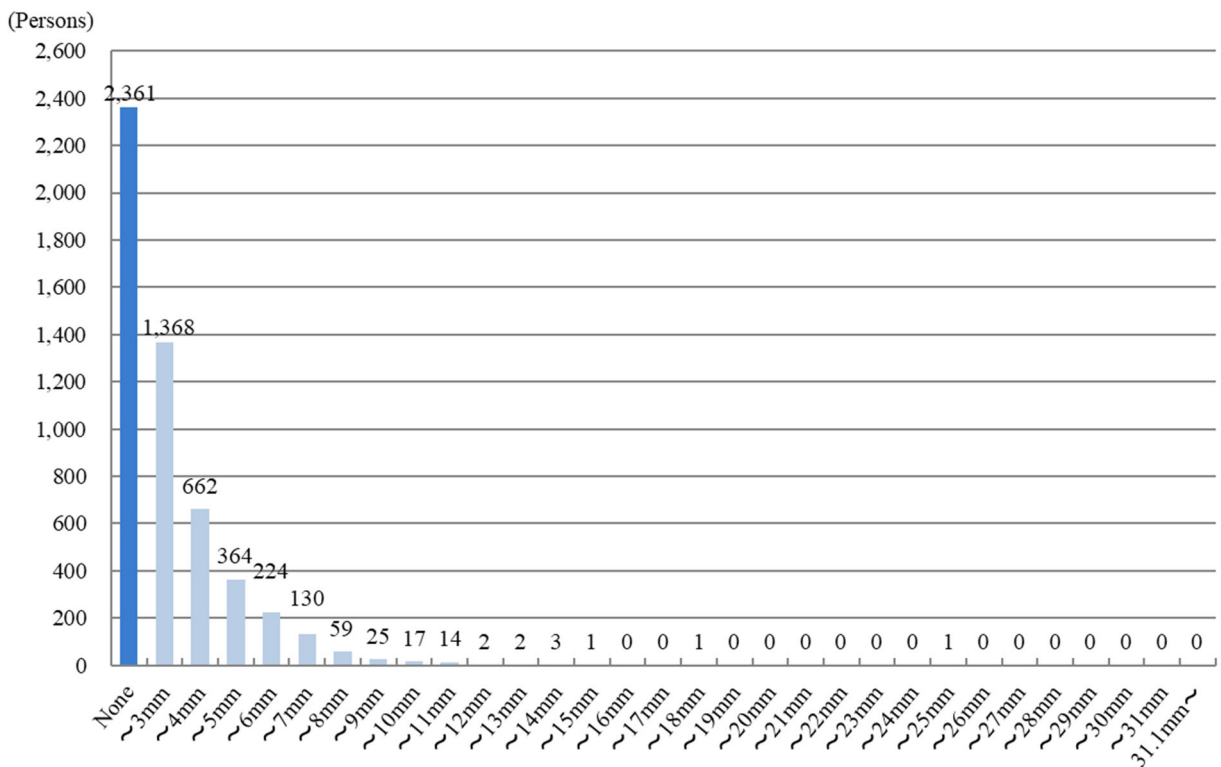
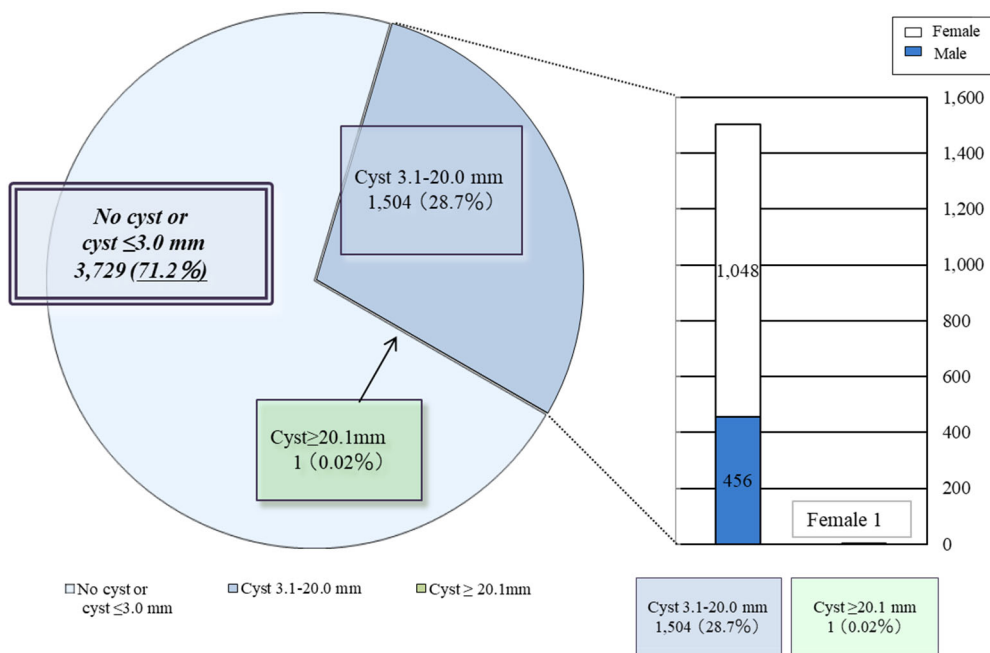
| Nodule size  | Total        | Gender       |              | Class | Proportion |
|--------------|--------------|--------------|--------------|-------|------------|
|              |              | Male         | Female       |       |            |
| None         | 4,890        | 1,698        | 3,192        | A1    | 93.4%      |
| ~3.0mm       | 8            | 1            | 7            | A2    | 1.9%       |
| 3.1~5.0mm    | 93           | 25           | 68           |       |            |
| 5.1~10.0mm   | 141          | 28           | 113          | B     | 4.6%       |
| 10.1~15.0mm  | 58           | 14           | 44           |       |            |
| 15.1~20.0mm  | 24           | 2            | 22           |       |            |
| 20.1~25.0mm  | 8            | 2            | 6            |       |            |
| 25.1mm~      | 12           | 1            | 11           |       |            |
| <b>Total</b> | <b>5,234</b> | <b>1,771</b> | <b>3,463</b> |       |            |



### 3 Cyst characteristics

As of 31 March 2020

| Cyst size    | Total        | Gender       |              | Class | Proportion |
|--------------|--------------|--------------|--------------|-------|------------|
|              |              | Male         | Female       |       |            |
| None         | 2,361        | 839          | 1,522        | A1    | 71.2%      |
| ~3.0mm       | 1,368        | 476          | 892          | A2    |            |
| 3.1~5.0mm    | 1,026        | 329          | 697          |       |            |
| 5.1~10.0mm   | 455          | 122          | 333          |       |            |
| 10.1~15.0mm  | 22           | 4            | 18           |       |            |
| 15.1~20.0mm  | 1            | 1            | 0            | B     | 0.02%      |
| 20.1~25.0mm  | 1            | 0            | 1            |       |            |
| 25.1mm~      | 0            | 0            | 0            |       |            |
| <b>Total</b> | <b>5,234</b> | <b>1,771</b> | <b>3,463</b> |       |            |



## Appendix 2

### Surgical cases for malignancy or suspicion of malignancy

Among those who underwent Thyroid Survey for Age 25:

- Malignant or suspicious for malignancy: 7 (4 surgical cases: 3 papillary thyroid carcinomas, 1 follicular thyroid carcinoma)