# Basic Survey (Radiation Dose Estimates) 

Reported on 20 February 2017

## 1. Response Rates and Radiation Dose Estimates

### 1.1 Response Rates of Residents

The overall effective response rate to the Basic Survey (radiation dose estimates), for the entire population of Fukushima Prefecture, was $27.5 \%(566,043$ of $2,055,305$ ) as of 31 December 2016. Among the respondents, 72,615 answered through the simplified questionnaire. (See Table 1.)
Table 2 shows the response rates by age group.

| Table 1 Response rates to the Basic Survey |  |  |  |
| :--- | :--- | ---: | ---: |
| As of 31 December 2016 |  |  |  |
| Responses | Original <br> questionnaire | 493,428 | $24.0 \%$ |
|  | Simplified <br> questionnaire* | 72,615 | $3.5 \%$ |
|  | Total | 566,043 | $27.5 \%$ |

*Preliminary figures
Fractions have been rounded.

## Table 2

Response rates by age group
As of 31 December 2016

| Age group (years) | $0-9$ | $10-19$ | $20-29$ | $30-39$ | $40-49$ | $50-59$ | $60-$ | Total |
| :---: | :--- | :---: | :---: | :---: | :---: | :---: | :--- | :--- |
| Response rate | $46.5 \%$ | $35.7 \%$ | $18.1 \%$ | $24.7 \%$ | $22.4 \%$ | $22.9 \%$ | $27.9 \%$ | $27.5 \%$ |

### 1.2 Radiation Dose Estimates

Doses have been estimated for 551,874 of 566,043 respondents ( $97.5 \%$ ) as of 31 December 2016, and results have been returned to 551,387 respondents. (See Table 3.)

| Table 3 | Response rates to the Basic Survey |  |  |  |  | As of 31 December 2016 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Area | Survey population | Responses | Response rate | Completed dose estimates | Proportion | Returned results | Proportion |
|  | a | b | c=b/a | d | $\mathrm{e}=\mathrm{d} / \mathrm{b}$ | f | $\mathrm{g}=\mathrm{f} / \mathrm{b}$ |
| Kempoku | 504,038 | 152,159 | 30.2\% | 149,233 | 98.1\% | 148,904 | 97.9\% |
| Kenchu | 557,218 | 136,235 | 24.4\% | 133,147 | 97.7\% | 133,087 | 97.7\% |
| Kennan | 152,228 | 35,131 | 23.1\% | 34,230 | 97.4\% | 34,222 | 97.4\% |
| Aizu | 267,202 | 57,790 | 21.6\% | 55,590 | 96.2\% | 55,577 | 96.2\% |
| Minami-aizu | 30,789 | 6,387 | 20.7\% | 6,078 | 95.2\% | 6,077 | 95.1\% |
| Soso | 195,591 | 90,058 | 46.0\% | 87,389 | 97.0\% | 87,322 | 97.0\% |
| Iwaki | 348,239 | 88,283 | 25.4\% | 86,207 | 97.6\% | 86,198 | 97.6\% |
| Total | 2,055,305 | 566,043 | 27.5\% | 551,874 | 97.5\% | 551,387 | 97.4\% |

Including areas covered by the initial survey of people in Yamakiya, Namie and litate.

* Table 3 provides a more detailed view of the responses summarized in Table 1.
* In case uncertainties in the action record of a questionnaire prevented a radiation dose estimate, further inquiry was made to facilitate an estimate. This supplemental effort has been proceeding as much as possible, but failure to make contact with residents has prevented around 13,500 dose estimates from being completed.

We have been estimating doses for non-residents who were visiting or staying in Fukushima Prefecture at the time of the accident. (See Table 4.)

| Table 4 | Table $4 \quad$ Response rates to the Basic Survey |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | (Visitors) |  |  |  | As of 31 December 2016 |  |
| Number of requests | Responses | Response rate c=b/a | Completed dose estimates | Proportion $e=d / b$ | Returned results |  |
| 3,984 | 2,227 | 55.9\% | 2,014 | 90.4\% | 2,007 | 90.1\% |

[^0]
## 2. Results of Radiation Dose Estimates

Table 5 shows a breakdown of completed dose estimates (from Table 3), excluding cases of data covering less than four months.

Radiation doses for a total of 473,196 residents have been estimated to date. The results for 464,012 respondents (excluding radiation workers) suggest that the doses for about $87 \%$ of the respondents in Kempoku area and about $92 \%$ in Kenchu area were $<2 \mathrm{mSv}$. The doses for approximately $88 \%$ of the respondents in Kennan area and more than $99 \%$ of those in Aizu and Minami-aizu areas were $<1 \mathrm{mSv}$. Doses for about $77 \%$ of respondents in the Soso area and more than $99 \%$ of respondents in Iwaki were also <1 mSv.


## 3. Evaluation of the results

The latest effective radiation dose estimates showed similar trends to those observed so far.
Since previous epidemiological studies ${ }^{1}$ indicate no significant health effects at doses $\leq 100 \mathrm{mSv}$, we concluded that radiation doses estimated so far are unlikely to cause adverse effects on health, although this conclusion is based on external radiation doses estimated only for the first four months following the accident.

## Reference

1) Sources and effects of ionizing radiation, United Nations Scientific Committee on the Effects of Atomic Radiation, UNSCEAR 2008 Report to the General Assembly, with scientific annexes.


Appendix
Response rates to the Basic Survey by district

|  |  | le surveys |  |  |  |  | As of 31 Dec | ember 2016 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Area | District | Survey population <br> a | Responses <br> b | Response rate $\mathrm{c}=\mathrm{b} / \mathrm{a}$ | Completed dose estimates d |  | Returned results | Proportion $g=f / b$ |
| Kempoku | Fukushima | 295,643 | 93,852 | 31.7\% | 92,335 | 98.4\% | 92,121 | 98.2\% |
|  | Nihonmatsu | 60,857 | 16,912 | 27.8\% | 16,546 | 97.8\% | 16,536 | 97.8\% |
|  | Date | 67,577 | 18,283 | 27.1\% | 17,816 | 97.4\% | 17,761 | 97.1\% |
|  | Motomiya | 31,761 | 9,104 | 28.7\% | 8,935 | 98.1\% | 8,927 | 98.1\% |
|  | Kori | 13,207 | 3,883 | 29.4\% | 3,774 | 97.2\% | 3,770 | 97.1\% |
|  | Kunimi | 10,316 | 3,028 | 29.4\% | 2,940 | 97.1\% | 2,935 | 96.9\% |
|  | Kawamata | 15,885 | 5,175 | 32.6\% | 5,009 | 96.8\% | 4,983 | 96.3\% |
|  | Otama | 8,792 | 1,922 | 21.9\% | 1,878 | 97.7\% | 1,871 | 97.3\% |
|  | Subtotal | 504,038 | 152,159 | 30.2\% | 149,233 | 98.1\% | 148,904 | 97.9\% |
| Kenchu | Koriyama | 339,705 | 86,782 | 25.5\% | 85,018 | 98.0\% | 84,998 | 97.9\% |
|  | Sukagawa | 80,157 | 17,151 | 21.4\% | 16,714 | 97.5\% | 16,711 | 97.4\% |
|  | Tamura | 41,723 | 10,547 | 25.3\% | 10,191 | 96.6\% | 10,156 | 96.3\% |
|  | Kagamiishi | 13,109 | 2,887 | 22.0\% | 2,824 | 97.8\% | 2,824 | 97.8\% |
|  | Tenei | 6,470 | 1,229 | 19.0\% | 1,198 | 97.5\% | 1,198 | 97.5\% |
|  | Ishikawa | 17,488 | 4,202 | 24.0\% | 4,100 | 97.6\% | 4,100 | 97.6\% |
|  | Tamakawa | 7,337 | 1,500 | 20.4\% | 1,452 | 96.8\% | 1,452 | 96.8\% |
|  | Hirata | 7,053 | 1,655 | 23.5\% | 1,599 | 96.6\% | 1,599 | 96.6\% |
|  | Asakawa | 7,163 | 1,508 | 21.1\% | 1,473 | 97.7\% | 1,472 | 97.6\% |
|  | Furudono | 6,319 | 1,309 | 20.7\% | 1,274 | 97.3\% | 1,274 | 97.3\% |
|  | Miharu | 18,993 | 4,860 | 25.6\% | 4,763 | 98.0\% | 4,763 | 98.0\% |
|  | Ono | 11,701 | 2,605 | 22.3\% | 2,541 | 97.5\% | 2,540 | 97.5\% |
|  | Subtotal | 557,218 | 136,235 | 24.4\% | 133,147 | 97.7\% | 133,087 | 97.7\% |
| Kennan | Shirakawa | 65,428 | 16,058 | 24.5\% | 15,644 | 97.4\% | 15,639 | 97.4\% |
|  | Nishigo | 20,089 | 4,977 | 24.8\% | 4,858 | 97.6\% | 4,857 | 97.6\% |
|  | Izumizaki | 6,931 | 1,381 | 19.9\% | 1,341 | 97.1\% | 1,340 | 97.0\% |
|  | Nakajima | 5,306 | 1,001 | 18.9\% | 976 | 97.5\% | 976 | 97.5\% |
|  | Yabuki | 18,341 | 4,092 | 22.3\% | 3,982 | 97.3\% | 3,982 | 97.3\% |
|  | Tanagura | 15,384 | 3,026 | 19.7\% | 2,961 | 97.9\% | 2,961 | 97.9\% |
|  | Yamatsuri | 6,491 | 1,464 | 22.6\% | 1,415 | 96.7\% | 1,415 | 96.7\% |
|  | Hanawa | 10,062 | 2,313 | 23.0\% | 2,262 | 97.8\% | 2,261 | 97.8\% |
|  | Samegawa | 4,196 | 819 | 19.5\% | 791 | 96.6\% | 791 | 96.6\% |
|  | Subtotal | 152,228 | 35,131 | 23.1\% | 34,230 | 97.4\% | 34,222 | 97.4\% |
| Aizu | Aizuwakamatsu | 127,817 | 29,596 | 23.2\% | 28,624 | 96.7\% | 28,621 | 96.7\% |
|  | Kitakata | 53,199 | 11,055 | 20.8\% | 10,628 | 96.1\% | 10,623 | 96.1\% |
|  | Kitashiobara | 3,276 | 607 | 18.5\% | 584 | 96.2\% | 584 | 96.2\% |
|  | Nishiaizu | 7,725 | 1,453 | 18.8\% | 1,351 | 93.0\% | 1,351 | 93.0\% |
|  | Bandai | 3,888 | 793 | 20.4\% | 775 | 97.7\% | 774 | 97.6\% |
|  | Inawashiro | 16,271 | 3,647 | 22.4\% | 3,515 | 96.4\% | 3,514 | 96.4\% |
|  | Aizubange | 17,881 | 3,261 | 18.2\% | 3,117 | 95.6\% | 3,114 | 95.5\% |
|  | Yugawa | 3,513 | 713 | 20.3\% | 680 | 95.4\% | 680 | 95.4\% |
|  | Yanaizu | 4,077 | 719 | 17.6\% | 687 | 95.5\% | 687 | 95.5\% |
|  | Mishima | 2,031 | 373 | 18.4\% | 339 | 90.9\% | 339 | 90.9\% |
|  | Kaneyama | 2,544 | 629 | 24.7\% | 573 | 91.1\% | 573 | 91.1\% |
|  | Showa | 1,569 | 354 | 22.6\% | 327 | 92.4\% | 327 | 92.4\% |
|  | Aizumisato | 23,411 | 4,590 | 19.6\% | 4,390 | 95.6\% | 4,390 | 95.6\% |
|  | Subtotal | 267,202 | 57,790 | 21.6\% | 55,590 | 96.2\% | 55,577 | 96.2\% |
| Minami-aizu | Shimogo | 6,650 | 1,251 | 18.8\% | 1,191 | 95.2\% | 1,191 | 95.2\% |
|  | Hinoemata | 614 | 142 | 23.1\% | 133 | 93.7\% | 133 | 93.7\% |
|  | Tadami | 5,030 | 1,143 | 22.7\% | 1,081 | 94.6\% | 1,081 | 94.6\% |
|  | Minami-aizu | 18,495 | 3,851 | 20.8\% | 3,673 | 95.4\% | 3,672 | 95.4\% |
|  | Subtotal | 30,789 | 6,387 | 20.7\% | 6,078 | 95.2\% | 6,077 | 95.1\% |
| Soso | Soma | 37,363 | 13,294 | 35.6\% | 12,775 | 96.1\% | 12,768 | 96.0\% |
|  | Minami-soma | 70,011 | 30,232 | 43.2\% | 29,472 | 97.5\% | 29,443 | 97.4\% |
|  | Hirono | 5,164 | 2,219 | 43.0\% | 2,140 | 96.4\% | 2,138 | 96.3\% |
|  | Naraha | 7,963 | 4,184 | 52.5\% | 4,022 | 96.1\% | 4,020 | 96.1\% |
|  | Tomioka | 15,750 | 8,619 | 54.7\% | 8,411 | 97.6\% | 8,405 | 97.5\% |
|  | Kawauchi | 2,996 | 1,539 | 51.4\% | 1,487 | 96.6\% | 1,487 | 96.6\% |
|  | Okuma | 11,473 | 6,080 | 53.0\% | 5,860 | 96.4\% | 5,860 | 96.4\% |
|  | Futaba | 7,051 | 3,949 | 56.0\% | 3,845 | 97.4\% | 3,843 | 97.3\% |
|  | Namie | 21,335 | 12,968 | 60.8\% | 12,670 | 97.7\% | 12,660 | 97.6\% |
|  | Katsurao | 1,541 | 824 | 53.5\% | 768 | 93.2\% | 768 | 93.2\% |
|  | Shinchi | 8,356 | 2,706 | 32.4\% | 2,606 | 96.3\% | 2,604 | 96.2\% |
|  | litate | 6,588 | 3,444 | 52.3\% | 3,333 | 96.8\% | 3,326 | 96.6\% |
|  | Subtotal | 195,591 | 90,058 | 46.0\% | 87,389 | 97.0\% | 87,322 | 97.0\% |
| Iwaki | Iwaki | 348,239 | 88,283 | 25.4\% | 86,207 | 97.6\% | 86,198 | 97.6\% |
| Total |  | 2,055,305 | 566,043 | 27.5\% | 551,874 | 97.5\% | 551,387 | 97.4\% |

Estimated external radiation doses in the first four months (from 11 March through 11 July)

## Initial and full-scale surveys

As of 31 December 2016
Estimated external radiation doses by region

| EffectiveDose$(\mathrm{mSv})$ | Total | Excluding radiation workers | Byregion |  |  |  |  |  |  | Proportion (\%) excluding radiation workers |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Kempoku | Kenchu | Kennan | Aizu | Mnami-aizu | Soso | maki |  |  |  |
| <1 | 294,229 | 288,511 | 24,931 | 58,139 | 25,954 | 45,699 | 4,947 | 55,783 | 73,058 | 62.2 | 93.8 | 99.8 |
| 1-2 | 149,242 | 146,899 | 83,750 | 46,064 | 3,421 | 308 | 36 | 12,688 | 632 | 31.7 |  |  |
| 2-3 | 26,009 | 25,636 | 15,694 | 8,182 | 17 | 25 | 0 | 1,688 | 30 | 5.5 | 5.8 |  |
| 3-4 | 1,575 | 1,495 | 472 | 423 | 0 | 1 | 0 | 595 | 4 | 0.3 |  |  |
| 4-5 | 551 | 505 | 40 | 5 | 0 | 0 | 0 | 459 | 1 | 0.1 | 0.2 |  |
| 5-6 | 441 | 389 | 19 | 3 | 0 | 0 | 0 | 366 | 1 | 0.1 |  | 0.2 |
| 6-7 | 268 | 230 | 10 | 1 | 0 | 1 | 0 | 218 | 0 | 0.0 | 0.1 |  |
| 7-8 | 155 | 116 | 1 | 0 | 0 | 0 | 0 | 115 | 0 | 0.0 |  |  |
| 8-9 | 118 | 78 | 1 | 0 | 0 | 0 | 0 | 77 | 0 | 0.0 | 0.0 |  |
| 9-10 | 72 | 41 | 0 | 0 | 0 | 0 | 0 | 41 | 0 | 0.0 |  |  |
| 10-11 | 69 | 36 | 0 | 0 | 0 | 0 | 0 | 36 | 0 | 0.0 | 0.0 | 0.0 |
| 11-12 | 52 | 30 | 1 | 0 | 0 | 0 | 0 | 29 | 0 | 0.0 |  |  |
| 12-13 | 37 | 13 | 0 | 0 | 0 | 0 | 0 | 13 | 0 | 0.0 | 0.0 |  |
| 13-14 | 36 | 12 | 0 | 0 | 0 | 0 | 0 | 12 | 0 | 0.0 |  |  |
| 14-15 | 27 | 6 | 0 | 0 | 0 | 0 | 0 | 6 | 0 | 0.0 | 0.0 |  |
| $\geq 15$ | 315 | 15 | 0 | 0 | 0 | 0 | 0 | 15 | 0 | 0.0 | 0.0 | 0.0 |
| Total | 473,196 | 464,012 | 124,919 | 112,817 | 29,392 | 46,034 | 4,983 | 72,141 | 73,726 | 100.0 | 100.0 | 100.0 |
| Max | 66 | 25 | 11 | 6.3 | 2.6 | 6.0 | 1.9 | 25 | 5.9 |  |  |  |
| Mean value | 0.9 | 0.8 | 1.4 | 1.0 | 0.6 | 0.2 | 0.1 | 0.8 | 0.3 |  |  |  |
| Median | 0.6 | 0.6 | 1.4 | 0.9 | 0.5 | 0.2 | 0.1 | 0.5 | 0.3 |  |  |  |

Percentages have been rounded and may not total to 100\%.


## Estimated external radiation doses by age group (excluding radiation workers)

| $\begin{gathered} \text { Effective } \\ \text { Dose } \\ (\mathrm{mSv}) \end{gathered}$ | Age at the time of the disaster (years) |  |  |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0-9 | 10-19 | 20-29 | 30-39 | 40-49 | 50-59 | 60-69 | 70-79 | 80 |  |
| <1 | 48,010 | 44,480 | 21,278 | 34,173 | 28,577 | 32,843 | 36,305 | 25,718 | 17,127 | 288,511 |
| 1-2 | 22,970 | 21,662 | 10,117 | 18,279 | 16,630 | 18,535 | 19,487 | 12,285 | 6,934 | 146,899 |
| 2-3 | 6,437 | 4,256 | 1,135 | 2,337 | 2,243 | 2,970 | 3,423 | 1,995 | 840 | 25,636 |
| 3-4 | 250 | 157 | 81 | 158 | 153 | 230 | 233 | 164 | 69 | 1,495 |
| 4-5 | 19 | 47 | 35 | 39 | 75 | 95 | 81 | 76 | 38 | 505 |
| 5-6 | 14 | 13 | 29 | 34 | 46 | 86 | 73 | 66 | 28 | 389 |
| 6-7 | 3 | 6 | 10 | 22 | 24 | 45 | 52 | 47 | 21 | 230 |
| 7-8 | 4 | 4 | 8 | 9 | 13 | 35 | 22 | 14 | 7 | 116 |
| 8-9 | 2 | 6 | 2 | 7 | 8 | 16 | 16 | 12 | 9 | 78 |
| 9-10 | 0 | 1 | 2 | 3 | 3 | 12 | 11 | 5 | 4 | 41 |
| 10-11 | 1 | 1 | 1 | 2 | 6 | 11 | 5 | 6 | 3 | 36 |
| 11-12 | 0 | 0 | 1 | 3 | 0 | 5 | 8 | 11 | 2 | 30 |
| 12-13 | 0 | 0 | 0 | 0 | 1 | 6 | 4 | 1 | 1 | 13 |
| 13-14 | 0 | 0 | 1 | 1 | 1 | 4 | 3 | 2 | 0 | 12 |
| 14-15 | 0 | 0 | 0 | 0 | 0 | 3 | 3 | 0 | 0 | 6 |
| $\geq 15$ | 0 | 0 | 0 | 0 | 3 | 3 | 6 | 1 | 2 | 15 |
| Total | 77,710 | 70,633 | 32,700 | 55,067 | 47,783 | 54,899 | 59,732 | 40,403 | 25,085 | 464,012 |

Estimated external radiation doses by sex (excluding radiation workers)

| Effective Dose ( mSv ) | By sex |  |  |  | Total | Proportion (\%) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Proportion (\%) | Female | Proportion (\%) |  |  |
| <1 | 128,766 | 60.6 | 159,745 | 63.5 | 288,511 | 62.2 |
| 1-2 | 68,077 | 32.0 | 78,822 | 31.3 | 146,899 | 31.7 |
| 2-3 | 13,920 | 6.5 | 11,716 | 4.7 | 25,636 | 5.5 |
| 3-4 | 951 | 0.4 | 544 | 0.2 | 1,495 | 0.3 |
| 4-5 | 282 | 0.1 | 223 | 0.1 | 505 | 0.1 |
| 5-6 | 199 | 0.1 | 190 | 0.1 | 389 | 0.1 |
| 6-7 | 130 | 0.1 | 100 | 0.0 | 230 | 0.0 |
| 7-8 | 64 | 0.0 | 52 | 0.0 | 116 | 0.0 |
| 8-9 | 49 | 0.0 | 29 | 0.0 | 78 | 0.0 |
| 9-10 | 24 | 0.0 | 17 | 0.0 | 41 | 0.0 |
| 10-11 | 22 | 0.0 | 14 | 0.0 | 36 | 0.0 |
| 11-12 | 16 | 0.0 | 14 | 0.0 | 30 | 0.0 |
| 12-13 | 6 | 0.0 | 7 | 0.0 | 13 | 0.0 |
| 13-14 | 8 | 0.0 | 4 | 0.0 | 12 | 0.0 |
| 14-15 | 3 | 0.0 | 3 | 0.0 | 6 | 0.0 |
| $\geq 15$ | 12 | 0.0 | 3 | 0.0 | 15 | 0.0 |
| Total | 212,529 | 100.0 | 251,483 | 100.0 | 464,012 | 100.0 |

Percentages have been rounded and may not total to $100 \%$.

## Estimated external radiation doses by region in the first four months (from 11 March through 11 July) excluding radiation workers

| Area/region |  | Effective Doses ( mSv ) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | <1 | 1-2 | 2-3 | 3-4 | 4-5 | 5-6 | 6-7 | 7-8 | 8-9 | 9-10 | 10-11 | 11-12 | 12-13 | 13-14 | 14-15 | $\geq 15$ |  |
| Kempoku | Fukushima | 16,171 | 52,556 | 9,376 | 151 | 13 | 10 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 78,281 |
|  | Nihonmatsu | 1,318 | 8,662 | 3,530 | 90 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 13,601 |
|  | Date | 4,385 | 9,074 | 1,135 | 147 | 8 | 2 | 3 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 14,756 |
|  | Motomiya | 745 | 5,458 | 1,257 | 24 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 7,485 |
|  | Kori | 315 | 2,751 | 66 | 2 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 3,135 |
|  | Kunimi | 967 | 1,436 | 12 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 2,415 |
|  | Kawamata | 639 | 2,750 | 185 | 56 | 17 | 6 | 3 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 3,657 |
|  | Otama | 391 | 1,063 | 133 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1,589 |
| Kempoku Subtotal |  | 24,931 | 83,750 | 15,694 | 472 | 40 | 19 | 10 | 1 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 124,919 |
| Kenchu | Koriyama | 23,946 | 40,538 | 7,735 | 413 | 5 | 3 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 72,641 |
|  | Sukagawa | 10,747 | 3,187 | 334 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 14,272 |
|  | Tamura | 7,673 | 681 | 24 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 8,381 |
|  | Kagamishi | 2,337 | 74 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 2,411 |
|  | Tenei | 395 | 573 | 57 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1,026 |
|  | Ishikawa | 3,165 | 38 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 3,204 |
|  | Tamakawa | 1,175 | 18 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1,196 |
|  | Hirata | 1,292 | 34 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1,326 |
|  | Asakawa | 1,212 | 15 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1,227 |
|  | Furudono | 1,059 | 14 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1,075 |
|  | Miharu | 3,117 | 809 | 24 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 3,952 |
|  | Ono | 2,021 | 83 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 2,106 |
| Kenchu Subtotal |  | 58,139 | 46,064 | 8,182 | 423 | 5 | 3 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 112,817 |
| Kennan | Shirakawa | 12,293 | 1,269 | 9 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 13,571 |
|  | Nishigo | 2,224 | 1,970 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 4,196 |
|  | Izumizaki | 1,102 | 21 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1,124 |
|  | Nakajima | 823 | 12 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 836 |
|  | Yabuki | 3,347 | 79 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 3,427 |
|  | Tanagura | 2,524 | 28 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 2,555 |
|  | Yamatsuri | 1,139 | 9 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1,148 |
|  | Hanawa | 1,852 | 23 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1,875 |
|  | Samegawa | 650 | 10 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 660 |
| Kennan Subtotal |  | 25,954 | 3,421 | 17 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 29,392 |
| Aizu | Aizuwakamatsu | 23,631 | 160 | 13 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 23,805 |
|  | Kitakata | 8,888 | 56 | 3 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 8,948 |
|  | Kitashiobara | 475 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 479 |
|  | Nishiaizu | 1,012 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1,014 |
|  | Bandai | 654 | 9 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 664 |
|  | Inawashiro | 2,840 | 30 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 2,873 |
|  | Aizubange | 2,613 | 15 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 2,628 |
|  | Yugawa | 579 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 583 |
|  | Yanaizu | 544 | 3 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 548 |
|  | Mishima | 246 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 246 |
|  | Kaneyama | 405 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 408 |
|  | Showa | 245 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 246 |
|  | Aizumisato | 3,567 | 22 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 3,592 |
| Aizu Subtotal |  | 45,699 | 308 | 25 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 46,034 |
| Minami-aizu | Shimogo | 961 | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 966 |
|  | Hinoemata | 103 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 103 |
|  | Tadami | 874 | 5 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 879 |
|  | Minami-aizu | 3,009 | 26 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 3,035 |
| Minami-aizu Subtotal |  | 4,947 | 36 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 4,983 |
| Soso | Soma | 10,009 | 458 | 87 | 20 | 5 | 0 | 0 | 0 | 0 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 10,581 |
|  | Minami-soma | 19,115 | 6,221 | 513 | 99 | 35 | 3 | 7 | 4 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 25,999 |
|  | Hirono | 1,836 | 58 | 2 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1,898 |
|  | Naraha | 3,393 | 131 | 13 | 2 | 0 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 3,541 |
|  | Tomioka | 5,826 | 1,102 | 98 | 18 | 3 | 2 | 0 | 3 | 2 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 7,055 |
|  | Kawauchi | 962 | 350 | 16 | 1 | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1,332 |
|  | Okuma | 3,370 | 1,284 | 112 | 17 | 6 | 4 | 4 | 3 | 0 | 2 | 2 | 1 | 0 | 4 | 0 | 1 | 4,810 |
|  | Futaba | 2,671 | 468 | 77 | 18 | 6 | 4 | 3 | 6 | 2 | 1 | 0 | 2 | 0 | 0 | 0 | 2 | 3,260 |
|  | Namie | 5,739 | 2,117 | 383 | 68 | 40 | 17 | 12 | 13 | 9 | 6 | 11 | 7 | 5 | 4 | 3 | 8 | 8,442 |
|  | Katsurao | 502 | 162 | 24 | 4 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 693 |
|  | Shinchi | 2,174 | 20 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 2,194 |
|  | litate | 186 | 317 | 363 | 348 | 364 | 333 | 189 | 85 | 62 | 30 | 23 | 17 | 8 | 4 | 3 | 4 | 2,336 |
| Soso Subtotal |  | 55,783 | 12,688 | 1,688 | 595 | 459 | 366 | 218 | 115 | 77 | 41 | 36 | 29 | 13 | 12 | 6 | 15 | 72,141 |
| Iwaki lwaki |  | 73,058 | 632 | 30 | 4 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 73,726 |
| Total |  | 288,511 | 146,899 | 25,636 | 1,495 | 505 | 389 | 230 | 116 | 78 | 41 | 36 | 30 | 13 | 12 | 6 | 15 | 464,012 |
|  |  | 62.2 | 31.7 | 5.5 | 0.3 | 0.1 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 |
| Proportion (\%) |  | 93.8 |  | 5.8 |  | 0.2 |  | 0.1 |  | 0.0 |  | 0.0 |  | 0.0 |  | 0.0 |  | 100.0 |
|  |  | 99.8 |  |  |  |  | 0.2 |  |  |  |  | 0.0 |  |  |  |  | 0.0 | 100.0 |
|  | Visitors | 1,455 | 271 | 18 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 1,747 |
| Total | I+Visitors | 289,966 | 147,170 | 25,654 | 1,497 | 505 | 389 | 230 | 116 | 78 | 41 | 36 | 30 | 13 | 12 | 6 | 16 | 465,759 |

[^1]
# Report of Second-Round Thyroid Ultrasound Examinations (First Full-Scale Thyroid Screening Program) 

Reported on 20 February 2017

## 1. Summary

### 1.1 Purpose

In order to monitor the long-term health of children, we are now engaged in a Full-Scale Thyroid Screening Program (second round), to assess the condition of their thyroid glands following first round Preliminary Baseline Screening.

### 1.2 Group

Residents of Fukushima Prefecture including visitors who were born between 2 April 1992 and 1 April 2011 (Preliminary Baseline Screening), and those who were born between 2 April 2011 and 1 April 2012.

### 1.3 Implementation Period

Full-scale Screening started 2 April 2014 and proceeded for two years.
Thereafter we will repeat the examination every two years until the age of 20 , and every five years afterwards. We will endeavor to make sure they do not let more than five years pass between the exams through age 25 .

### 1.4 Responsible Organizations

Fukushima Prefecture commissioned Fukushima Medical University (FMU) to conduct the survey in cooperation with institutions inside and outside Fukushima.

As of 31 December 2016, we provide the primary examination at 58 medical institutions under contract, and try to have more institutions inside Fukushima Prefecture.
One hundred five institutions outside Fukushima Prefecture have agreed to cooperate as of 31 December 2016.
The confirmatory examination has been conducted in Koriyama and Iwaki in Fukushima Prefecture from July 2013, Aizuwakamatsu from August 2014, Date from October 2016, and several institutions outside Fukushima Prefecture from November 2013. There are 36 institutions that provide the examination as of 31 December 2016.

### 1.5 Method

## 1.5-1 Primary Examination

We use ultrasonography for examination of the thyroid gland.
Assessments are made by specialists on the basis of the following criteria.
-Diagnostic Criteria (A)
Those with A1 and A2 test results are recommended for watchful waiting until they undergo the next screening starting from April 2016.
A1: No nodules / cysts
A2: Nodules $\leq 5.0 \mathrm{~mm}$ or cysts $\leq 20.0 \mathrm{~mm}$

## -Diagnostic Criteria (B)

Those with B test results are advised to take the confirmatory examination.
B: Nodules $\geq 5.1 \mathrm{~mm}$ or cysts $\geq 20.1 \mathrm{~mm}$
Some A2 test results may be re-classified as B results when clinically indicated.

## -Diagnostic Criteria (C)

Those with C test results are advised to take the confirmatory examination.
C : Immediate need for confirmatory examination.

## 1.5-2 Confirmatory Examination

We conduct ultrasonography, blood test, urine test, and fine-needle aspiration cytology (FNAC) if needed for those with B or C test results. Priority is given to those in urgent clinical need.

## 1.5-3 Flow chart



Fig. 1 Flow chart

### 1.6 Target Municipalities

## $\square$ <br> 25 target municipalities for FY 2014



Fig. 2 Target Municipalities

## 2. Results as of 31 December 2016

### 2.1 Results of Primary Examination

## 2.1-1 Progress Report

The Primary Examination started 2 April 2014, and the participation rate is $70.9 \%(270,489$ of 381,282$)$ from 59 municipalities ( 25 municipalities in FY 2014, and 34 in FY 2015). (See Appendix 1 and 2.)
The results have been returned to $100.0 \%(270,468)$ of the participants. (See Appendix 3.)
Those with A1 or A2 test results were 268,242 ( $99.2 \%$ ), B were $2,226(0.8 \%)$, and C was 0 .

Table 1. Screening test coverage as of 31 December 2016

|  | Survey Population <br> a | Participants |  | Proportion (\%)$\mathrm{c}(\mathrm{c} / \mathrm{b})$ | Test results |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Proportion (\%) <br> b (b/a) | Screened outside Fukushima |  | Class (\%) |  |  |  |
|  |  |  |  |  | A |  | Requiring confirmatory test |  |
|  |  |  |  |  | A1 d (d/c) | A2 e (e/c) | B f (f/c) | Cg (g/c) |
| FY 2014 | 216,876 | 159,148 (73.4) | 11,407 | 159,136 ( 100.0) | 66,433 (41.7) | 91,396 (57.4) | 1,307 (0.8) | 0 (0.0) |
| FY 2015 | 164,406 | 111,341 (67.7) | 4,224 | 111,332 ( 100.0) | 42,255 (38.0) | 68,158 (61.2) | 919 (0.8) | 0 (0.0) |
| Total | 381,282 | 270,489 (70.9) | 15,631 | 270,468 ( 100.0) | 108,688 (40.2) | 159,554 (59.0) | 2,226 (0.8) | 0 (0.0) |

Table 2. Number and proportion of children with nodules/cysts as of 31 December 2016

|  | Number of confirmed screening results | Number and proportion of children with nodules/cysts |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Nodules |  | Cysts |  |
|  |  | $\begin{gathered} \geq 5.1 \mathrm{~mm} \\ \mathrm{~b}(\mathrm{~b} / \mathrm{a}) \end{gathered}$ | $\begin{gathered} \leq 5.0 \mathrm{~mm} \\ \mathrm{c}(\mathrm{c} / \mathrm{a}) \end{gathered}$ | $\begin{gathered} \geq 20.1 \mathrm{~mm} \\ \mathrm{~d}(\mathrm{~d} / \mathrm{a}) \end{gathered}$ | $\begin{gathered} \leq 20.0 \mathrm{~mm} \\ \mathrm{e}(\mathrm{e} / \mathrm{a}) \end{gathered}$ |
| FY 2014 | 159,136 | 1,303 (0.8) | 1,007 (0.6) | 2 (0.0) | 91,812 (57.7) |
| FY 2015 | 111,332 | 915 (0.8) | 563 (0.5) | 4 (0.0) | 68,520 (61.5) |
| Total | 270,468 | 2,218 (0.8) | 1,570 (0.6) | 6 (0.0) | 160,332 (59.3) |

[^2]In the case of residents age 25 with no prior visits for the First Full-Scale Thyroid Screening, they are added to the number of participants, so the numbers are expected to increase.

## 2.1-2 Participation rates by age group

Participation rate of age group 18-21 (as of 1 April 2014) in target municipalities for FY 2014 was $27.8 \%$, which was lower than other age groups.
Participation rate of age group 18-22 (as of 1 April 2015) in target municipalities for FY 2015 was $23.4 \%$, which was lower than other age groups.
Participation rate of the age group of 18 and older in target municipalities for FY 2014 and FY 2015 in total was 25.7 \%, which was lower than other age groups.

Table 3. Participation rates in target municipalities by age group
As of 31 December 2016

|  |  | Total | Age group (years) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| FY 2014 target municipalities | Age group (years) |  | 2-7 | 8-12 | 13-17 | 18-21 |
|  | Survey population (a) | 216,876 | 56,485 | 53,374 | 57,781 | 49,236 |
|  | Participants (b) | 159,148 | 45,329 | 49,783 | 50,338 | 13,698 |
|  | Proportion (\%) (b/a) | 73.4 | 80.2 | 93.3 | 87.1 | 27.8 |
| FY 2015 target municipalities | Age group (years) |  | 3-7 | 8-12 | 13-17 | 18-22 |
|  | Survey population (a) | 164,406 | 33,763 | 38,762 | 44,020 | 47,861 |
|  | Participants (b) | 111,341 | 25,837 | 36,189 | 38,106 | 11,209 |
|  | Proportion (\%) (b/a) | 67.7 | 76.5 | 93.4 | 86.6 | 23.4 |
| Total | Survey population (a) | 381,282 | 90,248 | 92,136 | 101,801 | 97,097 |
|  | Participants (b) | 270,489 | 71,166 | 85,972 | 88,444 | 24,907 |
|  | Proportion (\%) (b/a) | 70.9 | 78.9 | 93.3 | 86.9 | 25.7 |

## 2.1-3 Comparison with the Preliminary Baseline Screening (Initial Screening)

Among 245,296 participants who were diagnosed as A1 or A2 in the Preliminary Baseline Screening, 243,964 ( $99.5 \%$ ) had A1 or A2 results, and 1,332 ( $0.5 \%$ ) were diagnosed as B from the Full-scale Survey.
Among 1,369 participants who were diagnosed as B in the Preliminary Baseline Screening, 638 ( $46.6 \%$ ) had A1 or A2 results, and 731 (53.4\%) were diagnosed as B from the Full-scale Thyroid Screening Program.

| Table 4. Comparison with the Pre |  |  | ry Baseline Scre | As of 31 December 2016 |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Number of testresults of thePreliminary BaselineScreening* (\%)a | Results of the Full-scale Thyroid Screening |  |  |  |
|  |  |  | A |  | $\begin{gathered} C \\ \mathrm{e} \\ \mathrm{e} / \mathrm{a}(\%) \\ \hline \end{gathered}$ |
|  |  |  | A1 b $\mathrm{b} / \mathrm{a}(\%)$ |  |  | A 2 c $\mathrm{c} / \mathrm{a}(\%)$ |
| Results of the <br> Preliminary <br> Baseline <br> Screening | A | A1 |  | $\begin{gathered} \hline 125,908 \\ (100.0) \end{gathered}$ | $\begin{aligned} & 83,478 \\ & (66.3) \end{aligned}$ | $\begin{aligned} & \hline 42,037 \\ & (33.4) \end{aligned}$ | $\begin{gathered} \hline 393 \\ (0.3) \end{gathered}$ | $\begin{gathered} 0 \\ (0.0) \end{gathered}$ |
|  |  | A2 |  | $\begin{gathered} 119,388 \\ (100.0) \\ \hline \end{gathered}$ | $\begin{gathered} 11,495 \\ (9.6) \\ \hline \end{gathered}$ | $\begin{gathered} 106,954 \\ (89.6) \end{gathered}$ | $\begin{gathered} 939 \\ (0.8) \\ \hline \end{gathered}$ | $\begin{gathered} 0 \\ (0.0) \end{gathered}$ |
|  | B |  | $\begin{gathered} \hline 1,369 \\ (100.0) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 108 \\ (7.9) \\ \hline \end{gathered}$ | $\begin{gathered} 530 \\ (38.7) \end{gathered}$ | $\begin{gathered} 731 \\ (53.4) \end{gathered}$ | $\begin{gathered} 0 \\ (0.0) \\ \hline \end{gathered}$ |
|  | C |  | $\begin{gathered} \hline 0 \\ (0.0) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 0 \\ (0.0) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 0 \\ (0.0) \\ \hline \end{gathered}$ | $\begin{gathered} \hline 0 \\ (0.0) \\ \hline \end{gathered}$ | $\begin{gathered} 0 \\ (0.0) \\ \hline \end{gathered}$ |
|  | Non-participants |  | $\begin{aligned} & 23,803 \\ & (100.0) \end{aligned}$ | $\begin{aligned} & 13,607 \\ & (57.2) \end{aligned}$ | $\begin{aligned} & 10,033 \\ & (42.2) \end{aligned}$ | $\begin{gathered} \hline 163 \\ (0.7) \end{gathered}$ | $\begin{gathered} \hline 0 \\ (0.0) \end{gathered}$ |
| Total |  |  | $\begin{gathered} \hline 270,468 \\ (100.0) \end{gathered}$ | $\begin{gathered} 108,688 \\ (40.2) \end{gathered}$ | $\begin{gathered} 159,554 \\ (59.0) \end{gathered}$ | $\begin{aligned} & 2,226 \\ & (0.8) \\ & \hline \end{aligned}$ | $\begin{gathered} \hline 0 \\ (0.0) \end{gathered}$ |

[^3]
### 2.2 Results of Confirmatory Examination

## 2.2-1 Progress Report

The number of those who required further testing (started in June 2014) was 2,226, of whom 1,770 (79.5\%) underwent confirmatory testing. Among them, 1,681 ( $95.0 \%$ ) have completed the tests. (See Appendix 5.)
Of 1,681 participants, 405 (A1 and A2 results from Table 5) were found to be back within the range of A1 and A2, and were advised to take their next regularly scheduled examination ( $24.1 \%$ ).
Those who require 6- or 12-month follow-up provided by health insurance were 1,276 (75.9\%).
Table 5. Confirmatory testing coverage and results as of 31 December 2016

|  | Number of those requiring confirmatory test | Participants <br> Proportion (\%) <br> b (b/a) | Confirmatory test coverage (\%) <br> c (c/b) | Confirmed test results |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Next screening advised |  | Follow-up advised |  |
|  |  |  |  | $\begin{array}{r} \mathrm{A} 1 \\ \mathrm{~d}(\mathrm{~d} / \mathrm{c}) \end{array}$ | $\begin{array}{r} \mathrm{A} 2 \\ \mathrm{e}(\mathrm{e} / \mathrm{c}) \end{array}$ | f (f/c) | Cytology $\mathrm{g}(\mathrm{~g} / \mathbf{f})$ |
| FY 2014 | 1,307 | 1,085 (83.0) | 1,050 ( 96.8) | 37 (3.5) | 241 (23.0) | 772 (73.5) | 149 (19.3) |
| FY 2015 | 919 | 685 (74.5) | 631 (92.1) | 20 (3.2) | 107 (17.0) | 504 (79.9) | 46 (9.1) |
| Total | 2,226 | 1,770 (79.5) | 1,681 (95.0) | 57 (3.4) | 348 (20.7) | 1,276 (75.9) | 195 (15.3) |

Those confirmed within the range of A1 and A2 (including those with other thyroid conditions) were advised to take their next regularly scheduled examination.

Those who require 6- or 12-month follow-up provided by health insurance and those beyond the specified level of A2 were categorized as "Follow-up advised."

## 2.2-2 Results of Fine Needle Aspiration Biopsy and Cytology (FNAC)

Among those who underwent FNAC, 69 had nodules classified as suspicious or malignant.
Thirty-one of them were male, and 38 were female. Age at the time of the confirmatory testing ranged from 9 to 23 years (mean age: $16.9 \pm 3.3$ years). The minimum and maximum tumor size was 5.3-35.6 mm in diameter. Mean tumor diameter was $11.0 \pm 5.6 \mathrm{~mm}$.

Results from the Preliminary Baseline Screening show that 63 of the 69 participants were categorized as A (A1: 32; A2: 31), 5 as B and one other had no record.

Table 6. Results of FNAC
Target municipalities in FY 2014

| Suspicious or malignant | $52 *$ |
| :--- | :--- |
| Male to female ratio | $21: 31$ |
| Mean age (SD, min-max) | $17.3(3.2,10-23)$ |
|  | $13.2(3.1,6-18)$ at the time of the disaster |
| Mean tumor size | $9.4 \mathrm{~mm}(3.1 \mathrm{~mm}, 5.3-17.4 \mathrm{~mm})$ |

Target municipalities in FY 2015

| Suspicious or malignant | $17 *$ |
| :--- | :--- |
| Male to female ratio | $10: 7$ |
| Mean age (SD, min-max) | $15.9(3.6,9-21)$ |
|  | $11.1(3.3,5-16)$ at the time of the disaster |
| Mean tumor size | $16.0 \mathrm{~mm}(8.3 \mathrm{~mm}, 5.7-35.6 \mathrm{~mm})$ |

Target municipalities in FY 2014-2015

| Suspicious or malignant | $69 *$ |
| :--- | :--- |
| Male to female ratio | $31: 38$ |
| Mean age (SD, min-max) | $16.9(3.3,9-23)$ |
|  | $12.7(3.3,5-18)$ at the time of the disaster |
| Mean tumor size | $11.0 \mathrm{~mm}(5.6 \mathrm{~mm}, 5.3-35.6 \mathrm{~mm})$ |

* See Appendix 6 for details.
2.2-3 Suspicious or malignant cases per FNAC by age and sex


The horizontal axis begins at -1 to include residents of Fukushima Prefecture born between 2 April 2011 and 1 April 2012.

Fig. 3 Age as of 11 March 2011


Fig. 4 Age as the date of confirmatory examination

## 2.2-4 Suspicious or malignant cases per FNAC by estimated radiation dose

Thirty-six ( $52.2 \%$ ) of the 69 people participated in the Basic Survey (radiation dose estimates), and 36 received the results. The highest effective dose documented was 2.1 mSv .

Table 7. A breakdown of dose estimates for participants of the Basic Survey
As of 31 December 2016

| Effective dose (mSv) | Age at the time of the disaster |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0-5 |  | 6-10 |  | 11-15 |  | 16-18 |  | Total |  |
|  | Male | Female | Male | Female | Male | Female | Male | Female | Male | Female |
| $<1$ | 0 | 0 | 4 | 1 | 3 | 5 | 2 | 0 | 9 | 6 |
| 1-1.9 | 0 | 0 | 0 | 1 | 4 | 4 | 3 | 4 | 7 | 9 |
| 2-4.9 | 0 | 0 | 1 | 0 | 0 | 2 | 1 | 1 | 2 | 3 |
| 5-9.9 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 10-19.9 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 220 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Total | 0 | 0 | 5 | 2 | 7 | 11 | 6 | 5 | 18 | 18 |

Estimates are based on effective external radiation doses.


Fig. 5 Effective dose of the respondents
2.2-5 Blood and urinary iodine test results as of 31 December 2016

Table 8. Blood test results Mean $\pm$ SD (Abnormal value)

|  | FT4 1) <br> $(\mathrm{ng} / \mathrm{dL})$ | FT32) <br> $(\mathrm{pg} / \mathrm{mL})$ | TSH3) <br> $(\mu \mathrm{IU} / \mathrm{mL})$ | Tg 4) <br> $(\mathrm{ng} / \mathrm{mL})$ | TgAb 5) <br> $(\mathrm{IU/mL})$ | TPOAb 6) <br> $(\mathrm{IU} / \mathrm{mL})$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Reference Range | $0.95-1.747)$ | $2.13-4.077)$ | $0.340-3.8807)$ | $<32.7$ | -16.0 |  |
| 69 suspicious or malignant | $1.2 \pm 0.2(4.3 \%)$ | $3.5 \pm 0.4(2.9 \%)$ | $1.6 \pm 1.0(11.6 \%)$ | $43.7 \pm 110.6(20.3 \%)$ | $-(23.2 \%)$ | $-(9.5 \%)$ |
| Other 1,610 | $1.2 \pm 0.2(7.3 \%)$ | $3.5 \pm 0.7(6.4 \%)$ | $1.3 \pm 0.9(8.1 \%)$ | $28.5 \pm 137.9(13.7 \%)$ | $-(8.5 \%)$ |  |

Table 9. Urinary iodine ( $\mu \mathrm{g} /$ day)

|  | Minimum | 25th percentile | Median | 75th percentile |  |
| :---: | ---: | ---: | ---: | ---: | ---: |
| 69 suspicious or malignant | 43 | 124.5 | 190 | 437.5 | 183 |
| Other 1,604 | 17 | 116.3 | 357 |  |  |

1) FT4: Free Thyroxine; higher among patients with thyrotoxicosis (representative disease: Graves' disease) and lower with hypothyroidism (representative disease: Hashimoto's thyroiditis).
2) FT3: Free Triiodothyronine; higher among patients with thyrotoxicosis (representative disease: Graves' disease) and lower with hypothyroidism (representative disease: Hashimoto's thyroiditis).
3) TSH: Thyroid Stimulating Hormone; higher among patients with Hashimoto's disease and lower with Graves' disease.
4) Tg : Thyroglobulin; higher when thyroid tissue is destroyed or when thyroid cancer produces thyroglobulin.

Laboratory reference range revised to $\leq 33.7 \mathrm{ng} / \mathrm{mL}$ as of 30 March 2015.
5) TgAb: Anti-Thyroglobulin Antibody; higher among patients with Hashimoto's disease and Graves' disease.
6) TPOAb: Anti-Thyroid Peroxidase Antibody; higher among patients with Hashimoto's disease or Graves' disease.
7) Reference range differs according to age.

## 2.2-6 Confirmatory test results by municipality as of 31 December 2016

The proportion of suspicious or malignant diagnoses was $0.03 \%$ in FY 2014 target municipalities (13 municipalities in the nationally designated evacuation zones and 12 towns of the Kempoku area), $0.02 \%$ in FY 2015 target municipalities ( 34 towns of Iwaki, the Kennan and Aizu areas).

Table 10.
Confirmatory test results by municipality in FY 2014

|  | Number of those <br> screened | Participants who <br> required <br> confirmatory <br> test | Proportion who <br> required <br> confirmatory <br> test $(\%)$ | Number who <br> underwent <br> confirmatory <br> test | Suspicious or <br> malignant cases | Proportion of <br> suspicious or <br> malignant cases <br> $(\%)$ |
| :---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Kawamata | 1,763 | 23 | 1.3 | 20 | 0 | 0.00 |
| Namie | 2,510 | 28 | 1.1 | 22 | 2 | 0.08 |
| Iitate | 765 | 14 | 1.8 | 11 | 0 | 0.00 |
| Minami-soma | 8,908 | 81 | 0.9 | 70 | 4 | 0.04 |
| Date | 9,111 | 86 | 0.9 | 78 | 7 | 0.08 |
| Tamura | 5,006 | 51 | 1.0 | 43 | 2 | 0.04 |
| Hirono | 680 | 9 | 1.3 | 9 | 0 | 0.00 |
| Naraha | 1,001 | 5 | 0.5 | 5 | 0 | 0.00 |
| Tomioka | 2,002 | 25 | 1.2 | 21 | 0 | 0.00 |
| Kawauchi | 213 | 2 | 0.9 | 2 | 0 | 0.00 |
| Okuma | 1,758 | 16 | 0.9 | 15 | 2 | 0.11 |
| Futaba | 685 | 2 | 0.3 | 1 | 0 | 0.00 |
| Katsurao | 150 | 2 | 1.3 | 2 | 0 | 0.00 |
| Fukushima | 42,700 | 349 | 0.8 | 296 | 10 | 0.02 |
| Nihonmatsu | 7,885 | 59 | 0.7 | 51 | 1 | 0.01 |
| Motomiya | 4,809 | 31 | 0.6 | 26 | 3 | 0.06 |
| Otama | 1,264 | 6 | 0.5 | 6 | 0 | 0.00 |
| Koriyama | 48,042 | 365 | 0.8 | 295 | 18 | 0.04 |
| Kori | 1,635 | 14 | 0.9 | 10 | 1 | 0.06 |
| Kunimi | 1,240 | 9 | 0.7 | 8 | 0 | 0.00 |
| Tenei | 793 | 11 | 1.4 | 6 | 0 | 0.00 |
| Shirakawa | 9,667 | 63 | 0.7 | 49 | 1 | 0.01 |
| Nishigo | 3,178 | 28 | 0.9 | 21 | 1 | 0.03 |
| Izumizaki | 997 | 4 | 0.4 | 3 | 0 | 0.00 |
| Miharu | 2,386 | 24 | 1.0 | 15 | 0 | 0.00 |
| Subtotal | 159,148 | 1,307 | 0.8 | 1,085 | 52 | 0.03 |

Confirmatory test results by municipality in FY 2015


### 2.3 Mental Health Care

2.3-1 Support for participants of primary examination

Summary support results from the First and Second Full-Scale Thyroid Screening Programs are aggregated into the Report of Third-Round Thyroid Ultrasound Examinations.

## 2.3-2 Support for participants of confirmatory examination

Summary support results from the First and Second Full-Scale Thyroid Screening Programs are aggregated into the Report of Third-Round Thyroid Ultrasound Examinations.

## Appendix 1

Thyroid Ultrasound Examination (TUE) coverage by municipality


| As of 31 December 2016 |  |
| :---: | :---: |
| Participants <br> living outside <br> Fukushima |  |
| Proportion (\%) |  |
| c | $\mathrm{c} / \mathrm{b}$ |



| 74 | 4.2 |
| :---: | :---: |
| 794 | 31.6 |
| 49 | 6.4 |
| 1,890 | 21.2 |
| 375 | 4.1 |
| 149 | 3.0 |
| 100 | 14.7 |
| 145 | 14.5 |
| 490 | 24.5 |
| 22 | 10.3 |
| 442 | 25.1 |
| 266 | 38.8 |
| 12 | 8.0 |
| 3,028 | 7.1 |
| 326 | 4.1 |
| 180 | 3.7 |
| 38 | 3.0 |
| 3,878 | 8.1 |
| 57 | 3.5 |
| 45 | 3.6 |
| 29 | 3.7 |
| 407 | 4.2 |
| 148 | 4.7 |
| 21 | 2.1 |
| 71 | 3.0 |
| 13,036 | 8.2 |

1) Number of participants. 2) Number of participants in the age group/Number of participants.
2) Number of participants who underwent the test outside Fukushima, as of 30 November 2016 .

Fractions have been rounded and may not total to $100 \%$. Ages are at the time when the participants underwent the testing.

| Survey Population | Participants |  | Proportion (\%) | Number and proportion of participants by age group |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | b | Screened outside Fukushima 3) |  |  |  |  |  |
| a |  |  | b/a | 2-7 | 8-12 | 13-17 | $\geq 18$ |

Screening coverage by municipality in FY 2015

| Iwaki | 64,309 | 45,252 | 2,244 | 70.4 | 8,299 | 14,274 | 15,528 | 7,151 |
| :---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |


| Iwaki |  |
| :---: | :--- |
| Sukagawa |  |
| Soma |  |
|  |  |


| Kagamiishi | 2,705 | 1,978 |  |
| :---: | ---: | ---: | ---: |
| Shinchi | 1,476 | 1,037 |  |

## Appendix 2

Thyroid Ultrasound Examination (TUE) coverage by prefecture

| Prefecture | Number of test venues | Participants* | Prefecture | Number of test venues | Participants* | Prefecture | Number of test venues | Participants* |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Hokkaido | 6 | 415 | Fukui | 1 | 20 | Hiroshima | 1 | 42 |
| Aomori | 1 | 179 | Yamanashi | 2 | 147 | Yamaguchi | 1 | 20 |
| Iwate | 3 | 361 | Nagano | 2 | 157 | Tokushima | 1 | 11 |
| Miyagi | 2 | 2,936 | Gifu | 1 | 37 | Kagawa | 1 | 22 |
| Akita | 1 | 281 | Shizuoka | 2 | 135 | Ehime | 1 | 17 |
| Yamagata | 3 | 808 | Aichi | 3 | 245 | Kochi | 1 | 14 |
| Ibaraki | 4 | 896 | Mie | 1 | 37 | Fukuoka | 3 | 89 |
| Tochigi | 7 | 908 | Shiga | 1 | 27 | Saga | 1 | 15 |
| Gunma | 2 | 266 | Kyoto | 3 | 124 | Nagasaki | 2 | 36 |
| Saitama | 2 | 782 | Osaka | 7 | 272 | Kumamoto | 1 | 29 |
| Chiba | 4 | 835 | Hyogo | 1 | 142 | Oita | 1 | 35 |
| Tokyo | 12 | 2,661 | Nara | 2 | 31 | Miyazaki | 1 | 36 |
| Kanagawa | 5 | 1,374 | Wakayama | 1 | 8 | Kagoshima | 1 | 26 |
| Niigata | 2 | 907 | Tottori | 1 | 10 | Okinawa | 1 | 81 |
| Toyama | 1 | 25 | Shimane | 1 | 6 |  |  |  |
| Ishikawa | 1 | 61 | Okayama | 3 | 65 | Total | 105 | 15,631 |

* Participants who underwent testing at venues outside Fukushima carried out either by Fukushima Medical University staff (once in Niigata and Yamagata, Saitama, Chiba, and twice in Kanagawa) or by local specialists.


## Appendix 3

| Results of primary examination by municipality |  |  |  |  |  |  |  | As of 31 December 2016 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Confirmed results b | Number by test results |  |  |  | Nodules |  | Cysts |  |
| Participants |  | Proportion (\%) |  |  |  |  |  |  |  |
|  | $\begin{gathered} \text { Proportion (\%) } \\ \text { b/a (\%) } \\ \hline \end{gathered}$ | A |  | B | C | Proportion(\%) |  | Proportion (\%) |  |
| a |  | A1 | A2 |  |  | $\geq 5.1 \mathrm{~mm}$ | $\leq 5.0 \mathrm{~mm}$ | $\geq 20.1 \mathrm{~mm}$ | $\leq 20.0$ mm |

Screening coverage by municipality in FY 2014

| Kawamata | 1,763 | 1,763 | 779 | 961 | 23 | 0 | 22 | 13 | 1 | 972 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 100.0 | 44.2 | 54.5 | 1.3 | 0.0 | 1.2 | 0.7 | 0.1 | 55.1 |
| Namie | 2,510 | 2,508 | 1,023 | 1,457 | 28 | 0 | 28 | 18 | 0 | 1,467 |
|  |  | 99.9 | 40.8 | 58.1 | 1.1 | 0.0 | 1.1 | 0.7 | 0.0 | 58.5 |
| Iitate | 765 | 765 | 360 | 391 | 14 | 0 | 14 | 3 | 0 | 396 |
|  |  | 100.0 | 47.1 | 51.1 | 1.8 | 0.0 | 1.8 | 0.4 | 0.0 | 51.8 |
| Minami-soma | 8,908 | 8,908 | 3,815 | 5,012 | 81 | 0 | 81 | 62 | 0 | 5,037 |
|  |  | 100.0 | 42.8 | 56.3 | 0.9 | 0.0 | 0.9 | 0.7 | 0.0 | 56.5 |
| Date | 9,111 | 9,111 | 3,958 | 5,067 | 86 | 0 | 86 | 69 | 0 | 5,092 |
|  |  | 100.0 | 43.4 | 55.6 | 0.9 | 0.0 | 0.9 | 0.8 | 0.0 | 55.9 |
| Tamura | 5,006 | 5,006 | 2,050 | 2,905 | 51 | 0 | 51 | 30 | 0 | 2,924 |
|  |  | 100.0 | 41.0 | 58.0 | 1.0 | 0.0 | 1.0 | 0.6 | 0.0 | 58.4 |
| Hirono | 680 | 680 | 286 | 385 | 9 | 0 | 9 | 6 | 0 | 385 |
|  |  | 100.0 | 42.1 | 56.6 | 1.3 | 0.0 | 1.3 | 0.9 | 0.0 | 56.6 |
| Naraha | 1,001 | 1,001 | 418 | 578 | 5 | 0 | 5 | 8 | 0 | 578 |
|  |  | 100.0 | 41.8 | 57.7 | 0.5 | 0.0 | 0.5 | 0.8 | 0.0 | 57.7 |
| Tomioka | 2,002 | 2,002 | 820 | 1,157 | 25 | 0 | 25 | 19 | 0 | 1,166 |
|  |  | 100.0 | 41.0 | 57.8 | 1.2 | 0.0 | 1.2 | 0.9 | 0.0 | 58.2 |
| Kawauchi | 213 | 213 | 69 | 142 | 2 | 0 | 2 | 1 | 0 | 143 |
|  |  | 100.0 | 32.4 | 66.7 | 0.9 | 0.0 | 0.9 | 0.5 | 0.0 | 67.1 |
| Okuma | 1,758 | 1,758 | 760 | 982 | 16 | 0 | 16 | 12 | 0 | 985 |
|  |  | 100.0 | 43.2 | 55.9 | 0.9 | 0.0 | 0.9 | 0.7 | 0.0 | 56.0 |
| Futaba | 685 | 685 | 283 | 400 | 2 | 0 | 2 | 7 | 0 | 399 |
|  |  | 100.0 | 41.3 | 58.4 | 0.3 | 0.0 | 0.3 | 1.0 | 0.0 | 58.2 |
| Katsurao | 150 | 150 | 74 | 74 | 2 | 0 | 2 | 1 | 0 | 74 |
|  |  | 100.0 | 49.3 | 49.3 | 1.3 | 0.0 | 1.3 | 0.7 | 0.0 | 49.3 |
| Fukushima | 42,700 | 42,696 | 18,066 | 24,281 | 349 | 0 | 347 | 265 | 0 | 24,407 |
|  |  | 100.0 | 42.3 | 56.9 | 0.8 | 0.0 | 0.8 | 0.6 | 0.0 | 57.2 |
| Nihonmatsu | 7,885 | 7,885 | 3,436 | 4,390 | 59 | 0 | 59 | 55 | 0 | 4,400 |
|  |  | 100.0 | 43.6 | 55.7 | 0.7 | 0.0 | 0.7 | 0.7 | 0.0 | 55.8 |
| Motomiya | 4,809 | 4,809 | 2,090 | 2,688 | 31 | 0 | 31 | 20 | 0 | 2,698 |
|  |  | 100.0 | 43.5 | 55.9 | 0.6 | 0.0 | 0.6 | 0.4 | 0.0 | 56.1 |
| Otama | 1,264 | 1,264 | 568 | 690 | 6 | 0 | 6 | 8 | 0 | 690 |
|  |  | 100.0 | 44.9 | 54.6 | 0.5 | 0.0 | 0.5 | 0.6 | 0.0 | 54.6 |
| Koriyama | 48,042 | 48,037 | 19,248 | 28,424 | 365 | 0 | 365 | 280 | 0 | 28,540 |
|  |  | 100.0 | 40.1 | 59.2 | 0.8 | 0.0 | 0.8 | 0.6 | 0.0 | 59.4 |
| Kori | 1,635 | 1,635 | 703 | 918 | 14 | 0 | 14 | 11 | 0 | 921 |
|  |  | 100.0 | 43.0 | 56.1 | 0.9 | 0.0 | 0.9 | 0.7 | 0.0 | 56.3 |
| Kunimi | 1,240 | 1,240 | 492 | 739 | 9 | 0 | 8 | 10 | 1 | 740 |
|  |  | 100.0 | 39.7 | 59.6 | 0.7 | 0.0 | 0.6 | 0.8 | 0.1 | 59.7 |
| Tenei | 793 | 793 | 328 | 454 | 11 | 0 | 11 | 11 | 0 | 462 |
|  |  | 100.0 | 41.4 | 57.3 | 1.4 | 0.0 | 1.4 | 1.4 | 0.0 | 58.3 |
| Shirakawa | 9,667 | 9,666 | 4,161 | 5,442 | 63 | 0 | 63 | 50 | 0 | 5,461 |
|  |  | 100.0 | 43.0 | 56.3 | 0.7 | 0.0 | 0.7 | 0.5 | 0.0 | 56.5 |
| Nishigo | 3,178 | 3,178 | 1,356 | 1,794 | 28 | 0 | 28 | 25 | 0 | 1,802 |
|  |  | 100.0 | 42.7 | 56.5 | 0.9 | 0.0 | 0.9 | 0.8 | 0.0 | 56.7 |
| Izumizaki | 997 | 997 | 369 | 624 | 4 | 0 | 4 | 10 | 0 | 624 |
|  |  | 100.0 | 37.0 | 62.6 | 0.4 | 0.0 | 0.4 | 1.0 | 0.0 | 62.6 |
| Miharu | 2,386 | 2,386 | 921 | 1,441 | 24 | 0 | 24 | 13 | 0 | 1,449 |
|  |  | 100.0 | 38.6 | 60.4 | 1.0 | 0.0 | 1.0 | 0.5 | 0.0 | 60.7 |
| Subtotal | 159,148 | 159,136 | 66,433 | 91,396 | 1,307 | 0 | 1,303 | 1,007 | 2 | 91,812 |
|  |  | 100.0 | 41.7 | 57.4 | 0.8 | 0.0 | 0.8 | 0.6 | 0.0 | 57.7 |

Fractions have been rounded and may not total to $100 \%$.

| Results of primary examination by municipality |  |  |  |  |  |  |  |  | As of 31 December 2016 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Participants | $\begin{gathered} \text { Confirmed } \\ \text { results } \\ \text { b } \\ \hline \end{gathered}$ | Number by test results |  |  |  | Nodules |  | Cysts |  |
|  |  |  | Proportion (\%) |  |  |  |  |  |  |  |
|  |  | $\begin{array}{\|c} \hline \text { Proportion }(\%) \\ \text { b/a }(\%) \\ \hline \end{array}$ | A |  | B | C | Proportion (\%) |  | Proportion (\%) |  |
|  |  |  | A1 | A2 |  |  | $\geq 5.1 \mathrm{~mm}$ | $\leq 5.0 \mathrm{~mm}$ | $\geq 20.1$ mm | $\leq 20.0 \mathrm{~mm}$ |

Screening coverage by municipality in FY 2015


| Iwaki |
| :---: |
| Sukagawa |
| Soma |
| Kagamiishi |


| Kagamiishi |
| :---: |
| Shinchi |
| Nakajima |
| Yabuki |


| Yabuki |
| :---: |
| Ishikawa |
| Yamatsuri |
| Asakawa |


| Hirata |
| :---: |
| Tanagura |
| Hanawa |
| Samegawa |
| Ono |


| Ono |
| :---: |
| Tamakawa |
| Furudono |
| Hinoemata |


| Hinoemata |
| :---: |
| Minami-aizu |
| Kaneyama |
| Showa |


| Showa | 93 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 100.0 | 38.7 | 61.3 | 0.0 | 0.0 | 0.0 | 1.1 | 0.0 | 61.3 |
| Mishima | 121 | 121 | 27 | 93 | 1 | 0 | 1 | 0 | 0 | 94 |
|  |  | 100.0 | 22.3 | 76.9 | 0.8 | 0.0 | 0.8 | 0.0 | 0.0 | 77.7 |
| Shimogo | 614 | 614 | 250 | 360 | 4 | 0 | 4 | 3 | 0 | 362 |
|  |  | 100.0 | 40.7 | 58.6 | 0.7 | 0.0 | 0.7 | 0.5 | 0.0 | 59.0 |
| Kitakata | 5,727 | 5,727 | 2,126 | 3,557 | 44 | 0 | 44 | 23 | 0 | 3,581 |
|  |  | 100.0 | 37.1 | 62.1 | 0.8 | 0.0 | 0.8 | 0.4 | 0.0 | 62.5 |
| Nishiaizu | 654 | 654 | 288 | 361 | 5 | 0 | 5 | 5 | 0 | 361 |
|  |  | 100.0 | 44.0 | 55.2 | 0.8 | 0.0 | 0.8 | 0.8 | 0.0 | 55.2 |
| Tadami | 458 | 458 | 176 | 275 | 7 | 0 | 7 | 2 | 0 | 278 |
|  |  | 100.0 | 38.4 | 60.0 | 1.5 | 0.0 | 1.5 | 0.4 | 0.0 | 60.7 |
| Inawashiro | 1,730 | 1,730 | 689 | 1,029 | 12 | 0 | 12 | 9 | 0 | 1,036 |
|  |  | 100.0 | 39.8 | 59.5 | 0.7 | 0.0 | 0.7 | 0.5 | 0.0 | 59.9 |
| Bandai | 401 | 401 | 157 | 240 | 4 | 0 | 4 | 1 | 0 | 243 |
|  |  | 100.0 | 39.2 | 59.9 | 1.0 | 0.0 | 1.0 | 0.2 | 0.0 | 60.6 |
| Kitashiobara | 377 | 377 | 143 | 232 | 2 | 0 | 2 | 2 | 0 | 232 |
|  |  | 100.0 | 37.9 | 61.5 | 0.5 | 0.0 | 0.5 | 0.5 | 0.0 | 61.5 |
| Aizumisato | 2,538 | 2,538 | 1,009 | 1,508 | 21 | 0 | 21 | 10 | 0 | 1,516 |
|  |  | 100.0 | 39.8 | 59.4 | 0.8 | 0.0 | 0.8 | 0.4 | 0.0 | 59.7 |
| Aizubange | 2,063 | 2,063 | 705 | 1,340 | 18 | 0 | 18 | 18 | 0 | 1,347 |
|  |  | 100.0 | 34.2 | 65.0 | 0.9 | 0.0 | 0.9 | 0.9 | 0.0 | 65.3 |
| Yanaizu | 386 | 386 | 154 | 232 | 0 | 0 | 0 | 1 | 0 | 232 |
|  |  | 100.0 | 39.9 | 60.1 | 0.0 | 0.0 | 0.0 | 0.3 | 0.0 | 60.1 |
| Aizuwakamatsu | 14,579 | 14,579 | 5,247 | 9,211 | 121 | 0 | 121 | 80 | 0 | 9,261 |
|  |  | 100.0 | 36.0 | 63.2 | 0.8 | 0.0 | 0.8 | 0.5 | 0.0 | 63.5 |
| Yugawa | 516 | 516 | 181 | 331 | 4 | 0 | 4 | 3 | 0 | 334 |
|  |  | 100.0 | 35.1 | 64.1 | 0.8 | 0.0 | 0.8 | 0.6 | 0.0 | 64.7 |
| Subtotal | 111,341 | 111,332 | 42,255 | 68,158 | 919 | 0 | 915 | 563 | 4 | 68,520 |
|  |  | 100.0 | 38.0 | 61.2 | 0.8 | 0.0 | 0.8 | 0.5 | 0.0 | 61.5 |
| Total | 270,489 | 270,468 | 108,688 | 159,554 | 2,226 | 0 | 2,218 | 1,570 | 6 | 160,332 |
|  |  | 100.0 | -40.2 | 59.0 | 0.8 | 0.0 | 0.8 | 0.6 | 0.0 | 59.3 |

## Appendix 4

1. Thyroid Ultrasound Examination results by age and sex

|  |  |  |  |  |  |  |  |  |  |  |  |  |  | of 31 Dece | nber 2016 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| \} |  |  | A |  |  |  |  | B |  |  | C |  |  | Total |  |
|  |  | A1 |  |  | A2 |  |  |  |  |  |  |  |  |  |  |
| Ages | Male | Female | Total | Male | Female | Total | Male | Female | Total | Male | Female | Total | Male | Female | Total |
| 2-7 | 18,413 | 16,563 | 34,976 | 13,332 | 13,496 | 26,828 | 19 | 14 | 33 | 0 | 0 | 0 | 31,764 | 30,073 | 61,837 |
| 8-12 | 15,391 | 13,308 | 28,699 | 28,187 | 28,216 | 56,403 | 107 | 174 | 281 | 0 | 0 | 0 | 43,685 | 41,698 | 85,383 |
| 13-17 | 16,985 | 14,130 | 31,115 | 28,183 | 29,152 | 57,335 | 358 | 735 | 1,093 | 0 | 0 | 0 | 45,526 | 44,017 | 89,543 |
| $\geq 18$ | 6,649 | 7,249 | 13,898 | 8,495 | 10,493 | 18,988 | 256 | 563 | 819 | 0 | 0 | 0 | 15,400 | 18,305 | 33,705 |
| Total | 57,438 | 51,250 | 108,688 | 78,197 | 81,357 | 159,554 | 740 | 1,486 | 2,226 | 0 | 0 | 0 | 136,375 | 134,093 | 270,468 |

Test results by age group (Male)


Test results by age group (Female)


Percentages have been rounded and may not total to $100 \%$.
Ages are at the time when the participants underwent the testing.

## 2. Nodule size

|  |  |  |  | As of 31 December 2016 |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Nodule size | Total |  |  | Class | Proportion |
|  |  | Male | Female |  |  |
| None | 266,680 | 135,055 | 131,625 | A 1 | 98.6\% |
| $\leq 3.0 \mathrm{~mm}$ | 273 | 117 | 156 |  |  |
| $3.1-5.0 \mathrm{~mm}$ | 1,297 | 467 | 830 | A2 | 0.6\% |
| $5.1-10.0 \mathrm{~mm}$ | 1,574 | 515 | 1,059 |  |  |
| $10.1-15.0 \mathrm{~mm}$ | 406 | 144 | 262 |  |  |
| $15.1-20.0 \mathrm{~mm}$ | 137 | 55 | 82 | B | 0.8\% |
| $20.1-25.0 \mathrm{~mm}$ | 53 | 8 | 45 |  |  |
| $\geq 25.1 \mathrm{~mm}$ | 48 | 14 | 34 |  |  |
| Total | 270,468 | 136,375 | 134,093 |  |  |


-No nodule
-Nodule $\leq 5.0 \mathrm{~mm}$
$\square$ Nodule $\geq 5.1 \mathrm{~mm}$


## 3. Cyst size

| Cyst size | Total |  |  | Class | Proportion |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Male | Female |  |  |
| None | 110,130 | 57,959 | 52,171 | A 1 | 7.9 |
| $\leq 3.0 \mathrm{~mm}$ | 100,668 | 52,100 | 48,568 |  | 7.9\% |
| $3.1-5.0 \mathrm{~mm}$ | 52,685 | 23,934 | 28,751 |  |  |
| $5.1-10.0 \mathrm{~mm}$ | 6,841 | 2,336 | 4,505 | A 2 |  |
| 10.1-15.0 mm | 122 | 39 | 83 |  |  |
| $15.1-20.0 \mathrm{~mm}$ | 16 | 4 | 12 |  |  |
| $20.1-25.0 \mathrm{~mm}$ | 4 | 2 | 2 | B | 0.002\% |
| $\geq 25.1 \mathrm{~mm}$ | 2 | 1 | 1 | B | - $0.002 \%$ |
| Total | 270,468 | 136,375 | 134,093 |  |  |



## Appendix 5



| Screening coverage by municipality in FY 2014 |
| :--- |
| \begin{tabular}{\|l|l|l|l|l|l|l|}
\hline
\end{tabular} |


| 20 | 3 | 7 | 10 | 1 |
| :---: | :---: | :---: | :---: | :---: |
| 100.0 | 15.0 | 35.0 | 50.0 | 10.0 |
| 22 | 0 | 2 | 20 | 3 |
| 100.0 | 0.0 | 9.1 | 90.9 | 15.0 |
| 11 | 2 | 3 | 6 | 1 |
| 100.0 | 18.2 | 27.3 | 54.5 | 16.7 |
| 68 | 4 | 16 | 48 | 14 |
| 97.1 | 5.9 | 23.5 | 70.6 | 29.2 |
| 76 | 0 | 27 | 49 | 9 |
| 97.4 | 0.0 | 35.5 | 64.5 | 18.4 |
| 41 | 1 | 10 | 30 | 6 |
| 95.3 | 2.4 | 24.4 | 73.2 | 20.0 |
| 8 | 0 | 4 | 4 | 0 |
| 88.9 | 0.0 | 50.0 | 50.0 | 0.0 |
| 5 | 0 | 0 | 5 | 0 |
| 100.0 | 0.0 | 0.0 | 100.0 | 0.0 |
| 20 | 1 | 5 | 14 | 1 |
| 95.2 | 5.0 | 25.0 | 70.0 | 7.1 |
| 2 | 0 | 0 | 2 | 0 |
| 100.0 | 0.0 | 0.0 | 100.0 | 0.0 |
| 14 | 0 | 2 | 12 | 3 |
| 93.3 | 0.0 | 14.3 | 85.7 | 25.0 |
| 1 | 1 | 0 | 0 | 0 |
| 100.0 | 100.0 | 0.0 | 0.0 | 0.0 |
| 2 | 0 | 2 | 0 | 0 |
| 100.0 | 0.0 | 100.0 | 0.0 | 0.0 |
| 287 | 12 | 53 | 222 | 50 |
| 97.0 | 4.2 | 18.5 | 77.4 | 22.5 |
| 50 | 1 | 9 | 40 | 4 |
| 98.0 | 2.0 | 18.0 | 80.0 | 10.0 |
| 24 | 0 | 4 | 20 | 5 |
| 92.3 | 0.0 | 16.7 | 83.3 | 25.0 |
| 6 | 0 | 3 | 3 | 0 |
| 100.0 | 0.0 | 50.0 | 50.0 | 0.0 |
| 284 | 9 | 57 | 218 | 42 |
| 96.3 | 3.2 | 20.1 | 76.8 | 19.3 |
| 9 | 0 | 3 | 6 | 1 |
| 90.0 | 0.0 | 33.3 | 66.7 | 16.7 |
| 8 | 0 | 1 | 7 | 0 |
| 100.0 | 0.0 | 12.5 | 87.5 | 0.0 |
| 6 | 1 | 1 | 4 | 1 |
| 100.0 | 16.7 | 16.7 | 66.7 | 25.0 |
| 47 | 1 | 18 | 28 | 4 |
| 95.9 | 2.1 | 38.3 | 59.6 | 14.3 |
| 21 | 0 | 8 | 13 | 4 |
| 100.0 | 0.0 | 38.1 | 61.9 | 30.8 |
| 3 | 0 | 0 | 3 | 0 |
| 100.0 | 0.0 | 0.0 | 100.0 | 0.0 |
| 15 | 1 | 6 | 8 | 0 |
| 100.0 | 6.7 | 40.0 | 53.3 | 0.0 |
| 1050 | 37 | 241 | 772 | 149 |
| 96.8 | 3.5 | 23.0 | 73.5 | 19.3 |

h) Excluding participants who have not received the test results.

Fractions have been rounded and may not total to $100 \%$. Ages are at the time when the participants underwent the testing.


## Appendix 6

Surgical cases for malignancy or suspicion of malignancy

1. Target municipalities in FY 2014

Suspicious or malignant: 52 ( 36 surgical cases: 35 papillary thyroid carcinomas, 1 other thyroid carcinoma)
2. Target municipalities in FY 2015

Suspicious or malignant: 17 (8 surgical cases: 8 papillary thyroid carcinomas)
3. Total for cases FY 2014-2015

Suspicious or malignant: 69 (44 surgical cases: 43 papillary thyroid carcinomas, 1 other thyroid carcinoma)

# Report of Third-Round Thyroid Ultrasound Examinations <br> (Second Full-Scale Thyroid Screening Program) 

Reported on 20 February 2017

## 1. Summary

### 1.1 Purpose

In order to monitor the long-term health of children, we are now engaged in the second Full-scale Thyroid Screening Program (third-round examinations). The first round was Preliminary Baseline Screening for initial assessment of thyroid glands, and the second round was the first Full-scale Thyroid Screening Program to assess any changes.

### 1.2 Group

In addition to those residing in Fukushima Prefecture - including visitors - who were born between 2 April 1992 and 1 April 2011, included in Preliminary Baseline Screening, the Full-scale Thyroid Screening (second- and third-round examinations) also includes those who were born between 2 April 2011 and 1 April 2012.

### 1.3 Implementation Period

The Second Full-scale Screening Program started 1 May 2016 and will cover examinees up to age 20 on a municipality-by-municipality schedule to FY 2017. Thereafter, we will revise the schedule to screen examinees every five years - at ages 25 and 30 for example - to make it easier for examinees to remember when they are due for examination. However, we will endeavor to make sure they do not let more than five years pass between the examinations through age 25 .

### 1.4 Responsible Organizations

Fukushima Prefecture commissioned Fukushima Medical University (FMU) to conduct the survey in cooperation with institutions inside and outside Fukushima.

As of 31 December 2016, we provide the primary examination at 58 medical institutions under contract, and try to have more institutions inside Fukushima Prefecture.
One hundred five institutions outside Fukushima Prefecture have agreed to cooperate as of 31 December 2016.
The confirmatory examination has been conducted in Koriyama and Iwaki in Fukushima Prefecture from July 2013, Aizuwakamatsu from August 2014, Date from October 2016, and several institutions outside Fukushima Prefecture from November 2013. There are 36 institutions that provide the examination as of 31 December 2016.

### 1.5 Method

## 1.5-1 Primary Examination

We use ultrasonography for examination of the thyroid gland.
Assessments are made by specialists on the basis of the following criteria:

## -Diagnostic Criteria (A)

Those with A1 and A2 test results are recommended for watchful waiting until they undergo the next screening starting from April 2018.
A1: No nodules / cysts
A2: Nodules $\leq 5.0 \mathrm{~mm}$ or cysts $\leq 20.0 \mathrm{~mm}$

## -Diagnostic Criteria (B)

Those with $B$ test results are advised to take the confirmatory examination.
B: Nodules $\geq 5.1 \mathrm{~mm}$ or cysts $\geq 20.1 \mathrm{~mm}$
Some A2 test results may be re-classified as B results when clinically indicated.

## -Diagnostic Criteria (C)

Those with C test results are advised to take the confirmatory examination.
C: Immediate need for confirmatory examination.

## 1.5-2 Confirmatory Examination

We conduct ultrasonography, blood test, urine test, and fine-needle aspiration cytology (FNAC) if needed for those with B or C test results. Priority is given to those in urgent clinical need.
1.5-3 Flow chart


Fig. 1 Flow chart

### 1.6 Target Municipalities

$\square$ 25 target municipalities for FY 2016
$\square$ 34 target municipalities for FY 2017


Fig. 2 Target Municipalities

## 2. Results as of 31 December 2016

### 2.1 Results of Primary Examination

## 2.1-1 Progress Report

The Primary Examination started 1 May 2016, and the participation rate is $25.9 \%$ ( 87,217 of 336,623 ) from 59 municipalities ( 25 municipalities in FY 2016, and 34 in FY 2017). (See Appendix 1 and 2.)

The results have been returned to $81.5 \%(71,083)$ of the participants. (See Appendix 3.)
Those with A1 or A2 test results were $70,600(99.3 \%)$, B were $483(0.7 \%)$, and C was 0.

Table 1. Screening test coverage as of 31 December 2016

|  | Survey Population$\mathbf{a}$ | Participants |  | Proportion (\%) <br> c (c/b) | Test results |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Proportion (\%)b (b/a) | Screened outside Fukushima |  | Class (\%) |  |  |  |
|  |  |  |  |  | A |  | Requiring confirmatory test |  |
|  |  |  |  |  | A1 d (d/c) | A2 e (e/c) | B f (f/c) | C g (g/c) |
| FY 2016 | 191,855 | 83,866 (43.7) | 5,244 | 68,873 ( 82.1) | 24,370 (35.4) | 44,037 (63.9) | 466 (0.7) | 0 (0.0) |
| FY 2017 | 144,768 | 3,351 (2.3) | 153 | 2,210 ( 66.0) | 812 (36.7) | 1,381 (62.5) | 17 (0.8) | 0 (0.0) |
| Total | 336,623 | 87,217 (25.9) | 5,397 | 71,083 ( 81.5) | 25,182 (35.4) | 45,418 (63.9) | 483 (0.7) | 0 (0.0) |

Table 2. Number and proportion of children with nodules/cysts as of 31 December 2016

|  | Number of confirmed screening results | Number and proportion of children with nodules/cysts |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Nodules |  | Cysts |  |
|  |  | $\begin{gathered} 25.1 \mathrm{~mm} \\ \mathrm{~b}(\mathrm{~b} / \mathrm{a}) \end{gathered}$ | $\begin{gathered} \leq 5.0 \mathrm{~mm} \\ \mathrm{c}(\mathrm{c} / \mathrm{a}) \end{gathered}$ | $\begin{gathered} \geq 20.1 \mathrm{~mm} \\ \mathrm{~d}(\mathrm{~d} / \mathrm{a}) \end{gathered}$ | $\begin{gathered} \leq 20.0 \mathrm{~mm} \\ \mathrm{e}(\mathrm{e} / \mathrm{a}) \end{gathered}$ |
| FY 2016 | 68,873 | 466 (0.7) | 241 (0.3) | 0 (0.0) | 44,269 (64.3) |
| FY 2017 | 2,210 | 17 (0.8) | 18 (0.8) | 0 (0.0) | 1,390 (62.9) |
| Total | 71,083 | 483 (0.7) | 259 (0.4) | 0 (0.0) | 45,659 (64.2) |

Fractions have been rounded and may not total to $100 \%$.
Excluding examinees born in FY 1992 and FY 1993, now scheduled to undergo testing every five years. Hereafter, these examinees will be accounted for separately.

## 2.1-2 Participation rates by age group

Participation rate of age group 18-23 (age as of 1 April 2016) in target municipalities for FY 2016 was 11.2\%.
Participation rate of age group 18-24 (age as of 1 April 2017) in target municipalities for FY 2017 was $1.9 \%$.

Table 3. Participation rates in target municipalities by age group
As of 31 December 2016

|  |  | Total | Age group (years) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| FY 2016 target municipalities | Age group (years) |  | 4-7 | 8-12 | 13-17 | 18-23 |
|  | Survey population (a) | 191,855 | 36,602 | 51,001 | 56,838 | 47,414 |
|  | Participants (b) | 83,866 | 15,401 | 27,264 | 35,908 | 5,293 |
|  | Proportion (\%) (b/a) | 43.7 | 42.1 | 53.5 | 63.2 | 11.2 |
| FY 2017 target municipalities | Age group (years) |  | 5-7 | 8-12 | 13-17 | 18-24 |
|  | Survey population (a) | 144,768 | 19,272 | 37,171 | 42,000 | 46,325 |
|  | Participants (b) | 3,351 | 252 | 495 | 1,702 | 902 |
|  | Proportion (\%) (b/a) | 2.3 | 1.3 | 1.3 | 4.1 | 1.9 |
| Total | Survey population (a) | 336,623 | 55,874 | 88,172 | 98,838 | 93,739 |
|  | Participants (b) | 87,217 | 15,653 | 27,759 | 37,610 | 6,195 |
|  | Proportion (\%) (b/a) | 25.9 | 28.0 | 31.5 | 38.1 | 6.6 |

## 2.1-3 Comparison with the First Full-scale Thyroid Screening (Second-Round Examination)

Among 66,627 participants who were diagnosed as A1 or A2 in the First Full-scale Thyroid Screening, 66,403 $(99.7 \%)$ had A1 or A2 results, and $224(0.34 \%)$ were diagnosed as B from the Second Full-scale Thyroid Screening Program.

Among 422 participants who were diagnosed as B in the First Full-scale Thyroid Screening, 188 (44.5\%) had A1 or A2 results, and $234(55.5 \%)$ were diagnosed as B from the Second Full-scale Thyroid Screening Program.


[^4]
### 2.2 Results of Confirmatory Examination

## 2.2-1 Progress Report

Thusfar, 143 of 483 people ( $29.6 \%$ ) recommended to have further testing (started in October 2016) have acted on that recommendation. Of those, $64(44.8 \%$ ) have received results, as follows (see also Appendix 5 for results according to municipality):

Of 64 participants, 8 were found to be back within the range of A1 and A2, are listed as such in Table 5, and were advised to take their next regularly scheduled examination (12.5\%).
The remaining $56(87.5 \%)$ were recommended to have 6 - or 12-month follow-up, which is covered by health insurance .

Table 5. Confirmatory testing coverage and results as of 31 December 2016

|  | Number of those requiring confirmatory test | Participants <br> Proportion (\%) <br> b (b/a) | Confirmatory test coverage (\%) <br> c (c/b) | Confirmed test results |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Next screening advised |  | Follow-up advised |  |
|  |  |  |  | $\begin{array}{r} \mathrm{A} 1 \\ \mathrm{~d}(\mathrm{~d} / \mathrm{c}) \\ \hline \end{array}$ | $\begin{array}{r} \mathrm{A} 2 \\ \mathrm{e}(\mathrm{e} / \mathrm{c}) \end{array}$ | f (f/c) | $\begin{aligned} & \hline \text { Cytology } \\ & \mathrm{g}(\mathrm{~g} / \mathrm{f}) \\ & \hline \end{aligned}$ |
| FY 2016 | 466 | 142 (30.5) | 63 ( 44.4) | 0 (0.0) | 8 (12.7) | 55 (87.3) | 0 (0.0) |
| FY 2017 | 17 | 1 (5.9) | 1 ( 100.0) | 0 (0.0) | 0 (0.0) | 1 (100.0) | 1 (100.0) |
| Total | 483 | 143 (29.6) | 64 ( 44.8) | 0 (0.0) | 8 (12.5) | 56 (87.5) | 1 (1.8) |

Those confirmed within the range of A1 and A2 (including those with other thyroid conditions) were advised to take their next regularly scheduled examination.

Those who require 6- or 12-month follow-up provided by health insurance and those beyond the specified level of A2 were categorized as "Follow-up advised."
2.2-2 Blood and urinary iodine test results as of 31 December 2016

Table 6. Blood test results Mean $\pm$ SD (Abnormal value)

|  | FT4 1) <br> ( $\mathrm{ng} / \mathrm{dL}$ ) | $\begin{gathered} \text { FT32) } \\ (\mathrm{pg} / \mathrm{mL}) \end{gathered}$ | $\begin{gathered} \text { TSH3) } \\ (\mu \mathrm{IU} / \mathrm{mL}) \end{gathered}$ | $\begin{gathered} \operatorname{Tg} 4) \\ (\mathrm{ng} / \mathrm{mL}) \end{gathered}$ | TgAb 5) <br> (IU/mL) | TPOAb 6) <br> (IU/mL) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Reference Range | 0.95-1.74 7) | 2.13-4.07 7) | 0.340-3.880 7) | $\leq 32.7$ | $<28.0$ | $<16.0$ |
| 0 suspicious or malignant | - | - | - | - | - | - |
| Other 62 | $1.2 \pm 0.2(6.5 \%)$ | $3.6 \pm 0.4(8.1 \%)$ | $1.3 \pm 0.8(3.2 \%)$ | $14.7 \pm 10.4$ (3.2\%) | - (11.3\%) | - (8.1\%) |

Table 7. Urinary iodine ( $\mu \mathrm{g} /$ day)

|  | Minimum | 25th percentile | Median | 75th percentile | Maximum |
| :---: | ---: | ---: | ---: | ---: | ---: |
| 0 suspicious or malignant |  | -108 | - | - |  |
| Other 63 | 51 |  | -147 | 285 |  |

1) FT4: Free Thyroxine; higher among patients with thyrotoxicosis (such as Graves' disease) and lower with hypothyroidism (such as Hashimoto's thyroiditis).
2) FT3: Free Triiodothyronine; higher among patients with thyrotoxicosis (such as Graves' disease) and lower with hypothyroidism (such as Hashimoto's thyroiditis).
3) TSH: Thyroid Stimulating Hormone; higher among patients with Hashimoto's disease and lower with Graves' disease.
4) Tg : Thyroglobulin; higher when thyroid tissue is destroyed or when neoplastic tissue produces thyroglobulin.

Laboratory reference range revised to $\leq 33.7 \mathrm{ng} / \mathrm{mL}$ as of 30 March 2015.
5) TgAb: Anti-Thyroglobulin Antibody; higher among patients with Hashimoto's disease and Graves' disease.
6) TPOAb: Anti-Thyroid Peroxidase Antibody; higher among patients with Hashimoto's disease or Graves' disease.
7) Reference interval varies according to age.
2.2 Confirmatory test results by municipality as of 31 December 2016

The proportion of findings suspicious for malignancy or actually malignant was $0 \%$ in both FY 2016 target municipalities ( 13 municipalities in the nationally designated evacuation zones and 12 towns of the Kempoku area) and FY 2017 target municipalities ( 34 towns of Iwaki, the Kennan and Aizu areas).

Table 8.
Confirmatory test results by municipality in FY 2016

|  | Number of those <br> screened | Participants who <br> required <br> confirmatory <br> test | Proportion who <br> required <br> confirmatory <br> test (\%)* | Number who <br> underwent <br> confirmatory <br> test | Suspicious or <br> malignant cases | Proportion of <br> suspicious or <br> malignant cases <br> $(\%)$ |
| :---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Kawamata | 1,376 | 8 | 0.6 | 2 | 0 | 0.00 |
| Namie | 1,224 | 11 | 0.9 | 1 | 0 | 0.00 |
| Iitate | 564 | 3 | 0.5 | 3 | 0 | 0.00 |
| Minami-soma | 5,904 | 43 | 0.7 | 16 | 0 | 0.00 |
| Date | 6,943 | 44 | 0.6 | 22 | 0 | 0.00 |
| Tamura | 3,734 | 30 | 0.8 | 18 | 0 | 0.00 |
| Hirono | 294 | 2 | 0.7 | 1 | 0 | 0.00 |
| Naraha | 252 | 0 | 0.0 | 0 | 0 | 0.00 |
| Tomioka | 545 | 5 | 0.9 | 2 | 0 | 0.00 |
| Kawauchi | 98 | 0 | 0.0 | 0 | 0 | 0.00 |
| Okuma | 471 | 6 | 1.3 | 3 | 0 | 0.00 |
| Futaba | 191 | 1 | 0.5 | 0 | 0 | 0.00 |
| Katsurao | 68 | 0 | 0.0 | 0 | 0 | 0.00 |
| Fukushima | 32,635 | 163 | 0.5 | 40 | 0 | 0.00 |
| Nihonmatsu | 6,156 | 43 | 0.7 | 16 | 0 | 0.00 |
| Motomiya | 3,700 | 16 | 0.4 | 5 | 0 | 0.00 |
| Otama | 1,022 | 6 | 0.6 | 4 | 0 | 0.00 |
| Koriyama | 8,628 | 48 | 0.6 | 2 | 0 | 0.00 |
| Kori | 1,320 | 10 | 0.8 | 2 | 0 | 0.00 |
| Kunimi | 997 | 8 | 0.8 | 0 | 0 | 0.00 |
| Tenei | 190 | 2 | 1.1 | 0 | 0 | 0.00 |
| Shirakawa | 5,633 | 11 | 0.2 | 0 | 0 | 0.00 |
| Nishigo | 1,301 | 5 | 0.4 | 1 | 0 | 0.00 |
| Izumizaki | 131 | 0 | 0.0 | 0 | 0 | 0.00 |
| Miharu | 489 | 1 | 0.2 | 0 | 0 | 0 |
| Subtotal | 83,866 | 466 | 0.6 | 142 | 0 | 0.00 |

Confirmatory test results by municipality in FY 2017

|  | Number of those screened | Participants who required confirmatory test | Proportion who required confirmatory test (\%)* | Number who underwent confirmatory test | Suspicious or malignant cases | Proportion of suspicious or malignant cases <br> (\%) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Iwaki | 538 | 2 | 0.4 | 0 | 0 | 0.00 |
| Sukagawa | 802 | 4 | 0.5 | 0 | 0 | 0.00 |
| Soma | 229 | 1 | 0.4 | 1 | 0 | 0.00 |
| Kagamiishi | 144 | 0 | 0.0 | 0 | 0 | 0.00 |
| Shinchi | 30 | 0 | 0.0 | 0 | 0 | 0.00 |
| Nakajima | 98 | 0 | 0.0 | 0 | 0 | 0.00 |
| Yabuki | 240 | 0 | 0.0 | 0 | 0 | 0.00 |
| Ishikawa | 124 | 1 | 0.8 | 0 | 0 | 0.00 |
| Yamatsuri | 35 | 0 | 0.0 | 0 | 0 | 0.00 |
| Asakawa | 81 | 2 | 2.5 | 0 | 0 | 0.00 |
| Hirata | 49 | 0 | 0.0 | 0 | 0 | 0.00 |
| Tanagura | 146 | 2 | 1.4 | 0 | 0 | 0.00 |
| Hanawa | 73 | 2 | 2.7 | 0 | 0 | 0.00 |
| Samegawa | 32 | 0 | 0.0 | 0 | 0 | 0.00 |
| Ono | 149 | 0 | 0.0 | 0 | 0 | 0.00 |
| Tamakawa | 50 | 0 | 0.0 | 0 | 0 | 0.00 |
| Furudono | 26 | 0 | 0.0 | 0 | 0 | 0.00 |
| Hinoemata | 2 | 0 | 0.0 | 0 | 0 | 0.00 |
| Minami-aizu | 41 | 0 | 0.0 | 0 | 0 | 0.00 |
| Kaneyama | 0 | 0 | 0.0 | 0 | 0 | 0.00 |
| Showa | 1 | 0 | 0.0 | 0 | 0 | 0.00 |
| Mishima | 0 | 0 | 0.0 | 0 | 0 | 0.00 |
| Shimogo | 8 | 0 | 0.0 | 0 | 0 | 0.00 |
| Kitakata | 59 | 0 | 0.0 | 0 | 0 | 0.00 |
| Nishiaizu | 7 | 0 | 0.0 | 0 | 0 | 0.00 |
| Tadami | 12 | 1 | 8.3 | 0 | 0 | 0.00 |
| Inawashiro | 79 | 0 | 0.0 | 0 | 0 | 0.00 |
| Bandai | 1 | 0 | 0.0 | 0 | 0 | 0.00 |
| Kitashiobara | 6 | 0 | 0.0 | 0 | 0 | 0.00 |
| Aizumisato | 17 | 0 | 0.0 | 0 | 0 | 0.00 |
| Aizubange | 34 | 0 | 0.0 | 0 | 0 | 0.00 |
| Yanaizu | 1 | 0 | 0.0 | 0 | 0 | 0.00 |
| Aizuwakamatsu | 230 | 2 | 0.9 | 0 | 0 | 0.00 |
| Yugawa | 7 | 0 | 0.0 | 0 | 0 | 0.00 |
| Subtotal | 3,351 | 17 | 0.5 | 1 | 0 | 0.00 |
|  |  |  |  |  |  |  |
| Total | 87,217 | 483 | 0.6 | 143 | 0 | 0.00 |

[^5]
### 2.3 Mental Health Care

2.3-1 Support for participants of primary examination

Since July 2015, we offer person-to-person explanations to participants at public venues where primary examinations take place. After an examination, this service is provided on request, with physicians using an online video link to private consultation booths at the venue. As of 31 December 2016, 17,840 (78.3\%) of 22,790 participants visited the consultation booth. When the booth cannot be set up at a venue, phone support or briefing sessions at schools are offered as an alternative.

## 2.3-2 Support for participants of confirmatory examination

We set up a support team for participants of the confirmatory examination to address their anxiety and concerns, including online support.
Since the full-scale thyroid screening started, 831 participants ( 292 males and 539 females) have received support as of 31 December 2016. The number of consultations given to them was 1,615 in total. Of these, 946 ( $58.6 \%$ ) received support services around their first examination and 623 ( $38.6 \%$ ) around any subsequent exam - including $118(7.3 \%)$ around FNAC - and $46(2.8 \%)$ when giving informed consent.
In cooperation with teams of medical staff at hospitals, we offer similar services to those who are recommended for follow-up provided by health insurance.

## Appendix 1




Screening coverage by municipality in FY 2016

| Kawamata | 2,142 | 1,37 |
| :---: | :---: | :---: |


| Kawamata | 2,142 | 1,376 | 28 | 64.2 | 397 | 539 | 402 | 38 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | 28.9 | 39.2 | 29.2 | 2.8 |
| Namie | 3,314 | 1,224 | 414 | 36.9 | 345 | 385 | 402 | 92 |
|  |  |  |  |  | 28.2 | 31.5 | 32.8 | 7.5 |
| Iitate | 987 | 564 | 17 | 57.1 | 158 | 250 | 145 | 11 |
|  |  |  |  |  | 28.0 | 44.3 | 25.7 | 2.0 |
| Minami-soma | 11,540 | 5,904 | 1,017 | 51.2 | 1,856 | 2,337 | 1,492 | 219 |
|  |  |  |  |  | 31.4 | 39.6 | 25.3 | 3.7 |
| Date | 10,208 | 6,943 | 209 | 68.0 | 1,985 | 2,653 | 2,061 | 244 |
|  |  |  |  |  | 28.6 | 38.2 | 29.7 | 3.5 |
| Tamura | 6,344 | 3,734 | 81 | 58.9 | 1,174 | 1,516 | 975 | 69 |
|  |  |  |  |  | 31.4 | 40.6 | 26.1 | 1.8 |
| Hirono | 975 | 294 | 53 | 30.2 | 107 | 116 | 55 | 16 |
|  |  |  |  |  | 36.4 | 39.5 | 18.7 | 5.4 |
| Naraha | 1,281 | 252 | 81 | 19.7 | 85 | 103 | 53 | 11 |
|  |  |  |  |  | 33.7 | 40.9 | 21.0 | 4.4 |
| Tomioka | 2,751 | 545 | 239 | 19.8 | 127 | 149 | 219 | 50 |
|  |  |  |  |  | 23.3 | 27.3 | 40.2 | 9.2 |
| Kawauchi | 297 | 98 | 13 | 33.0 | 27 | 40 | 30 | 1 |
|  |  |  |  |  | 27.6 | 40.8 | 30.6 | 1.0 |
| Okuma | 2,258 | 471 | 207 | 20.9 | 164 | 146 | 135 | 26 |
|  |  |  |  |  | 34.8 | 31.0 | 28.7 | 5.5 |
| Futaba | 1,133 | 191 | 87 | 16.9 | 63 | 65 | 55 | 8 |
|  |  |  |  |  | 33.0 | 34.0 | 28.8 | 4.2 |
| Katsurao | 211 | 68 | 3 | 32.2 | 19 | 22 | 19 | 8 |
|  |  |  |  |  | 27.9 | 32.4 | 27.9 | 11.8 |
| Fukushima | 49,340 | 32,635 | 1,707 | 66.1 | 9,778 | 11,785 | 9,911 | 1,161 |
|  |  |  |  |  | 30.0 | 36.1 | 30.4 | 3.6 |
| Nihonmatsu | 9,308 | 6,156 | 185 | 66.1 | 1,886 | 2,398 | 1,709 | 163 |
|  |  |  |  |  | 30.6 | 39.0 | 27.8 | 2.6 |
| Motomiya | 5,615 | 3,700 | 104 | 65.9 | 1,225 | 1,394 | 991 | 90 |
|  |  |  |  |  | 33.1 | 37.7 | 26.8 | 2.4 |
| Otama | 1,468 | 1,022 | 29 | 69.6 | 351 | 400 | 243 | 28 |
|  |  |  |  |  | 34.3 | 39.1 | 23.8 | 2.7 |
| Koriyama | 59,456 | 8,628 | 637 | 14.5 | 817 | 589 | 6,648 | 574 |
|  |  |  |  |  | 9.5 | 6.8 | 77.1 | 6.7 |
| Kori | 1,853 | 1,320 | 28 | 71.2 | 413 | 496 | 363 | 48 |
|  |  |  |  |  | 31.3 | 37.6 | 27.5 | 3.6 |
| Kunimi | 1,405 | 997 | 24 | 71.0 | 271 | 381 | 300 | 45 |
|  |  |  |  |  | 27.2 | 38.2 | 30.1 | 4.5 |
| Tenei | 966 | 190 | 5 | 19.7 | 63 | 72 | 51 | 4 |
|  |  |  |  |  | 33.2 | 37.9 | 26.8 | 2.1 |
| Shirakawa | 11,353 | 5,633 | 38 | 49.6 | 1,725 | 2,038 | 1,719 | 151 |
|  |  |  |  |  | 30.6 | 36.2 | 30.5 | 2.7 |
| Nishigo | 3,722 | 1,301 | 22 | 35.0 | 506 | 353 | 430 | 12 |
|  |  |  |  |  | 38.9 | 27.1 | 33.1 | 0.9 |
| Izumizaki | 1,163 | 131 | 3 | 11.3 | 9 | 6 | 113 | 3 |
|  |  |  |  |  | 6.9 | 4.6 | 86.3 | 2.3 |
| Miharu | 2,765 | 489 | 13 | 17.7 | 38 | 27 | 388 | 36 |
|  |  |  |  |  | 7.8 | 5.5 | 79.3 | 7.4 |
| Subtotal | 191,855 | 83,866 | 5,244 | 43.7 | 23,589 | 28,260 | 28,909 | 3,108 |
|  |  |  |  |  | 28.1 | 33.7 | 34.5 | 3.7 |


| 34 | 2.5 |
| :---: | :---: |
| 483 | 39.5 |
| 27 | 4.8 |
| 1,119 | 19.0 |
| 200 | 2.9 |
| 81 | 2.2 |
| 48 | 16.3 |
| 88 | 34.9 |
| 266 | 48.8 |
| 14 | 14.3 |
| 247 | 52.4 |
| 96 | 50.3 |
| 4 | 5.9 |
| 1,875 | 5.7 |
| 173 | 2.8 |
| 93 | 2.5 |
| 28 | 2.7 |
| 1,067 | 12.4 |
| 25 | 1.9 |
| 20 | 2.0 |
| 5 | 2.6 |
| 91 | 1.6 |
| 39 | 3.0 |
| 4 | 3.1 |
| 18 | 3.7 |
| 6,145 | 7.3 |

1) Number of participants. 2) Number of participants in the age group/Number of participants.
2) Number of participants who underwent the test outside Fukushima, as of 30 November 2016.

Fractions have been rounded and may not total to $100 \%$. Ages are at the time when the participants underwent the testing (the Second Full-scale Thyroid Screening).

| Survey Population | Participants |  | Proportion (\%) | Number and proportion of participants by age group |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | b | Screened outside Fukushima 3) |  |  |  |  |  |
| a |  |  | b/a | 4-9 | 10-14 | 15-19 | $\geq 20$ |


| As of 31 December 2016 |  |
| :---: | :---: |
| $\begin{array}{c}\text { Participants } \\ \text { living outside } \\ \text { Fukushima }\end{array}$ |  |
| Proportion (\%) |  |
| c | $\mathrm{c} / \mathrm{b}$ |

Screening coverage by municipality in FY 2017

| Iwaki | 538 | 73 | 0.9 | 165 | 131 | 192 | 50 |
| :---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |


| Iwaki | 56,790 | 538 | 73 |
| :---: | ---: | ---: | ---: |
| Sukagawa | 14,110 | 802 | 11 |
| Soma | 6,256 | 229 | 5 |


| Kagamiishi | 2,417 | 144 | 1 |
| :---: | ---: | ---: | ---: |
| Shinchi | 1,319 | 30 | 3 |
| Nakajima | 972 | 98 | 1 |


| Ishikawa | 2,537 | 124 | 1 | 7.9 |
| :---: | ---: | ---: | ---: | ---: |


| Yamatsuri | 931 | 35 | 0 | 3.8 | 5 | 3 | 27 | 0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | 14.3 | 8.6 | 77.1 | 0.0 |
| Asakawa | 1,211 | 81 | 0 | 6.7 | 3 | 4 | 73 | 1 |
|  |  |  |  |  | 3.7 | 4.9 | 90.1 | 1.2 |
|  |  |  |  |  | 6 | 4 | 39 | 0 |


| Hirata | 1,101 |
| :---: | ---: |
| Tanagura | 2,750 |


| Hanawa |  |
| :---: | :---: |
| Samegawa |  |


| Ono |  |
| :---: | :---: |
| Tamakawa |  |


| Tamakawa |
| :---: |
| Furudono |


| Hinoemata | 94 |
| ---: | ---: |
| Minami-aizu | 2.512 |

Minami-aizu

| Kaneyama | 177 |
| :---: | ---: |
| Showa | 127 |


| Showa | 127 | 1 | 0 |
| :---: | ---: | ---: | ---: |
| Mishima | 174 | 0 | 0 |
| Shimogo | 870 | 8 | 0 |
| Kitakata | 8,077 | 59 | 8 |
| Nishiaizu | 885 | 7 | 1 |


| Nishiaizu | 885 | 7 | 1 | 0.8 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | 28.6 | 0.0 | 57.1 | 14.3 |
| Tadami | 641 | 12 | 0 | 1.9 | 4 | 3 | 5 | 0 |
|  |  |  |  |  | 33.3 | 25.0 | 41.7 | 0.0 |
| Inawashiro | 2,383 | 79 | 0 | 3.3 | 16 | 6 | 57 | 0 |
|  |  |  |  |  | 20.3 | 7.6 | 72.2 | 0.0 |
| Bandai | 555 | 1 | 0 | 0.2 | 0 | 0 | 1 | 0 |
|  |  |  |  |  | 0.0 | 0.0 | 100.0 | 0.0 |
| Kitashiobara | 502 | 6 | 0 | 1.2 | 0 | 0 | 6 | 0 |
|  |  |  |  |  | 0.0 | 0.0 | 100.0 | 0.0 |
| Aizumisato | 3,311 | 17 | 1 | 0.5 | 5 | 4 | 8 | 0 |
|  |  |  |  |  | 29.4 | 23.5 | 47.1 | 0.0 |
| Aizubange | 2,790 | 34 | 4 | 1.2 | 9 | 9 | 10 | 6 |
|  |  |  |  |  | 26.5 | 26.5 | 29.4 | 17.6 |
| Yanaizu | 537 | 1 | 0 | 0.2 | 0 | 0 | 1 | 0 |
|  |  |  |  |  | 0.0 | 0.0 | 100.0 | 0.0 |
| Aizuwakamatsu | 21,107 | 230 | 28 | 1.1 | 74 | 46 | 92 | 18 |
|  |  |  |  |  | 32.2 | 20.0 | 40.0 | 7.8 |
| Yugawa | 606 | 7 | 0 | 1.2 | 0 | 0 | 7 | 0 |
|  |  |  |  |  | 0.0 | 0.0 | 100.0 | 0.0 |
| Subtotal | 144,768 | 3,351 | 153 | 2.3 | 527 | 406 | 2,311 | 107 |
|  |  |  |  |  | 15.7 | 12.1 | 69.0 | 3.2 |
|  |  |  |  |  |  |  |  |  |
| Total | 336,623 | 87,217 | 5,397 | 25.9 | 24,116 | 28,666 | 31,220 | 3,215 |
|  |  |  |  |  | 27.7 | 32.9 | 35.8 | 3.7 |

## Appendix 2

Thyroid Ultrasound Examination (TUE) coverage by prefecture

| Prefecture | Number of test venues | Participants* | Prefecture | Number of test venues | Participants* | Prefecture | Number of test venues | Participants* |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Hokkaido | 6 | 133 | Fukui | 1 | 9 | Hiroshima | 1 | 5 |
| Aomori | 1 | 81 | Yamanashi | 2 | 46 | Yamaguchi | 1 | 13 |
| Iwate | 3 | 149 | Nagano | 2 | 55 | Tokushima | 1 | 3 |
| Miyagi | 2 | 1,115 | Gifu | 1 | 21 | Kagawa | 1 | 5 |
| Akita | 1 | 81 | Shizuoka | 2 | 39 | Ehime | 1 | 0 |
| Yamagata | 3 | 317 | Aichi | 3 | 98 | Kochi | 1 | 10 |
| Ibaraki | 4 | 345 | Mie | 1 | 10 | Fukuoka | 3 | 36 |
| Tochigi | 7 | 375 | Shiga | 1 | 8 | Saga | 1 | 5 |
| Gunma | 2 | 101 | Kyoto | 3 | 43 | Nagasaki | 2 | 11 |
| Saitama | 2 | 207 | Osaka | 7 | 87 | Kumamoto | 1 | 11 |
| Chiba | 4 | 249 | Hyogo | 1 | 25 | Oita | 1 | 5 |
| Tokyo | 12 | 796 | Nara | 2 | 8 | Miyazaki | 1 | 14 |
| Kanagawa | 5 | 518 | Wakayama | 1 | 5 | Kagoshima | 1 | 11 |
| Niigata | 2 | 272 | Tottori | 1 | 6 | Okinawa | 1 | 21 |
| Toyama | 1 | 5 | Shimane | 1 | 9 |  |  |  |
| Ishikawa | 1 | 17 | Okayama | 3 | 17 | Total | 105 | 5,397 |

* Participants who underwent testing at venues outside Fukushima carried out either by Fukushima Medical University staff (once in Kanagawa) or by local specialists.

Appendix 3
Results of primary examination by municipality

| Results of primary examination by municipality |  |  |  |  |  |  |  |  | As of 31 December 2016 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Participants | ```Confirmed results b``` | Number by test results |  |  |  | Nodules |  | Cysts |  |
|  |  |  | Proportion (\%) |  |  |  |  |  |  |  |
|  |  | $\begin{array}{\|c\|} \hline \text { Proportion (\%) } \\ \text { b/a (\%) } \\ \hline \end{array}$ | A |  | B | C | Proportion (\%) |  | Proportion (\%) |  |
|  |  |  | A1 | A2 |  |  | $\geq 5.1 \mathrm{~mm}$ | $\leq 5.0 \mathrm{~mm}$ | $\geq 20.1 \mathrm{~mm}$ | $\leq 20.0 \mathrm{~mm}$ |

Screening coverage by municipality in FY 2016

| Kawamata | 1,376 | 1,354 | 470 | 876 | 8 | 0 | 8 | 6 | 0 | 880 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 98.4 | 34.7 | 64.7 | 0.6 | 0.0 | 0.6 | 0.4 | 0.0 | 65.0 |
| Namie | 1,224 | 1,080 | 354 | 715 | 11 | 0 | 11 | 6 | 0 | 718 |
|  |  | 88.2 | 32.8 | 66.2 | 1.0 | 0.0 | 1.0 | 0.6 | 0.0 | 66.5 |
| Iitate | 564 | 538 | 184 | 351 | 3 | 0 | 3 | 2 | 0 | 351 |
|  |  | 95.4 | 34.2 | 65.2 | 0.6 | 0.0 | 0.6 | 0.4 | 0.0 | 65.2 |
| Minami-soma | 5,904 | 5,751 | 2,048 | 3,660 | 43 | 0 | 43 | 27 | 0 | 3,678 |
|  |  | 97.4 | 35.6 | 63.6 | 0.7 | 0.0 | 0.7 | 0.5 | 0.0 | 64.0 |
| Date | 6,943 | 6,861 | 2,376 | 4,441 | 44 | 0 | 44 | 23 | 0 | 4,464 |
|  |  | 98.8 | 34.6 | 64.7 | 0.6 | 0.0 | 0.6 | 0.3 | 0.0 | 65.1 |
| Tamura | 3,734 | 3,313 | 1,214 | 2,069 | 30 | 0 | 30 | 19 | 0 | 2,084 |
|  |  | 88.7 | 36.6 | 62.5 | 0.9 | 0.0 | 0.9 | 0.6 | 0.0 | 62.9 |
| Hirono | 294 | 287 | 94 | 191 | 2 | 0 | 2 | 1 | 0 | 192 |
|  |  | 97.6 | 32.8 | 66.6 | 0.7 | 0.0 | 0.7 | 0.3 | 0.0 | 66.9 |
| Naraha | 252 | 236 | 92 | 144 | 0 | 0 | 0 | 0 | 0 | 144 |
|  |  | 93.7 | 39.0 | 61.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 61.0 |
| Tomioka | 545 | 441 | 164 | 272 | 5 | 0 | 5 | 0 | 0 | 274 |
|  |  | 80.9 | 37.2 | 61.7 | 1.1 | 0.0 | 1.1 | 0.0 | 0.0 | 62.1 |
| Kawauchi | 98 | 87 | 26 | 61 | 0 | 0 | 0 | 0 | 0 | 61 |
|  |  | 88.8 | 29.9 | 70.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 70.1 |
| Okuma | 471 | 429 | 149 | 274 | 6 | 0 | 6 | 3 | 0 | 274 |
|  |  | 91.1 | 34.7 | 63.9 | 1.4 | 0.0 | 1.4 | 0.7 | 0.0 | 63.9 |
| Futaba | 191 | 164 | 71 | 92 | 1 | 0 | 1 | 0 | 0 | 92 |
|  |  | 85.9 | 43.3 | 56.1 | 0.6 | 0.0 | 0.6 | 0.0 | 0.0 | 56.1 |
| Katsurao | 68 | 55 | 18 | 37 | 0 | 0 | 0 | 1 | 0 | 37 |
|  |  | 80.9 | 32.7 | 67.3 | 0.0 | 0.0 | 0.0 | 1.8 | 0.0 | 67.3 |
| Fukushima | 32,635 | 28,865 | 10,225 | 18,477 | 163 | 0 | 163 | 88 | 0 | 18,561 |
|  |  | 88.4 | 35.4 | 64.0 | 0.6 | 0.0 | 0.6 | 0.3 | 0.0 | 64.3 |
| Nihonmatsu | 6,156 | 6,033 | 2,148 | 3,842 | 43 | 0 | 43 | 22 | 0 | 3,865 |
|  |  | 98.0 | 35.6 | 63.7 | 0.7 | 0.0 | 0.7 | 0.4 | 0.0 | 64.1 |
| Motomiya | 3,700 | 3,480 | 1,201 | 2,263 | 16 | 0 | 16 | 5 | 0 | 2,274 |
|  |  | 94.1 | 34.5 | 65.0 | 0.5 | 0.0 | 0.5 | 0.1 | 0.0 | 65.3 |
| Otama | 1,022 | 981 | 342 | 633 | 6 | 0 | 6 | 3 | 0 | 637 |
|  |  | 96.0 | 34.9 | 64.5 | 0.6 | 0.0 | 0.6 | 0.3 | 0.0 | 64.9 |
| Koriyama | 8,628 | 4,108 | 1,517 | 2,543 | 48 | 0 | 48 | 23 | 0 | 2,567 |
|  |  | 47.6 | 36.9 | 61.9 | 1.2 | 0.0 | 1.2 | 0.6 | 0.0 | 62.5 |
| Kori | 1,320 | 1,307 | 475 | 822 | 10 | 0 | 10 | 3 | 0 | 829 |
|  |  | 99.0 | 36.3 | 62.9 | 0.8 | 0.0 | 0.8 | 0.2 | 0.0 | 63.4 |
| Kunimi | 997 | 989 | 326 | 655 | 8 | 0 | 8 | 2 | 0 | 660 |
|  |  | 99.2 | 33.0 | 66.2 | 0.8 | 0.0 | 0.8 | 0.2 | 0.0 | 66.7 |
| Tenei | 190 | 46 | 18 | 26 | 2 | 0 | 2 | 0 | 0 | 26 |
|  |  | 24.2 | 39.1 | 56.5 | 4.3 | 0.0 | 4.3 | 0.0 | 0.0 | 56.5 |
| Shirakawa | 5,633 | 1,786 | 612 | 1,163 | 11 | 0 | 11 | 4 | 0 | 1,169 |
|  |  | 31.7 | 34.3 | 65.1 | 0.6 | 0.0 | 0.6 | 0.2 | 0.0 | 65.5 |
| Nishigo | 1,301 | 397 | 139 | 253 | 5 | 0 | 5 | 2 | 0 | 254 |
|  |  | 30.5 | 35.0 | 63.7 | 1.3 | 0.0 | 1.3 | 0.5 | 0.0 | 64.0 |
| Izumizaki | 131 | 103 | 42 | 61 | 0 | 0 | 0 | 1 | 0 | 61 |
|  |  | 78.6 | 40.8 | 59.2 | 0.0 | 0.0 | 0.0 | 1.0 | 0.0 | 59.2 |
| Miharu | 489 | 182 | 65 | 116 | 1 | 0 | 1 | 0 | 0 | 117 |
|  |  | 37.2 | 35.7 | 63.7 | 0.5 | 0.0 | 0.5 | 0.0 | 0.0 | 64.3 |
| Subtotal | 83,866 | 68,873 | 24,370 | 44,037 | 466 | 0 | 466 | 241 | 0 | 44,269 |
|  |  | 82.1 | 35.4 | 63.9 | 0.7 | 0.0 | 0.7 | 0.3 | 0.0 | 64.3 |

Fractions have been rounded and may not total to $100 \%$.

| Results of primary examination by municipality |  |  |  |  |  |  |  |  | As of 31 December 2016 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Participants | Confirmed results b | Number by test results |  |  |  | Nodules |  | Cysts |  |
|  |  |  | Proportion (\%) |  |  |  |  |  |  |  |
|  |  | $\begin{gathered} \text { Proportion (\%) } \\ \text { b/a }(\%) \end{gathered}$ | A |  | B | C | Proportion (\%) |  | Proportion (\%) |  |
|  |  |  | A1 | A2 |  |  | $\geq 5.1 \mathrm{~mm}$ | $\leq 5.0 \mathrm{~mm}$ | $\geq 20.1 \mathrm{~mm}$ | $\leq 20.0 \mathrm{~mm}$ |

Screening coverage by municipality in FY 2017


## Appendix 4

1. Thyroid Ultrasound Examination results by age and sex

|  |  |  |  |  |  |  |  |  |  |  |  |  |  | of 31 Dece | ber 2016 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| \} |  |  |  |  |  |  |  | B |  |  | C |  |  | Total |  |
|  |  | A1 |  |  | A2 |  |  |  |  |  |  |  |  |  |  |
| Ages | Male | Female | Total | Male | Female | Total | Male | Female | Total | Male | Female | Total | Male | Female | Total |
| 4-9 | 4,550 | 3,906 | 8,456 | 5,683 | 5,944 | 11,627 | 5 | 3 | 8 | 0 | 0 | 0 | 10,238 | 9,853 | 20,091 |
| 10-14 | 3,891 | 3,164 | 7,055 | 8,149 | 8,271 | 16,420 | 21 | 82 | 103 | 0 | 0 | 0 | 12,061 | 11,517 | 23,578 |
| 15-19 | 4,656 | 4,050 | 8,706 | 7,909 | 7,886 | 15,795 | 110 | 212 | 322 | 0 | 0 | 0 | 12,675 | 12,148 | 24,823 |
| $\geq 20$ | 456 | 509 | 965 | 656 | 920 | 1,576 | 18 | 32 | 50 | 0 | 0 | 0 | 1,130 | 1,461 | 2,591 |
| Total | 13,553 | 11,629 | 25,182 | 22,397 | 23,021 | 45,418 | 154 | 329 | 483 | 0 | 0 | 0 | 36,104 | 34,979 | 71,083 |

Test results by age group (Male)


Test results by age group (Female)


Percentages have been rounded and may not total to $100 \%$.
Ages are at the time when the participants underwent the testing (the Second Full-scale Thyroid Screening).
2. Nodule size

|  |  |  |  | As of 31 December 2016 |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Nodule size | Total |  |  | Class | Proportion |
|  |  | Male | Female |  |  |
| None | 70,341 | 35,838 | 34,503 | A 1 | 99.0\% |
| $\leq 3.0 \mathrm{~mm}$ | 19 | 10 | 9 | A 2 | 0.4\% |
| $3.1-5.0 \mathrm{~mm}$ | 240 | 102 | 138 |  |  |
| $5.1-10.0 \mathrm{~mm}$ | 315 | 100 | 215 | B | 0.7\% |
| $10.1-15.0 \mathrm{~mm}$ | 112 | 30 | 82 |  |  |
| 15.1-20.0 mm | 33 | 13 | 20 |  |  |
| 20.1-25.0 mm | 15 | 6 | 9 |  |  |
| $\geq 25.1 \mathrm{~mm}$ | 8 | 5 | 3 |  |  |
| Total | 71,083 | 36,104 | 34,979 |  |  |


-No nodule
-Nodule $\leq 5.0 \mathrm{~mm}$

- Nodule $\geq 5.1 \mathrm{~mm}$



## 3. Cyst size

|  |  |  |  | As of 31 December 2016 |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Cyst size | Total |  |  | Class | Proportion |
|  |  | Male | Female |  |  |
| None | 25,424 | 13,651 | 11,773 | A 1 |  |
| $\leq 3.0 \mathrm{~mm}$ | 27,325 | 14,196 | 13,129 |  |  |
| $3.1-5.0 \mathrm{~mm}$ | 16,170 | 7,481 | 8,689 |  |  |
| $5.1-10.0 \mathrm{~mm}$ | 2,139 | 770 | 1,369 | A 2 |  |
| $10.1-15.0 \mathrm{~mm}$ | 23 | 6 | 17 |  | 25.8\% |
| $15.1-20.0 \mathrm{~mm}$ | 2 | 0 | 2 |  |  |
| 20.1-25.0 mm | 0 | 0 | 0 | B |  |
| $\geq 25.1 \mathrm{~mm}$ | 0 | 0 | 0 | B | 0.000\% |
| Total | 71,083 | 36,104 | 34,979 |  |  |




Appendix 5

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| District | Number of those screened <br> a | Participants who required confirmatory test <br> b Proportion (\%) | Number of those who underwent confirmatory test |  |  |  |  | Total | Number of confirmed results |  |  |  |
|  |  |  | Total <br> c <br> Proportion (\%) | Ages 4-9 <br> d <br> Proportion (\%) | Ages 10-14 <br> e <br> Proportion (\%) | Ages 15-19$\qquad$ | $\geq 20$gProportion (\%) |  | Next screening advised |  | Follow-up advised |  |
|  |  |  |  |  |  |  |  |  |  |  |  | Aspiration biopsy |
|  |  |  |  |  |  |  |  | h | ${ }_{i}^{\text {A1 }}$ | ${ }_{\text {A2 }}$ | k | 1 |
|  |  |  |  |  |  |  |  | Proportion (\%) | Proportion (\%) | Proportion (\%) | Proportion (\%) | Proportion (\%) |
|  |  |  |  |  |  |  |  |  |  |  |  |  |


| Kawamata | 1,376 | 8 | 2 | 0 | 1 | 1 | 0 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 0.6 | 25.0 | 0.0 | 50.0 | 50.0 | 0.0 |
| Namie | 1,224 | 11 | 1 | 0 | 0 | 1 | 0 |
|  |  | 0.9 | 9.1 | 0.0 | 0.0 | 100.0 | 0.0 |
| Iitate | 564 | 3 | 3 | 0 | 1 | 1 | 1 |
|  |  | 0.5 | 100.0 | 0.0 | 33.3 | 33.3 | 33.3 |
| Minami-soma | 5,904 | 43 | 16 | 0 | 5 | 10 | 1 |
|  |  | 0.7 | 37.2 | 0.0 | 31.3 | 62.5 | 6.3 |
| Date | 6,943 | 44 | 22 | 0 | 8 | 12 | 2 |
|  |  | 0.6 | 50.0 | 0.0 | 36.4 | 54.5 | 9.1 |
| Tamura | 3,734 | 30 | 18 | 1 | 7 | 8 | 2 |
|  |  | 0.8 | 60.0 | 5.6 | 38.9 | 44.4 | 11.1 |
| Hirono | 294 | 2 | 1 | 0 | 0 | 1 | 0 |
|  |  | 0.7 | 50.0 | 0.0 | 0.0 | 100.0 | 0.0 |
| Naraha | 252 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Tomioka | 545 | 5 | 2 | 0 | 0 | 2 | 0 |
|  |  | 0.9 | 40.0 | 0.0 | 0.0 | 100.0 | 0.0 |
| Kawauchi | 98 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Okuma | 471 | 6 | 3 | 0 | 1 | 2 | 0 |
|  |  | 1.3 | 50.0 | 0.0 | 33.3 | 66.7 | 0.0 |
| Futaba | 191 | 1 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.5 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Katsurao | 68 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Fukushima | 32,635 | 163 | 40 | 2 | 3 | 26 | 9 |
|  |  | 0.5 | 24.5 | 5.0 | 7.5 | 65.0 | 22.5 |
| Nihonmatsu | 6,156 | 43 | 16 | 0 | 6 | 8 | 2 |
|  |  | 0.7 | 37.2 | 0.0 | 37.5 | 50.0 | 12.5 |
| Motomiya | 3,700 | 16 | 5 | 1 | 1 | 2 | 1 |
|  |  | 0.4 | 31.3 | 20.0 | 20.0 | 40.0 | 20.0 |
| Otama | 1,022 | 6 | 4 | 0 | 1 | 3 | 0 |
|  |  | 0.6 | 66.7 | 0.0 | 25.0 | 75.0 | 0.0 |
| Koriyama | 8,628 | 48 | 2 | 0 | 0 | 2 | 0 |
|  |  | 0.6 | 4.2 | 0.0 | 0.0 | 100.0 | 0.0 |
| Kori | 1,320 | 10 | 2 | 0 | 1 | 1 | 0 |
|  |  | 0.8 | 20.0 | 0.0 | 50.0 | 50.0 | 0.0 |
| Kunimi | 997 | 8 | 4 | 0 | 2 | 0 | 2 |
|  |  | 0.8 | 50.0 | 0.0 | 50.0 | 0.0 | 50.0 |
| Tenei | 190 | 2 | 0 | 0 | 0 | 0 | 0 |
|  |  | 1.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Shirakawa | 5,633 | 11 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Nishigo | 1,301 | 5 | 1 | 0 | 0 | 1 | 0 |
|  |  | 0.4 | 20.0 | 0.0 | 0.0 | 100.0 | 0.0 |
| Izumizaki | 131 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Miharu | 489 | 1 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Subtotal | 83,866 | 466 | 142 | 4 | 37 | 81 | 20 |
|  |  | 0.6 | 30.5 | 2.8 | 26.1 | 57.0 | 14.1 |


| 1 | 0 | 1 | 0 | 0 |
| :---: | :---: | :---: | :---: | :---: |
| 50.0 | 0.0 | 100.0 | 0.0 | 0.0 |
| 0 | 0 | 0 | 0 | 0 |
| 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 2 | 0 | 0 | 2 | 0 |
| 66.7 | 0.0 | 0.0 | 100.0 | 0.0 |
| 7 | 0 | 0 | 7 | 0 |
| 43.8 | 0.0 | 0.0 | 100.0 | 0.0 |
| 9 | 0 | 1 | 8 | 0 |
| 40.9 | 0.0 | 11.1 | 88.9 | 0.0 |
| 9 | 0 | 2 | 7 | 0 |
| 50.0 | 0.0 | 22.2 | 77.8 | 0.0 |
| 1 | 0 | 0 | 1 | 0 |
| 100.0 | 0.0 | 0.0 | 100.0 | 0.0 |
| 0 | 0 | 0 | 0 | 0 |
| 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 0 | 0 | 0 | 0 | 0 |
| 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 0 | 0 | 0 | 0 | 0 |
| 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 1 | 0 | 0 | 1 | 0 |
| 33.3 | 0.0 | 0.0 | 100.0 | 0.0 |
| 0 | 0 | 0 | 0 | 0 |
| 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 0 | 0 | 0 | 0 | 0 |
| 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 11 | 0 | 1 | 10 | 0 |
| 27.5 | 0.0 | 9.1 | 90.9 | 0.0 |
| 14 | 0 | 2 | 12 | 0 |
| 87.5 | 0.0 | 14.3 | 85.7 | 0.0 |
| 2 | 0 | 0 | 2 | 0 |
| 40.0 | 0.0 | 0.0 | 100.0 | 0.0 |
| 2 | 0 | 0 | 2 | 0 |
| 50.0 | 0.0 | 0.0 | 100.0 | 0.0 |
| 1 | 0 | 1 | 0 | 0 |
| 50.0 | 0.0 | 100.0 | 0.0 | 0.0 |
| 1 | 0 | 0 | 1 | 0 |
| 50.0 | 0.0 | 0.0 | 100.0 | 0.0 |
| 2 | 0 | 0 | 2 | 0 |
| 50.0 | 0.0 | 0.0 | 100.0 | 0.0 |
| 0 | 0 | 0 | 0 | 0 |
| 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 0 | 0 | 0 | 0 | 0 |
| 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 0 | 0 | 0 | 0 | 0 |
| 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 0 | 0 | 0 | 0 | 0 |
| 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 0 | 0 | 0 | 0 | 0 |
| 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| 63 | 0 | 8 | 55 | 0 |
| 44.4 | 0.0 | 12.7 | 87.3 | 0.0 |

h) Excluding participants who have not received the test results.

Fractions have been rounded and may not total to $100 \%$. Ages are at the time when the participants underwent the testing (the Second Full-scale Thyroid Screening).

| Confirmatory test results by municipality |  |  |  |  |  |  |  | As of 31 December 2016 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| District | Number of those screened <br> a | Participants who required confirmatory test <br> b <br> Proportion (\%) | Number of those who underwent confirmatory test |  |  |  |  |  Number of confirmed re <br>   <br> Total  <br>  Next screening advised |  |  | \| Follow-up advised |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  | Total | Ages 4-9 | Ages 10-14 | Ages 15-19 | $\geq 20$ |  |  |  |  | Aspiration biopsy |
|  |  |  | c | d | e | f | g | h | $\underset{\mathrm{A} 1}{\mathrm{~A}}$ | $\begin{gathered} \text { A2 } \\ \mathrm{j} \end{gathered}$ | k | 1 |
|  |  |  | Proportion (\%) | Proportion (\%) | Proporion (\%) | Proportion (\%) | Proportion (\%) | Proportion (\%) | Proportion (\% | Proportion (\%) | Proportion (\%) | Proportion (\%) |
| Screening coverage by municipality in FY 2017 |  |  |  |  |  |  |  |  |  |  |  |  |
| Iwaki | 538 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.4 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Sukagawa | 802 | 4 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.5 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Soma | 229 | 1 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 1 |
|  |  | 0.4 | 100.0 | 0.0 | 0.0 | 100.0 | 0.0 | 100.0 | 0.0 | 0.0 | 100.0 | 100.0 |
| Kagamiishi | 144 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Shinchi | 30 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Nakajima | 98 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Yabuki | 240 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Ishikawa | 124 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.8 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Yamatsuri | 35 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Asakawa | 81 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 2.5 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Hirata | 49 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Tanagura | 146 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 1.4 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Hanawa | 73 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 2.7 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Samegawa | 32 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Ono | 149 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Tamakawa | 50 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Furudono | 26 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Hinoemata | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Minami-aizu | 41 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Kaneyama | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Showa | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Mishima | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Shimogo | 8 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Kitakata | 59 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Nishiaizu | 7 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Tadami | 12 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 8.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Inawashiro | 79 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Bandai | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Kitashiobara | 6 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Aizumisato | 17 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Aizubange | 34 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Yanaizu | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Aizuwakamatsu | 230 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.9 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Yugawa | 7 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
|  |  | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 |
| Subtotal | 3,351 | 17 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 1 |
|  |  | 0.5 | 5.9 | 0.0 | 0.0 | 100.0 | 0.0 | 100.0 | 0.0 | 0.0 | 100.0 | 100.0 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| Total | $87,217$ | 483 | 143 | 4 | 37 | 82 | 20 | 64 | 0 | 8 | 56 | 1 |
|  |  | 0.6 | 29.6 | 2.8 | 25.9 | 57.3 | 14.0 | 44.8 | 0.0 | 12.5 | 87.5 | 1.8 |

## Progress Report of the Comprehensive Health Check

Reported on 20 February 2017

## 1. Group

Residents of nationally designated evacuation zones as of 2011 and those who were recommended to have follow-up based on results of the Basic Survey.

【Evacuation area, etc.】
All of Tamura City, Minami-Soma city, Kawamata Town, Hirono Town, Naraha Town, Tomioka Town, Kawauchi Village, Okuma Town, Futaba Town, Namie Town, Katsurao Village, Iitate Village and parts of Date City (belonging to designated evacuation areas)

## 2. The implementation status in FY 2015

-Methods of FY 2015

| Age <br> group | Area |  |
| :--- | :--- | :--- |
| l <br> years <br> old | Within <br> the <br> prefecture | Methods |

1) conducted outside the prefecture (cases where the municipality delegated the examination to examination agencies)

## - Results of FY 2015

Progress Report for FY 2011-2015 (Ages 16 and older)

|  | FY 2011 | FY 2012 | FY 2013 | FY 2014 | FY 2015 |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Revised value as of 11 Sep 2012 | Revised value <br> as of 5 Jul 2013 | Revised value as of 1 Sep 2014 | Revised value as of 1 Sep 2015 | Revised value as of 1 Sep 2016 |
| Survey population | 182,370 | 184,910 | 186,970 | 188,328 | 190,019 |
| Health Check conducted by municipalities within the prefecture | 8,798 | 23,907 | 25,604 | 25,913 | 26,195 |
| Individual examinations conducted within the prefecture | - | 6,692 | 5,806 | 4,927 | 4,443 |
| Group examinations conducted within the prefecture | 41,949 | 10,603 | 6,767 | 5,808 | 5,183 |
| Individual examinations conducted outside the prefecture | 3,815 | 3,055 | 3,205 | 3,418 | 3,332 |
| Other ${ }^{1,2}$ | 2,045 | 3,206 | 2,017 | 1,846 | 2,113 |
| Number of overlapping examinees within and outside the prefecture | 208 | 454 | 359 | 38 | 55 |
| Total (Excluding the number of overlapping examinees) | 56,399 | 47,009 | 43,040 | 41,874 | 41,211 |
| Proportion of participants (\%) | $30.9 \%$ | 25.4\% | 23.0\% | 22.2\% | 21.7\% |

1) conducted within the prefecture (cases where the municipality delegated the examination to medical institutions or county/city medical associations)
2) conducted outside the prefecture (cases where the municipality delegated the examination to examination agencies)

Progress Report for FY 2011-2015 (Ages 15 and younger)

|  | FY 2014 | FY 2015 |
| :---: | :---: | :---: |
| $\begin{aligned} & \text { lue } \\ & 014 \end{aligned}$ | Revised value as of 1 Sep 2015 | Revised value as of 1 Sep 2016 |
| 6,474 | 25,883 | 25,296 |
| 8,432 | 7,432 | 6,206 |
| 1,822 | 1,792 | 1,403 |
| 6 | 8 | 6 |
| 0,248 | 9,216 | 7,603 |
| 38.7\% | 35.6\% | 30.1\% |

## $\langle$ Proportion of participants

The proportion of participants 16 years and older was $21.7 \%$ in FY 2015. Compared to $22.2 \%$ in FY 2014, it has decreased by 0.5 points. Similarly, the proportion of participants who are 15 and under was $30.1 \%$, which has decreased by 5.5 points compared to $35.6 \%$ in FY 2014.

## 3. Progress Report of FY 2016

Group: 215,701 individuals
(24,600 individuals aged 15 and under, 191,101 individuals aged 16 and older)
As of 31 December 2016


[^6]
## 【People residing within the prefecture】

For those aged 16 and older, items were added to specific health check-ups held by 12 municipalities except Date city as before, so that examinations could be simultaneously conducted. The number of examinees who are 16 and older is 25,628 (preliminary data).

Furthermore, we have been conducting group health examinations and individual health examinations at medical institutions for those who could not receive the above-mentioned check-ups since January 2016. (The number of cooperating medical institutions that provide individual health exams is 482 .)

For children aged 15 and under, the health exams were conducted during an approximately 6-month period from Jul to Dec 2016 as was the case in the previous year. (Number of cooperating medical institutions was 96 .) The number of examinees is 4,404 (preliminary data).

## 【People living outside the prefecture】

In addition to increasing the number of medical institutions that can conduct health examinations nationwide, we have sequentially sent out notices from mid-July in order to ensure early implementation starting from August. At this point, the number of examinees who are 16 and older is 1,192 , and number of those who are 15 and younger is 864 .

## Comprehensive Health Check for Children in FY 2011-2015

Height and Weight (Aged 0-5)

| Boys' height | FY 2011 |  | FY 2012 |  | FY2013 |  | FY 2014 |  | FY 2015 |  | Difference |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | n | Mean(cm)(a) | n | Mean(cm)(b) | n | Mean(cm)(c) | n | Mean(cm)(d) | n | Mean(cm)(e) | (e)-(a) |
| 10-11 mo | 44 | 73.6 | 46 | 73.3 | 42 | 72.7 | 41 | 72.9 | 36 | 72.2 | $\triangle 1.4$ |
| 1 y - | 77 | 74.8 | 52 | 74.1 | 47 | 74.4 | 44 | 75.2 | 40 | 74.7 | $\triangle 0.1$ |
| $1 \mathrm{y} 2 \mathrm{mo}-$ | 68 | 76.5 | 64 | 77.2 | 35 | 77.0 | 35 | 77.3 | 24 | 77.1 | 0.6 |
| 1 y 4 mo | 93 | 78.7 | 54 | 79.1 | 43 | 78.1 | 32 | 79.2 | 33 | 78.9 | 0.2 |
| 1 y 6 mo | 80 | 81.2 | 59 | 80.2 | 30 | 79.8 | 45 | 80.0 | 39 | 79.8 | $\triangle 1.4$ |
| $1 \mathrm{y} 8 \mathrm{mo}-$ | 73 | 82.1 | 56 | 82.5 | 32 | 82.6 | 32 | 81.1 | 26 | 82.9 | 0.8 |
| $1 \mathrm{y} 10 \mathrm{mo}-1$ y 11 mo | 83 | 83.8 | 52 | 83.7 | 44 | 83.4 | 21 | 84.3 | 22 | 84.2 | 0.4 |
| 2 y - | 281 | 86.6 | 181 | 87.4 | 177 | 87.1 | 111 | 86.1 | 87 | 86.3 | $\triangle 0.3$ |
| 2 y 6 mo | 269 | 90.7 | 196 | 91.4 | 170 | 91.4 | 105 | 90.9 | 92 | 90.8 | 0.1 |
| 3 y - | 281 | 94.8 | 193 | 94.9 | 179 | 95.3 | 148 | 94.8 | 76 | 94.5 | $\triangle 0.3$ |
| 3 y 6 mo- | 257 | 98.6 | 170 | 99.0 | 176 | 98.2 | 150 | 98.4 | 89 | 98.3 | $\Delta 0.3$ |
| 4 y - | 258 | 101.7 | 203 | 102.3 | 172 | 101.8 | 162 | 102.5 | 123 | 101.9 | 0.2 |
| $4 \mathrm{y} 6 \mathrm{mo}-$ | 280 | 105.7 | 193 | 105.7 | 177 | 105.6 | 176 | 105.2 | 122 | 105.6 | $\triangle 0.1$ |
| 5 y - | 286 | 108.5 | 182 | 108.9 | 175 | 108.9 | 187 | 108.4 | 135 | 108.8 | 0.3 |
| 5 y 6 mo-5 y 11 mo | 293 | 111.4 | 199 | 111.9 | 180 | 111.9 | 155 | 112.0 | 147 | 112.1 | 0.7 |
| Total | 2,723 |  | 1,900 |  | 1,679 |  | 1444 |  | 1,091 |  |  |


| Girls' height | FY 2011 |  | FY 2012 |  | FY 2013 |  | FY 2014 |  | FY 2015 |  | Difference |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | n | Mean(cm)(a) | n | Mean(cm)(b) | n | Mean(cm)(c) | n | Mean(cm)(d) | n | Mean(cm)(e) | (e)-(a) |
| 10-11 mo | 36 | 71.5 | 49 | 72.0 | 45 | 72.6 | 39 | 71.3 | 22 | 70.4 | $\triangle 1.1$ |
| 1 y - | 79 | 73.7 | 60 | 73.4 | 45 | 74.0 | 33 | 73.3 | 33 | 73.2 | $\triangle 0.5$ |
| 1 y 2 mo | 85 | 75.1 | 41 | 75.2 | 43 | 75.9 | 34 | 74.5 | 34 | 74.3 | $\Delta 0.8$ |
| $1 \mathrm{y} 4 \mathrm{mo}-$ | 80 | 77.4 | 54 | 77.8 | 28 | 78.7 | 26 | 77.9 | 39 | 76.9 | $\triangle 0.5$ |
| $1 \mathrm{y} 6 \mathrm{mo}-$ | 78 | 78.9 | 53 | 78.9 | 23 | 79.6 | 34 | 79.0 | 26 | 78.3 | $\triangle 0.6$ |
| 1 y 8 mo | 86 | 81.2 | 49 | 81.1 | 47 | 80.9 | 35 | 81.2 | 30 | 80.8 | $\triangle 0.4$ |
| $1 \mathrm{y} 10 \mathrm{mo}-1$ y 11 mo | 98 | 82.0 | 52 | 81.8 | 51 | 82.9 | 38 | 82.5 | 33 | 82.0 | 0.0 |
| 2 y - | 263 | 85.4 | 178 | 85.6 | 148 | 85.8 | 107 | 85.3 | 86 | 85.0 | $\triangle 0.4$ |
| 2 y 6 mo | 288 | 89.9 | 199 | 89.7 | 166 | 90.3 | 125 | 89.9 | 94 | 90.6 | 0.7 |
| 3 y - | 255 | 93.5 | 208 | 94.0 | 164 | 94.0 | 134 | 93.5 | 83 | 93.8 | 0.3 |
| $3 \mathrm{y} 6 \mathrm{mo}-$ | 246 | 97.3 | 181 | 97.4 | 155 | 97.4 | 143 | 97.7 | 114 | 98.1 | 0.8 |
| 4 y - | 275 | 100.6 | 175 | 100.8 | 197 | 101.3 | 163 | 101.1 | 111 | 100.8 | 0.2 |
| $4 \mathrm{y} 6 \mathrm{mo}-$ | 253 | 104.2 | 192 | 103.9 | 175 | 104.5 | 161 | 104.3 | 119 | 104.9 | 0.7 |
| 5 y - | 286 | 107.6 | 197 | 107.5 | 168 | 107.8 | 174 | 108.2 | 152 | 107.7 | 0.1 |
| 5 y 6 mo-5 y 11 mo | 296 | 110.3 | 191 | 111.1 | 153 | 111.0 | 150 | 111.4 | 152 | 110.5 | 0.2 |
| Total | 2,704 |  | 1,879 |  | 1,608 |  | 1396 |  | 1,128 |  |  |

Comprehensive Health Check for Children in FY 2011-2015
Height and Weight (Aged 0-5)

| Boys' weight | FY 2011 |  | FY 2012 |  | FY 2013 |  | FY 2014 |  | FY 2015 |  | Difference |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | n | Mean(kg)(a) | $n$ | Mean(kg)(b) | $n$ | Mean(kg)(c) | n | Mean(kg)(d) | n | Mean(kg)(e) | (e)-(a) |
| 10-11 mo | 44 | 9.8 | 46 | 9.4 | 42 | 9.3 | 41 | 9.2 | 36 | 9.2 | $\Delta 0.6$ |
| 1 y - | 77 | 9.9 | 52 | 9.5 | 47 | 9.4 | 44 | 9.7 | 40 | 9.5 | $\triangle 0.4$ |
| $1 \mathrm{y} 2 \mathrm{mo}-$ | 68 | 10.4 | 64 | 10.2 | 35 | 10.1 | 35 | 10.2 | 24 | 10.0 | $\Delta 0.4$ |
| $1 \mathrm{y} 4 \mathrm{mo}-$ | 93 | 10.9 | 54 | 10.5 | 44 | 10.3 | 32 | 10.6 | 33 | 10.6 | $\Delta 0.3$ |
| $1 \mathrm{y} 6 \mathrm{mo}-$ | 80 | 11.2 | 59 | 11.2 | 30 | 11.0 | 45 | 10.9 | 39 | 10.6 | $\Delta 0.6$ |
| $1 \mathrm{y} 8 \mathrm{mo}-$ | 73 | 11.6 | 56 | 11.4 | 32 | 11.4 | 32 | 11.0 | 26 | 11.5 | $\Delta 0.1$ |
| $1 \mathrm{y} 10 \mathrm{mo}-1$ y 11 mo | 83 | 12.0 | 52 | 11.6 | 44 | 11.6 | 21 | 11.9 | 22 | 12.0 | 0.0 |
| 2 y - | 281 | 12.7 | 181 | 12.8 | 177 | 12.5 | 111 | 12.1 | 87 | 12.2 | $\Delta 0.5$ |
| $2 \mathrm{y} 6 \mathrm{mo}-$ | 269 | 13.8 | 196 | 13.5 | 170 | 13.6 | 105 | 13.3 | 92 | 13.4 | $\triangle 0.4$ |
| 3 y - | 281 | 14.8 | 193 | 14.6 | 179 | 14.6 | 148 | 14.5 | 76 | 14.3 | $\Delta 0.5$ |
| $3 \mathrm{y} 6 \mathrm{mo}-$ | 257 | 15.9 | 170 | 15.7 | 176 | 15.7 | 150 | 15.5 | 89 | 15.2 | $\Delta 0.7$ |
| 4 y - | 258 | 16.8 | 203 | 16.6 | 172 | 16.5 | 162 | 16.6 | 123 | 16.6 | $\Delta 0.2$ |
| 4 y 6 mo - | 280 | 17.9 | 193 | 17.8 | 177 | 17.7 | 176 | 17.5 | 122 | 17.8 | $\Delta 0.1$ |
| 5 y - | 286 | 18.7 | 182 | 18.5 | 175 | 19.0 | 187 | 18.7 | 135 | 18.7 | 0.0 |
| 5 y 6 mo-5 y 11 mo | 293 | 20.0 | 199 | 19.9 | 180 | 20.2 | 155 | 19.7 | 147 | 20.0 | 0.0 |
| Total | 2,723 |  | 1,900 |  | 1,680 |  | 1444 |  | 1,091 |  |  |


| Girls' weight | FY 2011 |  | FY 2012 |  | FY 2013 |  | FY 2014 |  | FY 2015 |  | Difference |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | n | Mean(kg)(a) | n | Mean(kg)(b) | n | Mean(kg)(c) | n | Mean(kg)(d) | n | Mean(kg)(e) | (e)-(a) |
| 10-11 mo | 36 | 8.9 | 49 | 8.7 | 45 | 8.9 | 39 | 8.6 | 22 | 8.4 | $\triangle 0.5$ |
| 1 y - | 79 | 9.4 | 60 | 9.1 | 45 | 9.0 | 33 | 9.0 | 33 | 9.0 | $\triangle 0.4$ |
| $1 \mathrm{y} 2 \mathrm{mo}-$ | 85 | 9.7 | 41 | 9.4 | 43 | 9.5 | 34 | 9.0 | 34 | 9.1 | $\Delta 0.6$ |
| 1 y 4 mo | 80 | 10.3 | 54 | 10.1 | 28 | 10.7 | 26 | 10.0 | 39 | 10.0 | $\triangle 0.3$ |
| $1 \mathrm{y} 6 \mathrm{mo}-$ | 79 | 10.5 | 53 | 10.4 | 23 | 10.8 | 34 | 10.0 | 26 | 10.0 | $\triangle 0.5$ |
| 1 y 8 mo | 86 | 11.0 | 49 | 10.5 | 47 | 10.7 | 35 | 11.1 | 30 | 10.8 | $\Delta 0.2$ |
| $1 \mathrm{y} 10 \mathrm{mo}-1$ y 11 mo | 98 | 11.2 | 52 | 10.8 | 51 | 11.0 | 38 | 11.2 | 33 | 10.8 | $\triangle 0.4$ |
| 2 y - | 263 | 12.1 | 178 | 11.9 | 148 | 11.9 | 107 | 11.8 | 86 | 11.6 | $\triangle 0.5$ |
| $2 \mathrm{y} 6 \mathrm{mo}-$ | 288 | 13.2 | 199 | 12.9 | 166 | 13.0 | 125 | 13.0 | 94 | 13.3 | 0.1 |
| 3 y - | 255 | 14.1 | 208 | 14.1 | 164 | 13.8 | 134 | 13.8 | 83 | 14.3 | 0.2 |
| 3 y 6 mo- | 246 | 15.2 | 181 | 15.0 | 155 | 15.0 | 143 | 15.0 | 114 | 15.3 | 0.1 |
| 4 y - | 275 | 16.4 | 175 | 16.0 | 197 | 16.2 | 163 | 16.0 | 111 | 16.0 | $\triangle 0.4$ |
| $4 \mathrm{y} 6 \mathrm{mo}-$ | 253 | 17.2 | 193 | 17.0 | 175 | 17.1 | 161 | 17.1 | 119 | 17.2 | 0.0 |
| 5 y - | 286 | 18.4 | 197 | 18.2 | 168 | 18.5 | 174 | 18.4 | 152 | 18.0 | $\Delta 0.4$ |
| 5 y 6 mo-5 y 11 mo | 296 | 19.3 | 191 | 19.6 | 153 | 19.6 | 150 | 19.6 | 152 | 19.1 | $\triangle 0.2$ |
| Total | 2,705 |  | 1,880 |  | 1,608 |  | 1396 |  | 1,128 |  |  |

Comprehensive Health Check for Children in FY 2011-2015
Comparison with the statistical study of school health conducted by the Ministry of Education, Culture, Science and Technology in Japan (6-15 years)
Boys' height

|  | $\begin{gathered} \text { Age } \\ \text { (years) } \end{gathered}$ | Nationwide | Nationwide |  | Fukushima |  |  | Comprehensive | Comprehensive |  |  |  | Diffe | ence |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Survey <br> FY 2010 | Survey <br> FY 2014 | Difference | Prefecture <br> FY 2010 | Prefecture <br> FY 2014 | Difference | Health Check for Children FY 2011 | Health Check for Children FY 2012 | Health Check for Children FY 2013 | Health Check for Children FY 2014 | Health Check for Children FY 2015 | $\begin{aligned} & \text { (FY 2015)- } \\ & \text { (FY 2011) } \end{aligned}$ | $\begin{gathered} \hline \text { (FY 2015)- } \\ \text { (FY 2015 } \\ \text { nationwide) } \end{gathered}$ |
|  |  | Mean (a) | Mean (b) | (b)-(a) | Mean (c) | Mean (d) | (d)-(c) | Mean (e) | Mean (f) | Mean (g) | Mean (h) | Mean (i) | (i)-(e) | (i)-(b) |
| Primary school | 6 | 116.7 | 116.5 | $\triangle 0.2$ | 116.6 | 116.6 | 0.0 | 116.6 | 116.6 | 117.3 | 116.8 | 116.5 | $\Delta 0.1$ | 0.0 |
|  | 7 | 122.5 | 122.4 | $\Delta 0.1$ | 122.3 | 122.2 | $\Delta 0.1$ | 122.8 | 123.0 | 122.8 | 123.4 | 122.7 | $\Delta 0.1$ | 0.2 |
|  | 8 | 128.2 | 128.0 | $\Delta 0.2$ | 128.3 | 128.6 | 0.3 | 128.1 | 128.5 | 128.3 | 128.9 | 128.9 | 0.8 | 0.8 |
|  | 9 | 133.5 | 133.6 | 0.1 | 133.7 | 134.1 | 0.4 | 133.4 | 133.9 | 134.2 | 133.7 | 134.2 | 0.8 | 0.7 |
|  | 10 | 138.8 | 138.9 | 0.1 | 138.8 | 139.3 | 0.5 | 139.3 | 139.4 | 139.1 | 139.8 | 139.5 | 0.2 | 0.6 |
|  | 11 | 145.0 | 145.1 | 0.1 | 145.6 | 146.3 | 0.7 | 145.5 | 145.8 | 146.0 | 146.0 | 146.1 | 0.6 | 0.9 |
| Middle school | 12 | 152.4 | 152.5 | 0.1 | 153.3 | 153.3 | 0.0 | 153.2 | 153.3 | 153.6 | 153.9 | 153.5 | 0.3 | 0.9 |
|  | 13 | 159.7 | 159.7 | 0.0 | 160.1 | 160.1 | 0.0 | 160.1 | 160.6 | 160.0 | 161.0 | 161.3 | 1.2 | 1.5 |
|  | 14 | 165.1 | 165.1 | 0.0 | 165.2 | 165.1 | $\Delta 0.1$ | 165.3 | 165.7 | 165.6 | 165.7 | 165.8 | 0.5 | 0.7 |
| High school | 15 | 168.2 | 168.3 | 0.1 | 168.6 | 168.5 | $\Delta 0.1$ | 168.4 | 168.2 | 167.6 | 168.2 | 167.3 | $\Delta 1.1$ | $\triangle 1.0$ |

Boys' weight

|  | Age (years) | Nationwide | Nationwide |  | Fukushima | Fukushima |  | Comprehensive | Comprehensive |  | Com | Comprehensive | Diffe | ence |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Survey <br> FY 2010 | Survey <br> FY 2014 | Difference | Prefecture <br> FY 2010 | Prefecture <br> FY 2014 | Difference | Health Check for Children FY 2011 | Health Check for Children FY 2012 | Health Check for Children FY 2013 | Health Check for Children FY 2014 | Health Check for Children FY 2015 | $\begin{aligned} & \text { (FY 2015)- } \\ & \text { (FY 2011) } \end{aligned}$ | $\begin{gathered} \hline \text { (FY 2015)- } \\ \text { (FY 2015 } \\ \text { nationwide) } \\ \hline \end{gathered}$ |
|  |  | Mean (a) | Mean (b) | (b)-(a) | Mean (c) | Mean (d) | (d)-(c) | Mean (e) | Mean (f) | Mean (g) | Mean (h) | Mean (i) | (i)-(e) | (i)-(b) |
| Primary school | 6 | 21.4 | 21.3 | $\triangle 0.1$ | 21.7 | 21.9 | 0.2 | 22.1 | 21.5 | 22.1 | 22.0 | 21.9 | $\triangle 0.2$ | 0.6 |
|  | 7 | 24.0 | 24.0 | 0.0 | 24.3 | 24.5 | 0.2 | 24.8 | 24.8 | 24.8 | 25.2 | 25.2 | 0.4 | 1.3 |
|  | 8 | 27.2 | 27.0 | $\triangle 0.2$ | 27.5 | 28.0 | 0.5 | 28.4 | 28.0 | 28.1 | 28.1 | 28.4 | 0.0 | 1.5 |
|  | 9 | 30.5 | 30.4 | $\Delta 0.1$ | 31.6 | 32.0 | 0.4 | 32.6 | 32.2 | 32.0 | 31.1 | 32.2 | $\triangle 0.4$ | 1.8 |
|  | 10 | 34.1 | 34.0 | $\triangle 0.1$ | 34.3 | 35.5 | 1.2 | 36.0 | 35.9 | 35.9 | 35.8 | 35.3 | $\Delta 0.7$ | 1.3 |
|  | 11 | 38.4 | 38.4 | 0.0 | 39.7 | 40.3 | 0.6 | 40.5 | 40.7 | 40.6 | 41.0 | 40.4 | $\Delta 0.1$ | 2.2 |
| Middle <br> school | 12 | 44.1 | 44.0 | $\Delta 0.1$ | 45.7 | 46.0 | 0.3 | 46.9 | 45.4 | 45.8 | 45.9 | 44.9 | $\Delta 2.0$ | 1.0 |
|  | 13 | 49.2 | 48.8 | $\triangle 0.4$ | 50.6 | 50.8 | 0.2 | 51.2 | 51.5 | 50.5 | 50.2 | 51.0 | $\Delta 0.2$ | 2.2 |
|  | 14 | 54.4 | 53.9 | $\Delta 0.5$ | 55.1 | 55.0 | $\Delta 0.1$ | 56.1 | 56.1 | 56.2 | 55.3 | 54.8 | $\Delta 1.3$ | 0.9 |
| High school | 15 | 59.5 | 58.9 | $\triangle 0.6$ | 61.7 | 60.9 | $\triangle 0.8$ | 60.0 | 58.7 | 59.3 | 59.5 | 58.9 | $\triangle 1.1$ | $\Delta 0.1$ |

Comprehensive Health Check for Children in FY 2011-2015
Comparison with the statistical study of school health conducted by the Ministry of Education, Culture, Science and Technology in Japan (6-15 years)

| Girls' height |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{aligned} & \text { Age } \\ & \text { (years) } \end{aligned}$ | Nationwide | Nationwide Survey FY 2014 | Difference | Fukushima Prefecture FY 2010 | Fukushima Prefecture FY 2014 | Difference | Comprehensive Health Check for Children FY 2011 | Comprehensive Health Check for Children FY 2012 | Comprehensive Health Check for Children FY 2013 | Comprehensive Health Check for Children FY 2014 | Comprehensive Health Check for Children FY 2015 | Difference |  |
|  |  | Survey <br> FY 2010 |  |  |  |  |  |  |  |  |  |  | (FY 2015)(FY 2011) | $\begin{gathered} \hline \text { (FY 2015)- } \\ \text { (FY 2015 } \\ \text { nationwide) } \end{gathered}$ |
|  |  | Mean (a) | Mean (b) | (b)-(a) | Mean (c) | Mean (d) | (d)-(c) | Mean (e) | Mean (f) | Mean (g) | Mean (h) | Mean (i) | (i)-(e) | (i)-(b) |
| Primary school | 6 | 115.8 | 115.5 | $\Delta 0.3$ | 115.7 | 115.5 | $\triangle 0.2$ | 115.6 | 115.6 | 115.8 | 115.2 | 115.9 | 0.3 | 0.4 |
|  | 7 | 121.7 | 121.5 | $\triangle 0.2$ | 122.0 | 121.7 | $\Delta 0.3$ | 121.5 | 121.6 | 121.8 | 122.0 | 120.9 | $\triangle 0.6$ | $\triangle 0.6$ |
|  | 8 | 127.4 | 127.4 | 0.0 | 128.1 | 127.4 | $\triangle 0.7$ | 127.5 | 127.9 | 127.2 | 127.6 | 127.9 | 0.4 | 0.6 |
|  | 9 | 133.5 | 133.4 | $\Delta 0.1$ | 133.5 | 133.7 | 0.2 | 133.6 | 133.9 | 133.8 | 133.7 | 133.6 | 0.0 | 0.2 |
|  | 10 | 140.2 | 140.1 | $\triangle 0.1$ | 139.7 | 140.0 | 0.3 | 140.4 | 140.0 | 140.8 | 140.8 | 140.5 | 0.1 | 0.4 |
|  | 11 | 146.8 | 146.8 | 0.0 | 146.9 | 147.6 | 0.7 | 146.9 | 147.4 | 147.3 | 147.6 | 147.6 | 0.7 | 0.9 |
| Middle <br> school | 12 | 151.9 | 151.8 | $\Delta 0.1$ | 151.6 | 152.0 | 0.4 | 152.2 | 152.1 | 151.7 | 152.0 | 152.1 | $\triangle 0.1$ | 0.3 |
|  | 13 | 155.0 | 154.8 | $\triangle 0.2$ | 155.1 | 154.9 | $\triangle 0.2$ | 154.6 | 154.9 | 155.2 | 154.1 | 154.7 | 0.1 | $\triangle 0.2$ |
|  | 14 | 156.5 | 156.4 | $\Delta 0.1$ | 156.2 | 156.0 | $\triangle 0.2$ | 156.4 | 156.4 | 156.1 | 156.4 | 155.8 | $\Delta 0.6$ | $\triangle 0.7$ |
| High school | 15 | 157.1 | 157.0 | $\Delta 0.1$ | 156.7 | 156.7 | 0.0 | 157.0 | 157.3 | 157.1 | 157.1 | 157.2 | 0.2 | 0.1 |


| Girls' weight ${ }^{\text {(kg) }}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Age (years) | Nationwide | Nationwide Survey FY 2014 | Difference | Fukushima <br> Prefecture <br> FY 2010 | Fukushima Prefecture FY 2014 | Difference | Comprehensive Health Check for Children FY 2011 | Comprehensive Health Check for Children FY 2012 | Comprehensive Health Check for Children FY 2013 | Comprehensive Health Check for Children FY 2014 | Comprehensive Health Check for Children FY 2015 | Difference |  |
|  |  | Survey <br> FY 2010 |  |  |  |  |  |  |  |  |  |  | $\begin{aligned} & \text { (FY 2015)- } \\ & \text { (FY 2011) } \end{aligned}$ | $\begin{array}{\|c\|} \hline \text { (FY 2015)- } \\ \text { (FY 2015 } \\ \text { nationwide) } \end{array}$ |
|  |  | Mean (a) | Mean (b) | (b)-(a) | Mean (c) | Mean (d) | (d)-(c) | Mean (e) | Mean (f) | Mean (g) | Mean (h) | Mean (i) | (i)-(e) | (i)-(b) |
| Primary school | 6 | 21.0 | 20.8 | $\Delta 0.2$ | 21.0 | 21.3 | 0.3 | 21.7 | 21.1 | 21.1 | 21.1 | 21.4 | $\triangle 0.3$ | 0.6 |
|  | 7 | 23.5 | 23.4 | $\Delta 0.1$ | 24.1 | 24.3 | 0.2 | 24.1 | 24.0 | 24.0 | 24.0 | 23.6 | $\triangle 0.5$ | 0.2 |
|  | 8 | 26.5 | 26.4 | $\triangle 0.1$ | 27.2 | 27.0 | $\triangle 0.2$ | 27.4 | 27.2 | 27.1 | 26.9 | 27.4 | 0.0 | 1.0 |
|  | 9 | 30.0 | 29.8 | $\Delta 0.2$ | 30.2 | 31.2 | 1.0 | 31.0 | 31.3 | 30.8 | 31.1 | 30.7 | $\triangle 0.3$ | 1.0 |
|  | 10 | 34.1 | 34.0 | $\Delta 0.1$ | 34.0 | 34.1 | 0.1 | 35.7 | 34.8 | 35.6 | 35.0 | 35.2 | $\triangle 0.5$ | 1.3 |
|  | 11 | 39.0 | 39.0 | 0.0 | 40.0 | 40.6 | 0.6 | 40.5 | 40.7 | 40.6 | 40.2 | 40.1 | $\Delta 0.4$ | 1.3 |
| Middle school | 12 | 43.8 | 43.6 | $\triangle 0.2$ | 45.1 | 45.2 | 0.1 | 45.8 | 44.0 | 43.8 | 44.4 | 44.2 | $\triangle 1.6$ | 0.6 |
|  | 13 | 47.3 | 47.2 | $\Delta 0.1$ | 48.7 | 48.9 | 0.2 | 48.5 | 47.4 | 47.8 | 46.7 | 48.3 | $\Delta 0.2$ | 1.0 |
|  | 14 | 50.0 | 50.0 | 0.0 | 51.2 | 50.6 | $\triangle 0.6$ | 51.8 | 50.7 | 49.7 | 49.7 | 49.7 | $\Delta 2.1$ | $\triangle 0.2$ |
| High school | 15 | 51.6 | 51.4 | $\Delta 0.2$ | 53.1 | 51.6 | $\triangle 1.5$ | 53.5 | 51.7 | 50.9 | 52.1 | 52.0 | $\triangle 1.5$ | 0.5 |

Drawn from the statistical study of school health for FY 2010, 2014 conducted by the Ministry of Education, Culture, Science and Technology in Japan.

【Results】

- Height

Comparing boys' height in FY 2015 with FY 2011, no specific trend was evident for children aged 10 months to 5 years. However, the heights decreased among girls aged 10 months to 1 year 9 months and 2 years to 2 years 5 months compared to FY 2011, and there was no difference for girls aged 1 year 10-11 months. Also, comparing the height of girls aged 2 years 6 months to 5 years in FY 2015 with FY 2011, children were taller.

Comparing the height of primary and middle school boys in FY 2015 with FY 2011, those 8 years and older were taller. In comparison with national averages in FY 2015, children of all ages also were taller.
Comparing the height of boys aged 15 years in FY 2015 with FY 2011 and national averages in FY 2015, those aged 15 years were shorter.

Comparing the height of primary school girls in FY 2015 with FY 2011 and national averages in FY 2015, children were taller except those aged 7 years who were shorter.
Comparing the height of middle school girls in FY 2015 with FY 2011, children aged 12 and 14 years were shorter, and children aged 13 years were taller. In comparison with national averages in FY 2015, Fukushima children aged 13-14 years were shorter, 12 years were taller.
Comparing the height of girls aged 15 years in FY 2015 with FY 2011 and national averages in FY 2015, those aged 15 years were taller.

## - Weight

Comparing children's weight in FY 2015 with FY 2011, most boys aged 10 months to 5 years weigh less. However, there was no difference for boys aged 1 year 10-11 months and 5 years to under 6 years. Comparing the weight of girls aged 10 months to 5 years in FY 2015 with FY 2011, most of those aged 10 months to 2 years 5 months, 4 years to 4 years 5 months and 5 years to under 6 years weigh less. Those aged 2 years 6 months to under 4 years weigh more and there was no difference for girls aged 4 years 6-11 months.
Comparing the weight of primary and middle school boys in FY 2015 with FY 2011, children of all ages except those aged 8 years weigh less. In comparison with national averages in FY 2015, children of all ages weigh more.

Comparing the weight of boys aged 15 years in FY 2015 with FY 2011 and national averages in FY 2015, those aged 15 years weigh less.
Comparing the weight of primary school girls in FY 2015 with FY 2011, children of all ages except those aged 8 years weigh less. There was no difference for 8 -year-old girls. In comparison with national averages, children of all ages weigh more.

Comparing the weight of middle school girls in FY 2015 with FY 2011, children of all ages weigh less. In comparison with national averages, those in Fukushima aged 12-13 years weigh more and those aged 14 years weigh less.

Comparing the weight of girls aged 15 years in FY 2015 with FY 2011, those aged 15 years weigh less, but weigh more compared to national averages.

## 【Summary】

Comparing the FY 2015 survey with FY 2011, most children of target municipalities including the nationally designated evacuation zones tend to be taller and weigh less. (No specific trend was evident for boys under 6 years old.) Compared it with the national median, most school-age children were taller and weigh more.

# FY 2011－2015 Comprehensive Health Check Health Statistics Reports 

Reported on 20 February 2017

## 【Group】

Residents of nationally designated evacuation zones as of 2011 and those who were recommended to have follow－up based on results of the Basic Survey．

【Evacuation area，etc．】
All of Tamura City，Minami－Soma city，Kawamata Town，Hirono Town，Naraha Town，Tomioka Town，Kawauchi Village，Okuma Town，Futaba Town，Namie Town，Katsurao Village，Iitate Village and parts of Date City（belonging to designated evacuation areas）

## 〔Examination items】

| Age group（years） | Examination Items |
| :---: | :---: |
| $0-6$ <br> （Infant before entering school） | Height，weight，CBC（Number of red blood cells，hematocrit，hemoglobin，platelet count， number of white blood cells，differential white blood count．） |
| $7-15$ （From 1st to 9 th grade） | Height，weight，blood pressure， <br> CBC（Number of red blood cells，hematocrit，hemoglobin，platelet count，number of white blood cells，differential white blood count．） <br> ［Additional items on request］ <br> Blood biochemistry（AST，ALT，$\gamma G T$ ，TG，HDL－C，LDL－C，HbA1c，plasma glucose，serum creatinine，uric acid） |
| 16 and older | Height，weight，abdominal circumference or BMI，blood pressure <br> CBC（Number of red blood cells，hematocrit，hemoglobin，platelet count，number of white <br> blood cells，differential white blood count．） <br> Urinary test（urine protein，urinary sugar，urine occult blood） <br> Blood biochemistry（AST，ALT，$\gamma \mathrm{GT}, \mathrm{TG}$, HDL－C，LDL－C，HbA1c，plasma glucose，serum creatinine，estimated glomerular filtration rate［eGFR］，uric acid） <br> The underlined values are not routinely measured during regular health exams． |

－Medical examination results in FY 2015 are divided into general age categories and，due to differences in medical checkup items，also divided into 5 age groups：0－6 years old，7－15 years old， 16－39 years old， $40-64$ years old，and 65 years old and above．This is further paired with 2 categories resulting in 10 categories，and the results were compiled for each medical checkup item．
－Individuals who received examination at least twice in the same year have been included in the total results．
－Symbols in the tables are represented in the same way as in Vital Statistics of the Ministry of Health， Labour and Welfare：

When there are no figures（－）
When there are no items（no medical checkup items due to age category）（ $\cdot$ ）
When it is not appropriate to express the total（．．．）
When the percentage is small（less than 0．05）（ $0.0 \%$ ）

- A statistical analysis has not been conducted.
- Although there are no significant changes in the survey population of FY 2012-2015 from FY 2011, the participants, the time they received their health exams, and the medical organizations differ. Due to such modifying factors, this is not a strict comparison.

Note: Exam schedule for participants aged 15 years old and under
FY 2011: Jan-Mar 2012
FY 2012: Jul-Dec 2012
FY 2013: Jul-Dec 2013
FY 2014: Jul-Dec 2014
FY 2015: Jul-Dec 2015

Height
FY 2015

| Height (cm) (overall) |  |  |  |  |
| ---: | :--- | :--- | :--- | :--- |
| Age | Examinees | Average age | Average height |  |
|  |  |  |  |  |
| $0-6$ | 2,655 | 3.8 | 96.9 |  |
| $7-15$ | 4,903 | 10.9 | 142.2 |  |
| $16-39$ | 5,354 | 29.2 | 162.7 |  |
| $40-64$ | 14,748 | 55.0 | 160.2 |  |
| $65-$ | 19,551 | 73.3 | 154.9 |  |


| Height (cm) (male) |  |  |  |  |  |  |  |
| ---: | ---: | ---: | ---: | ---: | :--- | :--- | :--- |
| Age | Examinees |  | Average age | Average <br> height | 150 <br> below | 170 <br> above |  |
| $0-6$ | 1,309 | 3.8 | 96.9 | $\ldots$ | $\ldots$ |  |  |
| $7-15$ | 2,558 | 11.0 | 143.7 | $\ldots$ | $\ldots$ |  |  |
| $16-39$ | 1,897 | 28.0 | 171.0 |  | $0.5 \%$ | $57.5 \%$ |  |
| $40-64$ | 5,483 | 55.5 | 168.1 | $0.2 \%$ | $37.8 \%$ |  |  |
| $65-$ | 8,868 | 73.3 | 162.0 | $2.8 \%$ | $10.0 \%$ |  |  |


| Height (cm) (female) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average height | 140 cm and below | 160 cm and above |
| 0-6 | 1,346 | 3.9 | 96.8 | $\ldots$ | $\ldots$ |
| 7-15 | 2,345 | 10.9 | 140.7 | $\ldots$ | $\ldots$ |
| 16-39 | 3,457 | 29.8 | 158.2 | 0.2\% | 37.7\% |
| 40-64 | 9,265 | 54.8 | 155.5 | 0.4\% | 21.4\% |
| 65- | 10,683 | 73.2 | 149.1 | 6.6\% | 2.7\% |

## Weight

FY 2015

| Weight (kg) (overall) |  |  |  |  |
| ---: | :--- | :--- | :--- | :---: |
| Age | Examinees |  | Average age |  |
|  |  |  | Average weight |  |
| $0-6$ | 2,655 | 3.8 | 15.4 |  |
| $7-15$ | 4,903 | 10.9 | 38.0 |  |
| $16-39$ | 5,354 | 29.2 | 59.8 |  |
| $40-64$ | 14,748 | 55.0 | 61.1 |  |
| $65-$ | 19,559 | 73.3 | 57.3 |  |


| Weight (kg) (male) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average <br> weight | $50 \quad \mathrm{~kg} \quad$ and below | $70 \quad \mathrm{~kg}$ and above |
| 0-6 | 1,309 | 3.8 | 15.5 | $\ldots$ | $\ldots$ |
| 7-15 | 2,558 | 11.0 | 39.0 | $\ldots$ | $\ldots$ |
| 16-39 | 1,897 | 28.0 | 68.7 | 4.7\% | 38.9\% |
| 40-64 | 5,483 | 55.5 | 69.3 | 1.9\% | 43.3\% |
| 65- | 8,871 | 73.3 | 63.1 | 7.4\% | 22.1\% |


| Weight (kg) (female) |  |  |  |  |  |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | :--- |
| Age | Examinees | Average age | Average <br> weight | $45 \quad \mathrm{~kg} \quad$ and <br> below | $65 \quad \mathrm{~kg}$ <br> above |
| $0-6$ | 1,346 | 3.9 | 15.3 | $\ldots$ | $\ldots$ |
| $7-15$ | 2,345 | 10.9 | 36.9 | $\ldots$ | $\ldots$ |
| $16-39$ | 3,457 | 29.8 | 55.0 | $13.8 \%$ | $14.3 \%$ |
| $40-64$ | 9,265 | 54.8 | 56.3 | $9.9 \%$ | $17.1 \%$ |
| $65-$ | 10,688 | 73.2 | 52.5 | $19.0 \%$ | $8.1 \%$ |

## BMI

FY 2015

| BMI (weight/height ${ }^{2}$ ) (overall) |  |  |  |  |  |  |
| ---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average BMI | Less than 18 | 25 and above |  |
|  |  |  |  |  |  |  |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ |  |
| $7-15$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ |  |
| $16-39$ | 5,354 | 29.2 | 22.5 | $9.1 \%$ | $21.7 \%$ |  |
| $40-64$ | 14,748 | 55.0 | 23.7 | $3.8 \%$ | $32.9 \%$ |  |
| $65-$ | 19,551 | 73.3 | 23.8 | $3.0 \%$ | $34.0 \%$ |  |


| BMI (weight/height ${ }^{2}$ ) (male) |  |  |  |  |  |  |
| ---: | :--- | :--- | :--- | :--- | :--- | :---: |
| Age | Examinees | Average age | Average BMI | Less than 18 | 25 and above |  |
|  |  |  |  |  |  |  |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ |  |
| $7-15$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ |  |
| $16-39$ | 1,897 | 28.0 | 23.5 | $5.8 \%$ | $29.3 \%$ |  |
| $40-64$ | 5,483 | 55.5 | 24.5 | $1.4 \%$ | $40.6 \%$ |  |
| $65-$ | 8,868 | 73.3 | 24.0 | $2.0 \%$ | $36.3 \%$ |  |


| BMI (weight/height ${ }^{2}$ ) (female) |  |  |  |  |  |  |
| ---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average BMI | Less than 18 | 25 and above |  |
|  |  |  |  |  |  |  |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ |  |
| $7-15$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ |  |
| $16-39$ | 3,457 | 29.8 | 22.0 | $11.0 \%$ | $17.6 \%$ |  |
| $40-64$ | 9,265 | 54.8 | 23.3 | $5.1 \%$ | $28.4 \%$ |  |
| $65-$ | 10,683 | 73.2 | 23.6 | $3.7 \%$ | $32.2 \%$ |  |

## Abdominal circumference (AC)

FY 2015

| AC (cm) (overall) |  |  |  |
| :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average AC |
| 0-6 | - | - | - |
| 7-15 | - | - | - |
| 16-39 | 1,391 | 29.0 | 76.6 |
| 40-64 | 14,742 | 55.0 | 84.0 |
| 65- | 12,825 | 69.5 | 85.1 |


| AC (cm) (male) |  |  |  |  |  |
| ---: | :---: | :---: | :---: | :--- | :---: |
| Age | Examinees | Average age | Average AC | 85 cm and above |  |
|  |  |  |  |  |  |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ |  |
| $7-15$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ |  |
| $16-39$ | 501 | 28.6 | 80.4 | $31.3 \%$ |  |
| $40-64$ | 5,480 | 55.5 | 86.7 | $55.8 \%$ |  |
| $65-$ | 5,820 | 69.5 | 86.4 | $57.7 \%$ |  |


| AC (cm) |  |  |  |  |  | (female) |
| ---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average AC | 90 cm and above |  |  |
|  |  |  |  |  |  |  |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ |  |  |
| $7-15$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ |  |  |
| $16-39$ | 890 | 29.2 | 74.4 | $7.5 \%$ |  |  |
| $40-64$ | 9,262 | 54.8 | 82.4 | $21.4 \%$ |  |  |
| $65-$ | 7,005 | 69.6 | 84.1 | $25.9 \%$ |  |  |

## Systolic blood pressure

FY 2015

| Systolic blood pressure (mmHg) (overall) |  |  |  |  |
| ---: | ---: | ---: | :--- | :--- |
| Age | Examinees | Average age | Average <br> systolic blood <br> pressure | 140 mmHg and above |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ | $\bullet$ |
| $7-15$ | 4,898 | 10.9 | 104.9 | $0.2 \%$ |
| $16-39$ | 5,354 | 29.2 | 110.9 | $2.1 \%$ |
| $40-64$ | 14,748 | 55.0 | 123.6 | $14.2 \%$ |
| $65-$ | 19,559 | 73.3 | 130.5 | $24.8 \%$ |


| Systolic blood pressure (mmHg) (male) |  |  |  |  |
| ---: | ---: | ---: | :--- | :--- |
| Age | Examinees | Average age | Average <br> systolic blood <br> pressure | 140 mmHg and above |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ |
| $7-15$ | 2,554 | 11.0 | 106.3 | $0.3 \%$ |
| $16-39$ | 1,897 | 28.0 | 116.3 | $3.5 \%$ |
| $40-64$ | 5,484 | 55.5 | 126.6 | $17.4 \%$ |
| $65-$ | 8,871 | 73.3 | 131.1 | $26.5 \%$ |


| Systolic blood pressure (mmHg) (female) |  |  |  |  |
| ---: | ---: | ---: | :--- | :--- |
| Age | Examinees | Average age | Average <br> systolic blood <br> pressure | 140 mmHg and above |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ | $\bullet$ |
| $7-15$ | 2,344 | 10.9 | 103.4 | $0.1 \%$ |
| $16-39$ | 3,457 | 29.8 | 107.9 | $1.4 \%$ |
| $40-64$ | 9,264 | 54.8 | 121.8 | $12.3 \%$ |
| $65-$ | 10,688 | 73.2 | 129.9 | $23.4 \%$ |

## Diastolic blood pressure

FY 2015

| Diastolic blood pressure (mmHg) (overall) |  |  |  |  |  |
| ---: | ---: | ---: | ---: | ---: | :---: |
| Age | Examinees | Average age | Average diastolic <br> blood pressure | 90 mmHg and above |  |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ |  |
| $7-15$ | 4,898 | 10.9 | 60.9 | $0.3 \%$ |  |
| $16-39$ | 5,354 | 29.2 | 67.1 | $2.7 \%$ |  |
| $40-64$ | 14,748 | 55.0 | 75.9 | $10.9 \%$ |  |
| $65-$ | 19,559 | 73.3 | 74.9 | $7.3 \%$ |  |


| Diastolic blood pressure (mmHg) (male) |  |  |  |  |  |
| ---: | ---: | ---: | ---: | ---: | :---: |
| Age | Examinees | Average age | Average diastolic <br> blood pressure | 90 mmHg and above |  |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ |  |  |
| $7-15$ | 2,554 | 11.0 | 61.2 | $0.4 \%$ |  |
| $16-39$ | 1,897 | 28.0 | 69.8 | $4.1 \%$ |  |
| $40-64$ | 5,484 | 55.5 | 78.9 | $15.9 \%$ |  |
| $65-$ | 8,871 | 73.3 | 75.8 | $8.7 \%$ |  |


| Diastolic blood pressure (mmHg) (female) |  |  |  |  |  |
| ---: | ---: | ---: | ---: | ---: | :---: |
| Age | Examinees | Average age | Average diastolic <br> blood pressure | 90 mmHg and above |  |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ |  |
| $7-15$ | 2,344 | 10.9 | 60.6 | $0.3 \%$ |  |
| $16-39$ | 3,457 | 29.8 | 65.6 | $2.0 \%$ |  |
| $40-64$ | 9,264 | 54.8 | 74.1 | $8.0 \%$ |  |
| $65-$ | 10,688 | 73.2 | 74.1 | $6.2 \%$ |  |

## Urinary sugar

FY 2015

| Urinary sugar (overall) |  |  |  |  |
| ---: | :---: | :---: | :--- | :--- |
| Age | Examinees | Average age | $(1+)$ <br> above | and |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ |  |
| $7-15$ | $\cdot$ | $\cdot$ |  |  |
| $16-39$ | 5,316 | 29.2 | $0.5 \%$ |  |
| $40-64$ | 14,712 | 55.1 | $2.2 \%$ |  |
| $65-$ | 19,495 | 73.2 | $2.2 \%$ |  |


| Urinary sugar (male) |  |  |  |  |
| ---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | $(1+)$ <br> above | and |
| $0-6$ | $\cdot$ | $\bullet$ | $\cdot$ |  |
| $7-15$ | $\cdot$ | $\cdot$ |  |  |
| $16-39$ | 1,895 | 28.0 | $0.6 \%$ |  |
| $40-64$ | 5,476 | 55.5 | $3.7 \%$ |  |
| $65-$ | 8,847 | 73.3 | $3.6 \%$ |  |


| Urinary sugar (female) |  |  |  |  |
| ---: | :---: | :---: | :--- | :--- |
| Age | Examinees | Average age | $(1+)$ <br> above | and |
| $0-6$ | $\cdot$ | $\cdot$ |  |  |
| $7-15$ | $\cdot$ | $\cdot$ |  |  |
| $16-39$ | 3,421 | 29.8 | $0.4 \%$ |  |
| $40-64$ | 9,236 | 54.8 | $1.3 \%$ |  |
| $65-$ | 10,648 | 73.2 | $1.1 \%$ |  |

## Urine protein

FY 2015

| Urine protein (overall) |  |  |  |  |
| ---: | :---: | :---: | :--- | :--- |
| Age | Examinees | Average age | $(1+)$ <br> above | and |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ |  |
| $7-15$ | $\cdot$ | $\cdot$ |  |  |
| $16-39$ | 5,316 | 29.2 | $2.6 \%$ |  |
| $40-64$ | 14,712 | 55.1 | $1.7 \%$ |  |
| $65-$ | 19,495 | 73.2 | $2.8 \%$ |  |


| Urine protein (male) |  |  |  |  |
| ---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | $(1+)$ <br> above | and |
| $0-6$ | $\cdot$ | $\bullet$ | $\cdot$ |  |
| $7-15$ | $\cdot$ | $\cdot$ |  |  |
| $16-39$ | 1,895 | 28.0 | $3.3 \%$ |  |
| $40-64$ | 5,476 | 55.5 | $2.7 \%$ |  |
| $65-$ | 8,847 | 73.3 | $4.2 \%$ |  |


| Urine protein (female) |  |  |  |  |
| ---: | :---: | :---: | :--- | :--- |
| Age | Examinees | Average age | $(1+)$ <br> above | and |
| $0-6$ | $\cdot$ | $\cdot$ |  |  |
| $7-15$ | $\cdot$ | $\cdot$ | $\bullet$ |  |
| $16-39$ | 3,421 | 29.8 | $2.1 \%$ |  |
| $40-64$ | 9,236 | 54.8 | $1.1 \%$ |  |
| $65-$ | 10,648 | 73.2 | $1.6 \%$ |  |

## Urine occult blood

FY 2015

| Urine occult blood (overall) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | (1+) and above | (1+) and above and during time periods other than menstruation. |
| 0-6 | - | - | - | - |
| 7-15 | - | - | - | - |
| 16-39 | 5,315 | 29.2 | 7.6\% | 4.3\% |
| 40-64 | 14,711 | 55.1 | 6.0\% | 4.9\% |
| 65- | 19,495 | 73.2 | 5.7\% | 5.7\% |


| Urine occult blood (male) |  |  |  |  |
| ---: | :---: | ---: | :--- | :--- |
| Age | Examinees | Average age | $(1+)$ <br> above | and |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ |  |
| $7-15$ | $\cdot$ | $\cdot$ |  |  |
| $16-39$ | 1,895 | 28.0 | $0.9 \%$ |  |
| $40-64$ | 5,476 | 55.5 | $2.6 \%$ |  |
| $65-$ | 8,847 | 73.3 | $3.9 \%$ |  |


| Urine occult blood (female) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | (1+) and above | (1+) and above and during time periods other than menstruation. |
| 0-6 | - | - | - | - |
| 7-15 | - | - | - | - |
| 16-39 | 3,420 | 29.8 | 11.3\% | 6.2\% |
| 40-64 | 9,235 | 54.8 | 8.1\% | 6.3\% |
| 65- | 10,648 | 73.2 | 7.2\% | 7.2\% |

## Serum creatinine

FY 2015

| Serum creatinine (mg/dL) (overall) |  |  |  |  |
| ---: | ---: | ---: | :--- | :---: |
| Age | Examinees | Average age | Average <br> serum <br> creatinine |  |
| $0-6$ | $\cdot$ | $\cdot$ |  |  |
| $7-15$ | 4,788 | 11.0 | 0.48 |  |
| $16-39$ | 5,352 | 29.2 | 0.69 |  |
| $40-64$ | 14,747 | 55.0 | 0.74 |  |
| $65-$ | 19,552 | 73.3 | 0.80 |  |


| Serum creatinine (mg/dL) (male) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average serum creatinine | $1.15 \mathrm{mg} / \mathrm{dL}$ and above | $1.35 \mathrm{mg} / \mathrm{dL}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 2,501 | 11.0 | 0.50 | - | - |
| 16-39 | 1,895 | 28.0 | 0.83 | 0.4\% | 0.1\% |
| 40-64 | 5,482 | 55.5 | 0.87 | 3.2\% | 0.8\% |
| 65- | 8,869 | 73.3 | 0.92 | 9.0\% | 3.2\% |


| Serum creatinine (mg/dL) (female) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average <br> serum <br> creatinine | $0.95 \mathrm{mg} / \mathrm{dL}$ and above | $1.15 \mathrm{mg} / \mathrm{dL}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 2,287 | 10.9 | 0.45 | - | - |
| 16-39 | 3,457 | 29.8 | 0.62 | 0.1\% | - |
| 40-64 | 9,265 | 54.8 | 0.66 | 1.0\% | 0.4\% |
| 65- | 10,683 | 73.2 | 0.70 | 5.1\% | 1.6\% |

## eGFR

FY 2015

| eGFR (mL/min/1.73 m²) (overall) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average <br> eGFR | Less than 50 $\mathrm{ml} / \mathrm{min}$. $/ 1.73 \mathrm{~m}^{2}$ | Less than 60 $\mathrm{ml} / \mathrm{min}$. $/ 1.73 \mathrm{~m}^{2}$ |
| 0-6 | - | - | - | - | - |
| 7-15 | - | - | - | - | - |
| 16-39 | 5,352 | 29.2 | 94.4 | 0.0\% | 0.3\% |
| 40-64 | 14,747 | 55.0 | 75.0 | 1.8\% | 10.9\% |
| 65- | 19,552 | 73.3 | 65.2 | 11.3\% | 34.4\% |


| eGFR (mL/min/1.73 m²) (male) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average eGFR | Less than 50 $\mathrm{ml} / \mathrm{min} . / 1.73 \mathrm{~m}^{2}$ | Less than 60 $\mathrm{ml} / \mathrm{min}$. $/ 1.73 \mathrm{~m}^{2}$ |
| 0-6 | - | - | - | - | - |
| 7-15 | - | - | - | - | - |
| 16-39 | 1,895 | 28.0 | 93.7 | 0.1\% | 0.3\% |
| 40-64 | 5,482 | 55.5 | 75.3 | 2.1\% | 10.8\% |
| 65- | 8,869 | 73.3 | 65.9 | 10.8\% | 32.3\% |


| eGFR ( $\mathrm{mL} / \mathrm{min} / 1.73 \mathrm{~m}^{2}$ ) (female) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average <br> eGFR | Less than 50 $\mathrm{ml} / \mathrm{min}$. $/ 1.73 \mathrm{~m}^{2}$ | Less than 60 $\mathrm{ml} / \mathrm{min}$. $/ 1.73 \mathrm{~m}^{2}$ |
| 0-6 | - | - | - | - | - |
| 7-15 | - | - | - | - | - |
| 16-39 | 3,457 | 29.8 | 94.8 | - | 0.4\% |
| 40-64 | 9,265 | 54.8 | 74.8 | 1.6\% | 10.9\% |
| 65- | 10,683 | 73.2 | 64.6 | 11.6\% | $36.2 \%$ |

## Fasting plasma glucose

FY 2015

| Fasting plasma glucose (mg/dL) (overall) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average fasting plasma glucose | $110 \mathrm{mg} / \mathrm{dL}$ and above | $130 \mathrm{mg} / \mathrm{dL}$ and above | $160 \mathrm{mg} / \mathrm{dL}$ and above |
| 0-6 | - | - | - | - | - | - |
| 7-15 | 3,366 | 11.1 | 87.0 | 0.4\% | 0.0\% | - |
| 16-39 | 4,689 | 29.1 | 88.3 | 1.7\% | 0.6\% | 0.3\% |
| 40-64 | 13,257 | 55.0 | 98.9 | 14.5\% | 4.9\% | 1.6\% |
| 65- | 16,852 | 73.0 | 104.0 | 24.6\% | 8.0\% | 1.9\% |


| Fasting plasma glucose (mg/dL) (male) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average fasting plasma glucose | $110 \mathrm{mg} / \mathrm{dL}$ and above | $130 \mathrm{mg} / \mathrm{dL}$ and above | $160 \mathrm{mg} / \mathrm{dL}$ and above |
| 0-6 | - | - | - | - | - | - |
| 7-15 | 1,777 | 11.1 | 87.9 | 0.6\% | 0.1\% | - |
| 16-39 | 1,635 | 27.8 | 90.1 | 2.6\% | 0.8\% | 0.3\% |
| 40-64 | 4,873 | 55.4 | 103.4 | 21.8\% | 8.2\% | 2.5\% |
| 65- | 7,610 | 73.0 | 107.0 | 30.8\% | 10.5\% | 2.6\% |


| Fasting plasma glucose (mg/dL) (female) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average fasting <br> plasma glucose | $110 \mathrm{mg} / \mathrm{dL}$ and above | $130 \mathrm{mg} / \mathrm{dL}$ and above | $160 \mathrm{mg} / \mathrm{dL}$ and above |
| 0-6 | - | - | - | - | - | - |
| 7-15 | 1,589 | 11.1 | 86.0 | 0.1\% | - | - |
| 16-39 | 3,054 | 29.7 | 87.4 | 1.3\% | 0.5\% | 0.3\% |
| 40-64 | 8,384 | 54.7 | 96.2 | 10.2\% | 3.1\% | 1.0\% |
| 65- | 9,242 | 73.0 | 101.5 | 19.5\% | 5.9\% | 1.3\% |

## HbA1c (NGSP)

FY 2015

| HbA1c (\%) (NGSP) (overall) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average <br> HbA1c | 6.0\% and above | $7.0 \%$ and above | $8.0 \%$ and above |
| 0-6 | - | - | - | - | - | - |
| 7-15 | 4,786 | 11.0 | 5.3 | 0.6\% | 0.1\% | 0.0\% |
| 16-39 | 5,353 | 29.2 | 5.3 | 2.5\% | 0.6\% | 0.2\% |
| 40-64 | 14,748 | 55.0 | 5.6 | 14.9\% | 3.3\% | 1.3\% |
| 65- | 19,552 | 73.3 | 5.8 | 24.7\% | 4.5\% | 1.2\% |


| HbA1c (\%) (NGSP) (male) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average HbA1c | $6.0 \%$ and above | $7.0 \%$ and above | $8.0 \%$ and above |
| 0-6 | - | - | - | - | - |  |
| 7-15 | 2,499 | 11.0 | 5.3 | 0.6\% | 0.1\% | 0.0\% |
| 16-39 | 1,896 | 28.0 | 5.3 | 3.3\% | 0.6\% | 0.2\% |
| 40-64 | 5,482 | 55.5 | 5.7 | 17.9\% | 4.9\% | 1.9\% |
| 65- | 8,869 | 73.3 | 5.8 | 27.5\% | 5.7\% | 1.4\% |


| HbA1c (\%) (NGSP) (female) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average <br> HbA1c | $6.0 \%$ and above | $7.0 \%$ and above | $8.0 \%$ and above |
| 0-6 | - | - | - | - | - | - |
| 7-15 | 2,287 | 10.9 | 5.3 | 0.5\% | 0.1\% | - |
| 16-39 | 3,457 | 29.8 | 5.3 | 2.1\% | 0.6\% | 0.3\% |
| 40-64 | 9,266 | 54.8 | 5.6 | 13.2\% | 2.4\% | 1.0\% |
| 65- | 10,683 | 73.2 | 5.7 | 22.4\% | 3.5\% | 1.0\% |

## HDL-C

FY 2015

| HDL-C (mg/dL) (overall) |  |  |  |  |  |
| ---: | ---: | ---: | ---: | ---: | :---: |
| Age | Examinees | Average age | Average <br> HDL-C | Less than 40 mg/dL |  |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ |  |
| $7-15$ | 4,788 | 11.0 | 60.7 | $2.7 \%$ |  |
| $16-39$ | 5,353 | 29.2 | 62.5 | $4.3 \%$ |  |
| $40-64$ | 14,748 | 55.0 | 62.3 | $5.0 \%$ |  |
| $65-$ | 19,552 | 73.3 | 59.1 | $7.0 \%$ |  |


| HDL-C (mg/dL) (male) |  |  |  |  |  |
| ---: | :---: | ---: | ---: | ---: | :---: |
| Age | Examinees | Average age | Average <br> HDL-C | Less than 40 mg/dL |  |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ | $\cdot$ |  |
| $7-15$ | 2,501 | 11.0 | 61.0 | $2.9 \%$ |  |
| $16-39$ | 1,896 | 28.0 | 55.8 | $8.3 \%$ |  |
| $40-64$ | 5,482 | 55.5 | 56.3 | $9.8 \%$ |  |
| $65-$ | 8,869 | 73.3 | 55.7 | $11.0 \%$ |  |


| HDL-C (mg/dL) (female) |  |  |  |  |  |
| ---: | :---: | ---: | ---: | ---: | :---: |
| Age | Examinees | Average age |  | Average <br> HDL-C |  |
| $0-6$ | $\cdot$ | $\cdot$ | $\cdot$ | Less than 40 mg/dL |  |
| $7-15$ | 2,287 | 10.9 | 60.3 |  |  |
| $16-39$ | 3,457 | 29.8 | 66.2 | $2.4 \%$ |  |
| $40-64$ | 9,266 | 54.8 | 65.8 | $2.1 \%$ |  |
| $65-$ | 10,683 | 73.2 | 61.8 | $2.2 \%$ |  |

## Triglyceride (TG)

FY 2015

| Triglyceride (TG) (mg/dL) (overall) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average triglyceride | $150 \mathrm{mg} / \mathrm{dL}$ and above | $300 \mathrm{mg} / \mathrm{dL}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 4,788 | 11.0 | 78.9 | 7.6\% | 0.6\% |
| 16-39 | 5,353 | 29.2 | 87.0 | 11.0\% | 1.5\% |
| 40-64 | 14,748 | 55.0 | 115.8 | 20.9\% | 3.1\% |
| 65- | 19,552 | 73.3 | 112.5 | 18.3\% | 1.7\% |


| Triglyceride (TG) (mg/dL) (male) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average triglyceride | $150 \mathrm{mg} / \mathrm{dL}$ and above | $300 \mathrm{mg} / \mathrm{dL}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 2,501 | 11.0 | 77.0 | 7.6\% | 0.6\% |
| 16-39 | 1,896 | 28.0 | 108.8 | 18.4\% | $3.1 \%$ |
| 40-64 | 5,482 | 55.5 | 139.9 | 31.0\% | 6.2\% |
| 65- | 8,869 | 73.3 | 117.1 | 20.7\% | 2.4\% |


| Triglyceride (TG) ( $\mathrm{mg} / \mathrm{dL}$ ) (female) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average triglyceride | $150 \mathrm{mg} / \mathrm{dL}$ and above | $300 \mathrm{mg} / \mathrm{dL}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 2,287 | 10.9 | 81.0 | 7.7\% | 0.7\% |
| 16-39 | 3,457 | 29.8 | 75.0 | 7.0\% | 0.6\% |
| 40-64 | 9,266 | 54.8 | 101.5 | 15.0\% | 1.3\% |
| 65- | 10,683 | 73.2 | 108.7 | 16.3\% | 1.2\% |

## LDL-C

FY 2015

| LDL-C (mg/dL) (overall) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average <br> LDL-C | $120 \mathrm{mg} / \mathrm{dL}$ and above | $140 \mathrm{mg} / \mathrm{dL}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 4,787 | 11.0 | 92.4 | 11.7\% | 2.8\% |
| 16-39 | 5,353 | 29.2 | 109.7 | 33.0\% | 15.8\% |
| 40-64 | 14,748 | 55.0 | 127.4 | 57.8\% | 32.9\% |
| 65- | 19,552 | 73.3 | 119.4 | 47.6\% | 24.1\% |


| LDL-C (mg/dL) (male) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average <br> LDL-C | $120 \mathrm{mg} / \mathrm{dL}$ and above | $140 \mathrm{mg} / \mathrm{dL}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 2,500 | 11.0 | 90.9 | 11.3\% | 2.8\% |
| 16-39 | 1,896 | 28.0 | 114.2 | 39.6\% | 21.3\% |
| 40-64 | 5,482 | 55.5 | 125.5 | 55.5\% | 31.4\% |
| 65- | 8,869 | 73.3 | 115.2 | 42.8\% | 20.1\% |


| LDL-C (mg/dL) (female) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average <br> LDL-C | $120 \mathrm{mg} / \mathrm{dL}$ and above | $140 \mathrm{mg} / \mathrm{dL}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 2,287 | 10.9 | 94.1 | 12.0\% | 2.8\% |
| 16-39 | 3,457 | 29.8 | 107.3 | 29.4\% | 12.9\% |
| 40-64 | 9,266 | 54.8 | 128.6 | 59.1\% | 33.9\% |
| 65- | 10,683 | 73.2 | 122.9 | 51.6\% | 27.5\% |

## AST

FY 2015

| AST (U/L) (overall) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average AST | 31 U/L and above | $51 \mathrm{U} / \mathrm{L}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 4,788 | 11.0 | 24.1 | 11.2\% | 0.8\% |
| 16-39 | 5,353 | 29.2 | 20.7 | 8.8\% | 1.9\% |
| 40-64 | 14,748 | 55.0 | 24.1 | 13.4\% | 2.9\% |
| 65- | 19,552 | 73.3 | 25.6 | 16.8\% | 2.5\% |


| AST (U/L) (male) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average AST | 31 U/L and above | $51 \mathrm{U} / \mathrm{L}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 2,501 | 11.0 | 25.3 | 15.0\% | 1.0\% |
| 16-39 | 1,896 | 28.0 | 24.4 | 17.3\% | 3.3\% |
| 40-64 | 5,482 | 55.5 | 26.9 | 20.6\% | 4.5\% |
| 65- | 8,869 | 73.3 | 26.8 | 21.5\% | 3.2\% |


| AST (U/L) (female) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average AST | $31 \mathrm{U} / \mathrm{L}$ and above | $51 \mathrm{U} / \mathrm{L}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 2,287 | 10.9 | 22.7 | 7.2\% | 0.7\% |
| 16-39 | 3,457 | 29.8 | 18.7 | 4.2\% | 1.1\% |
| 40-64 | 9,266 | 54.8 | 22.5 | 9.1\% | 1.9\% |
| 65- | 10,683 | 73.2 | 24.6 | 12.9\% | 1.9\% |

## ALT

FY 2015

| ALT (U/L) (overall) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average <br> ALT | $31 \mathrm{U} / \mathrm{L}$ and above | $51 \mathrm{U} / \mathrm{L}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 4,788 | 11.0 | 16.1 | 5.0\% | 1.8\% |
| 16-39 | 5,353 | 29.2 | 21.7 | 16.0\% | 7.0\% |
| 40-64 | 14,748 | 55.0 | 24.1 | 19.7\% | 6.1\% |
| 65- | 19,552 | 73.3 | 21.2 | 13.1\% | 3.2\% |


| ALT (U/L) (male) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average <br> ALT | 31 U/L and above | $51 \mathrm{U} / \mathrm{L}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 2,501 | 11.0 | 18.0 | 7.2\% | 2.5\% |
| 16-39 | 1,896 | 28.0 | 31.8 | 32.8\% | 14.8\% |
| 40-64 | 5,482 | 55.5 | 30.1 | 32.1\% | 10.8\% |
| 65- | 8,869 | 73.3 | 23.3 | 17.5\% | 4.5\% |


| ALT (U/L) (female) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average ALT | 31 U/L and above | $51 \mathrm{U} / \mathrm{L}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 2,287 | 10.9 | 14.0 | 2.6\% | 0.9\% |
| 16-39 | 3,457 | 29.8 | 16.2 | 6.8\% | 2.7\% |
| 40-64 | 9,266 | 54.8 | 20.6 | 12.4\% | 3.4\% |
| 65- | 10,683 | 73.2 | 19.4 | 9.5\% | 2.2\% |

## $\gamma$-GT

FY 2015

| $\gamma$-GT (U/L) (overall) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average $\gamma \text {-GT }$ | 51 U/L and above | 101 U/L and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 4,787 | 11.0 | 14.4 | 0.4\% | 0.0\% |
| 16-39 | 5,353 | 29.2 | 25.5 | 8.7\% | 2.2\% |
| 40-64 | 14,748 | 55.0 | 39.5 | 19.3\% | 6.1\% |
| 65- | 19,552 | 73.3 | 33.5 | 13.9\% | 3.9\% |


| $\gamma$-GT (U/L) (male) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average <br> age | Average $\gamma \text {-GT }$ | $51 \mathrm{U} / \mathrm{L}$ and above | 101 U/L and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 2,500 | 11.0 | 15.7 | 0.6\% | 0.0\% |
| 16-39 | 1,896 | 28.0 | 38.4 | 18.6\% | 5.4\% |
| 40-64 | 5,482 | 55.5 | 59.9 | 34.6\% | 12.0\% |
| 65- | 8,869 | 73.3 | 44.6 | 23.0\% | 7.0\% |


| $\gamma$-GT (U/L) (female) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average $\gamma \text {-GT }$ | $51 \mathrm{U} / \mathrm{L}$ and above | 101 U/L and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 2,287 | 10.9 | 13.1 | 0.2\% | 0.0\% |
| 16-39 | 3,457 | 29.8 | 18.4 | 3.2\% | 0.4\% |
| 40-64 | 9,266 | 54.8 | 27.4 | 10.2\% | 2.6\% |
| 65- | 10,683 | 73.2 | 24.3 | 6.4\% | 1.4\% |

## Uric acid

FY 2015

| Uric acid (mg/dL) (overall) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average uric acid | $7.1 \mathrm{mg} / \mathrm{dL}$ and above | $8.0 \mathrm{mg} / \mathrm{dL}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 4,788 | 11.0 | 4.6 | 3.3\% | 1.0\% |
| 16-39 | 5,352 | 29.2 | 5.0 | 8.2\% | 3.0\% |
| 40-64 | 14,747 | 55.0 | 5.1 | 8.9\% | 2.7\% |
| 65- | 19,552 | 73.3 | 5.2 | 9.1\% | 2.7\% |


| Uric acid (mg/dL) (male) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average uric acid | $7.1 \mathrm{mg} / \mathrm{dL}$ and above | $8.0 \mathrm{mg} / \mathrm{dL}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 2,501 | 11.0 | 4.9 | 6.0\% | 1.8\% |
| 16-39 | 1,895 | 28.0 | 6.1 | 20.9\% | 7.9\% |
| 40-64 | 5,482 | 55.5 | 6.1 | 20.9\% | 6.7\% |
| 65- | 8,869 | 73.3 | 5.8 | 16.4\% | 4.9\% |


| Uric acid (mg/dL) (female) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average uric acid | $7.1 \mathrm{mg} / \mathrm{dL}$ and above | $8.0 \mathrm{mg} / \mathrm{dL}$ and above |
| 0-6 | - | - | - | - | - |
| 7-15 | 2,287 | 10.9 | 4.3 | 0.3\% | 0.0\% |
| 16-39 | 3,457 | 29.8 | 4.3 | 1.3\% | 0.3\% |
| 40-64 | 9,265 | 54.8 | 4.5 | 1.8\% | 0.4\% |
| 65- | 10,683 | 73.2 | 4.7 | 3.1\% | 0.8\% |

## RBC

FY 2015

| $\mathrm{RBC}\left(10^{6} / \mu \mathrm{L}\right) \quad$ (overall) |  |  |  |
| ---: | ---: | ---: | :--- |
| Age | Examinees | Average age | Average <br> RBC |
| $0-6$ | 2,634 | 3.8 | 4.71 |
| $7-15$ | 4,891 | 10.9 | 4.82 |
| $16-39$ | 5,351 | 29.2 | 4.75 |
| $40-64$ | 14,748 | 55.0 | 4.64 |
| $65-$ | 19,551 | 73.3 | 4.49 |


| $\mathrm{RBC}(106 / \mu \mathrm{L})$ |  |  |  |  |  |  |  |
| ---: | ---: | :--- | :--- | :--- | ---: | ---: | :---: |
| Age | Examinees | Average <br> age |  | Average <br> RBC | $3.69 \times 106 / \mu \mathrm{L}$ <br> and below | $3.99 \times 10^{6} / \mu \mathrm{L}$ <br> and below |  |
| $0-6$ | 1,299 | 3.8 | 4.74 | - | $5.80 \times 10^{6} / \mu \mathrm{L}$ <br> and above |  |  |
| $7-15$ | 2,552 | 11.0 | 4.92 | - | $0.4 \%$ | $0.3 \%$ |  |
| $16-39$ | 1,896 | 28.0 | 5.19 | $0.1 \%$ | $0.2 \%$ | $1.1 \%$ |  |
| $40-64$ | 5,482 | 55.5 | 4.92 | $0.6 \%$ | $1.9 \%$ | $2.5 \%$ |  |
| $65-$ | 8,868 | 73.3 | 4.66 | $2.8 \%$ | $8.0 \%$ | $0.9 \%$ |  |


| $\operatorname{RBC}\left(10^{6} / \mu \mathrm{L}\right) \quad$ (female) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average <br> RBC | $3.39 \times 10^{6} / \mu \mathrm{L}$ <br> and below | $3.69 \times 10^{6} / \mu \mathrm{L}$ <br> and below | $5.50 \times 10^{6} / \mu \mathrm{L}$ <br> and above |
| 0-6 | 1,335 | 3.9 | 4.69 | - | 0.1\% | 1.3\% |
| 7-15 | 2,339 | 10.9 | 4.71 | 0.0\% | 0.1\% | 0.6\% |
| 16-39 | 3,455 | 29.8 | 4.51 | 0.2\% | 1.1\% | 0.5\% |
| 40-64 | 9,266 | 54.8 | 4.48 | 0.2\% | 1.5\% | 0.4\% |
| 65- | 10,683 | 73.2 | 4.34 | 1.3\% | 5.5\% | 0.2\% |

## Hemoglobin

FY 2015

| Hemoglobin (g/dL) (overall) |  |  |  |
| ---: | ---: | ---: | :--- |
| Age | Examinees | Average age | Average <br> hemoglobin |
| $0-6$ | 2,634 | 3.8 | 12.5 |
| $7-15$ | 4,891 | 10.9 | 13.5 |
| $16-39$ | 5,351 | 29.2 | 14.0 |
| $40-64$ | 14,748 | 55.0 | 14.0 |
| $65-$ | 19,551 | 73.3 | 13.9 |


| Hemoglobin (g/dL) (male) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average hemoglobin | $12.0 \quad \mathrm{~g} / \mathrm{dL}$ and below | $13.0 \mathrm{~g} / \mathrm{dL}$ and below | $18.0 \mathrm{~g} / \mathrm{dL}$ and above |
| 0-6 | 1,299 | 3.8 | 12.5 | 28.6\% | 75.2\% | - |
| 7-15 | 2,552 | 11.0 | 13.8 | 2.8\% | 25.0\% | 0.1\% |
| 16-39 | 1,896 | 28.0 | 15.6 | 0.5\% | 1.2\% | 1.1\% |
| 40-64 | 5,482 | 55.5 | 15.3 | 0.7\% | $3.1 \%$ | 1.2\% |
| 65- | 8,868 | 73.3 | 14.6 | 4.2\% | 12.0\% | 0.9\% |


| Hemoglobin (g/dL ) (female) |  |  |  |  |  |  |  |
| ---: | ---: | ---: | :--- | :--- | ---: | ---: | ---: |
| Age | Examinees | Average <br> age |  | Average <br> hemoglobin | 11.0 <br> and below | 12.0 <br> and below | g/dL <br> and above |
| $0-6$ | 1,335 | 3.9 | 12.6 | $3.4 \%$ | $24.3 \%$ | - |  |
| $7-15$ | 2,339 | 10.9 | 13.3 | $1.2 \%$ | $6.5 \%$ | $0.1 \%$ |  |
| $16-39$ | 3,455 | 29.8 | 13.1 | $5.9 \%$ | $15.8 \%$ | $0.3 \%$ |  |
| $40-64$ | 9,266 | 54.8 | 13.3 | $4.6 \%$ | $11.4 \%$ | $0.6 \%$ |  |
| $65-$ | 10,683 | 73.2 | 13.2 | $3.1 \%$ | $13.5 \%$ | $0.7 \%$ |  |

## Hematocrit

FY 2015

| Hematocrit (\%) (overall) |  |  |  |
| ---: | ---: | ---: | :--- |
| Age | Examinees | Average age | Average <br> hematocrit |
| $0-6$ | 2,634 | 3.8 | 37.3 |
| $7-15$ | 4,891 | 10.9 | 40.4 |
| $16-39$ | 5,351 | 29.2 | 42.3 |
| $40-64$ | 14,748 | 55.0 | 42.4 |
| $65-$ | 19,551 | 73.3 | 41.9 |


| Hematocrit (\%) |  | (male) |  |  |  |  |  |
| ---: | ---: | :--- | :--- | :--- | :--- | :--- | :--- |
| Age | Examinees | Average <br> age |  | Average <br> hematocrit | $35.9 \%$ <br> below | and | $37.9 \%$ <br> below |
| $0-6$ | 1,299 | 3.8 | 37.2 | $31.0 \%$ | $63.7 \%$ | - |  |
| $7-15$ | 2,552 | 11.0 | 40.9 | $3.5 \%$ | $16.8 \%$ | - |  |
| $16-39$ | 1,896 | 28.0 | 46.5 | $0.2 \%$ | $0.7 \%$ | $0.1 \%$ |  |
| $40-64$ | 5,482 | 55.5 | 45.5 | $0.5 \%$ | $1.4 \%$ | $0.4 \%$ |  |
| $65-$ | 8,868 | 73.3 | 43.9 | $3.2 \%$ | $6.8 \%$ | $0.3 \%$ |  |


| Hematocrit (\%) (female) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average hematocrit | $28.9 \%$ and below | $32.9 \%$ and below | $48.0 \%$ and above |
| 0-6 | 1,335 | 3.9 | 37.5 | 0.1\% | 2.5\% | - |
| 7-15 | 2,339 | 10.9 | 39.9 | 0.1\% | 0.8\% | 0.0\% |
| 16-39 | 3,455 | 29.8 | 40.0 | 0.3\% | 2.6\% | 0.3\% |
| 40-64 | 9,266 | 54.8 | 40.6 | 0.4\% | 2.1\% | 0.7\% |
| 65- | 10,683 | 73.2 | 40.3 | 0.3\% | 1.9\% | 0.9\% |

## Platelet count

FY 2015

|  |  | Platelet count $\left(10^{3} / \mu \mathrm{L}\right.$ ) |  | (overall) |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Age | Examinees | Average <br> age | Average <br> platelet <br> count | $89 \times 10^{3} / \mu \mathrm{L}$ <br> and below | $129 \times 10^{3} / \mu \mathrm{L}$ <br> and below | $370 \times 10^{3} / \mu \mathrm{L}$ <br> and above | $450 \times 10^{3} / \mu \mathrm{L}$ <br> and above |
| $0-6$ | 2,631 | 3.8 | 335.6 | $0.1 \%$ | $0.1 \%$ | $28.2 \%$ | $8.2 \%$ |
| $7-15$ | 4,891 | 10.9 | 283.2 | $0.0 \%$ | $0.1 \%$ | $7.5 \%$ | $0.8 \%$ |
| $16-39$ | 5,351 | 29.2 | 264.5 | $0.1 \%$ | $0.3 \%$ | $5.0 \%$ | $0.7 \%$ |
| $40-64$ | 14,745 | 55.0 | 255.6 | $0.2 \%$ | $0.6 \%$ | $4.1 \%$ | $0.6 \%$ |
| $65-$ | 19,545 | 73.3 | 230.8 | $0.3 \%$ | $1.8 \%$ | $1.6 \%$ | $0.3 \%$ |


|  |  | Platelet count $\left(10^{3} / \mu \mathrm{L}\right)$ |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Age | Examinees | Average <br> age | Average <br> platelet <br> count | $89 \times 10^{3} / \mu \mathrm{L}$ <br> and below | $129 \times 10^{3} / \mu \mathrm{L}$ <br> and below | $370 \times 10^{3} / \mu \mathrm{L}$ <br> and above | $450 \times 10^{3} / \mu \mathrm{L}$ <br> and above |
| $0-6$ | 1,296 | 3.8 | 334.5 | - | - | $27.9 \%$ | $8.5 \%$ |
| $7-15$ | 2,552 | 11.0 | 283.6 | $0.0 \%$ | $0.1 \%$ | $8.2 \%$ | $0.9 \%$ |
| $16-39$ | 1,896 | 28.0 | 255.0 | - | $0.5 \%$ | $2.6 \%$ | $0.3 \%$ |
| $40-64$ | 5,481 | 55.5 | 248.8 | $0.2 \%$ | $0.6 \%$ | $2.9 \%$ | $0.4 \%$ |
| $65-$ | 8,863 | 73.3 | 223.2 | $0.4 \%$ | $2.3 \%$ | $1.4 \%$ | $0.3 \%$ |


| Platelet count $\left(10^{3} / \mu \mathrm{L}\right)$ |  |  |  |  |  |  |  |  | (female) |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | :---: | :---: | :---: |
| Age | Examinees | Average <br> age | Average <br> platelet <br> count | $89 \times 10^{3} / \mu \mathrm{L}$ <br> and below | $129 \times 10^{3} / \mu \mathrm{L}$ <br> and below | $370 \times 10^{3} / \mu \mathrm{L}$ <br> and above | $450 \times 10^{3} / \mu \mathrm{L}$ <br> and above |  |  |  |
| $0-6$ | 1,335 | 3.9 | 336.6 | $0.1 \%$ | $0.2 \%$ | $28.6 \%$ | $7.9 \%$ |  |  |  |
| $7-15$ | 2,339 | 10.9 | 282.8 | $0.0 \%$ | $0.0 \%$ | $6.8 \%$ | $0.6 \%$ |  |  |  |
| $16-39$ | 3,455 | 29.8 | 269.8 | $0.1 \%$ | $0.2 \%$ | $6.3 \%$ | $0.9 \%$ |  |  |  |
| $40-64$ | 9,264 | 54.8 | 259.6 | $0.2 \%$ | $0.5 \%$ | $4.7 \%$ | $0.8 \%$ |  |  |  |
| $65-$ | 10,682 | 73.2 | 237.2 | $0.2 \%$ | $1.3 \%$ | $1.7 \%$ | $0.4 \%$ |  |  |  |

## WBC

FY 2015

| WBC ( $10^{3} / \mu \mathrm{L}$ ) (overall) |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average WBC | $2.9 \times 10^{3} / \mu \mathrm{L}$ <br> and below | $3.9 \times 10^{3} / \mu \mathrm{L}$ <br> and below | $9.6 \times 10^{3} / \mu \mathrm{L}$ <br> and above | $11.1 \times 10^{3} / \mu \mathrm{L}$ <br> and above |
| 0-6 | 2,634 | 3.8 | 8.6 | - | 0.2\% | 28.0\% | 13.9\% |
| 7-15 | 4,891 | 10.9 | 6.5 | 0.1\% | 2.8\% | 5.3\% | 1.7\% |
| 16-39 | 5,351 | 29.2 | 6.0 | 0.8\% | 7.5\% | 3.8\% | 1.0\% |
| 40-64 | 14,748 | 55.0 | 5.8 | 0.8\% | 9.0\% | 2.9\% | 0.9\% |
| 65- | 19,551 | 73.3 | 5.8 | 0.6\% | 7.5\% | 2.1\% | 0.7\% |


| WBC ( $10^{3} / \mu \mathrm{L}$ ) (male) |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average <br> age | Average <br> WBC | $2.9 \times 10^{3} / \mu \mathrm{L}$ <br> and below | $3.9 \times 10^{3} / \mu \mathrm{L}$ <br> and below | $9.6 \times 10^{3} / \mu \mathrm{L}$ <br> and above | $11.1 \times 10^{3} / \mu \mathrm{L}$ <br> and above |
| 0-6 | 1,299 | 3.8 | 8.5 | - | 0.2\% | 27.9\% | 13.9\% |
| 7-15 | 2,552 | 11.0 | 6.5 | 0.1\% | 2.9\% | 5.6\% | 1.4\% |
| 16-39 | 1,896 | 28.0 | 6.1 | 0.3\% | 5.8\% | 4.6\% | 1.2\% |
| 40-64 | 5,482 | 55.5 | 6.3 | 0.3\% | 4.8\% | 4.5\% | 1.3\% |
| 65- | 8,868 | 73.3 | 6.1 | 0.4\% | 5.6\% | 2.8\% | 0.9\% |


| WBC ( $10^{3} / \mu \mathrm{L}$ ) (female) |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average <br> WBC | $2.9 \times 10^{3} / \mu \mathrm{L}$ <br> and below | $3.9 \times 10^{3} / \mu \mathrm{L}$ <br> and below | $9.6 \times 10^{3} / \mu \mathrm{L}$ <br> and above | $11.1 \times 10^{3} / \mu \mathrm{L}$ <br> and above |
| 0-6 | 1,335 | 3.9 | 8.6 | - | 0.2\% | 28.1\% | 13.9\% |
| 7-15 | 2,339 | 10.9 | 6.6 | 0.1\% | 2.7\% | 5.0\% | 2.0\% |
| 16-39 | 3,455 | 29.8 | 5.9 | 1.0\% | 8.5\% | $3.4 \%$ | 1.0\% |
| 40-64 | 9,266 | 54.8 | 5.6 | 1.1\% | 11.4\% | 1.9\% | 0.6\% |
| 65- | 10,683 | 73.2 | 5.6 | 0.8\% | 9.1\% | 1.6\% | 0.5\% |

## Differential white blood count (neutrophil)

FY 2015

| Neutrophil (count/ $\mu \mathrm{L}$ ) (overall) |  |  |  |  |  |  |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Age | Examinees |  | Average <br> age | Average <br> neutrophil | Minimum <br> value | Maximum <br> value |
| $0-6$ | 2,633 | 3.8 | 3,481 | 615 | 14,896 |  |
| $7-15$ | 4,891 | 10.9 | 3,253 | 669 | 21,567 | - |
| $16-39$ | 5,347 | 29.2 | 3,451 | 546 | 19,952 | - |
| $40-64$ | 14,746 | 55.0 | 3,278 | 639 | 14,847 | - |
| $65-$ | 19,549 | 73.3 | 3,294 | 267 | 26,386 | $0.0 \%$ |


| Neutrophil (count $/ \mu \mathrm{L}$ ) (male) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average neutrophil | Minimum value | Maximum value | $500 / \mu \mathrm{L}$ and below |
| 0-6 | 1,299 | 3.8 | 3,453 | 615 | 14,896 | - |
| 7-15 | 2,552 | 11.0 | 3,157 | 847 | 10,716 | - |
| 16-39 | 1,894 | 28.0 | 3,427 | 1,024 | 16,994 | - |
| 40-64 | 5,481 | 55.5 | 3,543 | 936 | 14,847 | - |
| 65- | 8,867 | 73.3 | 3,453 | 267 | 23,537 | 0.0\% |


| Neutrophil (count/ $\mu \mathrm{L}$ ) (female) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average neutrophil | Minimum value | Maximum value | $500 / \mu \mathrm{L}$ and below |
| 0-6 | 1,334 | 3.9 | 3,508 | 668 | 11,949 | - |
| 7-15 | 2,339 | 10.9 | 3,357 | 669 | 21,567 | - |
| 16-39 | 3,453 | 29.8 | 3,464 | 546 | 19,952 | - |
| 40-64 | 9,265 | 54.8 | 3,122 | 639 | 11,780 | - |
| 65- | 10,682 | 73.2 | 3,162 | 526 | 26,386 | - |

## Differential white blood count (lymphocyte)

FY 2015

| Lymphocyte (count/ $\mu \mathrm{L}$ ) (overall) |  |  |  |  |  |  |
| ---: | ---: | ---: | ---: | :--- | :--- | :--- |
| Age | Examinees | Average <br> age |  | Average <br> lymphocyte <br> count | Minimum <br> value | Maximum <br> value |
| $0-6$ | 2,633 | 3.8 | 4,283 | 930 | $500 / \mu \mathrm{L}$ and <br> below |  |
| $7-15$ | 4,891 | 10.9 | 2,617 | 525 | 7,490 | - |
| $16-39$ | 5,347 | 29.2 | 2,006 | 303 | 6,039 | $0.1 \%$ |
| $40-64$ | 14,746 | 55.0 | 2,026 | 308 | 6,760 | $0.0 \%$ |
| $65-$ | 19,549 | 73.3 | 2,006 | 380 | 12,977 | $0.0 \%$ |


| Lymphocyte (count/ $\mu \mathrm{L}$ ) (male) |  |  |  |  |  |  |
| ---: | ---: | :--- | :--- | :--- | :--- | :--- |
| Age | Examinees | Average <br> age |  | Average <br> lymphocyte <br> count | Minimum <br> value | Maximum <br> value |
| $0-6$ | 1,299 | 3.8 | 4,264 | 1,001 | 16,555 | - |
| $7-15$ | 2,552 | 11.0 | 2,610 | 525 | 7,128 | - |
| $16-39$ | 1,894 | 28.0 | 2,095 | 303 | 6,039 | $0.2 \%$ |
| $40-64$ | 5,481 | 55.5 | 2,131 | 308 | 6,124 | $0.0 \%$ |
| $65-$ | 8,867 | 73.3 | 2,007 | 380 | 12,977 | $0.1 \%$ |


| Lymphocyte (count/ $\mu \mathrm{L}$ ) (female) |  |  |  |  |  |  |
| ---: | ---: | ---: | :--- | :--- | :--- | :--- |
| Age | Examinees | Average <br> age |  | Average <br> lymphocyte <br> count | Minimum <br> value | Maximum <br> value |
| $0-6$ | 1,334 | 3.9 | 4,302 | 930 | 17,327 | - |
| $7-15$ | 2,339 | 10.9 | 2,625 | 855 | 7,490 | - |
| $16-39$ | 3,453 | 29.8 | 1,957 | 533 | 5,184 | - |
| $40-64$ | 9,265 | 54.8 | 1,963 | 374 | 6,760 | $0.0 \%$ |
| $65-$ | 10,682 | 73.2 | 2,005 | 405 | 12,745 | $0.0 \%$ |

## Differential white blood count (monocyte)

FY 2015

| Monocyte (count/ $\mu \mathrm{L}$ ) (overall) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average monocyte count | Minimum value | Maximum value |
| 0-6 | 2,633 | 3.8 | 446 | 63 | 1,639 |
| 7-15 | 4,891 | 10.9 | 352 | 0 | 1,501 |
| 16-39 | 5,347 | 29.2 | 330 | 45 | 1,711 |
| 40-64 | 14,746 | 55.0 | 317 | 35 | 1,127 |
| 65- | 19,549 | 73.3 | 336 | 31 | 1,579 |


| Monocyte (count/ $\mu \mathrm{L}$ ) (male) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average monocyte count | Minimum value | Maximum value |
| 0-6 | 1,299 | 3.8 | 454 | 69 | 1,638 |
| 7-15 | 2,552 | 11.0 | 361 | 45 | 1,270 |
| 16-39 | 1,894 | 28.0 | 359 | 84 | 1,711 |
| 40-64 | 5,481 | 55.5 | 363 | 80 | 1,127 |
| 65- | 8,867 | 73.3 | 370 | 60 | 1,579 |


| Monocyte (count/ $\mu \mathrm{L}$ ) (female) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average monocyte count | Minimum value | Maximum value |
| 0-6 | 1,334 | 3.9 | 437 | 63 | 1,639 |
| 7-15 | 2,339 | 10.9 | 342 | 0 | 1,501 |
| 16-39 | 3,453 | 29.8 | 314 | 45 | 1,163 |
| 40-64 | 9,265 | 54.8 | 290 | 35 | 1,032 |
| 65- | 10,682 | 73.2 | 307 | 31 | 1,251 |

## Differential white blood count (eosinophil)

FY 2015

| Eosinophil (count/ $\mu \mathrm{L}$ ) (overall) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average eosinophil count | Minimum value | Maximum value |
| 0-6 | 2,633 | 3.8 | 293 | 0 | 2,860 |
| 7-15 | 4,891 | 10.9 | 269 | 0 | 2,714 |
| 16-39 | 5,347 | 29.2 | 178 | 0 | 2,337 |
| 40-64 | 14,746 | 55.0 | 161 | 0 | 1,787 |
| 65- | 19,549 | 73.3 | 155 | 0 | 5,340 |


| Eosinophil (count/ $\mu \mathrm{L}$ ) (male) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average eosinophil count | Minimum value | Maximum value |
| 0-6 | 1,299 | 3.8 | 314 | 0 | 2,860 |
| 7-15 | 2,552 | 11.0 | 307 | 0 | 2,714 |
| 16-39 | 1,894 | 28.0 | 210 | 0 | 2,337 |
| 40-64 | 5,481 | 55.5 | 192 | 0 | 1,787 |
| 65- | 8,867 | 73.3 | 182 | 0 | 5,340 |


| Eosinophil (count $/ \mu \mathrm{L}$ ) (female) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average eosinophil count | Minimum value | Maximum value |
| 0-6 | 1,334 | 3.9 | 273 | 0 | 2,674 |
| 7-15 | 2,339 | 10.9 | 228 | 0 | 2,499 |
| 16-39 | 3,453 | 29.8 | 160 | 0 | 1,794 |
| 40-64 | 9,265 | 54.8 | 143 | 0 | 1,711 |
| 65- | 10,682 | 73.2 | 133 | 0 | 1,700 |

## Differential white blood count (basophil)

FY 2015

| Basophil (count $/ \mu \mathrm{L}$ ) (overall) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average <br> basophil <br> count | Minimum value | Maximum value |
| 0-6 | 2,633 | 3.8 | 38 | 0 | 416 |
| 7-15 | 4,891 | 10.9 | 34 | 0 | 390 |
| 16-39 | 5,347 | 29.2 | 39 | 0 | 204 |
| 40-64 | 14,746 | 55.0 | 42 | 0 | 260 |
| 65- | 19,549 | 73.3 | 41 | 0 | 711 |


| Basophil (count/ $\mu \mathrm{L}$ ) (male) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average <br> basophil <br> count | Minimum value | Maximum value |
| 0-6 | 1,299 | 3.8 | 40 | 0 | 416 |
| 7-15 | 2,552 | 11.0 | 36 | 0 | 390 |
| 16-39 | 1,894 | 28.0 | 41 | 0 | 204 |
| 40-64 | 5,481 | 55.5 | 46 | 0 | 202 |
| 65- | 8,867 | 73.3 | 43 | 0 | 711 |


| Basophil (count/ $\mu \mathrm{L}$ ) (female) |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Examinees | Average age | Average basophil count | Minimum value | Maximum value |
| 0-6 | 1,334 | 3.9 | 36 | 0 | 303 |
| 7-15 | 2,339 | 10.9 | 32 | 0 | 388 |
| 16-39 | 3,453 | 29.8 | 38 | 0 | 177 |
| 40-64 | 9,265 | 54.8 | 40 | 0 | 260 |
| 65- | 10,682 | 73.2 | 39 | 0 | 618 |

## 【Summary】

1) The weight of participants decreased in every age group of 15 years and younger in FY 2012 from FY 2011. Afterward, there was little difference. In the age group of 16-39, the weight stayed the same from FY 2011 through FY 2014 and slightly decreased in FY 2015. In the age group of 40-64, there was no difference of weight, whereas it slightly increased in the age group of 65 and older since FY 2011. The prevalence of overweight males stayed the same since FY 2011. The prevalence of overweight females steadily increased in the age group of 40 and older.
2) Overweight individuals with a BMI of $25 \mathrm{~kg} / \mathrm{m}^{2}$ or above for FY 2011 increased with age ( $22.3 \%$ in the age group of $16-39$, and $37.1 \%$ in the age group of 65 and older). The prevalence of overweight individuals was higher among males in all age groups compared with females. The prevalence stayed almost the same from FY 2011 through FY 2013. The prevalence decreased from FY 2013 through FY 2014 in every age group, but it increased among males in every age group from FY 2014 through FY 2015. As a whole, it increased in the age group of 40-64 (32.9\%), whereas it decreased in the age group of 65 and older ( $34.0 \%$ ).
3) The abdominal circumference (AC) stayed almost the same since FY2011 in the age group of 40 and older, but it steadily decreased in the age group of 16-39. The prevalence of AC above diagnostic criteria of metabolic syndrome (AC highs) stayed almost the same among both males and females aged 40 and older since FY 2011, whereas it decreased among both males and females in the age group of 16-39 in FY 2015 compared with FY 2011.
4) The prevalence of hypertensive individuals, with a systolic blood pressure of 140 mmHg and above or a diastolic pressure of 90 mmHg and above, decreased among both males and females aged 40 and older over the years in FY 2011-2014, but it slightly increased in FY 2015 compared with FY 2014. The prevalence was low in males and females aged 39 and younger, and even lower in FY 2012-2015 compared with FY 2011. The prevalence of hypertensive individuals was higher among males than females in all age groups.
5) The prevalence of individuals who test positive for urinary sugar (1+) and above was lower among every age group in FY 2015 compared with FY 2011.
6) The prevalence of urine protein (1+) and above was higher among every age group in FY 2015 compared with FY 2011.
7) The prevalence of urine occult blood (1+) and above omitting the time period during menstruation increased from $4.2 \%$ to $6.2 \%$ only among females in the age group of 16-39 in FY 2015 compared with FY 2011, but in other age groups, the prevalence decreased among both males and females.
8) The prevalence of serum creatinine $1.15 \mathrm{mg} / \mathrm{dL}$ and above, an indicator of impaired renal function in FY 2011, was $2.4 \%$ in the age group of $40-64$ and $7.6 \%$ in the age group of 65 and older. Since FY 2012 it continued to be high as $3.2 \%$ (40-64) and 9.0\% (65 and older), respectively in FY 2015.
9) The prevalence of eGFR less than $60 \mathrm{ml} / \mathrm{min} / 1.73 \mathrm{~m}^{2}$, an indicator of impaired renal function in FY 2011, was $6.6 \%$ in the age group of 40-64 and $28.6 \%$ in the age group of 65 and older. Since FY 2012 it
continued to be high as $10.9 \%$ (40-64) and $34.4 \%$ ( 65 and older), respectively in FY 2015. It showed the same tendency among both males and females.
10) The prevalence of impaired glucose tolerance indicated by fasting plasma glucose of $110 \mathrm{mg} / \mathrm{dL}$ and above decreased among all age groups in FY 2015 compared with 2011.
11) The prevalence of impaired glucose tolerance indicated by HbA1c $6.0 \%$ and above in FY 2011, was $11.8 \%$ in the age group of $40-64$ and $18.7 \%$ in the age group of 65 and older. In FY 2015 it increased to $14.9 \%$ ( $40-64$ ), $24.7 \%$ ( 65 and older), respectively. However, the prevalence of poor blood sugar control of HbA1c 7.0\% and above decreased in FY 2015 compared with FY 2011.
12) The prevalence of abnormal lipid metabolism with an LDL cholesterol of $120 \mathrm{mg} / \mathrm{dL}$ and above, triglyceride of $150 \mathrm{mg} / \mathrm{dL}$ and above, and HDL-C less than $40 \mathrm{mg} / \mathrm{dL}$ increased with age in FY 2011: $13.2 \%, 7.0 \%$, and $2.9 \%$ respectively in the age group of $7-15$. The prevalence slightly decreased in the age group of 65 and older in FY 2012, afterward it remained the same until FY 2015. In the age group of 7-15, the prevalence of hypertriglyceridemia gradually increased until FY 2014, but it decreased in FY 2015.
13) The prevalence of hepatic dysfunction indicated by AST, ALT, or $\gamma$-GT above their reference intervals increased from FY 2011 to 2012, but it dropped to the level of FY 2011 in FY 2013. It slightly increased in FY 2015 compared with FY 2014, but was almost the same as in FY 2013.
14) The prevalence of hyperuricemia with a uric acid level of $7.1 \mathrm{mg} / \mathrm{dL}$ and above among males in FY 2011 was: $4.7 \%$ in the age group of $7-15 ; 18.5 \%$ in the age group of $16-39$; and $18.1 \%$ in the age group of 40-64. The prevalence was markedly higher among males than females in all age groups. Compared with FY 2011, it increased in all age groups except for 65 and over in FY 2014. From FY 2014 through FY 2015, it increased to $6.0 \%$ in the age group of $7-15$, to $20.9 \%$ in the age group of $40-64$, and to $16.4 \%$ in the age group of 65 and older, respectively.
15) RBC, hemoglobin, and hematocrit: There were no significant differences in the average value of each age group through FY 2011-2014. Hemoglobin increased in the age group of 16 and older from FY 2012 through 2014, but decreased in FY 2015.
16) Platelet count: There were no significant changes in the average value of each age group through FY 2011-2015.
17) WBC differential: There were no significant changes in the average value of each age group through FY 2011-2015. There was no increase in the prevalence of lymphocyte counts $500 / \mu \mathrm{L}$ and below.

There were no significant changes in the average counts of neutrophils, lymphocytes, monocytes, eosinophils, or basophils in every age group through FY 2011-2015.

There were no changes in the value of RBC, WBC, and platelet count among children in FY 2012, 2013, 2014, and 2015 compared with FY 2011.

## Progress Report of Mental Health and Lifestyle Survey

Reported on 20 February 2017

## 1. Implementation Plan of Mental Health and Lifestyle Survey for FY 2016

### 1.1 Purpose

Based on the results of Mental Health and Lifestyle Survey for FY 2011-2015, we will continue to use survey forms for FY 2016 to monitor residents' mental health and lifestyle changes.
For the survey respondents assessed to benefit from support, we offer over-the-phone and other support services, and cooperate with municipal health and other agencies, sharing information to the extent authorized by law and individual preference.

### 1.2 Survey Respondents

Residents of designated Evacuation Zones as of 2011.
207,998 people as of 11 January 2017
[Evacuation Zones]
Hirono, Naraha, Tomioka, Kawauchi, Okuma, Futaba, Namie, Katsurao, Iitate
Minami-soma, Tamura, Kawamata, and parts of Date (the area with a specific spot recommended for evacuation)

### 1.3 Survey Methods

We plan to mail survey forms (to be filled out by self or parent/guardian) to the survey population from early February 2017. We introduced a secure online response system accessible by personal computer, tables, or smartphone, for the convenience of respondents.

## 1.3-1 Classification

| Category | Age Criteria | Method |
| :--- | :--- | :--- |
| 0-3 years | Born between 2 April 2013 and 1 April 2016 | Completed by parents |
| 4-6 years | Born between 2 April 2010 and 1 April 2013 | Completed by parents |
| Primary <br> school age | Born between 2 April 2004 and 1 April 2010 | Completed by parents |
| Middle <br> school age | Born between 2 April 2001 and 1 April 2004 | Partially <br> self-administered |
| Adults | Born before 1 April 2001 | Self-administered |

## 1.3-2 Survey Items

- Mental and physical health
- Lifestyle habits (diet, sleep, smoking, exercise)
- Living conditions (for adults)


## 1.3-3 Support after the Survey

- Doctors and other professionals at Fukushima Medical University (FMU) will evaluate and analyse the survey responses. The Mental Health Support Team consisting of clinical psychologists, public health nurses and other professionals will provide phone or other forms of support to respondents assessed to require counseling or support for mental health or lifestyle problems.
- Participants who require further medical treatment will be referred to registered physicians (*see next section) at medical facilities in the Fukushima Prefecture. Those requiring continued support will be referred to the municipal government of the area from which they evacuated and the Fukushima Center for Disaster Mental Health, where their support needs will be reviewed and met.
- At the registered general practitioner's discretion, participants assessed to require further professional mental health care will be handled by FMU and cooperating institutions in the normal course of treatment. Specifically, children will be handled at the Children's Mental Health Treatment Center and all others will be handled in the Department of Psychosomatic Medicine.
- The Mental Health Support Team will offer information and advice about radiation to participants, and those participants assessed to require assistance from a particular relevant specialist will be handled by the Radiation Health Consultation Team comprised of professors from FMU. If an individual inquiring about the health effects of radiation or some other issue needs to have a medical examination, specialist doctors and other professionals will determine the course of action.


## 2. Registered General Practitioners

Registered general practitioners are psychiatrists or pediatricians who provide services to participants assessed to require healthcare services based on the Mental Health and Lifestyle Survey.
To be eligible for registration, a psychiatrist or a pediatrician needs to attend the accredited workshops held by FMU. The number of registrants is 135 from 85 medical institutions as of 31 December 2016.

# Mental Health and Lifestyle Survey for FY 2015 Summary of Support 

## 1. Purpose

The Great East Japan Earthquake on 11 March 2011 and the following accident at the Fukushima Daiichi Nuclear Power Plant brought the residents of Fukushima Prefecture psychological distress or post-traumatic stress disorder (PTSD) caused by radiation anxiety, evacuation, loss of property, and fearful experiences. The survey started in FY 2011 to understand the residents' mental health and lifestyle, and provide them with appropriate care. Since the results of the Mental Health and Lifestyle Survey for FY 2011-2014 show that ongoing care is needed by understanding the residents' mental health and lifestyle changes, we conducted the survey for FY 2015 using survey forms. Based on responses, we offered consultations to those assessed to require counseling or support for mental health or lifestyle problems in order to improve the residents' conditions and connect them to medical institutions.

## 2. Survey Respondents

Respondents to the Mental Health and Lifestyle Survey for FY 2015, who are residents of nationally designated evacuation areas as of 11 March 2011 and those born on or before 1 April 2015. We have five types of surveys according to age.

Age 0-3 years: Participants born between April 2, 2012 and April 1, 2015.
Age 4-6 years: Participants born between April 2, 2009 and April 1, 2012.
Primary School: Participants born between April 2, 2003 and April 1, 2009.
Middle School: Participants born between April 2, 2000 and April 1, 2003.
Adults: Participants born on or before April 1, 2000.
In this survey, 'children' refers to the respondents of middle school age and below.

## 3. Methods

### 3.1 Individual Notices of Results

Survey questionnaires for FY 2015 were mailed to the survey population in February 2016. In September and October, the results of main items with advice were sent individually to those who responded by 31 August 2016. We introduced a phone number for people to get more detailed information with the results, and posted Frequently Asked Questions on the test results section of our Japanese website. The items provided to the participants follow:

| Survey type | Items in the result |
| :--- | :--- |
| $\mathbf{0 - 3}$ years | Height, weight, diet (1 year olds and older), exercise (2 year olds and <br> older), bedtime |
| 4-6 years | Height, weight, diet, exercise, bedtime, behavioral difficulties and <br> emotional health (SDQ $)$ |
| Primary <br> school age | Height, weight, diet, exercise, bedtime, behavioral difficulties and <br> emotional health (SDQ) |
| Middle <br> school age | Height, weight, diet, exercise, sleep, behavioral difficulties and emotional <br> health $($ SDQ $)$ |
| Adults | Obesity $\left(\mathrm{BMI}^{2}\right)$, diet, exercise, sleep, psychological distress scale $\left(\mathrm{Kb}^{3}\right)$ |

1) Strength and Difficulties Questionnaire. Mental health and behavioral screening scale for children.
2) Body Mass Index (calculated based on height and weight written in the survey forms)
3) Psychological distress scale which screens for general mental illness such as depression and anxiety.

In the results for children, standard height and weight by age in months at the time when they completed the survey forms were provided for reference.

### 3.2 Criteria for Support

We selected individuals who required support based on the criteria below after reviewing their responses to the survey for FY 2015. A Mental Health Support Team consisting of clinical psychologists, public health nurses and others provided telephone counseling sessions or sent written support materials according to the urgency and severity.
This report provides the results of those who responded by 31 October 2016 and received support by 31 December 2016.
Criteria for support are based on A) Scores and B) Items other than scores.

## 3.2-1 Telephone Counseling

Respondents who required support (A):

- Children with SDQ score $\geq 20$, adults with K 6 score $\geq 15$.

Respondents who required support (B):

- Children and adults identified based on the content of free-answer questions and in urgent need of support.
- Adults with a previous history of hypertension (HT) or diabetes (DM) who have not received treatment and met the following criteria: BMI $\geq 27.5 \mathrm{~kg} / \mathrm{m}^{2}$ (HT/DM $\cdot \mathrm{BMI}$ ), or those who consume $\geq 42$ drinks in total per week (HT/DM • Excessive drinking) (Multiply the number of days per week by the average daily drinking volume). Adults who report
consuming $\geq 42$ drinks per week with a CAGE score (screening tool for alcoholism) of 4 out of 4 (high-risk drinking).
- Adults with a history of mental disorders who are not currently visiting a clinic.


## 3.2-2 Mail Support

Respondents who required support (A):

- Children with SDQ score $\geq 16$ (criterion in initial screening ${ }^{1}$ ) and adults with K 6 score $\geq 10$ (criterion for anxiety disorder in initial screening ${ }^{2}$ ), who did not meet the criteria for telephone counseling.


## References

1) Matsuishi T, et al. (2008) Scale properties of the Japanese version of the Strengths and Difficulties Questionnaire (SDQ): a study of infant and school children in community samples. Brain and Development. 30: 410-415.
2) Distribution and related factors of mental health conditions based on the nationwide K6 questionnaire survey. FY 2006 Health Labour Sciences Research Grant (Research on Applied Use of Statistics and Information). Research on the consideration of a system that understands and analyzes statistical information regarding the health condition of citizens from a household perspective. Divided research document.

Respondents who required support (B):

- Children and adults identified based on the content of free-answer questions and not in urgent need of support.
- Adults with a weight gain of $\geq 3 \mathrm{~kg}$ per year and BMI $\geq 27.5 \mathrm{~kg} / \mathrm{m}^{2}$ (excluding those who have received treatment).
- Adults who consume $\geq 42$ drinks in total per week with a CAGE score of 2 or 3 .
- Adults outside the above criteria, but with unsatisfactory sleep, depressed mood and/or decreased activity.
- Adults with a history of mental disorders who did not answer about their hospital visit(s).

We sent the respondents who required mail support a letter with a special phone number for support, and a return postcard asking their desire for telephone support. Also, we sent a booklet to respondents who required support (B) (based on items other than scores) to encourage lifestyle change. Telephone support was provided for those who indicated their desire for support, or those who were assessed to require support based on the reply content.

## 3.2-3 General Information by Mail (Sending a Booklet)

- Adults with a weight gain of $\geq 3 \mathrm{~kg}$ per year, BMI $\geq 25.0$ and BMI $<27.5 \mathrm{~kg} / \mathrm{m}^{2}$ (Mild obesity).
- Adults who meet neither of the above criteria, but with a CAGE score $\geq 2$.

We sent a booklet to the respondents who met the above criteria (excluding respondents designated for telephone counseling and mail support).

### 3.3 Categories of Interventions and Those Results

In the telephone counseling sessions, we asked the respondents about their health and problems they were facing.

We categorized what transpired in the counseling sessions, e.g., listened carefully, recommended seeing a doctor, advised lifestyle changes, offered psychoeducation, provided information (such as social resources), etc.

The results of the telephone counseling were categorized into four groups as shown below: Follow-up 1, 2, 3, and declined support.
As for continued support, there are four categories as shown below: Follow-up support, referred to outside institutions, mail support, and directed to other departments.

## 3.3-1 Categories of Results

Follow-up 1: Participants confirmed to be improving or self-managing their problems.
Follow-up 2: Participants not fully recovering from health problems, emotional aftermath of the disaster, adjustment problems, etc.

Follow-up 3: Participants whose status could not be confirmed.
Declined support: Participants who clearly conveyed that they did not want support.

## 3.3-2 Continued Support

Follow-up support: Participants requiring continued telephone counseling.
Referred to outside institutions: Participants required to be referred to municipal government or the Fukushima Center for Disaster Mental Health.

Mail support: Participants were sent referral, list of registered general practitioners, information of institutions outside the prefecture for support, and letters providing information for registered doctors.

Directed to other departments: Participants needing services related to the Basic Survey and/or Thyroid Ultrasound Examination of FMU's Radiation Medical Science Center.

## 4. Results

### 4.1 Send Results to Respondents

The number of respondents of FY 2015 Mental Health and Lifestyle Survey was 50,456, of whom 6,446 were children, and 44,010 were adults. Among them, notices of results were sent to 6,406 children ( 939 of $0-3$ years, 1,338 of 4-6 years, 2,746 of primary school students, and 1,383 of middle school students) and 43,941 adults. The total number was 50,347 .

### 4.2 Number of Respondents Requiring Support and Receiving Support

A total of 723 children required support; 288 of them needed telephone counseling and 435 required mail support. Of the 435 participants, 10 were assessed to require telephone counseling based on the responses to the written materials.
A total of 8,882 adults required support; 2,807 of them needed telephone counseling and 6,075 required mail support. After receiving the mail support, 178 were assessed to require telephone counseling. The number of those with mild obesity as the sending criteria for a booklet was 503 and 1,478 adults met the criteria of CAGE scores. The total number was 1,981 .

To those who were identified as requiring support but could not be reached for telephone support and those who only met the sending criteria for a booklet(except for those who died), information was provided by sending booklet made by Radiation Medical Science Center of FMU: Mental Health and Lifestyle Support.
Figure 1 shows the numbers of respondents requiring support and receiving support. It excludes participants who only met the sending criteria for a booklet.
The percentages in the result table are rounded and may not total to $100 \%$.


1) Those who responded by 31 October 2016.
2) Those who received support by 31 December 2016
3) Those who indicated no desire for support in the return postcard.
4) The number includes 295 participants who required support by telephone counseling regarding lifestyle habits.
5) The number includes 295 participants who required support by
6) Such as those who preferred telephone support out of hours.

Figure 1: Number of participants requiring support and receiving support

### 4.3 Telephone Support for Children

Since SDQ is for children aged 4 years and older, children aged 0-3 years old were assessed on the basis of the free-answer question. Since few participants who had been sent written materials received telephone counseling ( 0 of age $0-3$ years, 1 of age 4-6 years, 6 of primary school age, 3 of middle school age), the following results combine participants requiring telephone counseling with the number of those assessed to require telephone support based on the written materials.

## 4.3-1 Status of Respondents Requiring Support

A total of 298 children required support; 288 of them needed telephone counseling and 10 were assessed to require telephone support on the basis of the written support materials. Of these 298 children, 173 ( $58.1 \%$ ) were male, 125 ( $41.9 \%$ ) were female, 211 ( $70.8 \%$ ) lived within Fukushima Prefecture, and 87 ( $29.2 \%$ ) lived outside Fukushima. Telephone support was successfully provided to 250 ( $83.9 \%$ ) of the total. Respondents living within Fukushima were 173 ( $69.2 \%$ ), and 77 (30.8\%) were living outside Fukushima (Table 1).

Table 1: Status of children requiring support (By sex and area)

| Participants requiring support | Total 298 |  | $\begin{gathered} 0-3 \text { years } \\ 3 \end{gathered}$ |  | $\begin{gathered} 4-6 \text { years } \\ 46 \end{gathered}$ |  | Primary school age$167$ |  | Middle school age 82 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Male | 173 | (58.1\%) | 1 | (33.3\%) | 27 | (58.7\%) | 106 | (63.5\%) | 39 | (47.6\%) |
| Female | 125 | (41.9\%) | 2 | (66.7\%) | 19 | (41.3\%) | 61 | (36.5\%) | 43 | (52.4\%) |
| Within Fukushima | 211 | (70.8\%) | 3 | (100.0\%) | 32 | (69.6\%) | 117 | (70.1\%) | 59 | (72.0\%) |
| Outside Fukushima | 87 | (29.2\%) | 0 | (0.0\%) | 14 | (30.4\%) | 50 | (29.9\%) | 23 | (28.0\%) |
| Participants receiving support | 250 |  | 2 |  | 33 |  | 145 |  | 70 |  |
| Within Fukushima | 173 | (69.2\%) | 2 | (100.0\%) | 23 | (69.7\%) | 101 | (69.7\%) | 47 | (67.1\%) |
| Outside Fukushima | 77 | (30.8\%) | 0 | (0.0\%) | 10 | (30.3\%) | 44 | (30.3\%) | 23 | (32.9\%) |

Areas at the time of sending survey questionnaires in FY 2015.

## 4.3-2 Problems Participants Face

After the telephone counseling, we summarized the content. Frequently mentioned problems children were facing were related to school, physical health problems and sleep problems. The frequently mentioned problems parents or guardians were facing were physical health problems, family problems, anxiety about the future and school-related issues.
Furthermore, we used question items made with the help of physicians specialized in child and adolescent psychiatry to more comprehensively understand the situation the participants were facing in the counseling sessions. The most frequently discussed issues of children by participants who received telephone counseling were the following: rebellious behavior, 22 $(29.7 \%)$; irritability, $21(30.0 \%)$; and guardian's anxiety about child rearing, 61 (39.4\%). When asked about their hospital visits, $22(15.2 \%)$ of the respondents said they saw psychosomatic medicine specialists, 19 (13.1\%) saw other professionals, and 104 (71.7\%) did not visit any clinics (Table 2).

Table 2: State of health of participants who received telephone counseling

| Participants receiving support | $\begin{aligned} & \hline \text { Total } \\ & 250 \end{aligned}$ |  | $\begin{gathered} \hline 0-3 \text { years } \\ 2 \end{gathered}$ |  | $\begin{gathered} \hline \text { 4-6 years } \\ 33 \end{gathered}$ |  | Primary school age 145 |  | Middle school age 70 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Have sleeping problems |  |  |  |  |  |  |  |  |  |  |
| Yes | 21 | (10.9\%) | 0 | (0.0\%) |  | (0.0\%) | 10 | (8.8\%) | 11 | (22.4\%) |
| No | 172 | (89.1\%) | 2 | (100.0\%) |  | (100.0\%) | 104 | (91.2\%) | 38 | (77.6\%) |
| Unclear | 57 | - | 0 | - | 5 | - | 31 | - | 21 | - |
| Have appetite problems |  |  |  |  |  |  |  |  |  |  |
| Yes | 10 | (5.4\%) | 1 | (50.0\%) | 0 | (0.0\%) | 5 | (4.6\%) |  | (8.9\%) |
| No | 174 | (94.6\%) | 1 | (50.0\%) | 28 | 100.0\%) | 104 | (95.4\%) | 41 | (91.1\%) |
| Unclear | 66 | - | 0 | - | 5 | - | 36 | - | 25 | - |
| Have friendship problems |  |  |  |  |  |  |  |  |  |  |
| Yes | 25 | (21.7\%) | 0 | (0.0\%) | 0 | (0.0\%) | 13 | (18.6\%) | 12 | (42.9\%) |
| No | 90 | (78.3\%) | 1 | (100.0\%) | 16 | 100.0\%) | 57 | (81.4\%) | 16 | (57.1\%) |
| Unclear | 135 | - | 1 | - | 17 | - | 75 | - | 42 | - |
| Feel energetic |  |  |  |  |  |  |  |  |  |  |
| Yes | 82 | (75.2\%) | 0 | (0.0\%) |  | (78.6\%) | 56 | (77.8\%) |  | (68.2\%) |
| No | 27 | (24.8\%) | 1 | (100.0\%) | 3 | (21.4\%) | 16 | (22.2\%) | 7 | (31.8\%) |
| Unclear | 141 | - | 1 | - | 19 | - | 73 | - | 48 | - |
| Somatization |  |  |  |  |  |  |  |  |  |  |
| Yes | 19 | (19.6\%) | 0 | (0.0\%) | 1 | (7.1\%) | 12 | (19.7\%) |  | (28.6\%) |
| No | 78 | (80.4\%) | 1 | (100.0\%) |  | (92.9\%) | 49 | (80.3\%) | 15 | (71.4\%) |
| Unclear | 153 | - | 1 | - | 19 | - | 84 | - | 49 | - |
| Rebellious |  |  |  |  |  |  |  |  |  |  |
| Yes | 22 | (29.7\%) | 0 | (0.0\%) | 0 | (0.0\%) | 13 | (27.1\%) | 9 | (52.9\%) |
| No | 52 | (70.3\%) | 1 | (100.0\%) |  | (100.0\%) | 35 | (72.9\%) |  | (47.1\%) |
| Unclear | 176 | - | 1 | - | 25 | - | 97 | - | 53 | - |
| Irritable |  |  |  |  |  |  |  |  |  |  |
| Yes | 21 | (30.0\%) | 0 | (0.0\%) | 2 | (18.2\%) |  | (25.6\%) | 8 | (53.3\%) |
| No | 49 | (70.0\%) | 1 | (100.0\%) | 9 | (81.8\%) | 32 | (74.4\%) | 7 | (46.7\%) |
| Unclear | 180 | - | 1 | - | 22 | - | 102 | - | 55 | - |

Table 2: (Cont.) State of health of participants who received telephone counseling

| Participants receiving support | $\begin{gathered} \hline \text { Total } \\ 250 \end{gathered}$ |  | $\begin{gathered} \hline 0-3 \text { years } \\ 2 \end{gathered}$ |  | $\begin{gathered} 4-6 \text { years } \\ 33 \end{gathered}$ |  | Primary school age 145 |  | Middle school age 70 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Emotionally dependent |  |  |  |  |  |  |  |  |  |  |
| Yes | 13 | (22.8\%) | 1 | (100.0\%) | 2 | (22.2\%) | 8 | (21.1\%) | 2 | (22.2\%) |
| No | 44 | (77.2\%) | 0 | (0.0\%) | 7 | (77.8\%) | 30 | (78.9\%) | 7 | (77.8\%) |
| Unclear | 193 | - | 1 | - | 24 | - | 107 | - | 61 | - |
| Bored |  |  |  |  |  |  |  |  |  |  |
| Yes | 1 | (2.2\%) | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) | 1 | (12.5\%) |
| No | 45 | (97.8\%) | 1 | (100.0\%) | 8 | (100.0\%) |  | 100.0\%) | 7 | (87.5\%) |
| Unclear | 204 | - | 1 | - | 25 | - | 116 | - | 62 | - |
| Have developmental problems |  |  |  |  |  |  |  |  |  |  |
| Yes | 42 | (33.6\%) | 0 | (0.0\%) | 3 | (21.4\%) | 30 | (35.3\%) | 9 | (37.5\%) |
| No | 83 | (66.4\%) | 2 | (100.0\%) | 11 | (78.6\%) | 55 | (64.7\%) | 15 | (62.5\%) |
| Unclear | 125 | - | 0 | - | 19 | - | 60 | - | 46 | - |
| Emotional or behavioral problems |  |  |  |  |  |  |  |  |  |  |
| Yes | 28 | (29.2\%) | 0 | (0.0\%) | 4 | (26.7\%) | 16 | (27.1\%) | 8 | (40.0\%) |
| No | 68 | (70.8\%) | 2 | (100.0\%) | 11 | (73.3\%) | 43 | (72.9\%) | 12 | (60.0\%) |
| Unclear | 154 | - | 0 | - | 18 | - | 86 | - | 50 | - |
| Mental disorder |  |  |  |  |  |  |  |  |  |  |
| Yes | 4 | (3.5\%) | 0 | (0.0\%) | 0 | (0.0\%) | 1 | (1.4\%) | 3 | (12.5\%) |
| No | 109 | (96.5\%) | 2 | (100.0\%) | 14 | (100.0\%) | 72 | (98.6\%) | 21 | (87.5\%) |
| Unclear | 137 | - | 0 | - | 19 | - | 72 | - | 46 | - |
| Traumatic stress reaction after the disaster |  |  |  |  |  |  |  |  |  |  |
| Yes | 2 | (2.7\%) | 0 | (0.0\%) | 1 | (7.1\%) | 0 | (0.0\%) | 1 | (6.7\%) |
| No | 73 | (97.3\%) | 2 | (100.0\%) | 13 | (92.9\%) |  | 100.0\%) | 14 | (93.3\%) |
| Unclear | 175 | - | 0 | - | 19 | - | 101 | - | 55 | - |
| School adjustment |  |  |  |  |  |  |  |  |  |  |
| Well-adjusted | 176 | (83.0\%) | 2 | (100.0\%) | 28 | (93.3\%) | 108 | (88.5\%) | 38 | (65.5\%) |
| Fail to adjust | 36 | (17.0\%) | 0 | (0.0\%) | 2 | (6.7\%) | 14 | (11.5\%) | 20 | (34.5\%) |
| Unclear | 38 | - | 0 | - | 3 | - | 23 | - | 12 | - |
| Home or living environment problems |  |  |  |  |  |  |  |  |  |  |
| Yes | 21 | (17.1\%) | 0 | (0.0\%) | 3 | (20.0\%) | 13 | (17.1\%) | 5 | (16.1\%) |
| No | 102 | (82.9\%) | 1 | (100.0\%) | 12 | (80.0\%) | 63 | (82.9\%) | 26 | (83.9\%) |
| Unclear | 127 | - | 1 | - | 18 | - | 69 | - | 39 | - |
| Guardian's anxiety about child rearing |  |  |  |  |  |  |  |  |  |  |
| Yes | 61 | (39.4\%) | 1 | (50.0\%) | 5 | (22.7\%) | 38 | (41.3\%) | 17 | (43.6\%) |
| No | 94 | (60.6\%) | 1 | (50.0\%) | 17 | (77.3\%) | 54 | (58.7\%) | 22 | (56.4\%) |
| Unclear | 95 | - | 0 | - | 11 | - | 53 | - | 31 | - |
| Guardian's physical health |  |  |  |  |  |  |  |  |  |  |
| Good | 146 | (86.9\%) | 1 | (50.0\%) | 23 | (95.8\%) | 90 | (89.1\%) | 32 | (78.0\%) |
| Bad | 22 | (13.1\%) | 1 | (50.0\%) | 1 | (4.2\%) | 11 | (10.9\%) | 9 | (22.0\%) |
| Unclear | 82 | - | 0 | - | 9 | - | 44 | - | 29 | - |
| Guardian's mental health |  |  |  |  |  |  |  |  |  |  |
| Good | 139 | (86.3\%) |  | (50.0\%) | 21 | (91.3\%) | 86 | (88.7\%) | 31 | (79.5\%) |
| Bad | 22 | (13.7\%) |  | (50.0\%) | 2 | (8.7\%) | 11 | (11.3\%) | 8 | (20.5\%) |
| Unclear | 89 | - |  | - | 10 | - | 48 | - | 31 | - |
| Treatments |  |  |  |  |  |  |  |  |  |  |
| Psychiatry or psychosomatic medicine | 22 | (15.2\%) | 0 | (0.0\%) | 0 | (0.0\%) | 10 | (11.9\%) | 12 | (28.6\%) |
| Other | 19 | (13.1\%) |  | (50.0\%) | 2 | (11.8\%) | 14 | (16.7\%) | 2 | (4.8\%) |
| No | 104 | (71.7\%) |  | (50.0\%) | 15 | (88.2\%) | 60 | (71.4\%) | 28 | (66.7\%) |
| Unclear | 105 | - |  | - | 16 | - | 61 | - | 28 | - |
| Utilization of professional support |  |  |  |  |  |  |  |  |  |  |
| Yes | 46 | (34.8\%) |  | (0.0\%) | 3 | (20.0\%) | 28 | (35.9\%) | 15 | (40.5\%) |
| No | 86 | (65.2\%) |  | (100.0\%) | 12 | (80.0\%) | 50 | (64.1\%) | 22 | (59.5\%) |
| Unclear | 118 | - |  | - | 18 | - | 67 | - | 33 | - |

The participants who did not mention the issue go to 'Unclear' category.
Proportions do not include the number of 'Unclear'.

## 4.3-3 Categories of Interventions and Those Results

The results of the telephone counseling were categorized into 'Follow-up 1,' 'Follow-up 2,' 'Follow-up 3,' and 'Declined Support' as was the case in the previous surveys. The breakdown below shows the criteria of 'Follow-up 2,' which were divided into the problems faced by the children and the problems faced by the guardians. Numbers in the breakdown refer to the total number and the proportion in the brackets show the ratio of total number to the number of 'Follow-up 2.' Also, we categorized how we conducted the counseling sessions.

After the telephone support, 204 (81.6\%) were categorized as 'Follow-up 1,' 34 (13.6\%) were categorized as 'Follow-up 2,' $6(2.4 \%)$ were categorized as 'Follow-up 3,' and 6 (2.4\%) declined support (Table 3). Among the participants who were categorized as "Follow-up 2," 15 children ( $44.1 \%$ ) had school maladaptation problems and 9 guardians ( $26.5 \%$ ) had mental health problems (Table 4).

Table 3: Results of telephone counseling

| Participants receiving support | $\begin{gathered} \hline \text { Total } \\ 250 \end{gathered}$ |  | $\begin{gathered} 0-3 \text { years } \\ 2 \end{gathered}$ |  | $\begin{gathered} \hline \text { 4-6 years } \\ 33 \end{gathered}$ |  | Primary school age 145 |  | Middle school age 70 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Follow-up 1 | 204 | (81.6\%) | 2 | (100.0\%) | 31 | (93.9\%) | 120 | (82.8\%) | 51 | (72.9\%) |
| Follow-up 2 | 34 | (13.6\%) | 0 | (0.0\%) | 1 | (3.0\%) | 19 | (13.1\%) | 14 | (20.0\%) |
| Follow-up 3 | 6 | (2.4\%) | 0 | (0.0\%) | 0 | (0.0\%) | 3 | (2.1\%) | 3 | (4.3\%) |
| Declined support | 6 | (2.4\%) | 0 | (0.0\%) | 1 | (3.0\%) | 3 | (2.1\%) | 2 | (2.9\%) |

Table 4: Breakdown of the reasons for 'Follow-up 2'

| Number of 'Follow-up 2' | $\begin{gathered} \text { Total } \\ 34 \end{gathered}$ |  | $\begin{gathered} 0-3 \text { years } \\ 0 \end{gathered}$ |  | $\begin{gathered} \hline 4-6 \text { years } \\ 1 \\ \hline \end{gathered}$ | Primary school age 19 | Middle school age 14 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| (Children) |  |  |  |  |  |  |  |
| Physical problems | 2 | (5.9\%) | 0 | (0.0\%) | 0 (0.0\%) | 2 (10.5\%) | 0 (0.0\%) |
| Mental problems | 8 | (23.5\%) | 0 | (0.0\%) | 0 (0.0\%) | 4 (21.1\%) | 4 (28.6\%) |
| School maladaptation | 15 | (44.1\%) | 0 | (0.0\%) | 0 (0.0\%) | 7 (36.8\%) | 8 (57.1\%) |
| Other | 4 | (11.8\%) | 0 | (0.0\%) | $1(100.0 \%)$ | 2 (10.5\%) | 1 (7.1\%) |
| (Guardian) |  |  |  |  |  |  |  |
| Physical problems | 8 | (23.5\%) | 0 | (0.0\%) | 1 (100.0\%) | 3 (15.8\%) | 4 (28.6\%) |
| Mental problems | 9 | (26.5\%) | 0 | (0.0\%) | 1 (100.0\%) | 5 (26.3\%) | 3 (21.4\%) |
| Child rearing problems | 3 | (8.8\%) | 0 | (0.0\%) | 0 (0.0\%) | 2 (10.5\%) | 1 (7.1\%) |
| Isolation | 1 | (2.9\%) | 0 | (0.0\%) | 0 (0.0\%) | 1 (5.3\%) | 0 (0.0\%) |
| Other | 1 | (2.9\%) | 0 | (0.0\%) | $0 \quad(0.0 \%)$ | 1 (5.3\%) | $0 \quad(0.0 \%)$ |

The breakdown provides the total number.

We provided various types of support: listened carefully to the participants, 227 ( $90.8 \%$ ); recommended seeing a doctor, 7 (2.8\%); advised lifestyle changes, $1(0.4 \%)$; offered psychoeducation, $23(9.2 \%)$; provided information by phone, 4 ( $1.6 \%$ ); and other (checked residents' condition), 24 (9.6\%). (Table 5.)

Table 5: Content of the support

| Participants receiving support | $\begin{gathered} \text { Total } \\ 250 \end{gathered}$ |  | $\begin{gathered} \hline 0-3 \text { years } \\ 2 \end{gathered}$ |  | $\begin{gathered} 4-6 \text { years } \\ 33 \\ \hline \end{gathered}$ |  | Primary school age 145 |  | Middle school age 70 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Listened carefully | 227 | (90.8\%) | 2 | (100.0\%) | 30 | (90.9\%) | 131 | (90.3\%) | 64 | (91.4\%) |
| Recommended seeing a doctor | 7 | (2.8\%) | 0 | (0.0\%) | 1 | (3.0\%) | 4 | (2.8\%) | 2 | (2.9\%) |
| Advised lifestyle changes | 1 | (0.4\%) | 0 | (0.0\%) | 0 | (0.0\%) | 1 | (0.7\%) | 0 | (0.0\%) |
| Offered psychoeducation | 23 | (9.2\%) | 0 | (0.0\%) | 4 | (12.1\%) | 13 | (9.0\%) | 6 | (8.6\%) |
| Provided information by phone | 4 | (1.6\%) | 0 | (0.0\%) | 1 | (3.0\%) | 1 | (0.7\%) | 2 | (2.9\%) |
| Other (checked residents' condition) | 24 | (9.6\%) | 0 | (0.0\%) | 3 | (9.1\%) | 14 | (9.7\%) | 7 | (10.0\%) |

The breakdown provides the total number.

Among those who needed continued support services, 2 were categorized as 'Follow-up support,' and no one for the other 3 continued supports (Table 6).

Table 6: Continued support

| Participants receiving support | $\begin{aligned} & \text { Total } \\ & 250 \\ & \hline \end{aligned}$ |  | $\begin{gathered} 0-3 \text { years } \\ 2 \end{gathered}$ |  | $\begin{gathered} \hline 4-6 \text { years } \\ 33 \end{gathered}$ |  | Primary school age$145$ |  | Middle school age 70 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Follow-up support | 2 | (0.8\%) | 0 | (0.0\%) | 0 | (0.0\%) | 2 | (1.4\%) | 0 | (0.0\%) |
| Referred to outside institutions | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) |
| Mail support | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) |
| Directed to other departments | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) |

### 4.4 Telephone Support for Adults

## 4.4-1 Status of Respondents Requiring Support

## (Telephone Counseling)

A total of 2,807 adults required telephone counseling sessions; 2,100 were identified on the basis of the scores, and 707 were assessed on the basis of items other than scores. Among the participants, $2,400(85.5 \%)$ received telephone support.

Among those who required telephone support on the basis of the scores, 882 (42.0\%) were male and $1,218(58.0 \%)$ were female. Among those who required support on the basis of items other than scores, 390 ( $55.2 \%$ ) were male and 317 ( $44.8 \%$ ) were female (Table 7).
Among those who required telephone support, 2,228 (79.4\%) lived within Fukushima Prefecture and 579 (20.6\%) lived outside Fukushima. Among the participants who received telephone support, 1,922 (80.1\%) lived within Fukushima Prefecture and 478 (19.9\%) lived outside Fukushima (Table 8).

Table 7: Participants requiring telephone counseling (By sex and age group)

| Age group | Based on the scores |  |  |  |  | Based on the items other than scores |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male |  | Female |  | Total | Male |  | Female |  |
| 15-19 | 48 | 17 | (35.4\%) | 31 | (64.6\%) | 13 | 5 | (38.5\%) | 8 | (61.5\%) |
| 20-29 | 120 | 42 | (35.0\%) | 78 | (65.0\%) | 34 | 17 | (50.0\%) | 17 | (50.0\%) |
| 30-39 | 209 | 95 | (45.5\%) | 114 | (54.5\%) | 82 | 50 | (61.0\%) | 32 | (39.0\%) |
| 40-49 | 240 | 110 | (45.8\%) | 130 | (54.2\%) | 110 | 73 | (66.4\%) | 37 | (33.6\%) |
| 50-59 | 288 | 134 | (46.5\%) | 154 | (53.5\%) | 128 | 76 | (59.4\%) | 52 | (40.6\%) |
| 60-69 | 388 | 190 | (49.0\%) | 198 | (51.0\%) | 187 | 103 | (55.1\%) | 84 | (44.9\%) |
| 70-79 | 456 | 182 | (39.9\%) | 274 | (60.1\%) | 115 | 55 | (47.8\%) | 60 | (52.2\%) |
| 80- | 351 | 112 | (31.9\%) | 239 | (68.1\%) | 38 | 11 | (28.9\%) | 27 | (71.1\%) |
| Total | 2,100 | 882 | (42.0\%) | 1,218 | (58.0\%) | 707 | 390 | (55.2\%) | 317 | (44.8\%) |

Ages are as of 1 April 2015.

Table 8: Participants requiring telephone counseling (By area)

| Participants requiring support | $\begin{aligned} & \text { Total } \\ & 2,807 \end{aligned}$ |  | Based on the scores$2,100$ |  | Items other than scores 707 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Within Fukushima | 2,228 | (79.4\%) | 1,649 | (78.5\%) | 579 | (81.9\%) |
| Outside Fukushima | 579 | (20.6\%) | 451 | (21.5\%) | 128 | (18.1\%) |
| Participants receiving support | 2,400 |  | 1,797 |  | 603 |  |
| Within Fukushima | 1,922 | (80.1\%) | 1,431 | (79.6\%) | 491 | (81.4\%) |
| Outside Fukushima | 478 | (19.9\%) | 366 | (20.4\%) | 112 | (18.6\%) |

Areas at the time of sending survey questionnaires in FY 2015.

## (Mail Support)

Among the participants requiring mail support, a total of 178 required telephone counseling sessions ( 140 of them were identified on the basis of the scores, and 38 were assessed on the items other than scores). We provided support to 167 ( $93.8 \%$ ) residents.

Out of the participants identified on the basis of the scores, 71 ( $50.7 \%$ ) were male and 69 $(49.3 \%)$ were female. Among the participants who were assessed on the items other than scores, 17 ( $44.7 \%$ ) were male and 21 ( $55.3 \%$ ) were female (Table 9).

Among those who required telephone support, 153 (86.0\%) lived within Fukushima Prefecture and $25(14.0 \%)$ lived outside Fukushima. The telephone counseling sessions were provided to $144(86.2 \%)$ participants who lived within Fukushima Prefecture and $23(13.8 \%)$ who lived outside Fukushima (Table 10).

Table 9: Participants required telephone counseling among those who required mail support (By sex and age group)

| Age group | Based on the scores |  |  |  |  | Based on the items other than scores |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Male |  | Female |  | Total | Male |  | Female |  |
| 15-19 | 1 | 0 | (0.0\%) | 1 | (100\%) | 1 | 0 | (0.0\%) | 1 | (100\%) |
| 20-29 | 5 | 1 | (20.0\%) | 4 | (80.0\%) | 4 | 1 | (25.0\%) | 3 | (75.0\%) |
| 30-39 | 13 | 4 | (30.8\%) | 9 | (69.2\%) | 1 | 0 | (0.0\%) | 1 | (100\%) |
| 40-49 | 6 | 2 | (33.3\%) | 4 | (66.7\%) | 0 | 0 | (0.0\%) | 0 | (0.0\%) |
| 50-59 | 14 | 10 | (71.4\%) | 4 | (28.6\%) | 6 | 2 | (33.3\%) | 4 | (66.7\%) |
| 60-69 | 27 | 14 | (51.9\%) | 13 | (48.1\%) | 7 | 4 | (57.1\%) | 3 | (42.9\%) |
| 70-79 | 46 | 32 | (69.6\%) | 14 | (30.4\%) | 11 | 6 | (54.5\%) | 5 | (45.5\%) |
| 80- | 28 | 8 | (28.6\%) | 20 | (71.4\%) | 8 | 4 | (50.0\%) | 4 | (50.0\%) |
| Total | 140 | 71 | (50.7\%) | 69 | (49.3\%) | 38 | 17 | (44.7\%) | 21 | (55.3\%) |

Ages are as of 1 April 2015.

Table 10: Participants required telephone counseling among those who required mail support (By area)

| Participants requiring support | Support given 178 |  | Based on the scores$140$ |  | Items other than scores 38 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Within Fukushima | 153 | (86.0\%) | 116 | (82.9\%) | 37 | (97.4\%) |
| Outside Fukushima | 25 | (14.0\%) | 24 | (17.1\%) | 1 | (2.6\%) |
| Participants receiving support | 167 |  | 131 |  | 36 |  |
| Within Fukushima | 144 | (86.2\%) | 109 | (83.2\%) | 35 | (97.2\%) |
| Outside Fukushima | 23 | (13.8\%) | 22 | (16.8\%) | 1 | (2.8\%) |

Areas at the time of sending survey questionnaires in FY 2015.

## 4.4-2 Problems Participants Face

## (Telephone Counseling)

After the telephone counseling, we summarized the content. Frequently mentioned problems were physical health problems, sleep problems and depression.

We asked participants using checklists about their health conditions, sleep, and hospital visit(s). Table 11 provides the state of health of participants.

When asked about the state of health, 1,020 (47.3\%) answered 'Good,' and 1,138 (52.7\%) answered 'Bad.' Comparing health conditions with a year ago, 192 ( $9.5 \%$ ) saw improvement, 1,496 (73.7\%) saw no changes, 219 ( $10.8 \%$ ) became worse, and $122(6.0 \%)$ have not had problems so far.

Asked about their sleep, 941 (46.5\%) answered 'Good,' and 1,083 (53.5\%) answered 'Bad.' Comparing the sleep habit with a year ago, 171 (9.0\%) saw improvement, 1,606 (84.3\%) saw no changes, 53 ( $2.8 \%$ ) became worse, and 74 (3.9 \%) have not had problems so far.
As for clinics, $400(18.8 \%)$ were treated by psychiatrists or psychosomatic medicine specialists, $1,244(58.4 \%)$ were treated by other specialists, and 485 ( $22.8 \%$ ) did not see a doctor.

Table 11: State of health of participants who received telephone counseling

| Participants receiving support | $\begin{gathered} \text { Total } \\ 2,400 \end{gathered}$ |  | Based on the scores$1,797$ |  | Items other than scores$603$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Physical condition |  |  |  |  |  |  |
| Good | 1,020 | (47.3\%) | 655 | (40.8\%) | 365 | (65.9\%) |
| Bad | 1,138 | (52.7\%) | 949 | (59.2\%) | 189 | (34.1\%) |
| Unclear | 242 | - | 193 | - | 49 | - |
| Changes in physical condition |  |  |  |  |  |  |
| Improved | 192 | (9.5\%) | 115 | (7.7\%) | 77 | (14.3\%) |
| No change | 1,496 | (73.7\%) | 1,084 | (72.7\%) | 412 | (76.7\%) |
| Worsened | 219 | (10.8\%) | 182 | (12.2\%) | 37 | (6.9\%) |
| Have not had problems | 122 | (6.0\%) | 111 | (7.4\%) | 11 | (2.0\%) |
| Unclear | 371 | - | 305 | - | 66 | - |
| Sleeping habit |  |  |  |  |  |  |
| Good | 941 | (46.5\%) | 611 | (40.9\%) | 330 | (62.3\%) |
| Bad | 1,083 | (53.5\%) | 883 | (59.1\%) | 200 | (37.7\%) |
| Unclear | 376 | - | 303 | - | 73 | - |
| Changes in sleep |  |  |  |  |  |  |
| Improved | 171 | (9.0\%) | 118 | (8.5\%) | 53 | (10.3\%) |
| No change | 1,606 | (84.3\%) | 1,167 | (84.1\%) | 439 | (84.9\%) |
| Worsened | 53 | (2.8\%) | 42 | (3.0\%) | 11 | (2.1\%) |
| Have not had problems | 74 | (3.9\%) | 60 | (4.3\%) | 14 | (2.7\%) |
| Unclear | 496 | - | 410 | - | 86 | - |

Treatments

| Psychiatry or psy chosomatic <br> medicine | 400 | $(18.8 \%)$ | 358 | $(22.6 \%)$ | 42 | $(7.7 \%)$ |
| :--- | ---: | :---: | ---: | :---: | ---: | :---: |
| Other | 1,244 | $(58.4 \%)$ | 962 | $(60.7 \%)$ | 282 | $(51.8 \%)$ |
| No | 485 | $(22.8 \%)$ | 265 | $(16.7 \%)$ | 220 | $(40.4 \%)$ |
| Unclear | 271 | - | 212 | - | 59 | - |

Utilization of professional support

| Yes | 580 | $(35.6 \%)$ | 464 | $(40.1 \%)$ | 116 | $(24.6 \%)$ |
| :--- | ---: | :---: | :---: | :---: | :---: | :---: |
| No | 1,048 | $(64.4 \%)$ | 693 | $(59.9 \%)$ | 355 | $(75.4 \%)$ |
| Unclear | 772 | - | 640 | - | 132 | - |
| Depression |  |  |  |  |  |  |
| Yes | 987 | $(49.2 \%)$ | 861 | $(57.5 \%)$ | 126 | $(24.9 \%)$ |
| No | 1,018 | $(50.8 \%)$ | 637 | $(42.5 \%)$ | 381 | $(75.1 \%)$ |
| Unclear | 395 | - | 299 | - | 96 | - |


| Anxiety over the disaster/psychological trauma |  |  |  |  |  |  |
| :--- | ---: | :---: | ---: | :---: | ---: | :---: |
| Yes | 106 | $(6.6 \%)$ | 93 | $(8.1 \%)$ | 13 | $(2.9 \%)$ |
| No | 1,490 | $(93.4 \%)$ | 1,051 | $(91.9 \%)$ | 439 | $(97.1 \%)$ |
| Unclear | 804 | - | 653 | - | 151 | - |

The participants who did not mention the issue go to 'Unclear' category.
Proportions do not include the number of 'Unclear.'

## (Mail Support)

We provided telephone counseling to those who indicated their desire for telephone support by return postcard, and to those who were assessed by the Mental Health Support Team that they required support based on the content of the reply.

After the telephone counseling, we summarized the content. Frequently mentioned problems were physical health problems, sleep problems and exercise issues.

We asked participants using checklists about their health condition, sleep, and hospital visit(s). Table 12 provides the state of health of participants.
When asked about the state of health, 93 ( $59.2 \%$ ) answered 'Good,' and 64 ( $40.8 \%$ ) answered 'Bad.' Comparing health conditions with a year ago, 10 (6.5\%) saw improvement, 127 (81.9\%) saw no changes, $12(7.7 \%)$ became worse, and $6(3.9 \%)$ have not had problems so far.

Asked about their sleep, 83 (58.9\%) answered 'Good,' and 58 (41.1\%) answered 'Bad.' Comparing the sleep habit with a year ago, 9 ( $6.5 \%$ ) saw improvement, 118 ( $84.9 \%$ ) saw no changes, $6(4.3 \%)$ became worse, $6(4.3 \%)$ have not had problems so far.

As for clinics, 24 ( $15.1 \%$ ) were treated by psychiatrists or psychosomatic medicine specialists, $108(67.9 \%)$ were treated by other specialists, and $27(17.0 \%)$ did not see a doctor.

Table 12: State of health of participants who received telephone counseling among those who required mail support

| Participants receiving support | $\begin{aligned} & \hline \text { Total } \\ & 167 \end{aligned}$ |  | Based on the scores 131 |  | Items other than scores 36 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Physical condition |  |  |  |  |  |  |
| Good | 93 | (59.2\%) | 67 | (54.5\%) | 26 | (76.5\%) |
| Bad | 64 | (40.8\%) | 56 | (45.5\%) | 8 | (23.5\%) |
| Unclear | 10 | - | 8 | - | 2 | - |
| Changes in physical condition |  |  |  |  |  |  |
| Improved | 10 | (6.5\%) | 7 | (5.8\%) | 3 | (8.8\%) |
| No change | 127 | (81.9\%) | 102 | (84.3\%) | 25 | (73.5\%) |
| Worsened | 12 | (7.7\%) | 8 | (6.6\%) | 4 | (11.8\%) |
| Have not had problems | 6 | (3.9\%) | 4 | (3.3\%) | 2 | (5.9\%) |
| Unclear | 12 | - | 10 | - | 2 | - |
| Sleeping habit |  |  |  |  |  |  |
| Good | 83 | (58.9\%) | 62 | (57.4\%) | 21 | (63.6\%) |
| Bad |  | (41.1\%) | 46 | (42.6\%) | 12 | (36.4\%) |
| Unclear | 26 | - | 23 | - | 3 | - |
| Changes in sleep |  |  |  |  |  |  |
| Improved | 9 | (6.5\%) | 6 | (5.6\%) | 3 | (9.4\%) |
| No change | 118 | (84.9\%) | 94 | (87.9\%) | 24 | (75.0\%) |
| Worsened | 6 | (4.3\%) | 3 | (2.8\%) | 3 | (9.4\%) |
| Have not had problems | 6 | (4.3\%) | 4 | (3.7\%) | 2 | (6.3\%) |
| Unclear | 28 | - | 24 | - | 4 | - |
| Treatments |  |  |  |  |  |  |
| Psychiatry or psy chosomatic medicine | 24 | (15.1\%) | 23 | (18.5\%) | 1 | (2.9\%) |
| Other | 108 | (67.9\%) | 85 | (68.5\%) | 23 | (65.7\%) |
| No |  | (17.0\%) | 16 | (12.9\%) | 11 | (31.4\%) |
| Unclear | 8 | - | 7 | - | 1 | - |
| Utilization of professional support |  |  |  |  |  |  |
| Yes |  | (40.4\%) | 44 | (42.7\%) | 11 | (33.3\%) |
| No |  | (59.6\%) | 59 | (57.3\%) | 22 | (66.7\%) |
| Unclear | 31 | - | 28 | - | 3 | - |
| Depression |  |  |  |  |  |  |
| Yes |  | (25.7\%) | 33 | (27.5\%) | 6 | (18.8\%) |
| No |  | (74.3\%) | 87 | (72.5\%) | 26 | (81.3\%) |
| Unclear | 15 | - | 11 | - | 4 | - |
| Anxiety over the disaster/psychological trauma |  |  |  |  |  |  |
| Yes | 6 | (4.1\%) | 5 | (4.4\%) | 1 | (3.1\%) |
| No | 140 | (95.9\%) | 109 | (95.6\%) | 31 | (96.9\%) |
| Unclear | 21 | - | 17 | - | 4 | - |

The participants who did not mention the issue go to 'Unclear' category.
Proportions do not include the number of 'Unclear.'

## 4.4-3 Categories of Interventions and Those Results

The results of the support were categorized into 'Follow-up 1,' 'Follow-up 2,' 'Follow-up 3,' and 'Declined Support' as was the case in the previous surveys. The breakdown below shows the criteria of 'Follow-up 2.' Numbers in the breakdown refer to the total number and the proportion in the brackets show the ratio of total number to the number of 'Follow-up 2.' Also, we categorized how we conducted the counseling sessions.

## (Telephone Counseling)

After the telephone counseling, 1,983 (82.6\%) were designated as 'Follow-up 1,' 300 (12.5\%) as 'Follow-up 2,' $69(2.9 \%)$ as 'Follow-up 3,' and 48 (2.0\%) as 'Declined Support' (Table 13). The reasons for 'Follow-up 2' were categorized into the following: 162 ( $54.0 \%$ ) for physical health problems, 179 ( $59.7 \%$ ) for mental health problems, 31 ( $10.3 \%$ ) for social maladaptation, $35(11.7 \%)$ for isolation and $32(10.7 \%)$ for other (Table 14).

Table 13: Results of telephone counseling

| Participants receiving support | $\begin{gathered} \text { Total } \\ 2,400 \end{gathered}$ |  | Based on the scores 1,797 |  | Items other than scores$603$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Follow-up 1 | 1,983 | (82.6\%) | 1,457 | (81.1\%) | 526 | (87.2\%) |
| Follow-up 2 | 300 | (12.5\%) | 246 | (13.7\%) | 54 | (9.0\%) |
| Follow-up 3 | 69 | (2.9\%) | 54 | (3.0\%) | 15 | (2.5\%) |
| Declined support | 48 | (2.0\%) | 40 | (2.2\%) | 8 | (1.3\%) |

Table 14: Breakdown of the reasons for 'Follow-up 2'

| Number of 'Follow-up 2' | Total |  | Based on the scores |  | Items other than scores |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 300 |  | 246 |  | 54 |  |
| Physical problems | 162 | (54.0\%) | 131 | (53.3\%) | 31 | (57.4\%) |
| Mental problems | 179 | (59.7\%) | 152 | (61.8\%) | 27 | (50.0\%) |
| Social maladaptation | 31 | (10.3\%) | 29 | (11.8\%) | 2 | (3.7\%) |
| Isolation | 35 | (11.7\%) | 27 | (11.0\%) | 8 | (14.8\%) |
| Other (checked residents' condition) | 32 | (10.7\%) | 19 | (7.7\%) | 13 | (24.1\%) |

The breakdown provides the total number.

We provided various types of support: listened carefully to the participants, $2,054(85.6 \%)$; recommended seeing a doctor, 326 ( $13.6 \%$ ); advised lifestyle changes, 433 ( $18.0 \%$ ); offered psychoeducation, 249 (10.4\%); provided information by phone, 46 ( $1.9 \%$ ); and other (checked residents' condition), 308 (12.8\%). (Table 15.)

Table 15: Content of the support

| Participants receiving support | $\begin{array}{r} \text { Total } \\ 2,400 \end{array}$ |  | Based on the scores 1,797 |  | Items other than scores$603$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Listened carefully | 2,054 | (85.6\%) | 1,530 | (85.1\%) | 524 | (86.9\%) |
| Recommended seeing a doctor | 326 | (13.6\%) | 152 | (8.5\%) | 174 | (28.9\%) |
| Advised lifestyle changes | 433 | (18.0\%) | 154 | (8.6\%) | 279 | (46.3\%) |
| Offered psychoeducation | 249 | (10.4\%) | 211 | (11.7\%) | 38 | (6.3\%) |
| Provided information by phone | 46 | (1.9\%) | 18 | (1.0\%) | 28 | (4.6\%) |
| Other (chected residens's' condition) | 308 | (12.8\%) | 248 | (13.8\%) | 60 | (10.0\%) |

The breakdown provides the total number.

Among those who needed continued support services, 224 were designated as 'Follow-up support,' 17 were referred to outside institutions, 10 were sent written materials, and 2 were directed to other departments (Table 16).

Table 16: Continued support

| Participants receiving support | $\begin{gathered} \text { Total } \\ 2,400 \end{gathered}$ |  | Based on the scores 1,797 |  | Items other than scores$603$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Follow-up support | 224 | (9.3\%) | 71 | (4.0\%) | 153 | (25.4\%) |
| Referred to outside institutions | 17 | (0.7\%) | 10 | (0.6\%) | 7 | (1.2\%) |
| Mail support | 10 | (0.4\%) | 8 | (0.4\%) | 2 | (0.3\%) |
| Directed to other departments | 2 | (0.1\%) | 2 | (0.1\%) | 0 | (0.0\%) |

## (Mail Support)

After the telephone counseling, $155(92.8 \%)$ were designated as 'Follow-up 1,' $11(6.6 \%)$ as 'Follow-up 2,' $1(0.6 \%)$ as 'Follow-up 3,' and $0(0.0 \%)$ as 'Declined Support' (Table 17). The reasons for 'Follow-up 2' were categorized into the following: 7 (63.6\%) for physical health problems, 4 (36.4\%) for mental health problems, 2 ( $18.2 \%$ ) for social maladaptation, 1 ( $9.1 \%$ ) for isolation and 3 (27.3\%) for other (Table 18).

Table 17: Results of the telephone counseling among those who required mail support

| Participants receiving support | $\begin{aligned} & \text { Total } \\ & 167 \end{aligned}$ |  | Based on the scores$131$ |  | Items other than scores$36$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Follow-up 1 | 155 | (92.8\%) | 120 | (91.6\%) | 35 | (97.2\%) |
| Follow-up 2 | 11 | (6.6\%) | 10 | (7.6\%) | 1 | (2.8\%) |
| Follow-up 3 | 1 | (0.6\%) | 1 | (0.8\%) | 0 | (0.0\%) |
| Declined support | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) |

Table 18: Breakdown of the reasons for 'Follow-up 2'

| Number of 'Follow-up 2' | Total |  | Based on the scores 10 |  | Items other than scores 1 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |
| Physical problems | 7 | (63.6\%) | 7 | (70.0\%) | 0 | (0.0\%) |
| Mental problems | 4 | (36.4\%) | 4 | (40.0\%) | 0 | (0.0\%) |
| Social maladaptation | 2 | (18.2\%) | 2 | (20.0\%) | 0 | (0.0\%) |
| Isolation | 1 | (9.1\%) | 1 | (10.0\%) | 0 | (0.0\%) |
| Other (checled residents' condition) | 3 | (27.3\%) | 2 | (20.0\%) | 1 | (100.0\%) |

The breakdown provides the total number.

We provided various types of support: listened carefully to the participants, 159 ( $95.2 \%$ ); recommended seeing a doctor, 26 ( $15.6 \%$ ); advised lifestyle changes, 44 ( $26.3 \%$ ); offered psychoeducation, $16(9.6 \%)$; provided information by phone, 2 ( $1.2 \%$ ); and other (checked residents' condition), 7 (4.2\%). (Table 19.)

Table 19: Content of the support

| Participants receiving support | $\begin{aligned} & \text { Total } \\ & 167 \end{aligned}$ |  | Based on the scores$131$ |  | Items other than scores 36 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Listened carefully | 159 | (95.2\%) | 123 | (93.9\%) | 36 | (100.0\%) |
| Recommended seeing a doctor | 26 | (15.6\%) | 16 | (12.2\%) | 10 | (27.8\%) |
| Advised lifestyle changes | 44 | (26.3\%) | 30 | (22.9\%) | 14 | (38.9\%) |
| Offered psychoeducation | 16 | (9.6\%) | 16 | (12.2\%) | 0 | (0.0\%) |
| Provided information by phone | 2 | (1.2\%) | 1 | (0.8\%) | 1 | (2.8\%) |
| Other (checked residents' condition) | 7 | (4.2\%) | 6 | (4.6\%) | 1 | (2.8\%) |

The breakdown provides the total number.

Among those who needed continued support services, 7 were designated as 'Follow-up support,' 1 was referred to outside institutions, and no one for the other 2 continued supports (Table 20).

Table 20: Continued support

| Participants receiving support | $\begin{aligned} & \text { Total } \\ & 167 \end{aligned}$ |  | Based on the scores$131$ |  | Items other than scores$36$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Follow-up support | 7 | (4.2\%) | 4 | (3.1\%) | 3 | (8.3\%) |
| Referred to outside institutions | 1 | (0.6\%) | 1 | (0.8\%) | 0 | (0.0\%) |
| Mail support | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) |
| Directed to other departments | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) |

### 4.5 Telephone Support Based on Items Other than Scores (Lifestyle Habits)

In the telephone counseling sessions for those who require support regarding lifestyle habits, we asked their health, changes in lifestyle, hospital visits, and health awareness and recommended seeing a doctor. Also, we offered information about the health effects of obesity and excessive alcohol consumption and encouraged lifestyle changes. Since the individuals need long-term support to maintain a behavior change, we continued to support them to check that they followed the advice.

## 4.5-1 Criteria for Support

1. Of the respondents with a previous history of hypertension (HT) or diabetes (DM) and have not received treatment, those who met the following criteria:
a. Those with a BMI $\geq 27.5 \mathrm{~kg} / \mathrm{m}^{2}(\mathrm{HT} / \mathrm{DM} \cdot \mathrm{BMI})$
b. Those who consume $\geq 42$ drinks in total per week
(HT/DM • Excessive drinking)
c. Those who meet both of the above criteria (HT/DM • BMI • Excessive drinking)
2. Those who consume average $\geq 6$ drinks per day ( $\geq 42$ drinks per week) with CAGE scores of 4 (high-risk drinking).

## 4.5-2 Status of Respondents Requiring Support

A total of 295 individuals required support. The number of participants who were assessed on the basis of ‘HT/DM • BMI' was 170, ‘HT/DM • Excessive drinking' was 59, 'HT/DM • BMI • Excessive drinking' was 16 , and 'high-risk drinking' was 50 . Among those who required support, 224 ( $75.9 \%$ ) were male and 71 ( $24.1 \%$ ) were female. The age group of $60-69$ years had the largest number of respondents requiring support: 85 ( $28.8 \%$ ). The second largest age group was $40-49$ years, 73 ( $24.7 \%$ ), followed by the age group of 50-59 years, 62 (21.0\%). Among those who required support, 247 ( $83.7 \%$ ) lived within Fukushima Prefecture and 48 ( $16.3 \%$ ) lived outside Fukushima (Table 21).

Table 21: Participants required telephone support based on items other than scores
(By sex, age group and area)

| Participants requiring support | $\begin{aligned} & \hline \text { Total } \\ & 295 \\ & \hline \end{aligned}$ |  | $\begin{gathered} \hline \text { HT/DM } \cdot \text { BMI } \\ 170 \\ \hline \end{gathered}$ |  | HTIDM $\cdot$ Excessive drinking59 |  | HT/DM • BMI $\cdot$ Excessive drinking 16 |  | High-risk drinking$50$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sex |  |  |  |  |  |  |  |  |  |  |
| Male | 224 | (75.9\%) | 110 | (64.7\%) | 55 | (93.2\%) | 15 | (93.8\%) | 44 | (88.0\%) |
| Female | 71 | (24.1\%) | 60 | (35.3\%) | 4 | (6.8\%) | 1 | (6.3\%) | 6 | (12.0\%) |
| Age group |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) | 0 | (0.0\%) |
| 20-29 | 13 | (4.4\%) | 10 | (5.9\%) | 0 | (0.0\%) | 1 | (6.3\%) | 2 | (4.0\%) |
| 30-39 | 39 | (13.2\%) | 23 | (13.5\%) | 4 | (6.8\%) | 3 | (18.8\%) | 9 | (18.0\%) |
| 40-49 | 73 | (24.7\%) | 46 | (27.1\%) | 13 | (22.0\%) | 4 | (25.0\%) | 10 | (20.0\%) |
| 50-59 | 62 | (21.0\%) | 33 | (19.4\%) | 15 | (25.4\%) | 5 | (31.3\%) | 9 | (18.0\%) |
| 60-69 | 85 | (28.8\%) | 43 | (25.3\%) | 23 | (39.0\%) | 2 | (12.5\%) | 17 | (34.0\%) |
| 70-79 | 17 | (5.8\%) | 10 | (5.9\%) | 3 | (5.1\%) | 1 | (6.3\%) | 3 | (6.0\%) |
| 80- | 6 | (2.0\%) | 5 | (2.9\%) | 1 | (1.7\%) | 0 | (0.0\%) | 0 | (0.0\%) |
| Area of residence |  |  |  |  |  |  |  |  |  |  |
| Within Fukushima | 247 | (83.7\%) | 140 | (82.4\%) | 48 | (81.4\%) | 16 | (100.0\%) | 43 | (86.0\%) |
| Outside Fukushima | 48 | (16.3\%) | 30 | (17.6\%) | 11 | (18.6\%) | 0 | (0.0\%) | 7 | (14.0\%) |

Age groups are calculated on the basis of 1 April 2015.
Areas are at the time of sending survey questionnaires in FY 2015.

## 4.5-3 Results of Telephone Counseling

Telephone support was provided to 251 individuals in total: 146 with 'HT/DM • BMI', 53 with 'HT/DM • Excessive drinking,' 14 with 'HT/DM $\cdot \mathrm{BMI} \cdot$ Excessive drinking,' and 38 with 'high-risk drinking.'
In the telephone counseling sessions, we asked how aware they are of the importance of exercising and diet, or risks from alcohol and smoking. Table 22 shows the results.

Table 22: Awareness of one's own lifestyle

| Participants receiving support | HT/DM - BMI | HTDM - Excessive drinking | HTIDM - BMI E Excessive dinkking | High-risk drinking |
| :---: | :---: | :---: | :---: | :---: |
| Total 251 | 146 | 53 | 14 | 38 |
| Exercise | 84 (57.5\%) | 20 (37.7\%) | 7 (50.0\%) | 12 (31.6\%) |
| Dietary habits | 91 (62.3\%) | 21 (39.6\%) | 7 (50.0\%) | 17 (44.7\%) |
| Drinking, smoking | 57 (39.0\%) | 30 (56.6\%) | 10 (71.4\%) | 29 (76.3\%) |

Multiple answers allowed.

After the first telephone support, we found out that 122 ( $48.6 \%$ ) had been to clinics. The number of those who require continued support, such as advice on lifestyle habits, was 129 ( $51.4 \%$ ) in total: 68 with 'HT/DM • BMI,' 26 with 'HT/DM • Excessive drinking,' 10 with 'HT/DM • BMI • Excessive drinking,' and 25 with 'high-risk drinking.' (Table 23.)

Table 23: Results of the first telephone counseling

| Participants receiving support | $\begin{aligned} & \hline \text { Total } \\ & 251 \end{aligned}$ |  | $\begin{gathered} \text { HT/DM } \cdot \mathrm{BMI} \\ 146 \end{gathered}$ |  | HT/DM • Excessive drinking$53$ |  | HT/DM $\cdot$ BMI $\cdot$ Excessive drinking <br> 14 |  | High-risk drinking 38 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| No follow-up support | 122 | (48.6\%) | 78 | (53.4\%) | 27 | (50.9\%) | 4 | (28.6\%) | 13 | (34.2\%) |
| Follow-up support | 129 | (51.4\%) | 68 | (46.6\%) | 26 | (49.1\%) | 10 | (71.4\%) | 25 | (65.8\%) |

Among the 129 individuals requiring follow-up support, we have provided follow-up support for $111(86.0 \%)$ in total: 54 with 'HT/DM • BMI,' 24 with 'HT/DM • Excessive drinking,' 8 with 'HT/DM • BMI • Excessive drinking,' and 25 with 'high-risk drinking.' The number of those who were confirmed to have sought professional help or made lifestyle changes was 99 (89.2\%) in total: 51 with 'HT/DM • BMI,' 21 with 'HT/DM • Excessive drinking,' 8 with 'HT/DM • BMI • Excessive drinking,' and 19 with 'high-risk drinking.' 62 (62.6\%) who saw improvement have sought professional help and made lifestyle changes. (See Table 24.)

Table 24: Results of follow-up support

| Participants requiring follow-up support | $\begin{gathered} \hline \text { Total } \\ 129 \end{gathered}$ |  | $\begin{aligned} & \text { HT/DM } \cdot \text { BMI } \\ & 68 \end{aligned}$ |  | HTDM $\cdot$ Excessive drinking <br> 26 |  | $\qquad$ |  | High-risk drinking 25 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Participants receiving follow-up support | 111 | (86.0\%) | 54 | (79.4\%) | 24 | (92.3\%) | 8 | (80.0\%) | 25 | (100.0\%) |
| Did not improve | 12 | (10.8\%) | 3 | (5.6\%) | 2 | (12.5\%) | 0 | (0.0\%) | 6 | (24.0\%) |
| Improved | 99 | (89.2\%) | 51 | (94.4\%) | 22 | (87.5\%) | 8 | (100.0\%) | 19 | (76.0\%) |
| Breakdown* <br> a.Visited doctors |  | (68.7\%) | 3 | (62.7\%) | 16 | (76.2\%) |  | 5 (62.5\%) | 15 | (78.9\%) |
| b. Improved lifestyle |  | (93.9\%) |  | (96.1\%) | 19 | (90.5\%) |  | 6 (75.0\%) | 19 | (100.0\%) |
| a \& b |  | (62.6\%) | 3 | (58.8\%) | 14 | (66.7\%) |  | 3 (37.5\%) | 15 | (78.9\%) |

Multiple data allowed for improved content.

## 5. Conclusion

The number of respondents of the FY 2015 Mental Health and Lifestyle Survey was 50,456. Of these, individual notices of results were sent to 50,347 participants who responded by 31 August 2016.

The number of those who required support based on scores was 723 children and 8,882 adults. Based only on sending a booklet, the number was 1,981 . Among the children, 288 required telephone counseling sessions and 435 required mail support. Based on the content of the written materials, 10 participants were assessed to require telephone support. Among the adults, 2,807 required telephone counseling sessions and 6,075 required mail support. Based on the content of the written materials, 178 participants were assessed to require telephone support. We sent a booklet to participants who required mail support on the basis of items other than scores to encourage lifestyle change. To those who were identified as requiring support but could not be reached for telephone support (except for the participants who only met the criteria for sending a booklet and for those who died), information was provided by sending a booklet made by FMU's Radiation Medical Science Center: Mental Health and Lifestyle Support.

After the telephone counseling sessions for children, 204 ( $81.6 \%$ ) were categorized as 'Follow-up 1,' and 34 ( $13.6 \%$ ) were categorized as 'Follow-up 2.' Frequently discussed issues of children were concerns related to school, physical health problems, and sleep problems. Among parent's or guardian's problems, frequently mentioned issues were the following: physical health problems, family problems, anxiety about the future and school-related issues.
Among the adults requiring telephone support, 1,983 (82.6\%) were categorized as 'Follow-up 1 ' and $300(12.5 \%)$ were categorized as 'Follow-up 2.' Among the respondents who required mail support, 155 ( $92.8 \%$ ) were categorized as 'Follow-up 1’ and 11 ( $6.6 \%$ ) were categorized as 'Follow-up 2.' Frequently discussed issues were physical problems and sleep problems, followed by depression among the respondents who required telephone support, and exercise among those who required mail support.
The number of respondents who required telephone counseling based on lifestyle habits was $295,251(85.1 \%)$ of whom received support. Of these, 111 ( $86.0 \%$ ) received continued telephone support. Ninety-nine ( $89.2 \%$ ) of them were confirmed to be making lifestyle changes.

## Pregnancy and Birth Survey for FY 2015

Reported on 20 February 2017

## 1. Outline

### 1.1 Purpose

We address anxieties associated with pregnancy and childbirth and provide necessary support through assessing participants' physical and mental health. The survey also aims to improve perinatal care in Fukushima Prefecture by listening to people's needs and expectations.

### 1.2 Group

Those who received Maternal and Child Health Handbooks from municipal offices in Fukushima Prefecture between 1 August 2014 and 31 July 2015, and those who had handbooks issued during the same period in other prefectures but received antenatal care or delivered babies in Fukushima Prefecture.

Number of participants: 14,572 (FY 2011: 16,001; FY 2012: 14,516; FY 2013: 15,218; FY 2014: $15,125)$

### 1.3 Methods

Survey questionnaires were sent to the participants.
Survey questionnaires were sent on 19 November 2015, 21 January 2016, and 17 March 2016 based on the estimated date of delivery.

### 1.4 Data Tabulation Period

From 24 November 2015 through 16 December 2016
(FY 2014 survey: From 20 November 2014 through 18 December 2015)
(FY 2013 survey: From 24 December 2013 through 26 December 2014)
(FY 2012 survey: From 14 December 2012 through 30 November 2013)
(FY 2011 survey: From 20 January 2012 through 31 March 2013)

## 2. Survey Results

- Survey results are shown in the tables.
- The number of valid responses may not equal to the survey total because of missing answers.


### 2.1 Response Rates

- The total number of responses for FY 2015 Survey was 7,031 ( $48.3 \%$ ). The number of valid responses was 6,999 , and invalid responses were 32. (No response: 4; Exclusions: 28)
- Viewing the total number of responses (response rate) over time, for the FY 2011 Survey it was 9,316 (58.2\%), and it was 7,181 (49.5\%) in FY 2012, 7,260 (47.7\%) in FY 2013 and 7,132 (47.2\%) in FY 2014.


### 2.2 Respondents

- The number of responses (response rate) for FY 2015 by area was as follows: Kempoku, 1,806 (52.3\%); Kenchu, 1,924 (45.2\%); Kennan, 560 (47.9\%); Aizu, 872 (49.0\%); Minami-aizu, 80 (53.3\%); Soso, 523 (44.2\%); Iwaki, 1,148 (46.6\%); outside Fukushima Prefecture, 118.
- Most respondents were in the 30-34 age group, followed by 25-29 and 35-39 age groups.


### 2.3 Pregnancy Outcomes

- The proportion of miscarriages and abortions among recipients of the Maternal and Child Health Handbooks in FY 2015, was $0.81 \%, 0.16 \%$, respectively. Viewing the proportion to over time, miscarriages and abortions amounted to $0.77 \%$ and $0.06 \%$ in FY 2011, $0.81 \%$ and $0.08 \%$ in FY $2012,0.78 \%$ and $0.04 \%$ in FY 2013, and $0.62 \%$ and $0.07 \%$ in FY 2014. (Q8)
- The proportion of preterm deliveries was $5.8 \%$. Prior, it was $4.8 \%$ in FY 2011, 5.7\% in FY 2012, $5.4 \%$ in both FY 2013 and FY 2014. According to 2015 Vital Statistics of the Ministry of Health, Labour and Welfare, the overall proportion in Japan was 5.6\%. (Q13)
- The proportion of low birth weight infants was $9.8 \%$. Prior, it was $8.9 \%$ in FY 2011, $9.6 \%$ in FY 2012, $9.9 \%$ in FY 2013, and $10.1 \%$ in FY 2015. According to 2015 Vital Statistics, the overall proportion in Japan was 9.5\%. (Q14)
- The incidence of congenital anomalies in singleton pregnancies was $2.24 \%$., Prior, it was $2.85 \%$ * in FY 2011, 2.39\% in FY 2012, 2.35\% in FY 2013, and 2.30\% in FY 2014. In general, it is reported that the incidence is $3-5 \%$. The most frequent anomaly was cardiovascular malformation with an incidence of $0.75 \%$. Prior, it was $0.89 \% *$ in FY 2011, $0.79 \%$ in FY 2012, $0.91 \%$ in FY 2013, and $0.74 \%$ in FY 2014. In general, it is reported that the incidence is about $1 \%$. (Q14)
Note: The denominator was the total number of valid responses.
* The figure in this survey excludes the number of invalid responses, whereas the survey for FY 2011 included the number of invalid responses.


### 2.4 Mental Health of Mothers

- The proportion of mothers with depressive symptoms was $22.0 \%$. Prior, it was $27.1 \%$ in FY 2011, $25.5 \%$ in FY 2012, 24.5\% in FY 2013, and 23.4\% in FY 2014). (Q4-1, Q4-2)
According to the national maternal and child health plan in Japan (Sukoyaka Oyako 21*), the proportion of mothers with postpartum depression as measured using the Edinburgh Postnatal

Depression Scale, was $9.0 \%$ in 2013, and the estimated proportion of postpartum depression from this survey based on the Edinburgh Postnatal Depression Scale was 11.6\%. Reference: Mishina H, et al. Pediatr Int. 2009; 51: 48.

* The proportion of mothers with postpartum depression was modified to $8.4 \%$, by reviewing a numeric value in the above reference (the Second version)


### 2.5 Perinatal Care

- Mothers were asked if they received sufficient antenatal and delivery care, and $2.4 \%$ answered NO or NOT AT ALL. Prior, it was $3.5 \%$ in FY 2012, $2.3 \%$ in FY 2013, and $2.7 \%$ in FY 2014. (Q3)


### 2.6 Family and Child Rearing

- The proportion of those who had evacuated their homes and now live in temporary housing or other kind of accommodation was $39.2 \%$ in the Soso area. Prior, the proportion was $61.3 \%$ in FY 2012, $50.8 \%$ in FY 2013, and $51.1 \%$ in FY 2014. (Q5)
- The proportion of those who were not confident in child rearing was $17.7 \%$. Prior, it was $15.4 \%$ in FY 2012, 17.5\% in FY 2013, and 16.6\% in FY 2014. (Q15) According to the 2010 national survey to assess toddlers' health status, the proportion of mothers with one-year-old children, who were not confident in child rearing, was $23.0 \%$.


### 2.7 Family Planning

- The proportion of those who were planning a pregnancy was $53.3 \%$. Prior, it was $52.9 \%$ in FY 2012, $52.8 \%$ in FY 2013, and $57.1 \%$ in FY 2014. According to the 14th National Fertility Survey in 2010, $58 \%$ of couples married for less than 10 years were planning a pregnancy. The proportion was $51 \%$ among those who already had a child.
- Following services were requested by those who were planning a pregnancy: improvement of preschool, care for longer hours, or day care for sick children, $77.2 \%$; information or services about child rearing and pediatric medicine, $68.5 \%$.
- The reasons for not planning a pregnancy were as follows: no desire, $52.1 \%$; age- or health-related reasons, $38.8 \%$. The proportion of respondents who worried about the effects of radiation was $1.6 \%$. Prior, it was 14.8\% in FY 2012, 5.6\% in FY 2013, and 3.9\% in FY 2014.


### 2.8 Free Comments

- The total of 1,101 respondents $(15.7 \%)$ provided free comments in a given space. Prior, it was 3,722 (42.2\%) in FY 2011, 1,481 (20.7\%) in FY 2012, 867 (12.0\%) in FY 2013, and 745 (10.5\%) in FY 2014.
- The most frequently discussed issues were about child rearing (29.3\%) followed by requests for adequate parenting support services ( $24.1 \%$ ).
- The proportion concerned about effects of radiation on the fetus and child was $5.2 \%$. Prior, it was 29.6\% in FY 2011, 26.4\% in FY 2012, 12.9\% in FY 2013, and 9.5\% in FY 2014.


### 2.9 Conclusion

1. Pregnancy Outcomes

The proportions of miscarriage or abortion after receiving the Maternal and Child Health Handbooks, preterm deliveries and low birth weight infants stayed almost the same as previous results.
The incidence of congenital anomalies in singleton pregnancies was also roughly the same as previous results, and within the generally reported incidence.

## 2. Mental Health

The proportion of mothers with depressive symptoms decreased over time from FY 2011, but the estimated proportion with depression was still higher than the national average.

## 3. Free Comments

The most frequently discussed issues were about child rearing followed by requests for adequate parenting support services.
Concern about effects of radiation on the fetus and child came up most frequently in FY 2011 and 2012, but has decreased since then.

## 3. Support after the Survey

### 3.1 Purpose

In order to address the residents' anxiety, midwives and public health nurses provided counseling via telephone or email for those who were screened to be in need of support among the respondents of FY 2015 survey.

### 3.2 Support Group

Respondents of the Pregnancy and Birth Survey for FY 2015

### 3.3 Criteria for Support

- Respondents who had two depression symptoms
- Respondents who were screened based on their opinions written in a given free space:

Those who appeared to have a severely depressed mood
Those in need of support for child rearing
Those who are concerned about radiation exposure
Those who want detailed information
Those who requested support

### 3.4 Methods

Support via telephone and email

## 4. Results of the Support

Survey results are shown in the tables.
Note: Participants who responded after 16 December 2016 and received support were excluded from this report.

### 4.1 Number of Supports Given

- The number of those who required telephone support was 913 out of 7,031 who responded from 24 November 2015 through 16 December 2016. The proportion was $13.0 \%$. Prior, it was 1,401 $(15.0 \%)$ in FY 2011, 1, 104 (15.4\%) in FY 2012, 1,101 (15.2\%) in FY 2013, and 830 (11.6\%) in FY 2014. The number of those who received support via email was 8 (13 in FY 2011, 6 in FY 2012, 3 in FY 2013, and 10 in FY 2014)
- Among those who required support, $60.1 \%$ were screened based on their depression symptoms ( $87.4 \%$ in FY 2011, 68.0\% in FY 2012, 67.6\% in FY 2013, and 77.7\% in FY 2014), and 39.9\% based on their comments written in a free space (12.6\% in FY 2011, 32.0\% in FY 2012, 32.4\% in FY 2013, and 22.3\% in FY 2014).


### 4.2 Content

- The most frequently discussed issue by the respondents was physical and mental health of mothers ( $53.1 \%$ ), followed by child rearing ( $40.9 \%$ ) and family life ( $21.8 \%$ ). Physical and mental health of mothers was the most frequent category in FY 2012, FY 2013 and FY 2014
- Viewing the category of concerns about effects of and anxiety about radiation (5.9\% in FY 2015) over time, it was 29.2\% in FY 2011, 23.7\% in FY 2012, 17.1\% in FY 2013, and 9.5\% in FY 2014.


### 4.3 Reasons for Completing Support

We completed telephone support by listening carefully and sorting mothers' concerns in 669 ( $73.3 \%$ ) cases, providing information about other counseling services in 452 (49.5\%) cases, confirming that they were already receiving care in 275 ( $30.1 \%$ ) cases. Note: Multiple answers allowed. The denominator is the total number of support encounters provided.

### 4.4 Conclusion

- The proportion of mothers to whom we provided support in FY 2015 was lower than in FY 2011, FY 2012, and FY 2013, but was higher than in FY 2014, possibly because the number of free comments requiring telephone support increased with the greater proportion of mothers writing free comments in FY 2015 compared with FY 2014.
- The most frequently discussed issue in the counseling in FY 2015 was physical and mental health of mothers as was the case in FY 2012, FY 2013, and FY 2014. Issues related to effects and anxiety of radiation became less frequent over time from FY 2011.


## Results of Pregnancy and Birth Survey for FY2015

## 1. Response rates

Responses received from 24 November 2015 through 16 December 2016

| Area | Survey population |  | Responses <br> (Response rate) |  |
| :--- | ---: | ---: | ---: | ---: |
| Kempoku | 3,453 | $23.7 \%$ | 1,806 | $52.3 \%$ |
| Kenchu | 4,261 | $29.2 \%$ | 1,924 | $45.2 \%$ |
| Kennan | 1,168 | $8.0 \%$ | 560 | $47.9 \%$ |
| Soso | 1,183 | $8.1 \%$ | 523 | $44.2 \%$ |
| Iwaki | 2,461 | $16.9 \%$ | 1,148 | $46.6 \%$ |
| Aizu | 1,778 | $12.2 \%$ | 872 | $49.0 \%$ |
| Minami-aizu | 150 | $1.0 \%$ | 80 | $53.3 \%$ |
| Outside <br> Fukushima | 118 | $0.8 \%$ | 118 | $100.0 \%$ |
| Total | 14,572 | $100.0 \%$ | 7,031 | $48.3 \%$ |

## 2. Results by Items

The total number is 6,999 of 7,031 participants excluding 32 invalid responses ( 4 nonrespondents and 28 exclusions). Each item includes nonrespondents and invalid responses. Percentages have been rounded and may not total to $100 \%$.

Age group of participants

| Area | Ages 15-19 |  | Ages 20-24 |  | Ages 25-29 |  | Ages 30-34 |  | Ages 35-39 |  | Ages 40-44 |  | $\begin{aligned} & \hline \text { Ages } \\ & 45-49 \\ & \hline \end{aligned}$ |  | $\begin{gathered} \text { No } \\ \text { response } \end{gathered}$ |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 10 | 0.6\% | 140 | 7.8\% | 507 | 28.2\% | 668 | 37.1\% | 381 | 21.2\% | 83 | 4.6\% | 0 | 0.0\% | 12 | 0.7\% | 1,801 | 100.0\% |
| Kenchu | 14 | 0.7\% | 171 | 8.9\% | 560 | 29.2\% | 649 | $33.9 \%$ | 429 | 22.4\% | 83 | 4.3\% | 1 | 0.1\% | 10 | 0.5\% | 1,917 | 100.0\% |
| Kennan | 6 | 1.1\% | 46 | 8.2\% | 194 | 34.8\% | 180 | 32.3\% | 108 | 19.4\% | 18 | 3.2\% | 1 | 0.2\% | 5 | 0.9\% | 558 | 100.0\% |
| Soso | 3 | 0.6\% | 60 | 11.5\% | 167 | 32.1\% | 183 | 35.2\% | 88 | 16.9\% | 19 | 3.7\% | 0 | 0.0\% | 0 | 0.0\% | 520 | 100.0\% |
| Iwaki | 17 | 1.5\% | 113 | 9.9\% | 311 | 27.1\% | 386 | 33.7\% | 243 | 21.2\% | 64 | 5.6\% | 1 | 0.1\% | 11 | 1.0\% | 1,146 | 100.0\% |
| Aizu | 7 | 0.8\% | 68 | 7.9\% | 279 | 32.3\% | 308 | 35.6\% | 157 | 18.2\% | 37 | 4.3\% | 0 | 0.0\% | 8 | 0.9\% | 864 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 6 | 7.5\% | 24 | 30.0\% | 24 | 30.0\% | 16 | 20.0\% | 8 | 10.0\% | 0 | 0.0\% | 2 | 2.5\% | 80 | 100.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 10 | 8.8\% | 49 | 43.4\% | 40 | 35.4\% | 12 | 10.6\% | 1 | 0.9\% | 0 | 0.0\% | 1 | 0.9\% | 113 | 100.0\% |
| Total | 57 | 0.8\% | 614 | 8.8\% | 2,091 | 29.9\% | 2,438 | 34.8\% | 1,434 | 20.5\% | 313 | 4.5\% | 3 | 0.0\% | 49 | 0.7\% | 6,999 | 100.0\% |

* Ages are at the time when pregnancy outcome occurred.

Q2. Do you think of yourself as healthy?

| Area | Very much |  | A little |  | Not so much |  | No |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 406 | 22.5\% | 1,319 | 73.2\% | 62 | 3.4\% | 11 | 0.6\% | 3 | 0.2\% | 1,801 | 100.0\% |
| Kenchu | 523 | 27.3\% | 1,331 | 69.4\% | 50 | 2.6\% | 10 | 0.5\% | 3 | 0.2\% | 1,917 | 100.0\% |
| Kennan | 147 | 26.3\% | 393 | 70.4\% | 17 | 3.0\% | 1 | 0.2\% | 0 | 0.0\% | 558 | 100.0\% |
| Soso | 98 | 18.8\% | 400 | 76.9\% | 19 | 3.7\% | 2 | 0.4\% | 1 | 0.2\% | 520 | 100.0\% |
| Iwaki | 326 | 28.4\% | 776 | 67.7\% | 38 | 3.3\% | 1 | 0.1\% | 5 | 0.4\% | 1,146 | 100.0\% |
| Aizu | 181 | 20.9\% | 644 | 74.5\% | 33 | 3.8\% | 2 | 0.2\% | 4 | 0.5\% | 864 | 100.0\% |
| Minami-aizu | 12 | 15.0\% | 61 | 76.3\% | 7 | 8.8\% | 0 | 0.0\% | 0 | 0.0\% | 80 | 100.0\% |
| Outside <br> Fukushima | 38 | 33.6\% | 75 | 66.4\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 113 | 100.0\% |
| Total | 1,731 | 24.7\% | 4,999 | 71.4\% | 226 | 3.2\% | 27 | 0.4\% | 16 | 0.2\% | 6,999 | 100.0\% |

Q3. Did you receive sufficient antenatal or delivery care for the current pregnancy?

| Area | Verymuch |  | Yes |  | Notsure |  | No |  | Notatall |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 549 | 30.5\% | 1,042 | 57.9\% | 161 | 8.9\% | 41 | 2.3\% | 4 | 0.2\% | 4 | 0.2\% | 1,801 | 100.0\% |
| Kenchu | 542 | 28.3\% | 1,106 | 57.7\% | 208 | 10.9\% | 50 | 2.6\% | 5 | 0.3\% | 6 | 0.3\% | 1,917 | 100.0\% |
| Kennan | 144 | 25.8\% | 332 | 59.5\% | 66 | 11.8\% | 16 | 2.9\% | 0 | 0.0\% | 0 | 0.0\% | 558 | 100.0\% |
| Soso | 124 | 23.8\% | 334 | 64.2\% | 51 | 9.8\% | 7 | 1.3\% | 1 | 0.2\% | 3 | 0.6\% | 520 | 100.0\% |
| Iwaki | 361 | 31.5\% | 656 | 57.2\% | 104 | 9.1\% | 20 | 1.7\% | 3 | 0.3\% | 2 | 0.2\% | 1,146 | 100.0\% |
| Aizu | 215 | 24.9\% | 542 | 62.7\% | 87 | 10.1\% | 14 | 1.6\% | 3 | 0.3\% | 3 | 0.3\% | 864 | 100.0\% |
| Minami-aizu | 23 | 28.8\% | 50 | 62.5\% | 6 | 7.5\% | 1 | 1.3\% | 0 | 0.0\% | 0 | 0.0\% | 80 | 100.0\% |
| Outside <br> Fukushima | 38 | 33.6\% | 64 | 56.6\% | 10 | 8.8\% | 0 | 0.0\% | 0 | 0.0\% | 1 | 0.9\% | 113 | 100.0\% |
| Total | 1,996 | 28.5\% | 4,126 | 59.0\% | 693 | 9.9\% | 149 | 2.1\% | 16 | 0.2\% | 19 | 0.3\% | 6,999 | 100.0\% |

Q4-1. Have you often been feeling down or depressed for the past month?

| Area | Yes |  | No |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 387 | 21.5\% | 1,407 | 78.1\% | 7 | 0.4\% | 1,801 | 100.0\% |
| Kenchu | 371 | 19.4\% | 1,540 | 80.3\% | 6 | 0.3\% | 1,917 | 100.0\% |
| Kennan | 122 | 21.9\% | 432 | 77.4\% | 4 | 0.7\% | 558 | 100.0\% |
| Soso | 127 | 24.4\% | 392 | 75.4\% | 1 | 0.2\% | 520 | 100.0\% |
| Iwaki | 212 | 18.5\% | 931 | 81.2\% | 3 | 0.3\% | 1,146 | 100.0\% |
| Aizu | 172 | 19.9\% | 685 | 79.3\% | 7 | 0.8\% | 864 | 100.0\% |
| Minami-aizu | 21 | 26.3\% | 59 | 73.8\% | 0 | 0.0\% | 80 | 100.0\% |
| Outside <br> Fukushima | 26 | 23.0\% | 87 | 77.0\% | 0 | 0.0\% | 113 | 100.0\% |
| Total | 1,438 | 20.5\% | 5,533 | 79.1\% | 28 | 0.4\% | 6,999 | 100.0\% |

Q4-2. Have you lost interest in activities or found things unpleasurable for the past month?

| Area | Yes |  | No |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 184 | 10.2\% | 1,610 | 89.4\% | 7 | 0.4\% | 1,801 | 100.0\% |
| Kenchu | 150 | 7.8\% | 1,761 | 91.9\% | 6 | 0.3\% | 1,917 | 100.0\% |
| Kennan | 53 | 9.5\% | 501 | 89.8\% | 4 | 0.7\% | 558 | 100.0\% |
| Soso | 69 | 13.3\% | 450 | 86.5\% | 1 | 0.2\% | 520 | 100.0\% |
| Iwaki | 97 | 8.5\% | 1,046 | 91.3\% | 3 | 0.3\% | 1,146 | 100.0\% |
| Aizu | 77 | 8.9\% | 780 | 90.3\% | 7 | 0.8\% | 864 | 100.0\% |
| Minami-aizu | 7 | 8.8\% | 73 | 91.3\% | 0 | 0.0\% | 80 | 100.0\% |
| Outside <br> Fukushima | 11 | 9.7\% | 102 | 90.3\% | 0 | 0.0\% | 113 | 100.0\% |
| Total | 648 | 9.3\% | 6,323 | 90.3\% | 28 | 0.4\% | 6,999 | 100.0\% |

Depressive tendencies (Answers to above questions)

| Area | Yes to both questions |  | Yes to either of the question |  | No to both questions |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 148 | 8.2\% | 275 | 15.3\% | 1,371 | 76.1\% | 7 | 0.4\% | 1,801 | 100.0\% |
| Kenchu | 125 | 6.5\% | 271 | 14.1\% | 1,515 | 79.0\% | 6 | 0.3\% | 1,917 | 100.0\% |
| Kennan | 49 | 8.8\% | 77 | 13.8\% | 428 | 76.7\% | 4 | 0.7\% | 558 | 100.0\% |
| Soso | 59 | 11.3\% | 78 | 15.0\% | 382 | 73.5\% | 1 | 0.2\% | 520 | 100.0\% |
| Iwaki | 83 | 7.2\% | 143 | 12.5\% | 917 | 80.0\% | 3 | 0.3\% | 1,146 | 100.0\% |
| Aizu | 67 | 7.8\% | 115 | 13.3\% | 675 | 78.1\% | 7 | 0.8\% | 864 | 100.0\% |
| Minami-aizu | 6 | 7.5\% | 16 | 20.0\% | 58 | 72.5\% | 0 | 0.0\% | 80 | 100.0\% |
| Outside <br> Fukushima | 8 | 7.1\% | 21 | 18.6\% | 84 | 74.3\% | 0 | 0.0\% | 113 | 100.0\% |
| Total | 545 | 7.8\% | 996 | 14.2\% | 5,430 | 77.6\% | 28 | 0.4\% | 6,999 | 100.0\% |

Proportion of those with depressive tendencies: $22.0 \%$ ( 545 checked both boxes of Yes+996 checked either of Yes/total of 6,999)

Q5. Are you evacuated from your home?

| Area | Yes, I am living in temporary housing |  | Yes, I am living in other kind of accommodation |  | Have evacuated but returned home |  | Have never been evacuated |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 0 | 0.0\% | 22 | 1.2\% | 243 | 13.5\% | 1,515 | 84.1\% | 21 | 1.2\% | 1,801 | 100.0\% |
| Kenchu | 1 | 0.1\% | 16 | 0.8\% | 305 | 15.9\% | 1,559 | 81.3\% | 36 | 1.9\% | 1,917 | 100.0\% |
| Kennan | 0 | 0.0\% | 4 | 0.7\% | 36 | 6.5\% | 508 | 91.0\% | 10 | 1.8\% | 558 | 100.0\% |
| Soso | 18 | 3.5\% | 186 | 35.8\% | 168 | 32.3\% | 142 | 27.3\% | 6 | 1.2\% | 520 | 100.0\% |
| Iwaki | 0 | 0.0\% | 16 | 1.4\% | 480 | 41.9\% | 632 | 55.1\% | 18 | 1.6\% | 1,146 | 100.0\% |
| Aizu | 0 | 0.0\% | 4 | 0.5\% | 37 | 4.3\% | 798 | 92.4\% | 25 | 2.9\% | 864 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 77 | 96.3\% | 3 | 3.8\% | 80 | 100.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 1 | 0.9\% | 7 | 6.2\% | 103 | 91.2\% | 2 | 1.8\% | 113 | 100.0\% |
| Total | 19 | 0.3\% | 249 | 3.6\% | 1,276 | 18.2\% | 5,334 | 76.2\% | 121 | 1.7\% | 6,999 | 100.0\% |

Q5. Are you living apart from family members you previously lived with because of evacuation?
This question is for 268 respondents who answered Yes to the previous question.

| Area | Yes |  | No |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 16 | 72.7\% | 6 | 27.3\% | 0 | 0.0\% | 22 | 100.0\% |
| Kenchu | 8 | 47.1\% | 9 | 52.9\% | 0 | 0.0\% | 17 | 100.0\% |
| Kennan | 2 | 50.0\% | 2 | 50.0\% | 0 | 0.0\% | 4 | 100.0\% |
| Soso | 78 | 38.2\% | 125 | 61.3\% | 1 | 0.5\% | 204 | 100.0\% |
| Iwaki | 9 | 56.3\% | 7 | 43.8\% | 0 | 0.0\% | 16 | 100.0\% |
| Aizu | 1 | 25.0\% | 3 | 75.0\% | 0 | 0.0\% | 4 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 1 | 100.0\% | 0 | 0.0\% | 1 | 100.0\% |
| Total | 114 | 42.5\% | 153 | 57.1\% | 1 | 0.4\% | 268 | 100.0\% |

Q5. Are you communicating well with your family?
This question is for 114 respondents who answered Yes to the previous question.

| Area | Yes |  | No |  | Not sure |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 13 | 81.3\% | 0 | 0.0\% | 3 | 18.8\% | 0 | 0.0\% | 16 | 100.0\% |
| Kenchu | 6 | 75.0\% | 0 | 0.0\% | 2 | 25.0\% | 0 | 0.0\% | 8 | 100.0\% |
| Kennan | 2 | 100.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 2 | 100.0\% |
| Soso | 62 | 79.5\% | 1 | 1.3\% | 15 | 19.2\% | 0 | 0.0\% | 78 | 100.0\% |
| Iwaki | 9 | 100.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 9. | 100.0\% |
| Aizu | 0 | 0.0\% | 0 | 0.0\% | 1 | 100.0\% | 0 | 0.0\% | 1 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Total | 92 | 80.7\% | 1 | 0.9\% | 21 | 18.4\% | 0 | 0.0\% | 114 | 100.0\% |

Q6. Whom are you living with? Check all that apply.

| Area | No one |  | Husband or partner |  | Children |  | Parents or parents-in-law |  | Other |  | Valid response |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 0 | 0.0\% | 1,702 | 94.7\% | 1,640 | 91.3\% | 496 | 27.6\% | 134 | 7.5\% | 1,797 |
| Kenchu | 0 | 0.0\% | 1,798 | 94.0\% | 1,682 | 87.9\% | 530 | 27.7\% | 125 | 6.5\% | 1,913 |
| Kennan | 0 | 0.0\% | 515 | 92.6\% | 499 | 89.7\% | 212 | 38.1\% | 55 | 9.9\% | 556 |
| Soso | 0 | 0.0\% | 500 | 96.5\% | 469 | 90.5\% | 155 | 29.9\% | 41 | 7.9\% | 518 |
| Iwaki | 2 | 0.2\% | 1,083 | 94.7\% | 998 | 87.2\% | 265 | 23.2\% | 56 | 4.9\% | 1,144 |
| Aizu | 0 | 0.0\% | 801 | 93.0\% | 759 | 88.2\% | 342 | 39.7\% | 93 | 10.8\% | 861 |
| Minami-aizu | 1 | 1.3\% | 75 | 93.8\% | 69 | 86.3\% | 32 | 40.0\% | 9 | 11.3\% | 80 |
| Outside Fukushima | 0 | 0.0\% | 110 | 97.3\% | 84 | 74.3\% | 7 | 6.2\% | 4 | 3.5\% | 113 |
| Total | 3 | 0.0\% | 6,584 | 94.3\% | 6,200 | 88.8\% | 2,039 | 29.2\% | 517 | 7.4\% | 6,982 |

The denominator is the sum of valid responses of Q6. Proportion does not total to $100.0 \%$ because of the multiple answers.

## Q7. Smoking

Tell us about your tobacco use.

1) Did you smoke when you were notified of your recent pregnancy?

| Area | Have never smoked |  | Quit before detecting pregnancy |  | Quit after detecting pregnancy |  | Yes |  | Nor response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 1,288 | 71.5\% | 228 | 12.7\% | 195 | 10.8\% | 88 | 4.9\% | 2 | 0.1\% | 1,801 | 100.0\% |
| Kenchu | 1,335 | 69.6\% | 215 | 11.2\% | 232 | 12.1\% | 134 | 7.0\% | 1 | 0.1\% | 1,917 | 100.0\% |
| Kennan | 367 | 65.8\% | 61 | 10.9\% | 91 | 16.3\% | 38 | 6.8\% | 1 | 0.2\% | 558 | 100.0\% |
| Soso | 349 | 67.1\% | 60 | 11.5\% | 75 | 14.4\% | 34 | 6.5\% | 2 | 0.4\% | 520 | 100.0\% |
| Iwaki | 754 | 65.8\% | 145 | 12.7\% | 153 | 13.4\% | 91 | 7.9\% | 3 | 0.3\% | 1,146 | 100.0\% |
| Aizu | 588 | 68.1\% | 101 | 11.7\% | 116 | 13.4\% | 56 | 6.5\% | 3 | 0.3\% | 864 | 100.0\% |
| Minamiaizu | 47 | 58.8\% | 16 | 20.0\% | 12 | 15.0\% | 5 | 6.3\% | 0 | 0.0\% | 80 | 100.0\% |
| Outside Fukushima | 82 | 72.6\% | 14 | 12.4\% | 14 | 12.4\% | 3 | 2.7\% | 0 | 0.0\% | 113 | 100.0\% |
| Total | 4,810 | 68.7\% | 840 | 12.0\% | 888 | 12.7\% | 449 | 6.4\% | 12 | 0.2\% | 6,999 | 100.0\% |

2) Did you smoke during the pregnancy?

| Area | No |  | Yes |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 1,763 | 97.9\% | 34 | 1.9\% | 4 | 0.2\% | 1,801 | 100.0\% |
| Kenchu | 1,847 | 96.3\% | 66 | 3.4\% | 4 | 0.2\% | 1,917 | 100.0\% |
| Kennan | 530 | 95.0\% | 23 | 4.1\% | 5 | 0.9\% | 558 | 100.0\% |
| Soso | 490 | 94.2\% | 29 | 5.6\% | 1 | 0.2\% | 520 | 100.0\% |
| Iwaki | 1,093 | 95.4\% | 50 | 4.4\% | 3 | 0.3\% | 1,146 | 100.0\% |
| Aizu | 828 | 95.8\% | 34 | 3.9\% | 2 | 0.2\% | 864 | 100.0\% |
| Minami-aizu | 79 | 98.8\% | 1 | 1.3\% | 0 | 0.0\% | 80 | 100.0\% |
| Outside Fukushima | 112 | 99.1\% | 1 | 0.9\% | 0 | 0.0\% | 113 | 100.0\% |
| Total | 6,742 | 96.3\% | 238 | 3.4\% | 19 | 0.3\% | 6,999 | 100.0\% |

3) Do you smoke?

| Area | No |  | Yes |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 1,737 | 96.4\% | 62 | 3.4\% | 2 | 0.1\% | 1,801 | 100.0\% |
| Kenchu | 1,807 | 94.3\% | 108 | 5.6\% | 2 | 0.1\% | 1,917 | 100.0\% |
| Kennan | 525 | 94.1\% | 30 | 5.4\% | 3 | 0.5\% | 558 | 100.0\% |
| Soso | 476 | 91.5\% | 42 | 8.1\% | 2 | 0.4\% | 520 | 100.0\% |
| Iwaki | 1,070 | 93.4\% | 72 | 6.3\% | 4 | 0.3\% | 1,146 | 100.0\% |
| Aizu | 807 | 93.4\% | 55 | 6.4\% | 2 | 0.2\% | 864 | 100.0\% |
| Minami-aizu | 76 | 95.0\% | 4 | 5.0\% | 0 | 0.0\% | 80 | 100.0\% |
| Outside Fukushima | 112 | 99.1\% | 1 | 0.9\% | 0 | 0.0\% | 113 | 100.0\% |
| Total | 6,610 | 94.4\% | 374 | 5.3\% | 15 | 0.2\% | 6,999 | 100.0\% |

Q8. Tell us about the current pregnancy.
Details of pregnancy

| Area | Natural conception |  | Ovarian hyperstimulation |  | Artificial insemination |  | In vitro fertilization |  | Ovarian hyperstimulation and artificial insemination |  | Ovarian hyperstimulation and in vitro fertilization |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 1,640 | 91.1\% | 69 | 3.8\% | 26 | 1.4\% | 59 | 3.3\% | 1 | 0.1\% | 0 | 0.0\% | 6 | 0.3\% | 1,801 | 100.0\% |
| Kenchu | 1,801 | 93.9\% | 36 | 1.9\% | 8 | 0.4\% | 65 | 3.4\% | 0 | 0.0\% | 0 | 0.0\% | 7 | 0.4\% | 1,917 | 100.0\% |
| Kennan | 524 | 93.9\% | 13 | 2.3\% | 6 | 1.1\% | 12 | 2.2\% | 1 | 0.2\% | 0 | 0.0\% | 2 | 0.4\% | 558 | 100.0\% |
| Soso | 476 | 91.5\% | 19 | 3.7\% | 5 | 1.0\% | 16 | 3.1\% | 0 | 0.0\% | 0 | 0.0\% | 4 | 0.8\% | 520 | 100.0\% |
| Iwaki | 1,057 | 92.2\% | 27 | 2.4\% | 10 | 0.9\% | 45 | 3.9\% | 1 | 0.1\% | 0 | 0.0\% | 6 | 0.5\% | 1,146 | 100.0\% |
| Aizu | 809 | 93.6\% | 15 | 1.7\% | 10 | 1.2\% | 26 | 3.0\% | 0 | 0.0\% | 0 | 0.0\% | 4 | 0.5\% | 864 | 100.0\% |
| Minamiaizu | 75 | 93.8\% | 4 | 5.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 1 | 1.3\% | 80 | 100.0\% |
| Outside <br> Fukushima | 105 | 92.9\% | 4 | 3.5\% | 2 | 1.8\% | 1 | 0.9\% | 0 | 0.0\% | 0 | 0.0\% | 1 | 0.9\% | 113 | 100.0\% |
| Total | 6,487 | 92.7\% | 187 | 2.7\% | 67 | 1.0\% | 224 | 3.2\% | 3 | 0.0\% | 0 | 0.0\% | 31 | 0.4\% | 6,999 | 100.0\% |

Outcome

| Area | Delivered |  | Miscarriage |  | Induced abortion |  | Stillbirth |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 1,781 | 98.89\% | 14 | 0.78\% | 2 | 0.11\% | 4 | 0.22\% | 1,801 | 100.00\% |
| Kenchu | 1,894 | 98.80\% | 18 | 0.94\% | 0 | 0.00\% | 5 | 0.26\% | 1,917 | 100.00\% |
| Kennan | 548 | 98.21\% | 5 | 0.90\% | 2 | 0.36\% | 3 | 0.54\% | 558 | 100.00\% |
| Soso | 515 | 99.04\% | 4 | 0.77\% | 0 | 0.00\% | 1 | 0.19\% | 520 | 100.00\% |
| Iwaki | 1,128 | 98.43\% | 11 | 0.96\% | 5 | 0.44\% | 2 | 0.17\% | 1,146 | 100.00\% |
| Aizu | 854 | 98.96\% | 5 | 0.58\% | 2 | 0.23\% | 2 | 0.23\% | 863 | 100.00\% |
| Minami-aizu | 80 | 100.00\% | 0 | 0.00\% | 0 | 0.00\% | 0 | 0.00\% | 80 | 100.00\% |
| Outside Fukushima | 113 | 100.00\% | 0 | 0.00\% | 0 | 0.00\% | 0 | 0.00\% | 113 | 100.00\% |
| Total | 6,913 | 98.79\% | 57 | 0.81\% | 11 | 0.16\% | 17 | 0.24\% | 6,998 | 100.00\% |

Excluding two mothers who gave birth to triplets.
Twin pregnancy was counted as one except the respondent with different outcomes in twin pregnancy. The participant checked for each outcome.

Q9. Singleton pregnancy or twin pregnancy (including the case of a stillbirth)

| Area | Singleton |  | Twin |  | No response |  | Total |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Kempoku | 1,779 | $98.8 \%$ | 15 | $0.8 \%$ | 7 | $0.4 \%$ | 1,801 | $100.0 \%$ |
| Kenchu | 1,897 | $99.0 \%$ | 18 | $0.9 \%$ | 2 | $0.1 \%$ | 1,917 | $100.0 \%$ |
| Kennan | 551 | $98.7 \%$ | 5 | $0.9 \%$ | 2 | $0.4 \%$ | 558 | $100.0 \%$ |
| Soso | 516 | $99.2 \%$ | 3 | $0.6 \%$ | 1 | $0.2 \%$ | 520 | $100.0 \%$ |
| Iwaki | 1,133 | $99.0 \%$ | 10 | $0.9 \%$ | 2 | $0.2 \%$ | 1,145 | $100.0 \%$ |
| Aizu | 853 | $98.8 \%$ | 7 | $0.8 \%$ | 3 | $0.3 \%$ | 863 | $100.0 \%$ |
| Minami-aizu | 80 | $100.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 80 | $100.0 \%$ |
| Outside Fukushima | 113 | $100.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 113 | $100.0 \%$ |
| Total | 6,922 | $98.9 \%$ | 58 | $0.8 \%$ | 17 | $0.2 \%$ | 6,997 | $100.0 \%$ |

Excluding two mothers who gave birth to triplets.

Q10. Pregnancy History

1) Have you ever had a miscarriage?

| Area | Yes |  | No |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 364 | 20.2\% | 1,401 | 77.8\% | 36 | 2.0\% | 1,801 | 100.0\% |
| Kenchu | 415 | 21.6\% | 1,476 | 77.0\% | 26 | 1.4\% | 1,917 | 100.0\% |
| Kennan | 112 | 20.1\% | 442 | 79.2\% | 4 | 0.7\% | 558 | 100.0\% |
| Soso | 93 | 17.9\% | 416 | 80.0\% | 11 | 2.1\% | 520 | 100.0\% |
| Iwaki | 237 | 20.7\% | 900 | 78.5\% | 9 | 0.8\% | 1,146 | 100.0\% |
| Aizu | 178 | 20.6\% | 668 | 77.3\% | 18 | 2.1\% | 864 | 100.0\% |
| Minami-aizu | 17 | 21.3\% | 63 | 78.8\% | 0 | 0.0\% | 80 | 100.0\% |
| Outside Fukushima | 17 | 15.0\% | 95 | 84.1\% | 1 | 0.9\% | 113 | 100.0\% |
| Total | 1,433 | 20.5\% | 5,461 | 78.0\% | 105 | 1.5\% | 6,999 | 100.0\% |

2) Have you ever had an abortion?

| Area | Yes |  | No |  | No response |  | Total |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Kempoku | 247 | $13.7 \%$ | 1,487 | $82.6 \%$ | 67 | $3.7 \%$ | 1,801 | $100.0 \%$ |
| Kenchu | 310 | $16.2 \%$ | 1,558 | $81.3 \%$ | 49 | $2.6 \%$ | 1,917 | $100.0 \%$ |
| Kennan | 71 | $12.7 \%$ | 470 | $84.2 \%$ | 17 | $3.0 \%$ | 558 | $100.0 \%$ |
| Soso | 75 | $14.4 \%$ | 424 | $81.5 \%$ | 21 | $4.0 \%$ | 520 | $100.0 \%$ |
| Iwaki | 183 | $16.0 \%$ | 927 | $80.9 \%$ | 36 | $3.1 \%$ | 1,146 | $100.0 \%$ |
| Aizu | 145 | $16.8 \%$ | 684 | $79.2 \%$ | 35 | $4.1 \%$ | 864 | $100.0 \%$ |
| Minami-aizu | 11 | $13.8 \%$ | 66 | $82.5 \%$ | 3 | $3.8 \%$ | 80 | $100.0 \%$ |
| Outside Fukushima | 10 | $8.8 \%$ | 96 | $85.0 \%$ | 7 | $6.2 \%$ | 113 | $100.0 \%$ |
| Total | 1,052 | $15.0 \%$ | 5,712 | $81.6 \%$ | 235 | $3.4 \%$ | 6,999 | $100.0 \%$ |

3) Have you ever had a stillbirth?

| Area | Yes |  | No |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 22 | 1.2\% | 1,736 | 96.4\% | 43 | 2.4\% | 1,801 | 100.0\% |
| Kenchu | 18 | 0.9\% | 1,869 | 97.5\% | 30 | 1.6\% | 1,917 | 100.0\% |
| Kennan | 9 | 1.6\% | 544 | 97.5\% | 5 | 0.9\% | 558 | 100.0\% |
| Soso | 5 | 1.0\% | 503 | 96.7\% | 12 | 2.3\% | 520 | 100.0\% |
| Iwaki | 18 | 1.6\% | 1,114 | 97.2\% | 14 | 1.2\% | 1,146 | 100.0\% |
| Aizu | 11 | 1.3\% | 833 | 96.4\% | 20 | 2.3\% | 864 | 100.0\% |
| Minami-aizu | 2 | 2.5\% | 78 | 97.5\% | 0 | 0.0\% | 80 | 100.0\% |
| Outside Fukushima | 1 | 0.9\% | 111 | 98.2\% | 1 | 0.9\% | 113 | 100.0\% |
| Total | 86 | 1.2\% | 6,788 | 97.0\% | 125 | 1.8\% | 6,999 | 100.0\% |

4) Have you ever given birth?

| Area | Yes |  | No |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 940 | 52.2\% | 793 | 44.0\% | 68 | 3.8\% | 1,801 | 100.0\% |
| Kenchu | 990 | 51.6\% | 883 | 46.1\% | 44 | 2.3\% | 1,917 | 100.0\% |
| Kennan | 299 | 53.6\% | 239 | 42.8\% | 20 | 3.6\% | 558 | 100.0\% |
| Soso | 270 | 51.9\% | 226 | 43.5\% | 24 | 4.6\% | 520 | 100.0\% |
| Iwaki | 558 | 48.7\% | 553 | 48.3\% | 35 | 3.1\% | 1,146 | 100.0\% |
| Aizu | 443 | 51.3\% | 379 | 43.9\% | 42 | 4.9\% | 864 | 100.0\% |
| Minami-aizu | 40 | 50.0\% | 38 | 47.5\% | 2 | 2.5\% | 80 | 100.0\% |
| Outside Fukushima | 39 | 34.5\% | 68 | 60.2\% | 6 | 5.3\% | 113 | 100.0\% |
| Total | 3,579 | 51.1\% | 3,179 | 45.4\% | 241 | 3.4\% | 6,999 | 100.0\% |

5) Have you ever had twins?

| Area | Yes |  | No |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 9 | 0.5\% | 1,752 | 97.3\% | 40 | 2.2\% | 1,801 | 100.0\% |
| Kenchu | 7 | 0.4\% | 1,880 | 98.1\% | 30 | 1.6\% | 1,917 | 100.0\% |
| Kennan | 3 | 0.5\% | 550 | 98.6\% | 5 | 0.9\% | 558 | 100.0\% |
| Soso | 3 | 0.6\% | 503 | 96.7\% | 14 | 2.7\% | 520 | 100.0\% |
| Iwaki | 9 | 0.8\% | 1,117 | 97.5\% | 20 | 1.7\% | 1,146 | 100.0\% |
| Aizu | 5 | 0.6\% | 840 | 97.2\% | 19 | 2.2\% | 864 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 80 | 100.0\% | 0 | 0.0\% | 80 | 100.0\% |
| Outside Fukushima | 0 | 0.0\% | 112 | 99.1\% | 1 | 0.9\% | 113 | 100.0\% |
| Total | 36 | 0.5\% | 6,834 | 97.6\% | 129 | 1.8\% | 6,999 | 100.0\% |

Q11. Have you suffered from any disease prior to the current pregnancy?

| Area | Yes |  | No |  | No response |  | Total |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Kempoku | 542 | $30.1 \%$ | 1,249 | $69.4 \%$ | 10 | $0.6 \%$ | 1,801 | $100.0 \%$ |
| Kenchu | 591 | $30.8 \%$ | 1,316 | $68.6 \%$ | 10 | $0.5 \%$ | 1,917 | $100.0 \%$ |
| Kennan | 170 | $30.5 \%$ | 385 | $69.0 \%$ | 3 | $0.5 \%$ | 558 | $100.0 \%$ |
| Soso | 159 | $30.6 \%$ | 358 | $68.8 \%$ | 3 | $0.6 \%$ | 520 | $100.0 \%$ |
| Iwaki | 366 | $31.9 \%$ | 773 | $67.5 \%$ | 7 | $0.6 \%$ | 1,146 | $100.0 \%$ |
| Aizu | 245 | $28.4 \%$ | 615 | $71.2 \%$ | 4 | $0.5 \%$ | 864 | $100.0 \%$ |
| Minami-aizu | 30 | $37.5 \%$ | 50 | $62.5 \%$ | 0 | $0.0 \%$ | 80 | $100.0 \%$ |
| Outside Fukushima | 35 | $31.0 \%$ | 78 | $69.0 \%$ | 0 | $0.0 \%$ | 113 | $100.0 \%$ |
| Total | 2,138 | $30.5 \%$ | 4,824 | $68.9 \%$ | 37 | $0.5 \%$ | 6,999 | $100.0 \%$ |

Breakdown of YES (Multiple answers allowed)
Valid response: 2,135 Invalid response: 3

| Area | Other allergic disease ${ }^{1}$ |  | Respiratory disease $^{2}$ |  | Mental illness ${ }^{3}$ |  | Thyroid disease |  | Intestinal disorder |  | Neurological disorder ${ }^{4}$ |  | Heart disease ${ }^{5}$ |  | Cancer |  | Liver disease ${ }^{6}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 327 | 45.8\% | 118 | 16.5\% | 63 | 8.8\% | 33 | 4.6\% | 22 | 3.1\% | 12 | 1.7\% | 11 | 1.5\% | 10 | 1.4\% | 5 | 0.7\% |
| Kenchu | 328 | 42.7\% | 136 | 17.7\% | 68 | 8.8\% | 39 | 5.1\% | 22 | 2.9\% | 26 | 3.4\% | 18 | 2.3\% | 10 | 1.3\% | 4 | 0.5\% |
| Kennan | 86 | 38.7\% | 40 | 18.0\% | 21 | 9.5\% | 8 | 3.6\% | 5 | 2.3\% | 7 | 3.2\% | 7 | 3.2\% | 3 | 1.4\% | 5 | 2.3\% |
| Soso | 86 | 41.7\% | 34 | 16.5\% | 21 | 10.2\% | 10 | 4.9\% | 8 | 3.9\% | 3 | 1.5\% | 3 | 1.5\% | 2 | 1.0\% | 4 | 1.9\% |
| Iwaki | 194 | 38.9\% | 92 | 18.4\% | 45 | 9.0\% | 23 | 4.6\% | 27 | 5.4\% | 13 | 2.6\% | 14 | 2.8\% | 7 | 1.4\% | 6 | 1.2\% |
| Aizu | 135 | 39.6\% | 73 | 21.4\% | 33 | 9.7\% | 17 | 5.0\% | 10 | 2.9\% | 8 | 2.3\% | 5 | 1.5\% | 2 | 0.6\% | 7 | 2.1\% |
| Minami-aizu | 22 | 50.0\% | 7 | 15.9\% | 5 | 11.4\% | 0 | 0.0\% | 0 | 0.0\% | 1 | 2.3\% | 1 | 2.3\% | 0 | 0.0\% | 0 | 0.0\% |
| Outside <br> Fukushima | 29 | 60.4\% | 5 | 10.4\% | 3 | 6.3\% | 4 | 8.3\% | 2 | 4.2\% | 0 | 0.0\% | 1 | 2.1\% | 1 | 2.1\% | 0 | 0.0\% |
| Total | 1,207 | 42.5\% | 505 | 17.8\% | 259 | 9.1\% | 134 | 4.7\% | 96 | 3.4\% | 70 | 2.5\% | 60 | 2.1\% | 35 | 1.2\% | 31 | 1.1\% |


| Area | Collagen disease ${ }^{7}$ |  | Hypertension |  | Diabetes |  | Hyperlipemia |  | Infection ${ }^{8}$ |  | Blood disorders ${ }^{9}$ |  | Neuromuscular <br> disease ${ }^{10}$ |  | Other |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 7 | 1.0\% | 5 | 0.7\% | 3 | 0.4\% | 5 | 0.7\% | 5 | 0.7\% | 4 | 0.6\% | 6 | 0.8\% | 78 | 10.9\% | 714 | 100.0\% |
| Kenchu | 6 | 0.8\% | 5 | 0.7\% | 7 | 0.9\% | 1 | 0.1\% | 5 | 0.7\% | 3 | 0.4\% | 2 | 0.3\% | 89 | 11.6\% | 769 | 100.0\% |
| Kennan | 1 | 0.5\% | 3 | 1.4\% | 2 | 0.9\% | 3 | 1.4\% | 1 | 0.5\% | 0 | 0.0\% | 2 | 0.9\% | 28 | 12.6\% | 222 | 100.0\% |
| Soso | 3 | 1.5\% | 3 | 1.5\% | 1 | 0.5\% | 4 | 1.9\% | 1 | 0.5\% | 0 | 0.0\% | 1 | 0.5\% | 22 | 10.7\% | 206 | 100.0\% |
| Iwaki | 7 | 1.4\% | 6 | 1.2\% | 4 | 0.8\% | 2 | 0.4\% | 4 | 0.8\% | 3 | 0.6\% | 1 | 0.2\% | 51 | 10.2\% | 499 | 100.0\% |
| Aizu | 4 | 1.2\% | 2 | 0.6\% | 3 | 0.9\% | 1 | 0.3\% | 1 | 0.3\% | 2 | 0.6\% | 0 | 0.0\% | 38 | 11.1\% | 341 | 100.0\% |
| Minami-aizu | 1 | 2.3\% | 0 | 0.0\% | 0 | 0.0\% | 1 | 2.3\% | 0 | 0.0\% | 1 | 2.3\% | 0 | 0.0\% | 5 | 11.4\% | 44 | 100.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 1 | 2.1\% | 0 | 0.0\% | 0 | 0.0\% | 2 | 4.2\% | 48 | 100.0\% |
| Total | 29 | 1.0\% | 24 | 0.8\% | 20 | 0.7\% | 17 | 0.6\% | 18 | 0.6\% | 13 | 0.5\% | 12 | 0.4\% | 313 | 11.0\% | 2,843 | 100.0\% |

1) Atopic dermatitis, Allergic rhinitis, etc. 2) Pneumonia, asthma, etc. 3) Depression, schizophrenia, etc.
2) Cerebral apoplexy, epilepsy, etc. 5) Myocardial infarction, angina pectoris, arrhythmia, congenital heart disease, etc.
3) Chronic hepatitis, etc. 7) Lupus erythematosus, etc. 8) Tuberculosis, etc. 9) Idiopathic thrombocytopenia, etc. 10) Myasthenia gravis, etc.

Incidence rate is not shown because of uncertain duration of the disease

Breakdown of OTHER (Multiple answers allowed)

| Ovarian tumor | 73 | Tonsillitis | 3 | Acetabular dysplasia | 1 | Renal cyst | 1 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Myoma of the uterus | 55 | Pancreatitis | 3 | Alopecia areata | 1 | Renal calculus | 1 |
| Endometriosis | 26 | Hemangioma | 2 | Hypophysial diabetes insipidus | 1 | Kidney disease | 1 |
| Pyelonephritis | 15 | Adenomyosis of the uterus | 2 | Familial Mediterranean fever | 1 | Kidney failure | 1 |
| Glaucoma | 11 | Endometrial polyp | 2 | Nervus abducens palsy | 1 | Venous thrombosis | 1 |
| IgA nephropathy | 10 | Glomerulonephritis | 2 | Psoriatic arthritis | 1 | Congenital bone marrow spondylolisthesis | 1 |
| Cervical intraepithelial neoplasia | 9 | Squint | 2 | Sensorineural deafness | 1 | Condylomata Acuminata | 1 |
| Polycystic ovary syndrome | 8 | Habitual abortion | 2 | Interstitial cystitis | 1 | Fibrous dysplasia of bone | 1 |
| Cholelithiasis | 6 | Inflammation of the gallbladder | 2 | Acute maxillary sinusitis | 1 | Cyst of femur | 1 |
| Sarcoidosis | 5 | Sudden deafness | 2 | Cleft of lip and alveolar process | 1 | Femur head necrosis | 1 |
| Ureteral lithiasis | 5 | Ovarian hemorrhage | 2 | Hyperprolactinemia | 1 | Cartilage tumor | 1 |
| Meniere's disease | 4 | Atheroma | 1 | Lumbar disc herniation | 1 | Sepsis | 1 |
| Extrauterine pregnancy | 4 | Anaphylactic shock | 1 | Bone tumors | 1 | Cataracta | 1 |
| Nephritis | 4 | Ranula | 1 | Osteoporosis | 1 | Hydatidiform mole | 1 |
| Sinusitis | 4 | Ganglion | 1 | Pelviperitonitis | 1 | Retinal detachment | 1 |
| Allergic purpura | 3 | Nephrotic syndrome | 1 | Peliosis | 1 | A drug rash | 1 |
| Psoriasis | 3 | Protein S deficiency | 1 | Hemorrhoids | 1 | Salpinx edema | 1 |
| Tumor of the parotid gland | 3 | Dizziness | 1 | Otosclerosiss | 1 | Giant cell tumor of tibia | 1 |
| Carpal tunnel syndrome | 3 | Livedo vasculopathy | 1 | Autosensitization dermatitis | 1 | Splenic cystis | 1 |
| Deep thrombophlebitis | 3 | Lymph adenopathy | 1 | Eczema | 1 |  |  |
| Kidney disease | 3 | Lymphoma | 1 | Palmoplantar pustulosis | 1 |  |  |
| Kawasaki disease | 3 | Ectopic pregnancy | 1 | Invasive hydatidiform mole | 1 |  |  |
| Otitis media | 3 | Right congenital hydronephrosis | 1 | Vitiligo vulgaris | 1 |  |  |

Q12. Have you suffered from any disease during the current pregnancy?

| Area | Yes |  | No |  | No response |  | Total |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Kempoku | 556 | $30.9 \%$ | 1,237 | $68.7 \%$ | 8 | $0.4 \%$ | 1,801 | $100.0 \%$ |
| Kenchu | 560 | $29.2 \%$ | 1,349 | $70.4 \%$ | 8 | $0.4 \%$ | 1,917 | $100.0 \%$ |
| Kennan | 148 | $26.5 \%$ | 409 | $73.3 \%$ | 1 | $0.2 \%$ | 558 | $100.0 \%$ |
| Soso | 137 | $26.3 \%$ | 382 | $73.5 \%$ | 1 | $0.2 \%$ | 520 | $100.0 \%$ |
| Iwaki | 291 | $25.4 \%$ | 848 | $74.0 \%$ | 7 | $0.6 \%$ | 1,146 | $100.0 \%$ |
| Aizu | 258 | $29.9 \%$ | 601 | $69.6 \%$ | 5 | $0.6 \%$ | 864 | $100.0 \%$ |
| Minami-aizu | 29 | $36.3 \%$ | 51 | $63.8 \%$ | 0 | $0.0 \%$ | 80 | $100.0 \%$ |
| Outside Fukushima | 30 | $26.5 \%$ | 83 | $73.5 \%$ | 0 | $0.0 \%$ | 113 | $100.0 \%$ |
| Total | 2,009 | $28.7 \%$ | 4,960 | $70.9 \%$ | 30 | $0.4 \%$ | 6,999 | $100.0 \%$ |


| Area | Incidence of all diseases |  | $\begin{gathered} \hline \text { Valid } \\ \text { response } \end{gathered}$ |
| :---: | :---: | :---: | :---: |
| Kempoku | 556 | 31.0\% | 1,793 |
| Kenchu | 560 | 29.3\% | 1,909 |
| Kennan | 148 | 26.6\% | 557 |
| Soso | 137 | 26.4\% | 519 |
| Iwaki | 291 | 25.5\% | 1,139 |
| Aizu | 258 | 30.0\% | 859 |
| Minami-aizu | 29 | 36.3\% | 80 |
| Outside <br> Fukushima | 30 | 26.5\% | 113 |
| Total | 2,009 | 28.8\% | 6,969 |

The denominator is the sum of valid response of YES and NO.

Incidence

| Area | Threatened premature delivery |  | Threatened abortion |  | Hypertension in pregnancy |  | Gestational diabetes mellitus |  | Infectious disease ${ }^{1}$ |  | Oligohydramnios |  | Premature birth |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 250 | 13.9\% | 147 | 8.2\% | 56 | 3.1\% | 63 | 3.5\% | 51 | 2.8\% | 28 | 1.6\% | 28 | 1.6\% |
| Kenchu | 248 | 13.0\% | 146 | 7.6\% | 80 | 4.2\% | 63 | 3.3\% | 45 | 2.4\% | 36 | 1.9\% | 35 | 1.8\% |
| Kennan | 60 | 10.8\% | 40 | 7.2\% | 18 | 3.2\% | 13 | 2.3\% | 19 | 3.4\% | 13 | 2.3\% | 17 | 3.1\% |
| Soso | 51 | 9.8\% | 39 | 7.5\% | 21 | 4.0\% | 15 | 2.9\% | 16 | 3.1\% | 7 | 1.3\% | 3 | 0.6\% |
| Iwaki | 125 | 11.0\% | 98 | 8.6\% | 35 | 3.1\% | 21 | 1.8\% | 19 | 1.7\% | 15 | 1.3\% | 11 | 1.0\% |
| Aizu | 107 | 12.5\% | 77 | 9.0\% | 32 | 3.7\% | 21 | 2.4\% | 32 | 3.7\% | 11 | 1.3\% | 9 | 1.0\% |
| Minami-aizu | 17 | 21.3\% | 10 | 12.5\% | 2 | 2.5\% | 4 | 5.0\% | 2 | 2.5\% | 2 | 2.5\% | 2 | 2.5\% |
| Outside <br> Fukushima | 16 | 14.2\% | 8 | 7.1\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 3 | 2.7\% | 0 | 0.0\% |
| Total | 874 | 12.5\% | 565 | 8.1\% | 244 | 3.5\% | 200 | 2.9\% | 184 | 2.6\% | 115 | 1.7\% | 105 | 1.5\% |


| Area | Placenta previa |  | Mental problems including insomnia and anxiety |  | Polyhydramnios |  | Miscarriage |  | Injury |  | Thrombosis ${ }^{2}$ |  | Cerebral apoplexy ${ }^{3}$ |  | Other |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 23 | 1.3\% | 13 | 0.7\% | 5 | 0.3\% | 5 | 0.3\% | 2 | 0.1\% | 1 | 0.1\% | 0 | 0.0\% | 35 | 2.0\% |
| Kenchu | 21 | 1.1\% | 13 | 0.7\% | 12 | 0.6\% | 2 | 0.1\% | 0 | 0.0\% | 1 | 0.1\% | 0 | 0.0\% | 47 | 2.5\% |
| Kennan | 9 | 1.6\% | 2 | 0.4\% | 3 | 0.5\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 12 | 2.2\% |
| Soso | 6 | 1.2\% | 3 | 0.6\% | 3 | 0.6\% | 0 | 0.0\% | 0 | 0.0\% | 1 | 0.2\% | 0 | 0.0\% | 15 | 2.9\% |
| Iwaki | 13 | 1.1\% | 1 | 0.1\% | 2 | 0.2\% | 3 | 0.3\% | 1 | 0.1\% | 0 | 0.0\% | 0 | 0.0\% | 21 | 1.8\% |
| Aizu | 6 | 0.7\% | 9 | 1.0\% | 4 | 0.5\% | 2 | 0.2\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 21 | 2.4\% |
| Minami-aizu | 3 | 3.8\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 3 | 3.8\% |
| Outside <br> Fukushima | 2 | 1.8\% | 1 | 0.9\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 6 | 5.3\% |
| Total | 83 | 1.2\% | 42 | 0.6\% | 29 | 0.4\% | 12 | 0.2\% | 3 | 0.0\% | 3 | 0.0\% | 0 | 0.0\% | 160 | 2.3\% |

1) Pneumonia, influenza, tetanus, etc. 2) Thrombosis, pulmonary embolism 3) Brain infarction, cerebral hemorrhage, etc.

The denominator is the sum of valid responses. (The 6,969 people who said Yes or No to Q12.)
Proportion does not total to $100.0 \%$ because of multiple answers

Breakdown of 'Other' (Multiple answers allowed)

| Myoma of the uterus | 29 | Varicose Veins | 3 | Herpangina | 1 | Rosacea-like dermatitis | 1 |
| :--- | :---: | :--- | :--- | :--- | :--- | :--- | :---: |
| Ovarian tumor | 12 | Hashimoto's thyroiditis | 2 | Hyperventilation <br> syndrome | 1 | Calculus renum | 1 |
| Asthma | 11 | Combined pregnancy | 2 | Mesenchymal variant <br> placenta | 1 | Kidney failure | 1 |
| Sinusitis | 10 | Cervical incompetence | 2 | Facial nerve palsy | 1 | Impending uterine rupture | 1 |
| Pyelonephritis | 8 | Shingles | 2 | Erythema nodosum | 1 | Alopecia | 1 |
| Cancer of the uterine <br> cervix | 6 | Placenta accreta | 2 | Blood type incompatible <br> pregnancy | 1 | Gallbladder polyp | 1 |
| Premature ablation of <br> normally implanted <br> placenta | 6 | Hives | 2 | Coxitis | 1 | Gall stone | 1 |
| Cervical intraepithelial <br> neoplasia | 5 | Inguinal hernia | 2 | Hypothyroidism | 1 | Aneurysm | 1 |
| Endocervical polyp | 5 | Ileus | 1 | Hyperthyroidism | 1 | Breast neoplasm | 1 |
| Twin-to-twin transfusion <br> syndrome | 5 | Ranula | 1 | Thyroid disease | 1 | Pregnancy epulis | 1 |
| Calculus of ureter | 5 | Condyloma | 1 | Neuralgia sciatica | 1 | Leukemia | 1 |
| Prurigo gestationalis | 4 | Pityriasis rosea | 1 | Uterine prolapse | 1 | Arrhythmia a | 1 |
| Polyp | 3 | Epilepsy | 1 | Endometriosis | 1 | Benign paroxysmal <br> positional vertigo | 1 |
| Bronchitis | 3 | Basedow disease | 1 | Peliosis | 1 | Cystocele | 1 |

Participants who were pregnant for more than 12 weeks and gave birth (excluding triplets)

| Area | Singleton |  | Twin |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 1,772 | 99.1\% | 15 | 0.8\% | 1 | 0.1\% | 1,788 | 100.0\% |
| Kenchu | 1,889 | 99.0\% | 18 | 0.9\% | 1 | 0.1\% | 1,908 | 100.0\% |
| Kennan | 550 | 99.1\% | 5 | 0.9\% | 0 | 0.0\% | 555 | 100.0\% |
| Soso | 513 | 99.2\% | 3 | 0.6\% | 1 | 0.2\% | 517 | 100.0\% |
| Iwaki | 1,124 | 99.1\% | 10 | 0.9\% | 0 | 0.0\% | 1,134 | 100.0\% |
| Aizu | 851 | 99.2\% | 7 | 0.8\% | 0 | 0.0\% | 858 | 100.0\% |
| Minami-aizu | 78 | 100.0\% | 0 | 0.0\% | 0 | 0.0\% | 78 | 100.0\% |
| Outside Fukushima | 113 | 100.0\% | 0 | 0.0\% | 0 | 0.0\% | 113 | 100.0\% |
| Total | 6,890 | 99.1\% | 58 | 0.8\% | 3 | 0.0\% | 6,951 | 100.0\% |

Q13. How many weeks' gestation were you when you gave birth?
Singleton

| Area | 12-21 weeks |  | 22-23 weeks |  | 24-27 weeks |  | 28-31 weeks |  | 32-36 weeks |  | 37-41 weeks |  | $\geq 42$ weeks |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 7 | 0.4\% | 2 | 0.1\% | 4 | 0.2\% | 17 | 1.0\% | 78 | 4.4\% | 1,663 | 93.8\% | 1 | 0.1\% | 1,772 | 100.0\% |
| Kenchu | 10 | 0.5\% | 1 | 0.1\% | 7 | 0.4\% | 15 | 0.8\% | 84 | 4.4\% | 1,768 | 93.6\% | 4 | 0.2\% | 1,889 | 100.0\% |
| Kennan | 4 | 0.7\% | 1 | 0.2\% | 3 | 0.5\% | 3 | 0.5\% | 20 | 3.6\% | 519 | 94.4\% | 0 | 0.0\% | 550 | 100.0\% |
| Soso | 1 | 0.2\% | 0 | 0.0\% | 0 | 0.0\% | 2 | 0.4\% | 27 | 5.3\% | 480 | 93.6\% | 3 | 0.6\% | 513 | 100.0\% |
| Iwaki | 8 | 0.7\% | 0 | 0.0\% | 0 | 0.0\% | 7 | 0.6\% | 37 | 3.3\% | 1,069 | 95.1\% | 3 | 0.3\% | 1,124 | 100.0\% |
| Aizu | 3 | 0.4\% | 1 | 0.1\% | 3 | 0.4\% | 6 | 0.7\% | 33 | 3.9\% | 804 | 94.5\% | 1 | 0.1\% | 851 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 1 | 1.3\% | 4 | 5.1\% | 73 | 93.6\% | 0 | 0.0\% | 78 | 100.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 2 | 1.8\% | 1 | 0.9\% | 110 | 97.3\% | 0 | 0.0\% | 113 | 100.0\% |
| Total | 33 | 0.5\% | 5 | 0.1\% | 17 | 0.2\% | 53 | 0.8\% | 284 | 4.1\% | 6,486 | 94.1\% | 12 | 0.2\% | 6,890 | 100.0\% |

Twin

| Area | 12-21 weeks |  | 22-23 weeks |  | 24-27 weeks |  | 28-31 weeks |  | 32-36 weeks |  | 37-41 weeks |  | $\geq 42$ weeks |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 0 | 0.0\% | 0 | 0.0\% | 1 | 6.7\% | 0 | 0.0\% | 3 | 20.0\% | 11 | 73.3\% | 0 | 0.0\% | 15 | 100.0\% |
| Kenchu | 0 | 0.0\% | 0 | 0.0\% | 1 | 5.6\% | 0 | 0.0\% | 7 | 38.9\% | 10 | 55.6\% | 0 | 0.0\% | 18 | 100.0\% |
| Kennan | 0 | 0.0\% | 0 | 0.0\% | 1 | 20.0\% | 0 | 0.0\% | 3 | 60.0\% | 1 | 20.0\% | 0 | 0.0\% | 5 | 100.0\% |
| Soso | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 1 | $33.3 \%$ | 2 | 66.7\% | 0 | 0.0\% | 3 | 100.0\% |
| Iwaki | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 1 | 10.0\% | 9 | 90.0\% | 0 | 0.0\% | 10 | 100.0\% |
| Aizu | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 1 | 14.3\% | 2 | 28.6\% | 4 | 57.1\% | 0 | 0.0\% | 7 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Total | 0 | 0.0\% | 0 | 0.0\% | 3 | 5.2\% | 1 | 1.7\% | 17 | 29.3\% | 37 | 63.8\% | 0 | 0.0\% | 58 | 100.0\% |

Proportion of premature birth (Premature birth is one that occurs between 22 and 36 week of pregnancy.)
Singleton and twin pregnancy

| Area | Number of delivery by weeks (Singleton and twin pregnancy) |  |  |  |  |  |  | Total | $22-36$ <br> weeks | Proportion of premature birth |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 12-21 | 22-23 | 24-27 | 28-31 | 32-36 | 37-41 | 42- |  |  | $\begin{gathered} \text { 22-36 weeks } \\ / \\ \text { Total-(12-21 weeks) } \\ \hline \end{gathered}$ |
| Kempoku | 7 | 2 | 6 | 17 | 84 | 1,685 | 1 | 1,802 | 109 | $6.1 \%$ |
| Kenchu | 10 | 1 | 9 | 15 | 98 | 1,788 | 4 | 1,925 | 123 | 6.4\% |
| Kennan | 4 | 1 | 5 | 3 | 26 | 521 | 0 | 560 | 35 | 6.3\% |
| Soso | 1 | 0 | 0 | 2 | 29 | 484 | 3 | 519 | 31 | 6.0\% |
| Iwaki | 8 | 0 | 0 | 7 | 39 | 1,087 | 3 | 1,144 | 46 | 4.1\% |
| Aizu | 3 | 1 | 3 | 8 | 37 | 812 | 1 | 865 | 49 | 5.7\% |
| Minami-aizu | 0 | 0 | 0 | 1 | 4 | 73 | 0 | 78 | 5 | 6.4\% |
| Outside Fukushima | 0 | 0 | 0 | 2 | 1 | 110 | 0 | 113 | 3 | 2.7\% |
| Total | 33 | 5 | 23 | 55 | 318 | 6,560 | 12 | 7,006 | 401 | 5.8\% |

[^7]**The denominator excludes the number of delivery less than 22 weeks.

Singleton

| Area | Spontaneous labor |  | Vacuum extraction or forceps delivery |  | Cesarean section |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 1,209 | 68.2\% | 208 | 11.7\% | 342 | 19.3\% | 13 | 0.7\% | 1,772 | 100.0\% |
| Kenchu | 1,253 | 66.3\% | 190 | 10.1\% | 434 | 23.0\% | 12 | 0.6\% | 1,889 | 100.0\% |
| Kennan | 395 | 71.8\% | 59 | 10.7\% | 91 | 16.5\% | 5 | 0.9\% | 550 | 100.0\% |
| Soso | 294 | 57.3\% | 108 | 21.1\% | 108 | 21.1\% | 3 | 0.6\% | 513 | 100.0\% |
| Iwaki | 724 | 64.4\% | 152 | 13.5\% | 239 | 21.3\% | 9 | 0.8\% | 1,124 | 100.0\% |
| Aizu | 515 | 60.5\% | 108 | 12.7\% | 224 | 26.3\% | 4 | 0.5\% | 851 | 100.0\% |
| Minami-aizu | 50 | 64.1\% | 10 | 12.8\% | 16 | 20.5\% | 2 | 2.6\% | 78 | 100.0\% |
| Outside <br> Fukushima | 68 | 60.2\% | 22 | 19.5\% | 23 | 20.4\% | 0 | 0.0\% | 113 | 100.0\% |
| Total | 4,508 | 65.4\% | 857 | 12.4\% | 1,477 | 21.4\% | 48 | 0.7\% | 6,890 | 100.0\% |

The first child of twins

| Area | Spontaneous labor |  | Vacuum extraction or forceps delivery |  | Cesarean section |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 1 | 6.7\% | 0 | 0.0\% | 14 | 93.3\% | 0 | 0.0\% | 15 | 100.0\% |
| Kenchu | 1 | 5.6\% | 0 | 0.0\% | 17 | 94.4\% | 0 | 0.0\% | 18 | 100.0\% |
| Kennan | 0 | 0.0\% | 0 | 0.0\% | 5 | 100.0\% | 0 | 0.0\% | 5 | 100.0\% |
| Soso | 0 | 0.0\% | 0 | 0.0\% | 3 | 100.0\% | 0 | 0.0\% | 3 | 100.0\% |
| Iwaki | 0 | 0.0\% | 0 | 0.0\% | 10 | 100.0\% | 0 | 0.0\% | 10 | 100.0\% |
| Aizu | 0 | 0.0\% | 0 | 0.0\% | 7 | 100.0\% | 0 | 0.0\% | 7 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Total | 2 | 3.4\% | 0 | 0.0\% | 56 | 96.6\% | 0 | 0.0\% | 58 | 100.0\% |

The second child of twins

| Area | Spontaneous labor |  | Vacuum extraction or forceps delivery |  | Cesarean section |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 1 | 6.7\% | 0 | 0.0\% | 13 | 86.7\% | 1 | 6.7\% | 15 | 100.0\% |
| Kenchu | 1 | 5.6\% | 0 | 0.0\% | 17 | 94.4\% | 0 | 0.0\% | 18 | 100.0\% |
| Kennan | 0 | 0.0\% | 0 | 0.0\% | 5 | 100.0\% | 0 | 0.0\% | 5 | 100.0\% |
| Soso | 0 | 0.0\% | 0 | 0.0\% | 3 | 100.0\% | 0 | 0.0\% | 3 | 100.0\% |
| Iwaki | 0 | 0.0\% | 0 | 0.0\% | 10 | 100.0\% | 0 | 0.0\% | 10 | 100.0\% |
| Aizu | 0 | 0.0\% | 0 | 0.0\% | 7 | 100.0\% | 0 | 0.0\% | 7 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Total | 2 | 3.4\% | 0 | 0.0\% | 55 | 94.8\% | 1 | 1.7\% | 58 | 100.0\% |

Q14. State of newborn baby
( n ): Number of valid response
The following total number includes babies with indeterminate sex.
The ratio of male to female by area (Singleton and twin pregnancies)

| Area | Male |  | Female |  | No response |  | Total |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Kempoku | 941 | $52.2 \%$ | 856 | $47.5 \%$ | 5 | $0.3 \%$ | 1802 |
| Kenchu | 961 | $49.9 \%$ | 958 | $49.8 \%$ | 6 | $0.3 \%$ | $100.0 \%$ |
| Kennan | 257 | $45.9 \%$ | 300 | $53.6 \%$ | 3 | $0.5 \%$ | 560 |
| Soso | 248 | $47.8 \%$ | 270 | $52.0 \%$ | 1 | $0.2 \%$ | 519 |
| Iwaki | 580 | $50.7 \%$ | 556 | $48.6 \%$ | 8 | $0.7 \%$ | 1144 |
| Aizu | 416 | $48.1 \%$ | 444 | $51.3 \%$ | 5 | $0.6 \%$ | 865 |
| Minami-aizu | 38 | $48.7 \%$ | 40 | $51.3 \%$ | 0 | $0.0 \%$ | $100.0 \%$ |
| Outside Fukushima | 60 | $53.1 \%$ | 53 | $46.9 \%$ | 0 | $0.0 \%$ | 78 |
| Total | 3501 | $50.0 \%$ | 3477 | $49.6 \%$ | 28 | $0.4 \%$ | 113 |

Newborn baby birth weight (Singleton pregnancy)
Mean $\pm$ SD (g) (n)

| Area | Total | Male | Female | No response |
| :---: | :---: | :---: | :---: | :---: |
| Kempoku | $3019.1 \pm 461.7(1,767)$ | $3049.6 \pm 484.1$ ( 928) | $2988.8 \pm 421.2(838)$ | 5 |
| Kenchu | $2984.5 \pm 471.4(1,882)$ | $3028.2 \pm 481.9$ ( 942) | $2946.9 \pm 437.6$ ( 938) | 7 |
| Kennan | $2995.6 \pm 473.0$ ( 547) | $3049.1 \pm 455.4$ ( 254) | $2949.2 \pm 483.7$ ( 293) | 3 |
| Soso | $2961.4 \pm 376.2(512)$ | $3004.8 \pm 362.6$ ( 245) | $2921.6 \pm 384.7$ ( 267) | 1 |
| Iwaki | $3019.9 \pm 434.6$ ( 1,118) | $3087.4 \pm 438.4$ ( 571) | $2954.7 \pm 401.0$ ( 546) | 6 |
| Aizu | $3002.7 \pm 437.1$ ( 844) | $3054.1 \pm 443.9$ ( 409) | $2954.5 \pm 425.6$ ( 435) | 7 |
| Minami-aizu | $3043.0 \pm 409.4$ ( 78) | $3048.5 \pm 434.0$ ( 38) | $3037.8 \pm 390.1$ ( 40) | 0 |
| Outside <br> Fukushima | $3060.3 \pm 318.3$ ( 113) | $3142.1 \pm 317.4$ ( 60) | $2967.7 \pm 295.8(53)$ | 0 |
| Total | $3002.5 \pm 449.8(6,861)$ | $3048.9 \pm 458.8(3,447)$ | $2959.0 \pm 424.4(3,410)$ | 29 |

Males and females (Singleton pregnancy)

| Area | $<1.0 \mathrm{~kg}$ |  | $1.0-<1.5 \mathrm{~kg}$ |  | $1.5-<2.0 \mathrm{~kg}$ |  | $2.0-<2.5 \mathrm{~kg}$ |  | $2.5-<3.0 \mathrm{~kg}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 10 | 0.6\% | 14 | 0.8\% | 16 | 0.9\% | 105 | 5.9\% | 649 | 36.6\% |
| Kenchu | 17 | 0.9\% | 6 | 0.3\% | 25 | 1.3\% | 143 | 7.6\% | 739 | 39.1\% |
| Kennan | 6 | 1.1\% | 1 | 0.2\% | 7 | 1.3\% | 33 | 6.0\% | 222 | 40.4\% |
| Soso | 1 | 0.2\% | 1 | 0.2\% | 7 | 1.4\% | 42 | 8.2\% | 221 | 43.1\% |
| Iwaki | 3 | 0.3\% | 3 | 0.3\% | 12 | 1.1\% | 70 | 6.2\% | 445 | 39.6\% |
| Aizu | 3 | 0.4\% | 7 | 0.8\% | 7 | 0.8\% | 48 | 5.6\% | 352 | 41.4\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 2 | 2.6\% | 2 | 2.6\% | 37 | 47.4\% |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 4 | 3.5\% | 39 | 34.5\% |
| Total | 40 | 0.6\% | 32 | 0.5\% | 76 | 1.1\% | 447 | 6.5\% | 2,704 | 39.2\% |


| Area | $3.0-<3.5 \mathrm{~kg}$ |  | $3.5-<4.0 \mathrm{~kg}$ |  | $4.0-<4.5 \mathrm{~kg}$ |  | $\geq 4.5 \mathrm{~kg}$ |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 780 | 44.0\% | 182 | 10.3\% | 9 | 0.5\% | 2 | 0.1\% | 5 | 0.3\% | 1,772 | 100.0\% |
| Kenchu | 746 | 39.5\% | 196 | 10.4\% | 10 | 0.5\% | 0 | 0.0\% | 7 | 0.4\% | 1,889 | 100.0\% |
| Kennan | 221 | 40.2\% | 55 | 10.0\% | 1 | 0.2\% | 1 | 0.2\% | 3 | 0.5\% | 550 | 100.0\% |
| Soso | 214 | 41.7\% | 26 | 5.1\% | 0 | 0.0\% | 0 | 0.0\% | 1 | 0.2\% | 513 | 100.0\% |
| Iwaki | 470 | 41.8\% | 107 | 9.5\% | 5 | 0.4\% | 3 | 0.3\% | 6 | 0.5\% | 1,124 | 100.0\% |
| Aizu | 335 | 39.4\% | 87 | 10.2\% | 5 | 0.6\% | 0 | 0.0\% | 7 | 0.8\% | 851 | 100.0\% |
| Minami-aizu | 26 | 33.3\% | 9 | 11.5\% | 2 | 2.6\% | 0 | 0.0\% | 0 | 0.0\% | 78 | 100.0\% |
| Outside <br> Fukushima | 63 | 55.8\% | 7 | 6.2\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 113 | 100.0\% |
| Total | 2,855 | 41.4\% | 669 | 9.7\% | 32 | 0.5\% | 6 | 0.1\% | 29 | 0.4\% | 6,890 | 100.0\% |

Males (Singleton pregnancy)

| Area | $<1.0 \mathrm{~kg}$ |  | $1.0-<1.5 \mathrm{~kg}$ |  | $1.5-<2.0 \mathrm{~kg}$ |  | $2.0-<2.5 \mathrm{~kg}$ |  | $2.5-<3.0 \mathrm{~kg}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 7 | 0.8\% | 8 | 0.9\% | 11 | 1.2\% | 44 | 4.7\% | 306 | 33.0\% |
| Kenchu | 11 | 1.2\% | 0 | 0.0\% | 12 | 1.3\% | 57 | 6.0\% | 330 | 34.9\% |
| Kennan | 2 | 0.8\% | 0 | 0.0\% | 4 | 1.6\% | 9 | 3.5\% | 97 | 38.2\% |
| Soso | 0 | 0.0\% | 0 | 0.0\% | 4 | 1.6\% | 15 | 6.1\% | 101 | 41.2\% |
| Iwaki | 2 | 0.4\% | 1 | 0.2\% | 4 | 0.7\% | 25 | 4.4\% | 203 | 35.6\% |
| Aizu | 2 | 0.5\% | 4 | 1.0\% | 2 | 0.5\% | 16 | 3.9\% | 160 | 38.9\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 1 | 2.6\% | 1 | 2.6\% | 17 | 44.7\% |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 2 | 3.3\% | 14 | 23.3\% |
| Total | 24 | 0.7\% | 13 | 0.4\% | 38 | 1.1\% | 169 | 4.9\% | 1,228 | 35.6\% |


| Area | $3.0-<3.5 \mathrm{~kg}$ |  | $3.5-<4.0 \mathrm{~kg}$ |  | $4.0-<4.5 \mathrm{~kg}$ |  | $\geq 4.5 \mathrm{~kg}$ |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 438 | 47.2\% | 104 | 11.2\% | 8 | 0.9\% | 2 | 0.2\% | 0 | 0.0\% | 928 | 100.0\% |
| Kenchu | 407 | 43.1\% | 119 | 12.6\% | 6 | 0.6\% | 0 | 0.0\% | 3 | 0.3\% | 945 | 100.0\% |
| Kennan | 112 | 44.1\% | 28 | 11.0\% | 1 | 0.4\% | 1 | 0.4\% | 0 | 0.0\% | 254 | 100.0\% |
| Soso | 111 | 45.3\% | 14 | 5.7\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 245 | 100.0\% |
| Iwaki | 255 | 44.7\% | 75 | 13.1\% | 4 | 0.7\% | 2 | 0.4\% | 0 | 0.0\% | 571 | 100.0\% |
| Aizu | 170 | 41.4\% | 51 | 12.4\% | 4 | 1.0\% | 0 | 0.0\% | 2 | 0.5\% | 411 | 100.0\% |
| Minami-aizu | 14 | 36.8\% | 3 | 7.9\% | 2 | 5.3\% | 0 | 0.0\% | 0 | 0.0\% | 38 | 100.0\% |
| Outside <br> Fukushima | 39 | 65.0\% | 5 | 8.3\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 60 | 100.0\% |
| Total | 1,546 | 44.8\% | 399 | 11.6\% | 25 | 0.7\% | 5 | 0.1\% | 5 | 0.1\% | 3,452 | 100.0\% |

Females (Singleton pregnancy)

| Area | $<1.0 \mathrm{~kg}$ |  | $1.0-<1.5 \mathrm{~kg}$ |  | $1.5-<2.0 \mathrm{~kg}$ |  | $2.0-<2.5 \mathrm{~kg}$ |  | $2.5-<3.0 \mathrm{~kg}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 2 | 0.2\% | 6 | 0.7\% | 5 | 0.6\% | 61 | 7.3\% | 343 | 40.9\% |
| Kenchu | 4 | 0.4\% | 6 | 0.6\% | 13 | 1.4\% | 86 | 9.2\% | 409 | 43.6\% |
| Kennan | 4 | 1.4\% | 1 | 0.3\% | 3 | 1.0\% | 24 | 8.2\% | 125 | 42.7\% |
| Soso | 1 | 0.4\% | 1 | 0.4\% | 3 | 1.1\% | 27 | 10.1\% | 120 | 44.9\% |
| Iwaki | 0 | 0.0\% | 2 | 0.4\% | 8 | 1.5\% | 45 | 8.2\% | 242 | 44.3\% |
| Aizu | 1 | 0.2\% | 3 | 0.7\% | 5 | 1.1\% | 32 | 7.4\% | 192 | 44.1\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 1 | 2.5\% | 1 | 2.5\% | 20 | 50.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 2 | 3.8\% | 25 | 47.2\% |
| Total | 12 | 0.4\% | 19 | 0.6\% | 38 | 1.1\% | 278 | 8.2\% | 1,476 | 43.3\% |


| Area | $3.0-<3.5 \mathrm{~kg}$ |  | $3.5-<4.0 \mathrm{~kg}$ |  | $4.0-<4.5 \mathrm{~kg}$ |  | $\geq 4.5 \mathrm{~kg}$ |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 342 | 40.8\% | 78 | 9.3\% | 1 | 0.1\% | 0 | 0.0\% | 1 | 0.1\% | 839 | 100.0\% |
| Kenchu | 339 | 36.1\% | 77 | 8.2\% | 4 | 0.4\% | 0 | 0.0\% | 0 | 0.0\% | 938 | 100.0\% |
| Kennan | 109 | 37.2\% | 27 | 9.2\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 293 | 100.0\% |
| Soso | 103 | 38.6\% | 12 | 4.5\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 267 | 100.0\% |
| Iwaki | 215 | 39.4\% | 32. | 5.9\% | 1 | 0.2\% | 1 | 0.2\% | 0 | 0.0\% | 546 | 100.0\% |
| Aizu | 165 | 37.9\% | 36 | 8.3\% | 1 | 0.2\% | 0 | 0.0\% | 0 | 0.0\% | 435 | 100.0\% |
| Minami-aizu | 12 | 30.0\% | 6 | 15.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 40 | 100.0\% |
| Outside <br> Fukushima | 24 | 45.3\% | 2 | 3.8\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 53 | 100.0\% |
| Total | 1,309 | 38.4\% | 270 | 7.9\% | 7 | 0.2\% | 1 | 0.0\% | 1 | 0.0\% | 3,411 | 100.0\% |

Newborn baby birth weight (Twin pregnancy)
Mean (g) $\pm$ SD (Valid response)

| Area | Total |  | Male |  | Female |  | No response |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | $2282.2 \pm$ | 525.0 ( 30) | $2475.5 \pm$ | 412.3 ( 13) | $2134.5 \pm$ | 564.3 ( 17) | 0 |
| Kenchu | $2123.6 \pm$ | 446.5 ( 36) | $2135.4 \pm$ | 364.8 ( 16) | $2114.1 \pm$ | 511.9 ( 20) | 0 |
| Kennan | $1696.6 \pm$ | 818.7 ( 10) | $1981.7 \pm$ | 473.7 ( 3) | $1574.4 \pm$ | 934.0 ( 7) | 0 |
| Soso | $2335.3 \pm$ | 92.9 ( 6) | $2398.7 \pm$ | 53.7 ( 3) | $2272.0 \pm$ | 81.6 ( 3) | 0 |
| Iwaki | $2286.7 \pm$ | 581.2 ( 20) | $2375.8 \pm$ | 138.5 ( 9) | $2430.6 \pm$ | 326.7 ( 10) | 0 |
| Aizu | $2162.0 \pm$ | 438.9 ( 14) | $1899.2 \pm$ | 560.0 ( 5) | $2308.0 \pm$ | 298.4 ( 9) | 0 |
| Minami-aizu |  | ( 0) |  | ( 0 ) |  | ( 0 ) | 0 |
| Outside <br> Fukushima |  | ( 0) |  | ( 0) |  | ( 0) | 0 |
| Total | $2171.5 \pm$ | 536.5 (116) | $2252.4 \pm$ | 403.4 ( 49) | $2143.7 \pm$ | 560.2 ( 66) | 0 |

The total number includes babies with indeterminate sex.

Newborn baby birth weight
Males and females (Twin pregnancy)

| Area | $<1.0 \mathrm{~kg}$ |  | $1.0-<1.5 \mathrm{~kg}$ |  | $1.5-<2.0 \mathrm{~kg}$ |  | $2.0-<2.5 \mathrm{~kg}$ |  | $2.5-<3.0 \mathrm{~kg}$ |  | $3.0-<3.5 \mathrm{~kg}$ |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 1 | 3.3\% | 1 | 3.3\% | 3 | 10.0\% | 13 | 43.3\% | 9 | 30.0\% | 3 | $\begin{array}{r} 10.0 \\ \% \end{array}$ | 0 | 0.0\% | 30 | 100.0\% |
| Kenchu | 2 | 5.6\% | 2 | 5.6\% | 7 | 19.4\% | 19 | 52.8\% | 6 | 16.7\% | 0 | 0.0\% | 0 | 0.0\% | 36 | 100.0\% |
| Kennan | 3 | 30.0\% | 0 | 0.0\% | 3 | 30.0\% | 3 | 30.0\% | 1 | 10.0\% | 0 | 0.0\% | 0 | 0.0\% | 10 | 100.0\% |
| Soso | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 6 | $\begin{array}{r} 100.0 \\ \% \end{array}$ | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 6 | 100.0\% |
| Iwaki | 1 | 5.0\% | 0 | 0.0\% | 1 | 5.0\% | 12 | 60.0\% | 6 | 30.0\% | 0 | 0.0\% | 0 | 0.0\% | 20 | 100.0\% |
| Aizu | 0 | 0.0\% | 2 | 14.3\% | 1 | 7.1\% | 8 | 57.1\% | 3 | 21.4\% | 0 | 0.0\% | 0 | 0.0\% | 14 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Total | 7 | 6.0\% | 5 | 4.3\% | 15 | 12.9\% | 61 | 52.6\% | 25 | 21.6\% | 3 | 2.6\% | 0 | 0.0\% | 116 | 100.0\% |

Males (Twin pregnancy)

| Area | $<1.0 \mathrm{~kg}$ |  | $1.0-<1.5 \mathrm{~kg}$ |  | $1.5-<2.0 \mathrm{~kg}$ |  | $2.0-<2.5 \mathrm{~kg}$ |  | $2.5-<3.0 \mathrm{~kg}$ |  | $3.0-<3.5 \mathrm{~kg}$ |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 0 | 0.0\% | 0 | 0.0\% | 1 | 7.7\% | 6 | 46.2\% | 3 | 23.1\% | 3 | 23.1\% | 13 | 100.0\% |
| Kenchu | 0 | 0.0\% | 1 | 6.3\% | 5 | 31.3\% | 8 | 50.0\% | 2 | 12.5\% | 0 | 0.0\% | 16 | 100.0\% |
| Kennan | 0 | 0.0\% | 0 | 0.0\% | 2 | 66.7\% | 1 | 33.3\% | 0 | 0.0\% | 0 | 0.0\% | 3 | 100.0\% |
| Soso | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 3 | 100.0\% | 0 | 0.0\% | 0 | 0.0\% | 3 | 100.0\% |
| Iwaki | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 6 | 66.7\% | 3 | 33.3\% | 0 | 0.0\% | 9 | 100.0\% |
| Aizu | 0 | 0.0\% | 2 | 40.0\% | 0 | 0.0\% | 3 | 60.0\% | 0 | 0.0\% | 0 | 0.0\% | 5 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Total | 0 | 0.0\% | 3 | 6.1\% | 8 | 16.3\% | 27 | 55.1\% | 8 | 16.3\% | 3 | 6.1\% | 49 | 100.0\% |

Females (Twin pregnancy)

| Area | $<1.0 \mathrm{~kg}$ |  | $1.0-<1.5 \mathrm{~kg}$ |  | $1.5-<2.0 \mathrm{~kg}$ |  | $2.0-<2.5 \mathrm{~kg}$ |  | $2.5-<3.0 \mathrm{~kg}$ |  | $3.0-<3.5 \mathrm{~kg}$ |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 1 | 5.9\% | 1 | 5.9\% | 2 | 11.8\% | 7 | 41.2\% | 6 | 35.3\% | 0 | 0.0\% | 17 | 100.0\% |
| Kenchu | 2 | 10.0\% | 1 | 5.0\% | 2 | 10.0\% | 11 | 55.0\% | 4 | 20.0\% | 0 | 0.0\% | 20 | 100.0\% |
| Kennan | 3 | 42.9\% | 0 | 0.0\% | 1 | 14.3\% | 2 | 28.6\% | 1 | 14.3\% | 0 | 0.0\% | 7 | 100.0\% |
| Soso | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 3 | 100.0\% | 0 | 0.0\% | 0 | 0.0\% | 3 | 100.0\% |
| Iwaki | 0 | 0.0\% | 0 | 0.0\% | 1 | 10.0\% | 6 | 60.0\% | 3 | 30.0\% | 0 | 0.0\% | 10 | 100.0\% |
| Aizu | 0 | 0.0\% | 0 | 0.0\% | 1 | 11.1\% | 5 | 55.6\% | 3 | 33.3\% | 0 | 0.0\% | 9 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Total | 6 | 9.1\% | 2 | 3.0\% | 7 | 10.6\% | 34 | 51.5\% | 17 | 25.8\% | 0 | 0.0\% | 66 | 100.0\% |

Newborn baby birth weight (Singleton and twin pregnancies)
Excluding 29 participants with no response


Newborn baby birth height (Singleton pregnancy)
Mean (cm) $\pm$ SD (n)

| Area | Total | Male | Female | No response |
| :---: | :---: | :---: | :---: | :---: |
| Kempoku | $49.0 \pm 3.0$ ( 1,761) | $49.2 \pm 3.0$ ( 925) | $48.8 \pm 2.5(835)$ | 11 |
| Kenchu | $48.8 \pm 3.1(1,873)$ | $49.1 \pm 3.1$ ( 938) | $48.6 \pm 2.6$ ( 933) | 16 |
| Kennan | $49.2 \pm 3.0$ ( 546) | $49.4 \pm 2.7(253)$ | $49.0 \pm 3.2(293)$ | 4 |
| Soso | $48.8 \pm 2.0$ ( 511) | $49.1 \pm 1.9$ ( 245) | $48.5 \pm 2.1$ ( 266) | 2 |
| Iwaki | $49.1 \pm 2.4(1,109)$, | $49.4 \pm 2.7(568)$ | $48.8 \pm 2.1(541)$ | 15 |
| Aizu | $48.6 \pm 2.8(841)$ | $48.9 \pm 3.1$ ( 407) | $48.3 \pm 2.4(434)$ | 10 |
| Minami-aizu | $48.8 \pm 2.1(77)$ | $49.3 \pm 2.0$ ( 38) | $48.4 \pm 2.1(39)$ | 1 |
| Outside <br> Fukushima | $49.0 \pm 1.7(113)$ | $49.5 \pm 1.5(60)$ | $48.3 \pm 1.8(53)$ | 0 |
| Total | $48.9 \pm 2.8(6,831)$ | $49.2 \pm 2.9(3,434)$ | $48.7 \pm 2.5$ ( 3,394) | 59 |

Newborn baby birth height
Males and females (Singleton pregnancy)

| Area | $<47 \mathrm{~cm}$ |  | $47-<48 \mathrm{~cm}$ |  | $48-<49 \mathrm{~cm}$ |  | $49-<50 \mathrm{~cm}$ |  | $50-<51 \mathrm{~cm}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 197 | 11.1\% | 177 | 10.0\% | 267 | 15.1\% | 362 | 20.4\% | 391 | 22.1\% |
| Kenchu | 240 | 12.7\% | 184 | 9.7\% | 293 | 15.5\% | 389 | 20.6\% | 397 | 21.0\% |
| Kennan | 49 | 8.9\% | 33 | 6.0\% | 74 | 13.5\% | 118 | 21.5\% | 136 | 24.7\% |
| Soso | 63 | 12.3\% | 66 | 12.9\% | 88 | 17.2\% | 131 | 25.5\% | 91 | 17.7\% |
| Iwaki | 137 | 12.2\% | 130 | 11.6\% | 174 | 15.5\% | 226 | 20.1\% | 210 | 18.7\% |
| Aizu | 127 | 14.9\% | 120 | 14.1\% | 136 | 16.0\% | 168 | 19.7\% | 155 | 18.2\% |
| Minami-aizu | 8 | 10.3\% | 11 | 14.1\% | 13 | 16.7\% | 14 | 17.9\% | 20 | 25.6\% |
| Outside <br> Fukushima | 12 | 10.6\% | 14 | 12.4\% | 19 | 16.8\% | 25 | 22.1\% | 28 | 24.8\% |
| Total | 833 | 12.1\% | 735 | 10.7\% | 1,064 | 15.4\% | 1,433 | 20.8\% | 1,428 | 20.7\% |


| Area | $51-<52 \mathrm{~cm}$ |  | $\geq 52 \mathrm{~cm}$ |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 214 | 12.1\% | 153 | 8.6\% | 11 | 0.6\% | 1,772 | 100.0\% |
| Kenchu | 248 | 13.1\% | 122 | 6.5\% | 16 | 0.8\% | 1,889 | 100.0\% |
| Kennan | 87 | 15.8\% | 49 | 8.9\% | 4 | 0.7\% | 550 | 100.0\% |
| Soso | 42 | 8.2\% | 30 | 5.8\% | 2 | 0.4\% | 513 | 100.0\% |
| Iwaki | 134 | 11.9\% | 98 | 8.7\% | 15 | 1.3\% | 1,124 | 100.0\% |
| Aizu | 85 | 10.0\% | 50 | 5.9\% | 10 | 1.2\% | 851 | 100.0\% |
| Minami-aizu | 7 | 9.0\% | 4 | 5.1\% | 1 | 1.3\% | 78 | 100.0\% |
| Outside <br> Fukushima | 8 | 7.1\% | 7 | 6.2\% | 0 | 0.0\% | 113 | 100.0\% |
| Total | 825 | 12.0\% | 513 | 7.4\% | 59 | 0.9\% | 6,890 | 100.0\% |

Males (Singleton pregnancy)

| Area | $<47 \mathrm{~cm}$ |  | $47-<48 \mathrm{~cm}$ |  | $48-<49 \mathrm{~cm}$ |  | $49-<50 \mathrm{~cm}$ |  | $50-<51 \mathrm{~cm}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 82 | 8.8\% | 88 | 9.5\% | 121 | 13.0\% | 197 | 21.2\% | 216 | 23.3\% |
| Kenchu | 98 | 10.4\% | 76 | 8.0\% | 132 | 14.0\% | 200 | 21.2\% | 204 | 21.6\% |
| Kennan | 20 | 7.9\% | 13 | 5.1\% | 34 | 13.4\% | 48 | 18.9\% | 63 | 24.8\% |
| Soso | 25 | 10.2\% | 27 | 11.0\% | 36 | 14.7\% | 61 | 24.9\% | 48 | 19.6\% |
| Iwaki | 50 | 8.8\% | 55 | 9.6\% | 89 | 15.6\% | 127 | 22.2\% | 104 | 18.2\% |
| Aizu | 48 | 11.7\% | 45 | 10.9\% | 60 | 14.6\% | 81 | 19.7\% | 88 | 21.4\% |
| Minami-aizu | 3 | 7.9\% | 4 | 10.5\% | 5 | 13.2\% | 7 | 18.4\% | 12 | 31.6\% |
| Outside <br> Fukushima | 3 | 5.0\% | 3 | 5.0\% | 10 | 16.7\% | 15 | 25.0\% | 17 | 28.3\% |
| Total | 329 | 9.5\% | 311 | 9.0\% | 487 | 14.1\% | 736 | 21.3\% | 752 | 21.8\% |


| Area | $51-<52 \mathrm{~cm}$ |  | $\geq 52 \mathrm{~cm}$ |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 121 | 13.0\% | 100 | 10.8\% | 3 | 0.3\% | 928 | 100.0\% |
| Kenchu | 146 | 15.4\% | 82 | 8.7\% | 7 | 0.7\% | 945 | 100.0\% |
| Kennan | 46 | 18.1\% | 29 | 11.4\% | 1 | 0.4\% | 254 | 100.0\% |
| Soso | 25 | 10.2\% | 23 | 9.4\% | 0 | 0.0\% | 245 | 100.0\% |
| Iwaki | 75 | 13.1\% | 68 | 11.9\% | 3 | 0.5\% | 571 | 100.0\% |
| Aizu | 53 | 12.9\% | 32 | 7.8\% | 4 | 1.0\% | 411 | 100.0\% |
| Minami-aizu | 4 | 10.5\% | 3 | 7.9\% | 0 | 0.0\% | 38 | 100.0\% |
| Outside <br> Fukushima | 6 | 10.0\% | 6 | 10.0\% | 0 | 0.0\% | 60 | 100.0\% |
| Total | 476 | 13.8\% | 343 | 9.9\% | 18 | 0.5\% | 3,452 | 100.0\% |

Females (Singleton pregnancy)

| Area | $<47 \mathrm{~cm}$ |  | $47-<48 \mathrm{~cm}$ |  | $48-<49 \mathrm{~cm}$ |  | $49-<50 \mathrm{~cm}$ |  | $50-<51 \mathrm{~cm}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 114 | 13.6\% | 89 | 10.6\% | 146 | 17.4\% | 165 | 19.7\% | 175 | 20.9\% |
| Kenchu | 140 | 14.9\% | 108 | 11.5\% | 161 | 17.2\% | 189 | 20.1\% | 193 | 20.6\% |
| Kennan | 29 | 9.9\% | 20 | 6.8\% | 40 | 13.7\% | 70 | 23.9\% | 73 | 24.9\% |
| Soso | 38 | 14.2\% | 39 | 14.6\% | 52 | 19.5\% | 70 | 26.2\% | 43 | 16.1\% |
| Iwaki | 87 | 15.9\% | 75 | 13.7\% | 85 | 15.6\% | 99 | 18.1\% | 106 | 19.4\% |
| Aizu | 79 | 18.2\% | 75 | 17.2\% | 76 | 17.5\% | 87 | 20.0\% | 67 | 15.4\% |
| Minami-aizu | 5 | 12.5\% | 7 | 17.5\% | 8 | 20.0\% | 7 | 17.5\% | 8 | 20.0\% |
| Outside <br> Fukushima | 9 | 17.0\% | 11 | 20.8\% | 9 | 17.0\% | 10 | 18.9\% | 11 | 20.8\% |
| Total | 501 | 14.7\% | 424 | 12.4\% | 577 | 16.9\% | 697 | 20.4\% | 676 | 19.8\% |


| Area | $51-<52 \mathrm{~cm}$ |  | $\geq 52 \mathrm{~cm}$ |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 93 | 11.1\% | 53 | 6.3\% | 4 | 0.5\% | 839 | 100.0\% |
| Kenchu | 102 | 10.9\% | 40 | 4.3\% | 5 | 0.5\% | 938 | 100.0\% |
| Kennan | 41 | 14.0\% | 20 | 6.8\% | 0 | 0.0\% | 293 | 100.0\% |
| Soso | 17 | 6.4\% | 7 | 2.6\% | 1 | 0.4\% | 267 | 100.0\% |
| Iwaki | 59 | 10.8\% | 30 | 5.5\% | 5 | 0.9\% | 546 | 100.0\% |
| Aizu | 32 | 7.4\% | 18 | 4.1\% | 1 | 0.2\% | 435 | 100.0\% |
| Minami-aizu | 3 | 7.5\% | 1 | 2.5\% | 1 | 2.5\% | 40 | 100.0\% |
| Outside Fukushima | 2 | 3.8\% | 1 | 1.9\% | 0 | 0.0\% | 53 | 100.0\% |
| Total | 349 | 10.2\% | 170 | 5.0\% | 17 | 0.5\% | 3,411 | 100.0\% |


| Area | Total | Male | Female | No response |
| :---: | :---: | :---: | :---: | :---: |
| Kempoku | $45.5 \pm 4.0$ ( 30) | $46.8 \pm 2.4$ ( 13) | $44.5 \pm 4.8$ ( 17) | 0 |
| Kenchu | $43.4 \pm 3.6$ ( 36) | $43.5 \pm 2.4$ ( 16) | $43.4 \pm 4.4$ ( 20) | 0 |
| Kennan | $39.7 \pm 7.2(10)$ | $42.4 \pm 3.4$ ( 3) | $38.6 \pm 8.3(7)$ | 0 |
| Soso | $47.1 \pm 1.7(6)$ | $48.0 \pm 1.7(3)$ | $46.1 \pm 1.2(3)$ | 0 |
| Iwaki | $46.4 \pm 1.9$ ( 19) | $46.4 \pm 1.1$ ( 9) | $46.3 \pm 2.4(10)$ | 1 |
| Aizu | $44.2 \pm 3.1$ ( 14) | $42.9 \pm 3.6$ ( 5) | $44.9 \pm 2.6$ ( 9) | 0 |
| Minami-aizu | ( 0) | ( 0) | ( 0) | 0 |
| Outside <br> Fukushima | ( 0) | ( 0) | ( 0) | 0 |
| Total | $44.4 \pm 4.2(115)$ | $45.0 \pm 2.9$ ( 49) | $43.9 \pm 4.9$ ( 66) | 1 |

Newborn baby birth height
Males and females (Twin pregnancy)

| Area | $<44 \mathrm{~cm}$ | $44-<45 \mathrm{~cm}$ | $45-<46 \mathrm{~cm}$ | $46-<47 \mathrm{~cm}$ | $47-<48 \mathrm{~cm}$ | $48-<49 \mathrm{~cm}$ | $\geq 49 \mathrm{~cm}$ | No response | Total |  |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 6 | $20.0 \%$ | 2 | $6.7 \%$ | 5 | $16.7 \%$ | 5 | $16.7 \%$ | 3 | $10.0 \%$ | 4 | $13.3 \%$ | 5 | $16.7 \%$ | 0 | $0.0 \%$ | 30 |
| Kenchu | 16 | $44.4 \%$ | 4 | $11.1 \%$ | 5 | $13.9 \%$ | 7 | $19.4 \%$ | 4 | $11.1 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 36 |
| Kennan | 7 | $70.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 2 | $20.0 \%$ | 0 | $0.0 \%$ | 1 | $10.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 10 |
| Soso | 0 | $0.0 \%$ | 1 | $16.7 \%$ | 0 | $0.0 \%$ | 2 | $33.3 \%$ | 1 | $16.7 \%$ | 0 | $0.0 \%$ | 2 | $33.3 \%$ | 0 | $0.0 \%$ | 6 |
| Iwaki | 1 | $5.0 \%$ | 1 | $5.0 \%$ | 6 | $30.0 \%$ | 4 | $20.0 \%$ | 4 | $20.0 \%$ | 1 | $5.0 \%$ | 2 | $10.0 \%$ | 1 | $5.0 \%$ | 20 |
| Aizu | 5 | $35.7 \%$ | 2 | $14.3 \%$ | 2 | $14.3 \%$ | 2 | $14.3 \%$ | 2 | $14.3 \%$ | 1 | $7.1 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 14 |
| Minami- <br> aizu | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 0 |
| Outside <br> Fukushima | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 0 | $0.0 \%$ | 0 |
| Total | 35 | $30.2 \%$ | 10 | $8.6 \%$ | 18 | $15.5 \%$ | 22 | $19.0 \%$ | 14 | $12.1 \%$ | 7 | $6.0 \%$ | 9 | $7.8 \%$ | 1 | $0.9 \%$ | 116 |

Males (Twin pregnancy)

| Area | $<44 \mathrm{~cm}$ |  | $44-<45 \mathrm{~cm}$ |  | $45-<46 \mathrm{~cm}$ |  | $46-<47 \mathrm{~cm}$ |  | $47-<48 \mathrm{~cm}$ |  | $48-<49 \mathrm{~cm}$ |  | $\geq 49 \mathrm{~cm}$ |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 1 | 7.7\% | 1 | 7.7\% | 2 | 15.4\% | 2 | 15.4\% | 2 | 15.4\% | 2 | 15.4\% | 3 | 23.1\% | 13 | 100.0\% |
| Kenchu | 8 | 50.0\% | 1 | 6.3\% | 4 | 25.0\% | 2 | 12.5\% | 1 | 6.3\% | 0 | 0.0\% | 0 | 0.0\% | 16 | 100.0\% |
| Kennan | 2 | 66.7\% | 0 | 0.0\% | 0 | 0.0\% | 1 | 33.3\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 3 | 100.0\% |
| Soso | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 1 | 33.3\% | 0 | 0.0\% | 0 | 0.0\% | 2 | 66.7\% | 3 | 100.0\% |
| Iwaki | 0 | 0.0\% | 0 | 0.0\% | 4 | 44.4\% | 1 | 11.1\% | 3 | 33.3\% | 1 | 11.1\% | 0 | 0.0\% | 9 | 100.0\% |
| Aizu | 3 | 60.0\% | 0 | 0.0\% | 0 | 0.0\% | 2 | 40.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 5 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Total | 14 | 28.6\% | 2 | 4.1\% | 10 | 20.4\% | 9 | 18.4\% | 6 | 12.2\% | 3 | 6.1\% | 5 | 10.2\% | 49 | 100.0\% |

Females (Twin pregnancy)

| Area | $<44 \mathrm{~cm}$ |  | $44-<45 \mathrm{~cm}$ |  | $45-<46 \mathrm{~cm}$ |  | $46-<47 \mathrm{~cm}$ |  | $47-<48 \mathrm{~cm}$ |  | $48-<49 \mathrm{~cm}$ |  | $\geq 49 \mathrm{~cm}$ |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 5 | 29.4\% | 1 | 5.9\% | 3 | 17.6\% | 3 | 17.6\% | 1 | 5.9\% | 2 | 11.8\% | 2 | 11.8\% | 17 | 100.0\% |
| Kenchu | 8 | 40.0\% | 3 | 15.0\% | 1 | 5.0\% | 5 | 25.0\% | 3 | 15.0\% | 0 | 0.0\% | 0 | 0.0\% | 20 | 100.0\% |
| Kennan | 5 | $71.4 \%$ | 0 | 0.0\% | 0 | 0.0\% | 1 | 14.3\% | 0 | 0.0\% | 1 | 14.3\% | 0 | 0.0\% | 7 | 100.0\% |
| Soso | 0 | 0.0\% | 1 | 33.3\% | 0 | 0.0\% | 1 | 33.3\% | 1 | 33.3\% | 0 | 0.0\% | 0 | 0.0\% | 3 | 100.0\% |
| Iwaki | 1 | 10.0\% | 1 | 10.0\% | 2 | 20.0\% | 3 | $30.0 \%$ | 1 | 10.0\% | 0 | 0.0\% | 2 | 20.0\% | 10 | 100.0\% |
| Aizu | 2 | 22.2\% | 2 | 22.2\% | 2 | $22.2 \%$ | 0 | 0.0\% | 2 | $22.2 \%$ | 1 | 11.1\% | 0 | 0.0\% | 9 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Total | 21 | 31.8\% | 8 | 12.1\% | 8 | $12.1 \%$ | 1 3 | 19.7\% | 8 | 12.1\% | 4 | 6.1\% | 4 | 6.1\% | 66 | 100.0\% |


| Area | Total | Male | Female | No response |
| :---: | :---: | :---: | :---: | :---: |
| Kempoku | $31.6 \pm 2.1$ ( 1,740 ) | $31.7 \pm 2.1$ ( 911) | $31.6 \pm 1.8$ ( 828) | 32 |
| Kenchu | $31.8 \pm 1.9(1,845)$ | $31.9 \pm 1.9(925)$ | $31.6 \pm 1.9(920)$ | 44 |
| Kennan | $31.7 \pm 2.0$ ( 539) | $31.9 \pm 1.6$ ( 246) | $31.5 \pm 2.4(293)$ | 11 |
| Soso | $31.6 \pm 1.6$ ( 506) | $31.7 \pm 1.6$ ( 242) | $31.5 \pm 1.7$ ( 264) | 7 |
| Iwaki | $31.7 \pm 1.8(1,093)$ | $31.9 \pm 1.8$ ( 559) | $31.5 \pm 1.7(534)$ | 31 |
| Aizu | $31.7 \pm 1.8(827)$ | $31.9 \pm 1.8$ ( 399) | $31.5 \pm 1.9(428)$ | 24 |
| Minami-aizu | $31.9 \pm 1.8$ ( 77) | $31.9 \pm 1.8$ ( 38) | $31.8 \pm 1.8$ ( 39) | 1 |
| Outside <br> Fukushima | $32.0 \pm 1.3(108)$ | $32.2 \pm 1.3(58)$ | $31.8 \pm 1.3(50)$ | 5 |
| Total | $31.7 \pm 1.9(6,735)$ | $31.8 \pm 1.9(3,378)$ | $31.6 \pm 1.9(3,356)$ | 155 |

Chest circumference (Twin pregnancy)
Mean (cm) $\pm$ SD (n)

| Area | Total | Male | Female | No response |
| :---: | :---: | :---: | :---: | :---: |
| Kempoku | $28.9 \pm 2.9(30)$ | $29.8 \pm 2.3(13)$ | $28.2 \pm 3.2(17)$ | 0 |
| Kenchu | $27.9 \pm 2.4(36)$ | $28.1 \pm 1.8(16)$ | $27.8 \pm 2.8$ ( 20) | 0 |
| Kennan | $25.3 \pm 5.5(10)$ | $27.7 \pm 2.3$ ( 3) | $24.2 \pm 6.3$ ( 7) | 0 |
| Soso | $30.3 \pm 2.8(6)$ | $32.1 \pm 3.1(3)$ | $28.5 \pm 0.5(3)$ | 0 |
| Iwaki | $29.3 \pm 1.5(19)$ | $29.2 \pm 1.1$ ( 9) | $29.4 \pm 1.8(10)$ | 1 |
| Aizu | $28.4 \pm 2.2(14)$ | $27.6 \pm 3.3$ ( 5) | $28.9 \pm 1.3(9)$ | 0 |
| Minami-aizu | ( 0) | ( 0 ) | ( 0 ) | 0 |
| Outside <br> Fukushima | ( 0) | ( 0 ) | ( 0) | 0 |
| Total | $28.4 \pm 3.0$ ( 115 ) | $28.9 \pm 2.3$ ( 49) | $27.9 \pm 3.3$ ( 66) | 1 |

Head circumference (Singleton pregnancy)
Mean (cm) $\pm$ SD ( n )

| Area | Total | Male | Female | No response |
| :---: | :---: | :---: | :---: | :---: |
| Kempoku | $33.2 \pm 1.8(1,739)$ | $33.4 \pm 1.8$ ( 910) | $33.0 \pm 1.6$ ( 828) | 33 |
| Kenchu | $33.3 \pm 1.6(1,844)$ | $33.5 \pm 1.5(925)$ | $33.0 \pm 1.5(919)$ | 45 |
| Kennan | $32.9 \pm 1.9(539)$ | $33.2 \pm 1.8(247)$ | $32.6 \pm 2.0$ ( 292) | 11 |
| Soso | $32.9 \pm 1.5(507)$ | $33.1 \pm 1.5(243)$ | $32.8 \pm 1.5$ ( 264) | 6 |
| Iwaki | $33.4 \pm 1.5(1,092)$ | $33.7 \pm 1.5(559)$ | $33.1 \pm 1.4(533)$ | 32 |
| Aizu | $33.1 \pm 1.6(827)$ | $33.5 \pm 1.5(399)$ | $32.8 \pm 1.6$ ( 428) | 24 |
| Minami-aizu | $33.4 \pm 1.5$ (--------------------17) | $33.6 \pm 1.7$ (---------------------18) | $33.2 \pm 1.4$ (--------------------3) | 1 |
| Outside <br> Fukushima | $33.3 \pm 2.3(109)$ | $33.8 \pm 1.2(58)$ | $32.7 \pm 3.0(51)$ | 4 |
| Total | $33.2 \pm 1.7(6,734)$ | $33.5 \pm 1.6(3,379)$ | $32.9 \pm 1.6$ ( 3,354) | 156 |

Head circumference (Twin pregnancy)
Mean (cm) $\pm$ SD (n)

| Area | Total |  | Male |  | Female | No response |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| Kempoku | $31.9 \pm 2.3($ | $30)$ | $33.1 \pm 1.2($ | $13)$ | $31.1 \pm 2.7($ | $17)$ |

Newborn infants in apparent death (Singleton pregnancy)

| Area | Yes |  | No |  | No response |  | Total |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Kempoku | 31 | $1.7 \%$ | 1,712 | $96.6 \%$ | 29 | $1.6 \%$ | 1,772 | $100.0 \%$ |
| Kenchu | 18 | $1.0 \%$ | 1,847 | $97.8 \%$ | 24 | $1.3 \%$ | 1,889 | $100.0 \%$ |
| Kennan | 7 | $1.3 \%$ | 535 | $97.3 \%$ | 8 | $1.5 \%$ | 550 | $100.0 \%$ |
| Soso | 10 | $1.9 \%$ | 496 | $96.7 \%$ | 7 | $1.4 \%$ | 513 | $100.0 \%$ |
| Iwaki | 8 | $0.7 \%$ | 1,097 | $97.6 \%$ | 19 | $1.7 \%$ | 1,124 | $100.0 \%$ |
| Aizu | 7 | $0.8 \%$ | 827 | $97.2 \%$ | 17 | $2.0 \%$ | 851 | $100.0 \%$ |
| Minami-aizu | 0 | $0.0 \%$ | 78 | $100.0 \%$ | 0 | $0.0 \%$ | 78 | $100.0 \%$ |
| Outside Fukushima | 1 | $0.9 \%$ | 111 | $98.2 \%$ | 1 | $0.9 \%$ | 113 | $100.0 \%$ |
| Total | 82 | $1.2 \%$ | 6,703 | $97.3 \%$ | 105 | $1.5 \%$ | 6,890 | $100.0 \%$ |

Resuscitated or not (Singleton pregnancy)
This question is for 82 respondents who answered YES to the above question.

| Area | Yes |  | No |  | Not sure |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 21 | 67.7\% | 6 | 19.4\% | 4 | 12.9\% | 0 | 0.0\% | 31 | 100.0\% |
| Kenchu | 10 | 55.6\% | 2 | 11.1\% | 4 | 22.2\% | 2 | 11.1\% | 18 | 100.0\% |
| Kennan | 5 | 71.4\% | 2 | 28.6\% | 0 | 0.0\% | 0 | 0.0\% | 7 | 100.0\% |
| Soso | 8 | 80.0\% | 0 | 0.0\% | 2 | 20.0\% | 0 | 0.0\% | 10 | 100.0\% |
| Iwaki | 5 | 62.5\% | 2 | 25.0\% | 0 | 0.0\% | 1 | 12.5\% | 8 | 100.0\% |
| Aizu | 7 | 100.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 7 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Outside <br> Fukushima | 1 | 100.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 1 | 100.0\% |
| Total | 57 | 69.5\% | 12 | 14.6\% | 10 | 12.2\% | 3 | 3.7\% | 82 | 100.0\% |

Newborn infants in apparent death
(The first child of twins)

| Area | Yes | No | No response | Total |
| :---: | :---: | :---: | :---: | :---: |
| Kempoku | 1 | 14 | 0 | 15 |
| Kenchu | 1 | 17 | 0 | 18 |
| Kennan | 1 | 4 | 0 | 5 |
| Soso | 0 | 3 | 0 | 3 |
| Iwaki | 0 | 10 | 0 | 10 |
| Aizu | 0 | 7 | 0 | 7 |
| Minami-aizu | 0 | 0 | 0 | 0 |
| Outside <br> Fukushima | 0 | 0 | 0 | 0 |
| Total | 3 | 55 | 0 | 58 |

Newborn infants in apparent death
(The second child of twins)

| Area | Yes | No | No response | Total |
| :---: | :---: | :---: | :---: | :---: |
| Kempoku | 2 | 13 | 0 | 15 |
| Kenchu | 1 | 17 | 0 | 18 |
| Kennan | 1 | 4 | 0 | 5 |
| Soso | 0 | 3 | 0 | 3 |
| Iwaki | 0 | 9 | 1 | 10 |
| Aizu | 0 | 7 | 0 | 7 |
| Minami-aizu | 0 | 0 | 0 | 0 |
| Outside <br> Fukushima | 0 | 0 | 0 | 0 |
| Total | 4 | 53 | 1 | 58 |

Resuscitated or not (The first child of twins)
The question is for 3 respondents who said YES to the previous question.

| Area | Yes | No | Not sure | Total |
| :--- | ---: | ---: | ---: | ---: |
| Kempoku | 0 | 1 | 0 | 1 |
| Kenchu | 1 | 0 | 0 | 1 |
| Kennan | 1 | 0 | 0 | 1 |
| Soso | 0 | 0 | 0 | 0 |
| Iwaki | 0 | 0 | 0 | 0 |
| Aizu | 0 | 0 | 0 | 0 |
| Minami-aizu | 0 | 0 | 0 | 0 |
| Outside <br> Fukushima | 0 | 0 | 0 | 0 |
| Total | 2 | 1 | 0 | 0 |

## Resuscitated or not (The second child of twins)

The question is for 4 respondents who said YES to the previous question.

| Area | Yes | No | Not sure | Total |
| :--- | ---: | ---: | ---: | ---: |
| Kempoku | 0 | 1 | 1 | 2 |
| Kenchu | 1 | 0 | 0 | 1 |
| Kennan | 1 | 0 | 0 | 1 |
| Soso | 0 | 0 | 0 | 0 |
| Iwaki | 0 | 0 | 0 | 0 |
| Aizu | 0 | 0 | 0 | 0 |
| Minami-aizu | 0 | 0 | 0 | 0 |
| Outside | 0 | 0 | 0 | 0 |
| Fukushima |  |  |  |  |
| Total | 2 | 1 | 1 | 4 |

Congenital anomaly: Yes/No
This question is for 6,890 respondents with singleton pregnancy of 12 weeks or after.

| Area | Yes |  | No |  | No response |  | Total |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Kempoku | 30 | $1.7 \%$ | 1,718 | $97.0 \%$ | 24 | $1.4 \%$ | 1,772 |
| Kenchu | 50 | $2.6 \%$ | 1,814 | $96.0 \%$ | 25 | $1.3 \%$ | 1,889 |
| Kennan | 18 | $3.3 \%$ | 524 | $95.3 \%$ | 8 | $1.5 \%$ | 550 |
| Soso | 7 | $1.4 \%$ | 502 | $97.9 \%$ | 4 | $0.8 \%$ | 513 |
| Iwaki | 27 | $2.4 \%$ | $1000.0 \%$ |  |  |  |  |
| Aizu | 20 | $2.4 \%$ | 819 | $95.7 \%$ | 21 | $1.9 \%$ | 1,124 |
| Minami-aizu | 0 | $0.0 \%$ | 77 | $98.2 \%$ | 12 | $1.4 \%$ | 851 |
| Outside Fukushima | 0 | $0.0 \%$ | 113 | $100.0 \%$ |  |  |  |
| Total | 152 | $2.2 \%$ | 6,643 | $96.0 \%$ | 1 | $1.3 \%$ | 78 |


| Area | Incidence of congenital <br> anomalies* |  | Valid <br> response |
| :--- | ---: | ---: | ---: |
| Kempoku | 30 | $1.72 \%$ | 1,748 |
| Kenchu | 50 | $2.68 \%$ | 1,864 |
| Kennan | 18 | $3.32 \%$ | 542 |
| Soso | 7 | $1.38 \%$ | 509 |
| Iwaki | 27 | $2.45 \%$ | 1,103 |
| Aizu | 20 | $2.38 \%$ | 839 |
| Minami-aizu | 0 | $0.00 \%$ | 77 |
| Outside | 0 | $0.00 \%$ | 113 |
| Fukushima | 152 | $2.24 \%$ | 6,795 |
| Total |  |  | -3 |

*The denominator is the sum of valid response of YES and NO. Excludes invalid responses.
The figure differs from the survey for FY 2011 since the denominator included the number of invalid response.

## Incidence of diseases

Participants of singleton pregnancy who answered YES to the question above (Multiple answers allowed)

| Area | Cardiovascular malformation | Anomalies <br> of kidney <br> and <br> urinary <br> tract | Polydactyly <br> and <br> syndactyly | Cleft <br> lip and <br> plate | Gastrointestinal atresia* | Rachischisis | Imperforate <br> anus | Hydrocephalus | Microcephaly | Cataract | Other |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 9 | 2 | 3 | 3 | 0 | 1 | 1 | 0 | 0 | 0 | 13 |
| Kenchu | 16 | 6 | 5 | 3 | 0 | 1 | 0 | 0 | 0 | 0 | 23 |
| Kennan | 6 | 1 | 1 | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 7 |
| Soso | 1 | 1 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 4 |
| Iwaki | 10 | 2 | 3 | 3 | 1 | 1 | 1 | 1 | 0 | 0 | 10 |
| Aizu | 9 | 2 | 2 | 2 | 3 | 0 | 0 | 0 | 0 | 0 | 5 |
| Minamiaizu | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Outside <br> Fukushima | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Total | 51 | 14 | 14 | 14 | 4 | 4 | 2 | 1 | 0 | 0 | 62 |
| Incidence | 0.75\% | 0.21\% | 0.21\% | 0.21\% | 0.06\% | 0.06\% | 0.03\% | 0.01\% | 0.00\% | 0.00\% | 0.91\% |

The denominator is the sum of valid response.

* Esophagus, duodenum, jejunum, ileum

Breakdown of OTHER (Multiple answers allowed)

| Accessory auricles | 11 | Congenital tooth | 2 | Blepharoptosis | 1 | Undescended testes | 1 |
| :--- | ---: | :--- | ---: | :--- | :--- | :--- | :--- |
| Down syndrome | 6 | Trisomy 18 | 1 | Laryngomalacia | 1 | Head congenital skin <br> deficit | 1 |
| Hearing impairment | 5 | Galactosemia | 1 | Constriction band <br> syndrome | 1 | Situs inversus viscerum | 1 |
| Hemangioma | 3 | Inguinal hernia | 1 | Finger deficit | 1 | Clubfoot | 1 |
| Fetal hydrops | 3 | Prader-Willi syndrome | 1 | Micrognathia | 1 | Rhinostenosis | 1 |
| Strawberry mark | 2 | Volvulus of the stomach | 1 | Incontinentia pigmenti | 1 | Buried penis | 1 |
| Diaphragmatic hernia | 2 | Hydrocele testicle |  | Congenital nasolacrimal <br> duct obstruction | 1 | Acrania | 1 |
| ongenital hip dislocation | 2 | Labial fusion | 1 | Chromosomal <br> abnormality | 1 |  |  |
| Fetal pleural effusion | 2 | Perineal grove | 1 | Multiple malformation | 1 |  |  |
| Dermal sinus | 2 | Lissencephaly | 1 | Fonticulus anterior | 1 |  |  |

This question is for 116 respondents with twin pregnancy of 12 weeks or after.

| Area | Yes |  | No |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 3 | 10.0\% | 26 | 86.7\% | 1 | 3.3\% | 30 | 100.0\% |
| Kenchu | 0 | 0.0\% | 33 | 91.7\% | 3 | 8.3\% | 36 | 100.0\% |
| Kennan | 0 | 0.0\% | 10 | 100.0\% | 0 | 0.0\% | 10 | 100.0\% |
| Soso | 0 | 0.0\% | 6 | 100.0\% | 0 | 0.0\% | 6 | 100.0\% |
| Iwaki | 0 | 0.0\% | 19 | 95.0\% | 1 | 5.0\% | 20 | 100.0\% |
| Aizu | 0 | 0.0\% | 14 | 100.0\% | 0 | 0.0\% | 14 | 100.0\% |
| Minami-aizu | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% |
| Total | 3 | 2.6\% | 108 | 93.1\% | 5 | 4.3\% | 116 | 100.0\% |


| Area | Incidence of congenital <br> anomalies |  | Valid <br> response |
| :--- | ---: | ---: | ---: |
| Kempoku | 3 | $10.34 \%$ | 29 |
| Kenchu | 0 | $0.00 \%$ | 33 |
| Kennan | 0 | $0.00 \%$ | 10 |
| Soso | 0 | $0.00 \%$ | 6 |
| Iwaki | 0 | $0.00 \%$ | 19 |
| Aizu | 0 | $0.00 \%$ | 14 |
| Minami-aizu | 0 | $0.00 \%$ | 0 |
| Outside | 0 | $0.00 \%$ | 0 |
| Fukushima | 3 | $2.70 \%$ | 111 |
| Total | 0 |  | 0 |

The denominator is the sum of the valid response of YES and NO.
The figure differs from the survey for FY 2011 since the denominator included the number of invalid response.

Breakdown by disease
Participants of twin pregnancy who answered YES to the question above (Multiple answers allowed)

| Area | vascular <br> malformation | Cataract | Anomalies of kidney and urinary | Rachischisis | Micro- <br> Cephaly | Hydrocephalus | Cleft lip <br> and <br> plate | Gastro- <br> intestinal <br> atresia | Imperforate anus | Polydactyly <br> and <br> syndactyly | Other |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Kenchu | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Kennan | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Soso | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Iwaki | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Aizu | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Minamiaizu | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Outside <br> Fukushima | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Total | 3 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |

Breakdown of OTHER: none

Q15. Do you sometimes lose confidence in child rearing?
The questions Q15 and 16 are for 6,913 respondents who gave birth, excluding triplets (refer to Q8).

| Area | Yes |  | No |  | Not sure |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 343 | 19.3\% | 632 | 35.5\% | 784 | 44.0\% | 22 | 1.2\% | 1,781 | 100.0\% |
| Kenchu | 348 | 18.4\% | 713 | 37.6\% | 817 | 43.1\% | 16 | 0.8\% | 1,894 | 100.0\% |
| Kennan | 89 | 16.2\% | 231 | 42.2\% | 222 | 40.5\% | 6 | 1.1\% | 548 | 100.0\% |
| Soso | 86 | 16.7\% | 182 | 35.3\% | 244 | 47.4\% | 3 | 0.6\% | 515 | 100.0\% |
| Iwaki | 163 | 14.5\% | 559 | 49.6\% | 403 | 35.7\% | 3 | 0.3\% | 1,128 | 100.0\% |
| Aizu | 151 | 17.7\% | 333 | 39.0\% | 362 | 42.4\% | 8 | 0.9\% | 854 | 100.0\% |
| Minami-aizu | 21 | 26.3\% | 32 | 40.0\% | 26 | 32.5\% | 1 | 1.3\% | 80 | 100.0\% |
| Outside <br> Fukushima | 26 | 23.0\% | 25 | 22.1\% | 61 | 54.0\% | 1 | 0.9\% | 113 | 100.0\% |
| Total | 1,227 | 17.7\% | 2,707 | 39.2\% | 2,919 | 42.2\% | 60 | 0.9\% | 6,913 | 100.0\% |

Q16. Write down the results of medical checkup of babies aged one month or more.
Number of participants was 6,856 ( 6,743 singletons, 113 twin pregnancies, and 0 unknown) who received medical checkup within 60 days after delivery.
( n ): Number of valid response
The following total number includes babies with indeterminate sex.
The average time the participants went for a medical checkup of the babies.

| Area | Participants | Mean age <br> (Days) |
| :--- | ---: | ---: |
| Kempoku | 1,760 | 35.1 |
| Kenchu | 1,894 | 32.6 |
| Kennan | 540 | 32.9 |
| Soso | 508 | 32.6 |
| Iwaki | 1,120 | 32.6 |
| Aizu | 844 | 32.5 |
| Minami-aizu | 79 | 31.9 |
| Outside <br> Fukushima | 111 | 32.7 |
| Total | 6,856 | 33.2 |


| Weight (Singleton pregnancy) |  |  |  |  |  |  | Mean (g) $\pm$ SD ( n ) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Area |  | tal |  | Male |  |  | Female |  |  | No response |
| Kempoku | $4322.1 \pm$ | 640.9 | 1,727) | $4442.8 \pm$ | 682.6 ( | 913) | $4186.1 \pm$ | 561.4 ( | 812) | 5 |
| Kenchu | $4170.1 \pm$ | 582.5 | 1,856) | $4313.7 \pm$ | 591.4 ( | 926) | $4025.2 \pm$ | 536.5 | 927) | 2 |
| Kennan | $4186.9 \pm$ | 568.5 | 529) | $4329.5 \pm$ | 554.0 ( | 246) | $4063.0 \pm$ | 552.5 ( | 283) | 1 |
| Soso | $4127.2 \pm$ | 514.1 | 499) | $4245.9 \pm$ | 547.5 ( | 238) | $4018.9 \pm$ | 456.4 ( | 261) | 3 |
| Iwaki | $4196.2 \pm$ | 556.5 | 1,099) | $4321.2 \pm$ | 579.6 ( | 562) | $4065.4 \pm$ | 499.3 ( | 537) | 2 |
| Aizu | $4158.8 \pm$ | 578.1 | 828) | $4298.9 \pm$ | 562.3 ( | 397) | $4026.9 \pm$ | 562.4 ( | 429) | 2 |
| Minami-aizu | $4117.7 \pm$ | 515.9 | 78) | $4191.7 \pm$ | 520.9 ( | 37) | $4050.9 \pm$ | 508.3 ( | 41) | 1 |
| Outside <br> Fukushima | $4258.6 \pm$ | 502.7 | 110) | $4423.5 \pm$ | 504.0 ( | 60) | $4060.8 \pm$ | 428.0 ( | 50) | 1 |
| Total | $4211.0 \pm$ | 589.5 | 6,726) | $4345.1 \pm$ | 607.7 ( | 3,379) | $4074.6 \pm$ | 537.6 ( | 3,340) | 17 |

Weight (Twin pregnancy) Mean (g) $\pm$ SD (n)

| Area | Total |  | Male |  | Female |  | No response |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | $3721.3 \pm 943.0$ ( | 28) | $4092.4 \pm 639.4$ ( | 13) | $3399.7 \pm 1061.1$ ( | 15) | 0 |
| Kenchu | $3040.8 \pm 664.1$ ( | 36) | $3138.2 \pm 588.0$ ( | 16) | $2962.8 \pm 724.6$ ( | 20) | 0 |
| Kennan | $2288.0 \pm 1149.2$ ( |  | $2403.3 \pm 575.0$ ( | 3) | $2238.6 \pm 1364.3$ ( | 7) | 0 |
| Soso | $3639.5 \pm 455.5$ ( | 6) | $3846.3 \pm 448.1$ ( | 3) | $3432.7 \pm 435.4$ ( | 3) | 0 |
| Iwaki | $3360.2 \pm 448.9$ ( | 19) | $3450.6 \pm 348.5$ ( | 9) | $3278.9 \pm 528.7$ ( | 10) | 0 |
| Aizu | $3150.2 \pm 695.7$ ( |  | $2867.2 \pm 1110.4$ ( | 5) | $3307.4 \pm 303.7$ ( | 9) | 0 |
| Minami-aizu | ( | $0)$ | ( | $0)$ | ( | $0)$ | 0 |
| Outside <br> Fukushima | ( | 0) | ( | 0) | ( | 0) | 0 |
| Total | $3241.8 \pm 848.4$ ( | 113) | $3419.4 \pm 782.5$ ( | 49) | $3105.9 \pm 877.4$ ( | 64) | 0 |

Height (Singleton pregnancy)
Mean (cm) $\pm$ SD (n)

| Area | Total | Male | Female | No response |
| :---: | :---: | :---: | :---: | :---: |
| Kempoku | $53.5 \pm 2.9$ ( 1,719) | $54.0 \pm 2.9$ ( 906) | $53.1 \pm 2.8$ ( 811) | 13 |
| Kenchu | $53.0 \pm 3.1$ ( 1,846 ) | $53.6 \pm 2.8$ ( 920) | $52.4 \pm 3.3$ ( 923) | 12 |
| Kennan | $52.4 \pm 3.5$ ( 528) | $53.1 \pm 2.8$ ( 246) | $51.8 \pm 3.9$ ( 282) | 2 |
| Soso | $52.9 \pm 2.7$ ( 492) | $53.3 \pm 2.7$ ( 236) | $52.5 \pm 2.6$ ( 256) | 10 |
| Iwaki | $52.9 \pm 3.1$ ( 1,094) | $53.2 \pm 3.5(561)$ | $52.5 \pm 2.6$ ( 533) | 7 |
| Aizu | $53.0 \pm 3.5$ ( 827) | $53.6 \pm 3.2$ ( 396) | $52.4 \pm 3.7$ ( 429) | 3 |
| Minami-aizu | $53.2 \pm 2.8$ ( 78) | $53.2 \pm 3.4$ ( 37) | $53.2 \pm 2.2$ ( 41) | 1 |
| Outside <br> Fukushima | $53.0 \pm 2.6$ ( 109) | $53.9 \pm 1.7(58)$ | $52.0 \pm 3.1(51)$ | 2 |
| Total | $53.1 \pm 3.1(6,693)$ | $53.6 \pm 3.0$ ( 3,360) | $52.5 \pm 3.2(3,326)$ | 50 |

Height (Twin pregnancy)
Mean (cm) $\pm$ SD (n)

| Area | Total |  | Male |  | Female |  | No response |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | $50.5 \pm 4.9$ | ( 28) | $52.1 \pm 2.7$ | 13) | $49.2 \pm 5.9$ | ( 15) | 0 |
| Kenchu | $48.6 \pm 3.5$ | ( 36) | $49.1 \pm 2.7$ | 16) | $48.2 \pm 4.1$ | ( 20) | 0 |
| Kennan | $43.9 \pm 7.7$ | ( 10) | $46.5 \pm 1.8$ | 3) | $42.9 \pm 9.1$ | ( 7) | 0 |
| Soso | $50.6 \pm 0.7$ | ( 6) | $50.6 \pm 1.0$ | 3) | $50.5 \pm 0.5$ | ( 3) | 0 |
| Iwaki | $50.4 \pm 2.5$ | ( 19) | $50.8 \pm 1.7$ | 9) | $50.1 \pm 3.0$ | ( 10) | 0 |
| Aizu | $48.6 \pm 5.4$ | ( 14) | $47.7 \pm 4.9$ | 5) | $49.1 \pm 5.9$ | ( 9) | 0 |
| Minami-aizu |  | ( 0) |  | $0)$ |  | ( 0) | 0 |
| Outside <br> Fukushima |  | 0) |  | $0)$ |  | ( 0) | 0 |
| Total | $49.1 \pm 4.7$ | ( 113) | $50.0 \pm 3.1$ | 49) | $48.4 \pm 5.6$ | ( 64) | 0 |

Q. 17 Are you planning a pregnancy in Fukushima Prefecture?

| Area | Yes |  | No |  | No response |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 956 | 53.1\% | 829 | 46.0\% | 16 | 0.9\% | 1,801 | 100.0\% |
| Kenchu | 992 | 51.7\% | 907 | 47.3\% | 18 | 0.9\% | 1,917 | 100.0\% |
| Kennan | 302 | 54.1\% | 249 | 44.6\% | 7 | 1.3\% | 558 | 100.0\% |
| Soso | 284 | 54.6\% | 230 | 44.2\% | 6 | 1.2\% | 520 | 100.0\% |
| Iwaki | 605 | 52.8\% | 527 | 46.0\% | 14 | 1.2\% | 1,146 | 100.0\% |
| Aizu | 466 | 53.9\% | 389 | 45.0\% | 9 | 1.0\% | 864 | 100.0\% |
| Minami-aizu | 45 | 56.3\% | 33 | 41.3\% | 2 | 2.5\% | 80 | 100.0\% |
| Outside <br> Fukushima | 80 | 70.8\% | 33 | 29.2\% | 0 | 0.0\% | 113 | 100.0\% |
| Total | 3,730 | 53.3\% | 3,197 | 45.7\% | 72 | 1.0\% | 6,999 | 100.0\% |

Request for services for next pregnancy or childbirth

| Area | Improvement of <br> preschool, care for <br> longer hours, or day care <br> for sick children | Information or services <br> about child rearing and <br> pediatric medicine | Improvement of <br> maternity or maternal <br> leave | Information of radiation <br> and health risk | Other | Valid response |  |  |  |  |  |
| :--- | :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Kempoku | 763 | $82.0 \%$ | 604 | $64.9 \%$ | 568 | $61.0 \%$ | 253 | $27.2 \%$ | 87 | $9.3 \%$ | 931 |
| Kenchu | 768 | $79.5 \%$ | 665 | $68.8 \%$ | 586 | $60.7 \%$ | 305 | $31.6 \%$ | 96 | $9.9 \%$ | 966 |
| Kennan | 215 | $72.4 \%$ | 199 | $67.0 \%$ | 184 | $62.0 \%$ | 91 | $30.6 \%$ | 32 | $10.8 \%$ | 297 |
| Soso | 203 | $73.6 \%$ | 221 | $80.1 \%$ | 156 | $56.5 \%$ | 106 | $38.4 \%$ | 22 | $8.0 \%$ | 276 |
| Iwaki | 438 | $74.1 \%$ | 406 | $68.7 \%$ | 365 | $61.8 \%$ | 207 | $35.0 \%$ | 57 | $9.6 \%$ | 591 |
| Aizu | 329 | $72.5 \%$ | 312 | $68.7 \%$ | 284 | $62.6 \%$ | 107 | $23.6 \%$ | 32 | $7.0 \%$ | 454 |
| Minami-aizu | 27 | $61.4 \%$ | 29 | $65.9 \%$ | 26 | $59.1 \%$ | 7 | $15.9 \%$ | 5 | $11.4 \%$ | 44 |
| Outside <br> Fukushima | 64 | $84.2 \%$ | 55 | $72.4 \%$ | 48 | $63.2 \%$ | 16 | $21.1 \%$ | 2 | $2.6 \%$ | 76 |
| Total | 2,807 | $77.2 \%$ | 2,491 | $68.5 \%$ | 2,217 | $61.0 \%$ | 1,092 | $30.0 \%$ | 333 | $9.2 \%$ | 3,635 |

The denominator is the sum of valid responses (i.e., Respondents who answered the question)
Proportion does not total to $100.0 \%$ because of multiple answers.

Reasons for not planning a pregnancy

| Area | Do not have a desire for it |  | Age or health related reason |  | Busy raising children |  | Financial reason |  | Have no one to support me in child rearing |  | Have no daycare service |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 426 | 51.6\% | 320 | 38.8\% | 267 | 32.4\% | 211 | 25.6\% | 76 | 9.2\% | 105 | 12.7\% |
| Kenchu | 454 | 50.2\% | 362 | 40.0\% | 328 | 36.3\% | 250 | 27.7\% | 108 | 11.9\% | 94 | 10.4\% |
| Kennan | 153 | 61.7\% | 75 | 30.2\% | 95 | 38.3\% | 61 | 24.6\% | 24 | 9.7\% | 20 | 8.1\% |
| Soso | 123 | 53.7\% | 74 | 32.3\% | 86 | 37.6\% | 52 | 22.7\% | 24 | 10.5\% | 29 | 12.7\% |
| Iwaki | 261 | 49.6\% | 228 | 43.3\% | 169 | 32.1\% | 113 | 21.5\% | 49 | 9.3\% | 43 | 8.2\% |
| Aizu | 211 | 54.5\% | 154 | 39.8\% | 138 | 35.7\% | 104 | 26.9\% | 36 | 9.3\% | 29 | 7.5\% |
| Minami-aizu | 16 | 48.5\% | 12 | 36.4\% | 7 | 21.2\% | 8 | 24.2\% | 5 | 15.2\% | 0 | 0.0\% |
| Outside <br> Fukushima | 15 | 46.9\% | 10 | 31.3\% | 14 | 43.8\% | 4 | 12.5\% | 7 | 21.9\% | 5 | 15.6\% |
| Total | 1,659 | 52.1\% | 1,235 | 38.8\% | 1,104 | 34.7\% | 803 | 25.2\% | 329 | 10.3\% | 325 | 10.2\% |


| Area | Family living apart |  | Worried about the effects of radiation |  | Life as an evacuee |  | Other |  | Valid response |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 11 | 1.3\% | 12 | 1.5\% | 1 | 0.1\% | 28 | 3.4\% | 825 |
| Kenchu | 21 | 2.3\% | 19 | 2.1\% | 1 | 0.1\% | 34 | 3.8\% | 904 |
| Kennan | 3 | 1.2\% | 4 | 1.6\% | 2 | 0.8\% | 11 | 4.4\% | 248 |
| Soso | 6 | 2.6\% | 4 | 1.7\% | 5 | 2.2\% | 10 | 4.4\% | 229 |
| Iwaki | 10 | 1.9\% | 9 | 1.7\% | 0 | 0.0\% | 23 | 4.4\% | 526 |
| Aizu | 6 | 1.6\% | 3 | 0.8\% | 0 | 0.0\% | 14 | 3.6\% | 387 |
| Minami-aizu | 2 | 6.1\% | 0 | 0.0\% | 0 | 0.0\% | 2 | 6.1\% | 33 |
| Outside Fukushima | 3 | 9.4\% | 0 | 0.0\% | 0 | 0.0\% | 1 | 3.1\% | 32 |
| Total | 62 | 1.9\% | 51 | 1.6\% | 9 | 0.3\% | 123 | 3.9\% | 3,184 |

The denominator is the sum of valid responses (i.e., Respondents who answered the question). Proportion does not total to $100.0 \%$ because of multiple answers.

## 3. Free-answer questions

The participants are 1,101 of 6,999 valid responses who answered the free-answer question.
Content

| Consultation of child rearing** | 323 | 29.3\% |
| :---: | :---: | :---: |
| Request for adequate child support services | 265 | 24.1\% |
| Request for adequate medical service and physical care | 139 | 12.6\% |
| Mental illness | 126 | 11.4\% |
| Physical problems** | 124 | 11.3\% |
| Anxiety and dissatisfaction about inadequate medical services | 114 | 10.4\% |
| Opinion or complain about the survey | 91 | 8.3\% |
| Relationships*** | 71 | 6.4\% |
| Request for information on radiation and research results | 67 | 6.1\% |
| Regarding financial anxiety and burden | 58 | 5.3\% |
| Effects of radiation on fetus and child | 57 | 5.2\% |
| Request for financial support | 52 | 4.7\% |
| Positive comments about this survey | 37 | 3.4\% |
| Request for decontamination and provision of safe playgrounds | 29 | 2.6\% |
| Anxiety about radiation exposure of children when outside | 21 | 1.9\% |
| Effects of radiation on food or baby food | 21 | 1.9\% |
| Anxiety and dissatisfaction about reliability or lack of information | 21 | 1.9\% |
| Request for adequate mental health care services | 16 | 1.5\% |
| Request for the overall examination | 13 | 1.2\% |
| Request for Thyroid Ultrasound Examination | 11 | 1.0\% |
| Anxiety over the effects of radiation on water | 8 | 0.7\% |
| Issues related to the current pregnancy outcome | 7 | 0.6\% |
| Anxiety and dissatisfaction about evacuation and family living apart | 7 | 0.6\% |
| Request for Fukushima Health Management Survey | 4 | 0.4\% |
| Request for medical check-up and examinations | 4 | 0.4\% |
| Request to measure internal radiation exposure (by whole body counter, etc.) | 4 | 0.4\% |
| Regarding external radiation exposure (provision of glass badges and dosimeters) | 4 | 0.4\% |
| Request for test on breast milk | 4 | 0.4\% |
| Effects of radiation on breast milk or infant formula | 2 | 0.2\% |
| Anxiety about the effects of radiation on the next pregnancy | 2 | 0.2\% |
| Request for support about evacuation | 1 | 0.1\% |
| Other | 121 | 11.0\% |

The denominator is the sum of 1,101 of respondents. Multiple answers allowed
** Issue not mentioned in FY 2011survey
*** Issue not mentioned in FY 2012survey

## 4. Support

The number of those who required support in FY 2015 is 913 of 7,031 respondents $(13.0 \%)$.
The results of responses received from 24 November 2015 through 16 December 2016

Number of respondents required support

| Area | Survey population | Response |  | Number of respondents <br> who required support |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Kempoku | 3,453 | 1,806 | $52.3 \%$ | 236 | $13.1 \%$ |
| Kenchu | 4,261 | 1,924 | $45.2 \%$ | 242 | $12.6 \%$ |
| Kennan | 1,168 | 560 | $47.9 \%$ | 77 | $13.8 \%$ |
| Soso | 1,183 | 523 | $44.2 \%$ | 81 | $15.5 \%$ |
| Iwaki | 2,461 | 1,148 | $46.6 \%$ | 139 | $12.1 \%$ |
| Aizu | 1,778 | 872 | $49.0 \%$ | 107 | $12.3 \%$ |
| Minami-aizu | 150 | 80 | $53.3 \%$ | 14 | $17.5 \%$ |
| Outside <br> Fukushima | 118 | 118 | $100.0 \%$ | 17 | $14.4 \%$ |
| Total | 14,572 | 7,031 | $48.3 \%$ | 913 | $13.0 \%$ |

The denominator of response rate is the number of participants.
The denominator of number of respondents who required support is the number of response.

Respondents requiring support by area

| Area | Support required based on <br> the categories of <br> depression | Support required based on the <br> free-answer questions | Total |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Kempoku | 149 | $63.1 \%$ | 87 | $36.9 \%$ | 236 |
| Kenchu | 126 | $52.1 \%$ | 116 | $47.9 \%$ | 242 |
| Kennan | 49 | $63.6 \%$ | 28 | $36.4 \%$ | 77 |
| Soso | 59 | $72.8 \%$ | 22 | $27.2 \%$ | $100.00 .0 \%$ |
| Iwaki | 83 | $59.7 \%$ | 56 | $40.3 \%$ | 139 |
| Aizu | 69 | $64.5 \%$ | 38 | $35.5 \%$ | $100.00 \%$ |
| Minami-aizu | 6 | $42.9 \%$ | 8 | $57.1 \%$ | 107 |
| Outside <br> Fukushima | 8 | $47.1 \%$ | 9 | $52.9 \%$ | $100.0 \%$ |
| Total | 549 | $60.1 \%$ | 364 | $39.9 \%$ | 17 |

Content of counseling by area

| Area | Health of mothers |  | Childrearing |  | Family life |  | Health of children |  | Effects of radiation |  | Evacuation |  | Other |  | Valid response |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 132 | 55.9\% | 100 | 42.4\% | 54 | 22.9\% | 56 | 23.7\% | 11 | 4.7\% | 0 | 0.0\% | 65 | 27.5\% | 236 |
| Kenchu | 121 | 50.0\% | 110 | 45.5\% | 54 | 22.3\% | 50 | 20.7\% | 18 | 7.4\% | 1 | 0.4\% | 75 | 31.0\% | 242 |
| Kennan | 47 | 61.0\% | 21 | 27.3\% | 15 | 19.5\% | 12 | 15.6\% | 6 | 7.8\% | 0 | 0.0\% | 21 | 27.3\% | 77 |
| Soso | 48 | 59.3\% | 32 | 39.5\% | 21 | 25.9\% | 14 | 17.3\% | 4 | 4.9\% | 3 | 3.7\% | 24 | 29.6\% | 81 |
| Iwaki | 71 | 51.1\% | 57 | 41.0\% | 27 | 19.4\% | 33 | 23.7\% | 9 | 6.5\% | 0 | 0.0\% | 46 | 33.1\% | 139 |
| Aizu | 53 | 49.5\% | 40 | 37.4\% | 25 | 23.4\% | 19 | 17.8\% | 5 | 4.7\% | 1 | 0.9\% | 39 | 36.4\% | 107 |
| Minami-aizu | 7 | 50.0\% | 7 | 50.0\% | 1 | 7.1\% | 0 | 0.0\% | 0 | 0.0\% | 0 | 0.0\% | 5 | 35.7\% | 14 |
| Outside <br> Fukushima | 6 | 35.3\% | 6 | 35.3\% | 2 | 11.8\% | 4 | 23.5\% | 1 | 5.9\% | 0 | 0.0\% | 5 | 29.4\% | 17 |
| Total | 485 | 53.1\% | 373 | 40.9\% | 199 | 21.8\% | 188 | 20.6\% | 54 | 5.9\% | 5 | 0.5\% | 280 | 30.7\% | 913 |

The denominator is the sum of valid response (respondents who required support).
Proportion does not total to $100 \%$ because of multiple answers.

Reason for completing support

| Area | A |  | B |  | C |  | D |  | E |  | F |  | G |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 174 | 73.7 $\%$ | 142 | 60.2\% | 70 | 29.7\% | 30 | 12.7\% | 17 | 7.2\% | 0 | 0.0\% | 0 | 0.0\% |
| Kenchu | 181 | 74.8 $\%$ | 121 | 50.0\% | 72 | 29.8\% | 28 | 11.6\% | 16 | 6.6\% | 1 | 0.4\% | 0 | 0.0\% |
| Kennan | 58 | $\begin{array}{r} 75.3 \\ \% \end{array}$ | 30 | 39.0\% | 27 | 35.1\% | 16 | 20.8\% | 3 | 3.9\% | 0 | 0.0\% | 0 | 0.0\% |
| Soso | 64 | $\begin{array}{r} 79.0 \\ \% \end{array}$ | 40 | 49.4\% | 25 | 30.9\% | 10 | 12.3\% | 2 | 2.5\% | 0 | 0.0\% | 0 | 0.0\% |
| Iwaki | 99 | $\begin{array}{r} 71.2 \\ \% \end{array}$ | 61 | 43.9\% | 35 | 25.2\% | 19 | 13.7\% | 11 | 7.9\% | 1 | 0.7\% | 0 | 0.0\% |
| Aizu | 70 | $\begin{array}{r} 65.4 \\ \% \end{array}$ | 44 | 41.1\% | 37 | 34.6\% | 19 | 17.8\% | 7 | 6.5\% | 0 | 0.0\% | 0 | 0.0\% |
| Minamiaizu | 9 | $\begin{array}{r} 64.3 \\ \% \end{array}$ | 3 | 21.4\% | 5 | 35.7\% | 3 | 21.4\% | 1 | 7.1\% | 0 | 0.0\% | 0 | 0.0\% |
| Outside <br> Fukushima | 14 | $\begin{array}{r} 82.4 \\ \% \end{array}$ | 11 | 64.7\% | 4 | 23.5\% | 0 | 0.0\% | 3 | 17.6\% | 0 | 0.0\% | 0 | 0.0\% |
| Total | 669 | $\begin{array}{r} 73.3 \\ \% \\ \hline \end{array}$ | 452 | 49.5\% | 275 | 30.1\% | 125 | 13.7\% | 60 | 6.6\% | 2 | 0.2\% | 0 | 0.0\% |


| Area | H |  | I |  | Absent |  | Phone number not shown |  | Denied Support |  | Other |  | Valid <br> response <br> 236 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Kempoku | 0 | 0.0\% | 0 | 0.0\% | 43 | $\begin{array}{r} 18.2 \\ \% \end{array}$ | 10 | 4.2\% | 1 | 0.4\% | 2 | 0.8\% |  |
| Kenchu | 0 | 0.0\% | 0 | 0.0\% | 54 | 22.3 $\%$ | 6 | 2.5\% | 0 | 0.0\% | 0 | 0.0\% | 242 |
| Kennan | 0 | 0.0\% | 0 | 0.0\% | 13 | $\begin{array}{r} 16.9 \\ \% \end{array}$ | 2 | 2.6\% | 1 | 1.3\% | 0 | 0.0\% | 77 |
| Soso | 0 | 0.0\% | 0 | 0.0\% | 14 | $\begin{array}{r} 17.3 \\ \% \end{array}$ | 3 | 3.7\% | 0 | 0.0\% | 0 | 0.0\% | 81 |
| Iwaki | 0 | 0.0\% | 0 | 0.0\% | 33 | $\begin{array}{r} 23.7 \\ \% \end{array}$ | 3 | 2.2\% | 0 | 0.0\% | 2 | 1.4\% | 139 |
| Aizu | 0 | 0.0\% | 0 | 0.0\% | 28 | $\begin{array}{r} 26.2 \\ \% \end{array}$ | 2 | 1.9\% | 1 | 0.9\% | 3 | 2.8\% | 107 |
| Minamiaizu | 0 | 0.0\% | 0 | 0.0\% | 3 | $\begin{array}{r} 21.4 \\ \% \\ \hline \end{array}$ | 2 | 14.3\% | 0 | 0.0\% | 0 | 0.0\% | 14 |
| Outside <br> Fukushima | 0 | 0.0\% | 0 | 0.0\% | 2 | 11.8\% | 1 | 5.9\% | 0 | 0.0\% | 0 | 0.0\% | 17 |
| Total | 0 | 0.0\% | 0 | 0.0\% | 190 | $\begin{array}{r} 20.8 \\ \% \end{array}$ | 29 | 3.2\% | 3 | 0.3\% | 7 | 0.8\% | 913 |

The denominator is the sum of valid response (respondents who required support).
Proportion does not total to $100.0 \%$ because of multiple answers.
A: We listened and dealt with the issues of respondents.
B: Respondents were given information about counseling services
C: Respondents who were confirmed to have visited clinics for consultation.
D: Respondents were advised to seek medical treatment.
E: We addressed respondents' questions.
F: Respondents were connected to municipal governments.
G: Respondents were referred to clinical psychologists.
H : Respondents were connected to a radiation consultation office.
I: Specialists answered to the respondents' questions.


[^0]:    * Table 3, 4, and Appendix 1 include the data in the estimation period less than four months.

[^1]:    Percentages have been rounded and may not total to $100 \%$.

[^2]:    Fractions have been rounded and may not total to $100 \%$.

[^3]:    * Results of the participants with confirmed test results of the Full-scale survey.

    This is not the breakdown of the total $(300,476)$ of confirmed screening results from the Preliminary Baseline Screening.

[^4]:    * Results of the participants with confirmed test results of the Second Full-scale Thyroid Screening.

    This is not the breakdown of the total $(270,468)$ of confirmed screening results from the First Full-scale Thyroid Screening.

[^5]:    * Because this table shows the proportion of confirmatory test examinees among participants of the primary examination, it is different from the proportion of primary test results in table 1 on P.4.

[^6]:    * Iitate (from 11 May), Tamura (from 24 May), Katsurao (from 4 Jun), Kawamata (from 20 Jun), Minami-soma (from 23 Jun), Hirono (from 5 Jul), Namie (from 26 Aug), Futaba (from 29 Aug), Kawauchi (from 30 Aug), Naraha (from 20 Sep), Tomioka (from 21 Oct), Okuma (from 17 Oct)

[^7]:    *Excluding those who checked NOT SURE, and were pregnant for less than 12 weeks.

